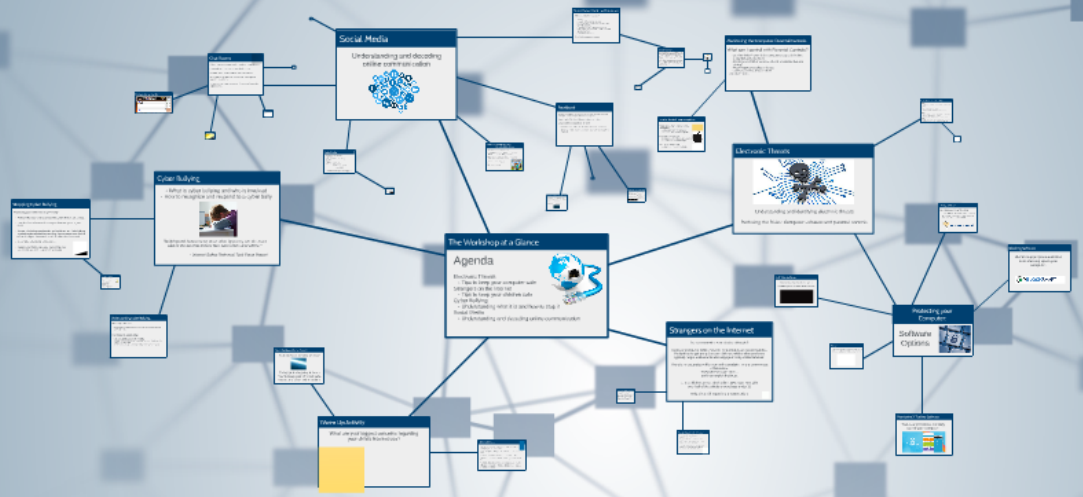
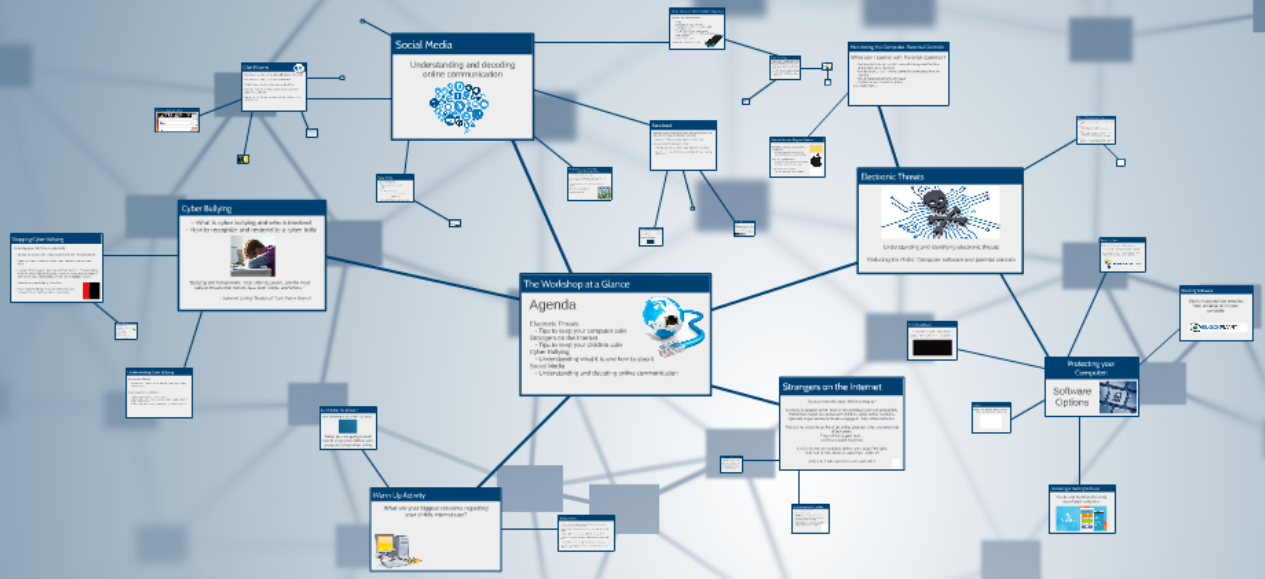


Internet Safety Workshop

For Parents and Caregivers



Internet Safety Workshop

For Parents and Caregivers

Warm Up Activity

What are your biggest concerns regarding your child's internet use?

