

BLAKE BEAT

WWW.BLAKESTREETPUBLICSCHOOL.COM

Calling All Artists
Pg. 11



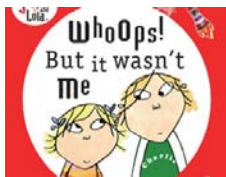
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CHARACTER TRAITS

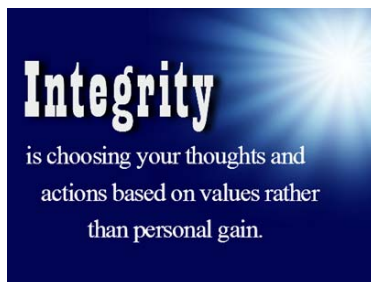
The character trait for May is **integrity**. Integrity is hard to define, but if you already have the other character traits of honesty, caring, and respect, then you probably already show integrity. You can teach integrity with examples: *When your mom is outside and you take a moment to jump on all the beds in the house because you know she won't catch you – that is **not** living with Integrity. When you pick up litter that blew out of your backpack onto the playground – that's Integrity.*

Having integrity means:

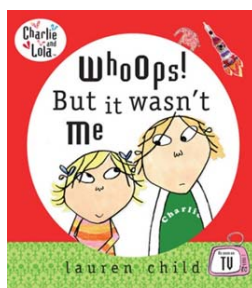
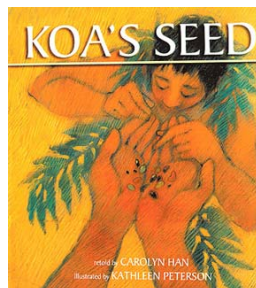
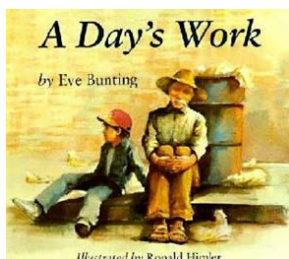
- Doing the right thing, even if no one is watching.
- Telling the truth, even when it is difficult.

You show integrity when you:

- Behave just as well and work just as hard if your teacher leaves the room, or if you have a supply teacher
- Pick up trash – not for any other reason except it is the right thing to do.
- Keep plans with a friend, even if something comes along that you would rather do.
- Stand up for a friend if others are gossiping about him.
- Do not watch an inappropriate movie or game just because others are doing it.



Read some books in which characters learn to act with integrity.



Congratulations to the winners of the **April Co-operation Award**:

Ms. Church's class:

Lily Boyd
Savannah Cutler
Elle Macrae

Mr. Stoch's class:

K.J. Williamson
Aletzia Piedrasanta-Fattori
Jimmy Wu

Ms. Vlahos' class:

David Koe

Ms. Kiil's class:

Gabriel White
Zuhair Naeem
Sara Ross

Ms. Barr's class:

Alex Evers
Jonah Losell
Carmia Nimrod-Solomon

Ms. Yoannou's class:

Mr. Tsai's class:

Niomi Coultman
Maria Foussias
Justin Sturge

Cameron's class:

Zoolnad Haque
Kandeel Iftikhar

Ms. Paton's class:

Ayden Mason
Jordell Gregg
Jing Han

Ms. Tsue's class:

Kevon Nembhard

Steven Cantave

Ms. Tsue's class:

Maggie Zheng

Adil Azmi

Ms. Thorne's class:

Cody Norton

Maryama Guirreh.

Mr. Milburn's class:

Aisha Ibrahim

Ms. Ho's class:

Kyle Mandamin

Triston Lewis

Tony Deng

Markques Myers-Johnson

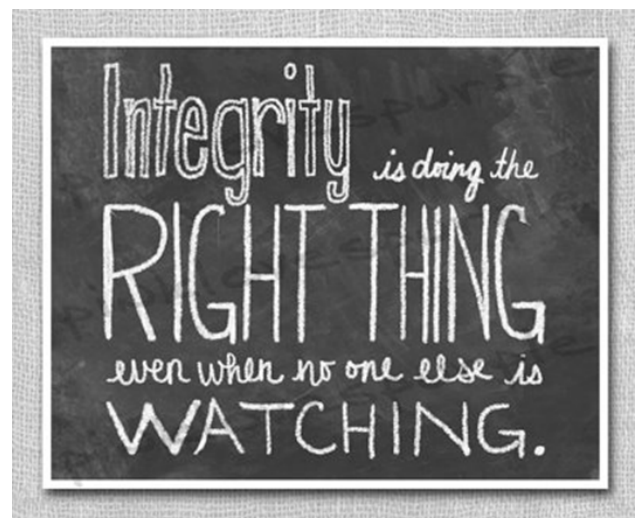
Aman Hoque

Waheed Salihi

Parsa Anayat-Gostar

Zubeda Bhayat

Bismah Naeem



FUN FAIR IS COMING!!!

