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## A Note From Our Blake Street School Council Chairs

Hello Blake Street Students and Parents,

While the weather is cold, the School Council fundraising and special events are certainly heating up!

February has many great activities planned. On February 5th, we are excited to launch the Blake Showcase program. This inaugural event will focus on a night of Samba Drumming. Funded by the Parents Reaching Out grant, the Blake Showcase program will feature four separate activities that aim to highlight the diversity of the culture and spirit of our school community. The following week, Blake students will have the opportunity to party at the school disco, with its appropriate Valentine's Day theme. The month will also finish with a Spirit Day and pizza lunch.

The winter months are also busy for those council members who fundraise. A huge thank you to Danielle, who led the charge with a magazine drive and Mabel's Labels, both of which brought amazing financial results to the school. Also, the Fun Fair committee continues its march to the signature June 6th event, and will next convene on February 4th. If you're interested in participating, please speak to Eric Novakovics, Valerie Foussias or Jamie Gillingham.

Winter is cold, but we hope that there are enough activities and special events to keep you warm and excited about being part of and contributing to Blake. School Council will reconvene again on Thursday, February 19th from 6.00 to 7.30 pm in the school library. As always, School Council meetings provide dinner and child care. Feel free to come out and connect with your school administration and fellow parents.

We wish everyone well for now and look forward to seeing you soon!
Emma \& Sean

## Parenting and Family Literacy Centre

Looking for a place to hang out with your baby, toddler or preschooler? If so, the Blake Street Parenting Centre (in the kindergarten area) is just the place for you!

Open from 8:45 a.m. to 12:45 p.m. Monday to Friday, we offer a safe, fun place for children ages 0 to 4 years to play with you and other children, while you enjoy a cup of tea or coffee and relax with other parents, grandparents and caregivers. No registration is
 required; stay for a long time or a short visit, whichever suits your schedule and your child's needs. For questions please drop by to talk to Margot in the Centre. Hope to see you soon!


## Mission Statement and Philosophy

At Blake, our mission is to provide a caring, safe and bully-free environment that meets the intellectual, physical, social and emotional needs of our students.
With the assistance of our families and greater school community, we are committed to supporting our students and leading by example so that they reach their full potential.
Our code of conduct clearly states that all students have the right to be heard and valued, must respect themselves, and also have the responsibility to follow staff directions.

Principal: Kiki Karailiadis
School Council Chairs: Sean Neeb and Emma Brejak
Superintendent: Mike Gallagher
Trustee: Jennifer Story

## Newsletter Submissions

This newsletter is not possible without the hard work of the many hands who volunteered their time. We'd love to hear from you! If you have a newsletter submission or idea, please e-mail it to:
blakeschoolnewsletter@gmail.com, or drop a copy in the School Council mailbox in the office, by the 25 th of every month. Items should be sent in Microsoft Word format if possible, but do not need to be formatted: Simply forward text and/or images.

## Newsletter Team

Editing and Layout: Nicole Novakovics
February Contributors: Mohamed Ali, Ms. Barr, Affiah Bhaiyat, Pablo Bosch, Emma Brejak, Ms. Dyment, Ms. Ellis, Lucy Frankel, Kate Green, Colleen Huggins, Yumiko Kuo, Ms. Leoni, Darcy Losell, Anusha Lynch, Ahmed Moallim-Ahmed, Sean
Neeb, Eric Novakovics, Mr. Pace, Emma Richardson, Danielle Stamatiou, and Naomi Woldu.

BLAKE BEAT


ISSUE \# 4, VOLUME 03

## Monthly Cooking Class at Eastview

This is a wonderful opportunity for the students to gain life skills outside the classroom. Laurette, our program leader, chooses a recipe for the students to follow and create, incorporating literacy and mathematics through a culinary experience. But with the holidays around the corner, we chose to do something with a craft element as well. Decorating sugar cookies was the perfect compromise! Afterwards, students were given individual gift bags full of art supplies to keep them busy over the holidays.


## Room 206 Gives Gifts of Hope

By Ms. Barr
The students in Room 206 have been learning about empathy and kindness and caring. They wanted to find a way to demonstrate these character traits in meaningful ways. Ms. Damer (a regular occasional teacher at Blake) came up with the idea of buying a "Gift of Hope" from Plan Canada. We decided that in order to raise the money needed, students would have a craft sale. They worked hard throughout the months of November and December to make bookmarks, greeting cards, friendship pins and paper bead necklaces, with supplies donated by Ms. Damer. To motivate students, Ms. Barr, Ms. H. and Ms. Karailiadis all said they would match the money amount that was raised at the sale.