Did you know...

- 6 billion searches on Google every day (in 2000, this number was only 60,000,000). More than half from mobile.
- 16% to 20% of questions that get asked every day have NEVER been asked before
- 1.6 billion active Facebook users over 1/5th of the worlds population!
- 43% of children admit to having friends online that they do not know in real life.
- 6 out of 10 children admit to having lied to a stranger about their age online.
- 49% of children and teens think that posting information about themselves will not affect their futures.

So, what does this all mean?

THE INTERNET IS HERE TO STAY!

Today, you are going to learn how to keep your children safe, aware and smart when online.

Protecting your Computer:

Software Options

Filtering Software

Blocks sites based on pre-set filtered words.

- This can block you from searching certain information.
- If you blocked the word “sex” you may not be able to search for the Middlesex London Health Unit.

K9 Web Protection

Blocking Software

Blocks inappropriate websites from showing up on your computer.

Monitering & Tracking Software

Tracks and monitors the daily use of your computer.

Firewalls

Blocks unwanted content from the Internet based on criteria (ie: blocked websites).

Anti-Virus Software

Protection from unwanted and harmful viruses.

Updates daily to track the recent viruses on the web.

Monitoring the Computer: Parental Controls

What can I control with Parental Controls?

- Set time limits for your child's computer usage and the time of day they are allowed on.
- Monitor your child’s internet activity (what websites they are visiting).
- Block inappropriate sites and apps
- Control access to device options

and much more...

Parental Controls: Program Options

Windows Live Family Safety for PCs and devices

- A free program that comes with your Windows Operating System.

Macs and Apple Devices

- Parental Controls including System, Content, Mail, chat and Logs.

Chrome OS and Android

- Various apps and user controls

GeoTags

Strangers on the Internet

Do you know who your child is talking to?

Contrary to popular belief, most online predators are not pedophiles. Pedophiles target pre-pubescent children, while online predators typically target adolescents who engage in risky online behavior.

There is no accurate profile of an online predator, only a common set of behaviors.
They will try to gain trust...
and then exploit that trust.

1 in 5 children are solicited online, 30% boys 70% girls
over half of the solicitors were boys under 18

Only 1 in 3 will report it to a trusted adult.

Protecting your Child From an Online Risks

- Keep your computer in a common area of the house and monitor your child's internet use.
- Talk to your children about the dangers of the Internet and the risks associated with speaking to strangers while online. **Open the lines of communication.**
- Parental Controls can be used to restrict your child's access to certain websites and apps (such as those with chat and photo sharing components).

Cyber Bullying

- What is cyber bullying and who is involved
- How to recognize and respond to a cyber bully

"Bullying and harassment, most often by peers, are the most salient threats that minors face both online and offline."

- Internet Safety Technical Task Force Report

Stopping Cyber Bullying

Protecting your child from a cyber bully

- Monitor what your child is doing online and with their cell phones.
- Keep the lines of communication open between you and your child.
- Be your child's biggest advocate and not their critic. Cyberbullying is widely under reported because they fear consequences (loss of online privileges, overreactions which make situation worse)
- Record the cyber bullying if possible.
- Report cyber bullying to social networking sites, school officials, and the police if necessary.

Stopping Cyber Bullying

What Kind of Information Should be Recorded?

From an E-Mail:

- Senders e-mail address
- Date and time the e-mail was received
- Copies of any relevant e-mails with subject lines

From Social Networking Profiles:

- URL of the profile (website address)
- Nickname of the offending person
- E-mail address of the offending person
- Date you viewed the profile

From Chat Rooms:

- Date and time you were on the chat room
- Name and URL of the chat room (website address)
- Nickname of the offending person
- E-mail address of the offending person (if available)

SCREEN SHOTS!!!

MMPORPG: Massively Multi-Player Online Role Playing Game

- A genre of role-playing video games.
- A large number of players from around the world interact with one another within a virtual game world.
- Players assume the role of a character, known as an avatar.
- Often have a chat component.
- Can be very addictive.