VOLUNTEERS NEEDED!!!

Blake's Fun Fair is Saturday June 7th, from 11am - 3pm, so get ready for some all-day FUN!

BUT we need your help to make it a successful event!

We need volunteers on the day of the event: parents, friends, and extended family to volunteer to help set up and run the event.

Please contact the Fun Fair Committee at blakefunfair@gmail.com or sign-up on the Fun Fair sign-up sheets on the School Council bulletin board (in the front hall outside the school's office).



SCIENCE CENTRE TRIP



The Open Door at St. David's brings local visual and theatre artists and musicians together with families from the community to provide high-quality arts programming for children at an affordable price. All programs take place at St. David's Anglican Church, parish hall, at 49 Donlands Avenue (across from Donlands subway).

Open Door at St. David's Summer Arts Camps

Premium, Artist-Led, Full Day Camps
...at Neighbourhood Prices

Ages 5-15 July 7-August 15

visual art games
music outdoor play
drama sword fighting

fun!

416-466-3142

www.opendooratstds.ca

STUDENTS IN MR. MILBURN'S CLASS ARE FINDING THEIR VOICES AND TELLING THEIR STORIES AS THEY LEARN VALUABLE COMMUNICATION SKILLS



MAKING CONNECTIONS
WWW.SVAPPRENTICE.COM/SPRUCECOURT/

LISTEN AT HOME
www.storyvaluesinteractive.com



CHERYL THORNTON BRINGS STORIES TO LIFE
WWW.SVAPPRENTICE.COM/SPRUCECOURT/

THE STORYTELLER'S NEWSLETTER

An Update on the Storyteller's Journey Apprenticeship Program

Since March 3, 2014, Cheryl Thornton and Matthew Giffin have visited Mr. Milburn's class teaching students important communication skills through storytelling.

Today, the Storyteller's Journey Apprentice Program website is officially open! You are invited to visit the online site to see what your child is learning.

To see the Blake Street Storyteller's Apprentice website and your child's webpage, go to:

www.svapprentice.com

Password: storyteller

Username: apprentice

**The website is password protected allowing access only to staff and families of the students involved in the program.*

PARENTS: Please send us an email address to receive an e-version of the next **Blake Street Storyteller's Journey Apprenticeship Newsletter**. Your comments are welcome at the bottom of the HOME page.

Email us at: contact@storyvalues.com

To find Mr. Milburn's class, go to SCHOOLS at the upper right and choose Blake from the drop down menu.



ARTS AND CRAFTS CLUB



Ms. Aberdeen runs the Arts and Crafts Club every Tuesday, Wednesday, and Thursday, from 12 to 12:30pm. Here is the photo of their first completed project!

LOVE YOUR LUNCH

Cashew Chicken Curry

There are many theories about the origin of the word curry. The most likely is that it derives from the Tamil word 'kari', which simply means sauce or gravy. During British colonial rule of India, this word was adopted and anglicized into 'curry', and was used loosely to describe any dish that was made with an array of spices.

The dish known as 'curry' is now extremely varied and widespread across the globe. Regional variations can be found all over South and South East Asia, Africa, the Pacific, and the Caribbean.

This recipe originates from Northern India. It is mild, deliciously creamy, with a hint of sweetness making it very child-friendly.

Ingredients

- 2 onions, quartered
- 1/3 cup cashew nuts
- 1 ½ tsp. garam masala
- 1 tsp. crushed garlic
- 1 tsp. chili powder
- 1 Tbsp. lemon juice
- ¼ tsp. ground turmeric
- 1 tsp. sea salt
- 1 Tbsp. plain yogurt
- 2 Tbsp. olive or grapeseed oil
- 1 Tbsp. chopped fresh cilantro, plus extra for garnish
- 1 Tbsp. raisins (optional)
- 1 lb. of skinless, boneless chicken breast cut into chunks
- 1 ¼ cup water



Did you know?

Not only do spices add fantastic flavour to dishes, but they also have amazing medicinal properties. They can boost immunity, aid digestion, decrease inflammation, control blood sugar, increase circulation, and much more.