The sale raised an impressive $\$ 100.45$, which was matched to give us $\$ 400$ to spend on gifts of hope! Students worked together to decide what to purchase, and settled on buying a mosquito net, a stack of books for a classroom, a water well, a goat, and a farm-load of animals. All of these gifts will be given to families in developing countries to help provide necessities and create opportunities for employment. This was a great opportunity for students to learn not only about empathy and kindness, but also about communities around the world. Here are some of the things the students had to say about this experience:

Conal - "I'm proud of the craft sale because of how much we raised and how many people we can help."
Elle - "I am surprised by how much money we raised and how much we were able to buy."
Fisher - "It was fun. I liked selling stuff and collecting the money." Rowan - "I'm proud of the craft sale. I liked making the pins with my friends."


## Fundraiser Update

Congratulations to all the students, family and friends who made our fundraiser a success this year! We raised $\$ 1,500$ from our QSP magazine fundraiser and $\$ 86$ from our Mabel's Labels fundraiser. Thank you so much!

If you purchased magazines, they should be arriving in the next few weeks. You can continue to support the school anytime by ordering magazines at www.qsp.ca (our school ID is: 3958253) or labels at www.mabelsfundraising.com/campaigns/18713-blake-street-public-school. All profits will benefit our school.

## Eco Club News

Blake's composting program began last year with our garden educator, Elin. This year, Yumiko, Farheen, Afifah, and Fawzah gave a presentation to Blake classes as a reminder about what goes in the compost. Fresh compost is emptied into the first outdoor garden compost. The compost breaks down into soil, which can be used in the garden in the spring.

## Eco Club Adventures

## By Afifah Bhaiyat

How does Eco Club help the environment? It helps by letting people know what to put in the garbage and that littering is bad. It also brings green bins to our school. You may be wondering what goes in the green bins. Well, l'll tell you what goes in the green bins: only food and napkins. Last year we found out that people put too much garbage in the recycling...

You should join Eco Club. How do you join? Well you ask Ms. Kiil or Ms. Ellis. Eco Club is on Wednesdays at lunchtime from 11:30am to 12:15pm. You have to bring your lunch. Anyone in grade 4, 5 or 6 can join Eco Club. So join Eco Club! Hope to see you there.


## BLAKE STREET P.S.

# VALENTINES <br> <br> 

 <br> <br> - DANGE} <br> <br> - DANGE
}


$$
\begin{aligned}
& \text { THURSDAY FEBRUARY 12, Z015 } \\
& \text { 6PM -8PM IN BLAKE STREET P.5. GYM }
\end{aligned}
$$

## FREE ENTRY DJ GLO-STICKS PIZZA POPCORN

TEMPORARy FACE \& NAIL DOOR PRIZES FOR BEST TATTOOS PAINTING COSTUME \& BEST DANCE

ALL GRADES ARE WELCOME! CHILDREN SHOULD BE ACCOMPANIED BY A CAREGIVER.

# Family Fitness Night-November 2014 

By Darcy Losell \& Lucy Frankel
With over 19 Adults and 27 kids attending, Culture Shock's return to Blake St. for Family Fitness Night was a massive success! Those who joined the event were enthusiastically introduced to cool music and moves supplied by the energetic leader Alan and his crew of dancers, one of whom is a teacher at E.A.S.T.


From roaring along to Katy Perry or pretending to be celebrities on the red carpet, Culture Shock's unique approach to urban dance left nobody behind. It didn't matter if you knew the moves or not, Culture Shock made sure that everyone participated and had a great time. What was most impressive was the dizzying array of dance styles and music incorporated into the session. It made for an incredible night of fun and exercise.

Here's what some of the kids had to say about the night:
"I liked it a lot." "It was simply great."
"I think it was awesome."
"I loved the music and the moves."
"I wanted to stay all night."
Culture Shock Canada serves to use hip hop dance as a tool to promote positive values amongst individuals through youth outreach, community classes, and social interactions. Blake School Council hopes to continue working with this exciting organization in 2015.

## Blake Showcase presents Samba Kidz Just Drum Workshop

In celebration of Black History Month


WHEN: Thursday Feb 5, 2015
TIME: $\quad 6.30-7.30 \mathrm{pm}$
WHERE: Blake Street Public School (Gymnasium)
WHO: Parents and kids of all ages

In this energizing hands-on drumming workshop you will:

- Learn to play Samba groves on a variety of percussion instruments
- Learn to play as a group regardless of your musical background
- Make great music...you won't want to sit down!