Chat Lingo Quiz

POS - Parent over shoulder
P911 - Parent alert
ASL - Age, sex, location (meaning: how old is he or she, is he or she male or female, and where does he or she live)
LOL - Laugh out loud
AFK - Away from keyboard
BF - Boyfriend or best friend
381 - I love you (meaning: 3 words, 8 letters, 1 meaning)
TY - Thank you
PIR - Parent in room
PAW - Parents are watching
BRB - Be right back
ROFL - Rolling on the floor laughing
L8R - Later
GF - Girlfriend or good friend
G2G - Got to go or Good to go
YW - You're welcome

Social Media Safety Concerns

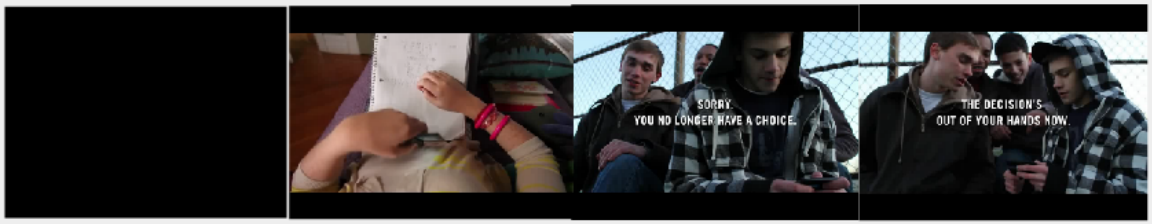
Online Image

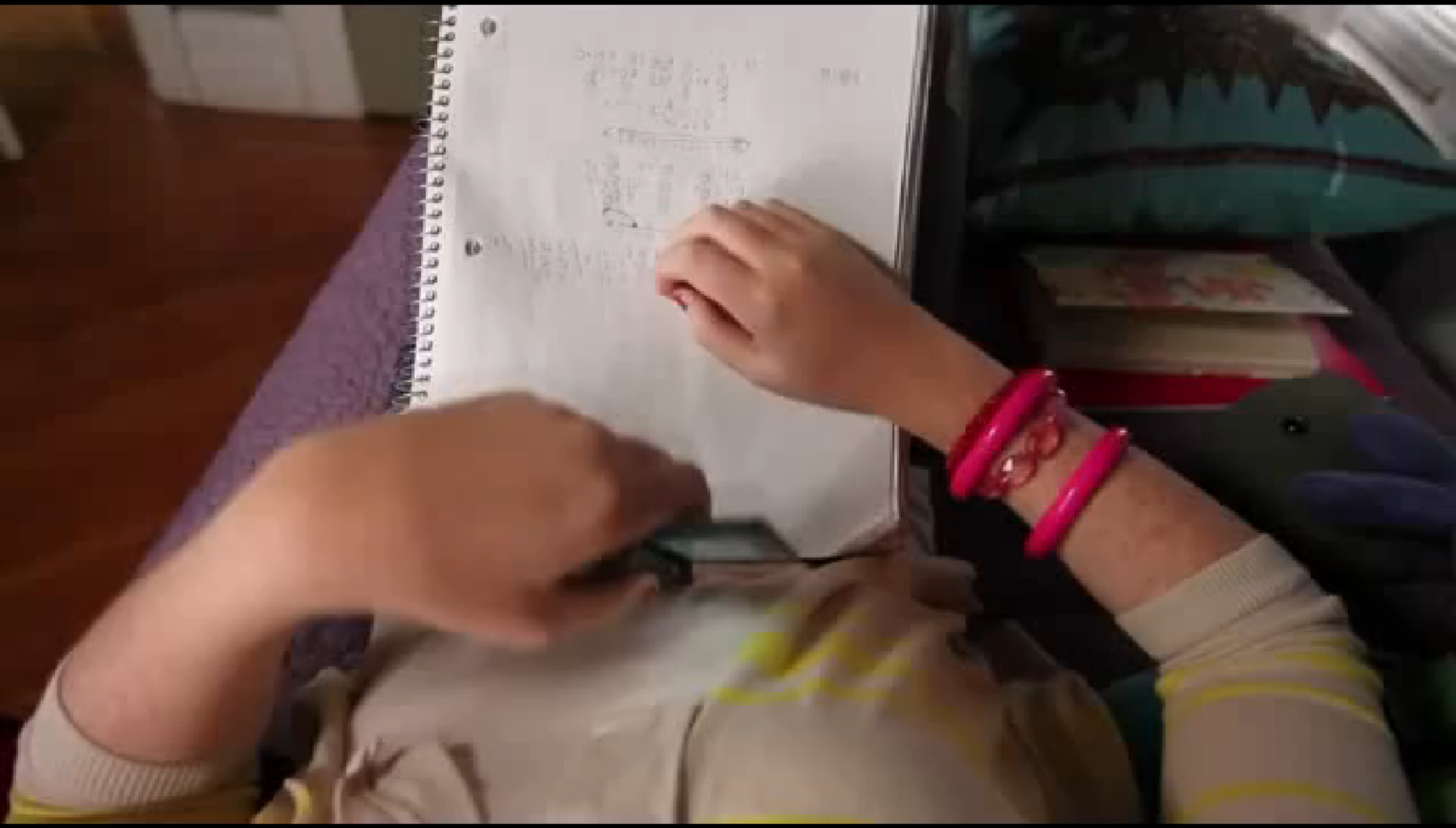
"People have gotten comfortable not only sharing more information and different kinds, but more openly and with more people. That social norm is something that has evolved over time."

