

Balmy Beach Community School Council invites you to
a Workshop for Parents on **March 5, 2015, 6:30 to 7:30 p.m.**

14 Pine Ave.

Library (2nd Floor)

Childcare available, please indicate below.

Anxiety: How to Help Your Child

School Psychologist Janet Bone and Social Worker Sue Knutsen team
up to present:

**“Everything You’ve Always Wanted to Know About
Anxiety” and now you can ask!**

- What’s typical worry?
- What Resources are available?
- When to seek help?



Family Name: _____

Phone Number: _____

Student name: _____

Grade: _____

Number of adults attending: _____

Number of children requiring child care: _____

Please use this form to **RSVP by Monday, March 2, 2015**. A box is available in the Office.

There is no cost for this event.