Samba kidz is part of Drum Artz Canada (DAC). They are a non for profit committed to promoting cultural diversity and community through the arts.www.drumartz.com



## Hip Hop Literacy

By Mohamed Ali
In grade 6 we learned about Hip Hop Literacy, starting in early October. Nils and Dan Ross were our teachers. Stuntz was our dancing teacher and David was the spoken word artist. They came every Thursday.

We had a lot of fun. We learned about alliteration, similes and metaphor. A simile is a kind of description. If I say, "I am as hot as an evaporating volcano", that is a simile.

Hip Hop Literacy was entertaining and we learned a lot of rhyming words and new words.

## February Family Fun \& Fitness Month 2015



Come out and enjoy this FREE opportunity with your family in playing various sports and activities.
We will have licensed coaches and instructors facilitating:
Tuesday, February 3: Family Soccer, Children active Games, Yoga, Tai Chi, Walking / Running the track
Tuesday, February 10: Family Football, Socacise/Tai Chi, Walking / Running the track, Right to Play Inclusive Games for kids
Tuesday, February 17: Family Soccer, Right to Play Inclusive Games for kids, Tai Chi, Walking / Running
Tuesday, February 24: Family Soccer, Right to Play Inclusive Games for kids, Yoga/ Walking / Running

Every Tuesday, in February, from 3:45-5:20pm at Monarch Park Indoor Stadium, light snack and transportation provided. All children must have parent or guardian supervision and must pre -register to join.
To register and arrange transportation or for more information please call or email your community support worker at:
Duane Spencer 416-884-2941 duane.spencer@tdsb.on.ca, Colleen Huggins 416-420-1647 colleen.huggins@tdsb.on.ca, Melissa James 416-573-9049 melissa.james@tdsb.on.ca

## MARKARCH

One block south of the Danforth on Coxwell Ave.
Behind the school
1 Hanson st


## Life Skills Through Sport and Games

By Mr. Pace, Emma Richardson \& Pablo Bosch

Participating in sports in our community is a great way to get exercise and stay healthy. Sports teach us:

1. To be respectful:
a) Fair - to take turns, no cheating
b) Polite
c) Encourage and teach
2. How to win nicely (thank opponent for playing).
3. How to lose nicely (congratulate winner).
4. To figure out strategies that work.
5. To be good sports.


There are many ways to get involved in sport and games in our community. Some nearby organizations where we can participate are listed in the table below:

| Sport | Organization Website | Cost | Date to register |
| :---: | :---: | :---: | :---: |
| Ballet | www.monarchmovement.com | $\$ 170-362$ | Now |
| Baseball | www.eastyorkbaseball.com | $\$ 185-240$ | Now |
| Baseball | www.leaguelineup.com/easttor | $\$ 180-250$ | February 26, 2015 |
| Basketball | www.eastyorkbasketball.com | $\$ 170$ | Before September |
| Gymnastics | www.eastyorkgym.com | $\$ 135-216$ | Now |
| Hockey | www.tedreevehockey.org | $\$ 395$ | April |
| Hockey | www.eastyorkhockey.org | $\$ 325-350$ | April |
| Lacrosse | www.beacheslacrosse.com | $\$ 160-200$ | Now |
| Soccer | www.eastyorksoccer.com | $\$ 200$ | Now |

(This is an initial list - Please write to emmazoelouise@gmail.com with ideas about other organizations in the community and I can compile a more complete list for future issues of Blake Beat!)

There are also subsidies to cover the cost of registering for these activities. Please contact Jumpstart.

Canadian Tire Jumpstart
2180 Yonge Street
P.O. Box 770, Station K

Toronto, ON, M4P 2V8
email: jumpstart@cantire.com
Telephone: 1-877-616-6600
How To Apply (copied from the Jumpstart website - jumpstart.canadiantire.ca):


Applications for assistance can typically be submitted from January 15 to November 1, (varies by Chapter) with the goal to be equitably distributed over Spring/Summer and Fall/Winter activities. The funding is distributed with a focus on maximizing the cost and length of participation per activity per child.