Mark Zuckerberg, Facebook CEO

Self Revealing without Self Reflecting.

A term coined by James P. Steyer
Founder of Common Sense Media





SORRY.
YOU NO LONGER HAVE A CHOICE.

THE DECISION'S
OUT OF YOUR HANDS NOW.

Smart Phones: Hand Held Computers

What is a cell phone used for?

- Texting
- Accessing the internet and apps
- Communicating with friends (Social Media)
- Listening to music
- Playing online and downloaded games
- Taking pictures and making movies (and later uploading them)
- And much, much more...

Don't underestimate or assume

Smart Phone Apps

Don't get overwhelmed by trying to keep up with every app, if you use these guidelines you will only have to worry about the apps you see on the device

- Ensure you are the administrator of your child's device.
- Create a child or guest account with parental controls active, or...
- Make them use your account so you see which apps they are using. (it is common practice to download apps at school everyday and delete before arriving home)
- Always test apps you see on their phone (very common to use fake apps)

ask.fm

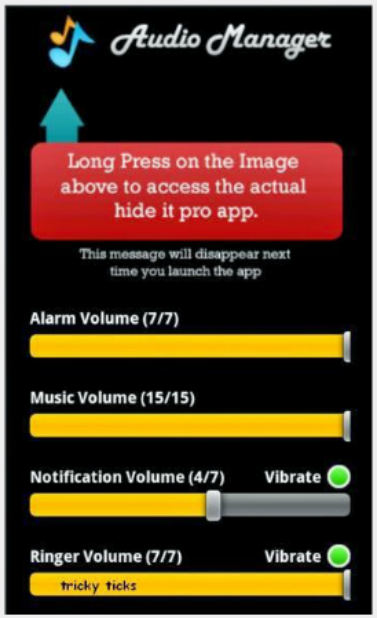
omegle
Talk to strangers!

BURN NOTE

Yik Yak

kik

Hide Pictures & Videos
VAULT


Audio Manager
Long Press on the Image above to access the actual hide it pro app.
This message will disappear next time you launch the app
Alarm Volume (7/7)
Music Volume (15/15)
Notification Volume (4/7)
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Ringer Volume (7/7)
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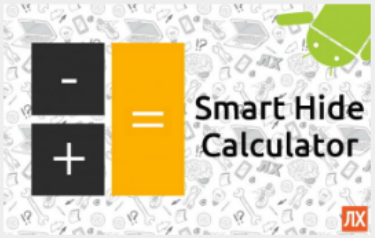
Smart Hide
Calculator

blendr

QOOH.ME

What's happening

Dear user we have been noticing alot of haters on the site. These haters are usually people not even logged in, coming from your facebook friend list. Their Aim is to make you deactivate your account

Please follow these guidelines:

1. DELETE all Offensive Questions
2. Don't even bother saying "Say it to my face" Just DELETE
3. DELETE nasty questions/rumors about other people

Follow this and you will enjoy Qooh.me

If you don't you will open up channels for people to be Nasty to you.
Remember you do not owe anyone a reply .Its Your Page!!

We encourage entertaining replies :)

Enjoy!!!
Qooh.me Team

Hide this Notification

No feed at the moment

Reducing the Risks: Speaking With your Children

Keeping the lines of communication open

"Just as kids need to learn how to swim, eat properly, and drive a car, they need to know how to live in the digital word safely and ethically. Its still up to parents and teachers to guide kids—teach them strong values and good judgement and how to make proper decisions [when online]".

James P. Steyer
Founder of Common Sense Media

Thank You for Your Participation!

Let's Debrief
Questions, Comments or Thoughts?

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