- Call our toll free number, 1-877-616-6600, and based on your postal code a representative will provide a contact to the closest Canadian Tire Jumpstart Chapter.
- When calling your local Canadian Tire Jumpstart Chapter representative, be prepared to provide your contact information and the details of the sport or recreational activity your child would like to participate in. You may also be asked to provide financial information in order to prove eligibility for funding.
- All information will be kept confidential and you will be notified by the local Canadian Tire Jumpstart Chapter representative if you are approved or if further information is required. Please be patient as the local Chapter representatives respond to all submissions for the community.
- All information received is kept confidential.


## Life Skills Through Sport and Games continued...



## Girls' Basketball at Blake

By Anusha Lynch
The girls' basketball team trained for a month before the tournament on December 4 ${ }^{\text {th }}$. The team players were Rima, Aisha, Yukina, Yumiko, Yosan, Moneba, Hena, Kelly, and me. At the tournament we played the teams from General Mercer, Bruce, and Winchester. There were four teams but we only got to play against three of the teams because we did not get to the Finals. The coaches were Mr. Stoch, Ms. Barr, and Valerie Foussias.

Even though we didn't get to participate in the final match, we got to watch it and it was fun. It was between Bruce and Winchester. Winchester came in $1^{\text {st, }}$, Bruce $2^{\text {nd }}$, and General Mercer was $3^{\text {rd }}$. Unfortunately we were $4^{\text {th }}$, but we tried our best and had a lot of fun.

Everyone on the team co-operated and no one argued. We did not hog the ball or argue with the opponents. The kids on the other team were polite and co-operative as well. If they won they didn't brag about it in our faces, and when they lost they didn't roll their eyes and complain. They shook our hands at the end of the game.

I learned the rules on how to play basketball, like what to do and what not to do, for example. I learned to pivot, which is used when you have the ball. Keep one foot on the ground and keep it steady because if you move, it would be called "travelling". I also learned that you can't check someone, which means to bump them aside.


## Strings: Improve Math Skills Or Make Them Worse?

By Naomi Woldu
Some of the kids here at Blake St. like to play music, so they join Strings. But is it helping their math skills or making them worse? Should Strings continue or should it be cut?

The Strings club starts at 9:15am to 9:50am, which means you're missing class time. Grades 4-6 can join Strings and get the chance to play an instrument until they graduate.

Some people say that learning how to read/play music can help you in math, can help you understand math more, but is this all true or just bogus?

I myself am in Strings, and the more I played and practiced the cello, the easier math has been for me. I joined in grade 5 and since then I have improved... a lot.

In my opinion, I think strings can have an effect on students to help them in math. I don't have much proof that it can help you, but you can always do some research on the subject. I encourage students to join in next year's Strings club.


$\mathfrak{B e} \mathcal{M}$ y Valentine

## Valentipe Jokes!

Q: What did the stamp say to the envelope on Valentine's Day?
A: I'm stuck on you!
Q: What do squirrels give for Valentine's Day?
A: Forget-me-nuts.
Q: What did the caveman give his wife on Valentine's Day?
A: Ughs and kisses!
Q: What do you call a very small Valentine?
A: A Valentiny!
Q: What kind of flowers do you never give on Valentine's Day?
A: Cauliflowers!
Q: What do you call two birds in love?
A: Tweethearts.

Knock, knock.
Who's there?
Sherwood.
Sherwood who?
Sherwood like to be your valentine.

Knock, knock.
Who's there?
Olive.
Olive who?
Olive you!


Knock, knock.
Who's there?
Igloo.
Igloo who?
Igloo my fingers together when I make my valentines!

## Recipe! Apple Crumble Delight $\begin{gathered}\text { y } \\ \text { Lov } F \text { Fankel }\end{gathered}$

What better way to lift the spirits on a cold winter night than with a bowl of hot apple crumble and ice-cream?

## Serves 6 (or 3 in our family)

Ingredients:
2 cups blanched almond flour
$1 / 2$ teaspoon sea salt
1 teaspoon ground cinnamon
$1 / 2$ teaspoon ground nutmeg
$1 / 3$ cup grapeseed oil
$1 / 4$ cup maple syrup or honey


1 tablespoon vanilla extract
5 medium apples, peeled, sliced, then chopped in half width-wise

## Method

1. Preheat oven to $350^{\circ}$.
2. In a large bowl, combine almond flour, salt, cinnamon and nutmeg.
3. In a smaller bowl, combine oil, maple syrup and vanilla.
4. Stir wet ingredients into dry.
5. Place apples in a baking dish.
6. Crumble topping over the apples.
7. Cover and bake for 50 minutes.
8. When apples are soft and their juices bubble, remove cover and bake 10 more minutes to brown crisp.
9. Delicious served warm with vanilla ice-cream or yogurt.

Morning Meal - February 2015*

| Monday Feb 2 | Tuesday Feb 3 | Wednesday Feb 4 | Thursday Feb 5 | Friday Feb 6 |
| :---: | :---: | :---: | :---: | :---: |
| Crackers Marble \& Mozzarella Cheese Snow Peas | Nut-free low-fat Cereal Strawberry Yogourt Oranges | English Muffin Marble \& Mozzarella Cheese Peppers | 1 slice baked goods 2\% White Milk Apples | Pita/Tortilla Hummous/Dip Carrots \& Cucumbers |
| Monday Feb 9 | Tuesday Feb 10 | Wednesday Feb 11 | Thursday Feb 12 | Friday Feb 13 |
| Nut-free low-fat Cereal Yogourt tube Pears | Bagel/Bun Cream Cheese Tomatoes \& Cucumbers | 1 pc baked goods 2\% Chocolate Milk Melon | Pita/Tortilla Hummous/Dip Carrots | PA Day No School |
| Monday Feb 16 | Tuesday Feb 17 | Wednesday Feb 18 | Thursday Feb 19 | Friday Feb 20 |
| Family Day <br> No School | Nut-free low-fat Cereal Vanilla Yogourt Apples | Pita/Tortilla Hummous/Dip Snow Peas \& Carrots | English Muffin Strawberry Yogourt Oranges | 1 slice baked goods 2\% White Milk Peppers |
| Monday Feb 23 | Tuesday Feb 24 | Wednesday Feb 25 | Thursday Feb 26 | Friday Feb 27 |
| Crackers <br> Marble \& Mozzarella Cheese Pears | Pita/Tortilla Hummous/Dip Peppers \& Carrots | Nut-free low-fat Cereal Yogourt Tube Melon | 1 piece baked goods 2\% Chocolate Milk Cucumbers \& Carrots | $\begin{aligned} & \text { Bagel/Bun } \\ & \text { Cream Cheese } \\ & \text { Bananas } \end{aligned}$ |

[^0]| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | 4 |  | 6 | 7 |
|  | Grade 5/6 Boys' | EAST Math Club | Chess-Rm 201 (Ms. Dyment) | Kindergarten Trip to ROM |  |  |
|  | Tournament |  | Chess-Rm 210 (Ms. Yoannou) | Mad Science Workshops- |  |  |
|  | Folkdancing Practice |  | Eco Club | Grades 1-3 |  |  |
|  | Girls Volleyball |  | Chess Club-Rm 208 (Mr. Tsai) | "Free The Children" Club |  |  |
|  | Practice |  |  | Samba Kidz Just Drum |  |  |
|  |  |  |  | Workshop-6:30pm |  |  |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
|  |  |  | English Kindgarten Registration |  |  |  |
|  | Coding Field TripGrade 5 (Ms. Dyment) <br> Folkdancing Practice <br> Girls' Volleyball Practice | Report Cards Go Home <br> Grades 4-6 Trip to ROM <br> EAST Math Club | Chess-Rm 201 (Dyment) <br> Chess-Rm 210 (Yoannou) <br> Eco Club <br> Chess Club-Rm 208 (Tsai) | "Free The Children" Club <br> Valentine's Dance <br> 6pm-8pm | PA Day <br> Parent/Teacher Interviews |  |
| 15 | 16 |  |  |  | 20 | 21 |
|  |  | EAST Math Club | Space Day-Grade 6 <br> Chess-Rm 201 (Dyment) <br> Chess-Rm 210 (Yoannou) <br> Eco Club <br> Chess Club—Rm 208 (Tsai) | "Free The Children" Club <br> School Council Meeting 6pm-7:30pm | Girls' Volleyball Practice |  |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
|  | Folkdancing Practice <br> Girls Volleyball <br> Practice | EAST Math Club | Chess-Rm 201 (Dyment) <br> Chess-Rm 210 (Yoannou) <br> Eco Club <br> Chess Club-Rm 208 (Tsai) | Character Trait Assembly (Fairness) <br> "Free The Children" Club | Parent Workshop: Helping Your Child With Homework $6 \mathrm{pm}-7 \mathrm{pm}$ |  |


[^0]:    ${ }^{\text {*Fruits/vegetables subject to change due to supply - check the Blake website under "Nutrition Programs" for the most up-to-date menu }}$
    ${ }^{* *}$ all bread products are whole wheat with a minimum of 3g fibre