Method

1. Place onion quarters in a food processor and pulse for 1 minute.
2. Add the tomato paste, cashew nuts, garam masala, garlic, chili powder, lemon juice, turmeric, salt, and yogurt to the onions and pulse until smooth
3. In a large pan, heat the oil on a medium heat and pour in the onion and spice mixture, fry gently, stirring frequently for about 2 minutes, lowering the heat if necessary.
4. Add the fresh cilantro, raisins, and chicken to the pan and continue to stir fry for another minute.
5. Add the water and bring to a simmer.
6. Cover the pan and cook over low heat for about 10 minutes or until the chicken is cooked through and the sauce is thickened. Serve with rice and garnish with remaining cilantro

Time-saving tip

The cashew sauce can be made ahead of time and frozen. For a quick dinner just defrost, add water and chicken and simmer until chicken is cooked through.

-Lucy Frankel, Parent and Holistic Nutritionist

FOCUS ON FUJIAN CHINA

China is a huge country on the continent of Asia and has over 1.35 billion people living in it. It is one of the biggest countries in the world by area. It has been the home of civilizations for thousands of years. China has a strong culture and, in the West, Chinese writing is famous because it is not based on an alphabet but on pictures or characters. There are many large cities in China and some of the best known are Beijing, the national capital, Xian, where the terra cotta warriors were discovered, Shanghai, which is a very large business city, and Hong Kong, which rejoined China in the 1990s. Because of the size of China, the Focus On articles will look at particular provinces and cities in this large and complex nation. This first article is about Fujian, a province in the south of China.

Peng Fei, a student at Blake, is from Fujian. He remembers:

I am from the province of Fujian, on the southeast coast of China. I lived just outside the city of Fuzhou. Some places in Fujian have existed for over a thousand years. There are some ancient cities there.

To get to school, we walked for half an hour and took a long bridge over the Min River. There were no cars in this part of the city because the roads were narrow. Some children bicycled to school. In China we had a lot of homework. We all went home for lunch. Sometimes we would do our homework at lunch time. Guang Su Bing, a sweet bun, was a favourite snack I liked to get on my way home from school.

In summer, China was very hot. Where I lived it never snowed. There were mountains to climb close to my home. It took five minutes on bicycle to get there. Half an hour away there were bigger mountains to hike. We could see the water reservoir for our city's drinking water there. The ocean water from the South China Sea was beautiful when you saw it from the mountains. When I learned about Canada this year, the mountains in British Columbia reminded me of the mountains in Fujian.



We want to learn more about YOUR culture and heritage! Please send us your Focus On articles/ideas (written by adults or kids – or jointly – and we will happily include them in the Blake Beat.

Q: What did the Bacon say to the Tomato?

A: Lettuce get together!

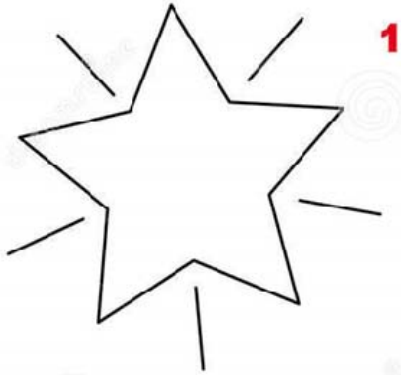
Q: How do you make a tissue dance?

A: Put a little boogey in it!

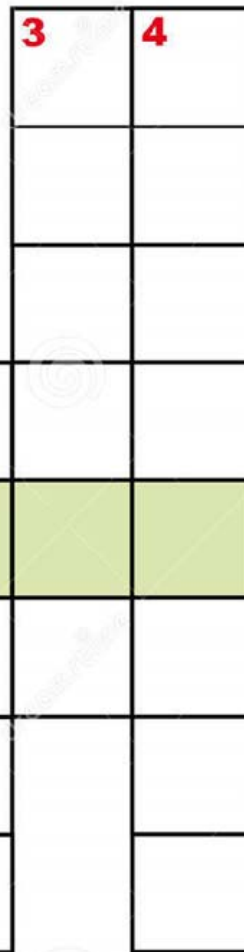
Q. What do you get when you cross a cow and a duck?

A. Milk and quackers!

LAUGHING
— is — the —
BEST
exercise



1



2

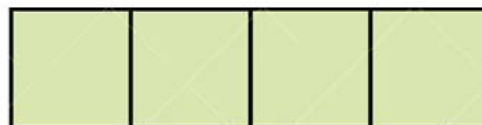


3



4

SOLUTION:



MAD LIBS[®]



Trip to the Park!

Yesterday, _____ and I went to the park. On our way

(person)

to the _____ park, we saw a _____

(adjective)

(adjective)

(noun)

on a bike. We also saw big _____ balloons tied

(adjective)

to a _____.

(noun)

(adjective)

park, the sky turned _____ . It started to _____ and

(adjective)

(verb)

_____ and I _____ all the way home.

(verb)

(person)

(verb)

Tomorrow we will try to go to the _____ park again and

(adjective)

hope it doesn't _____ .

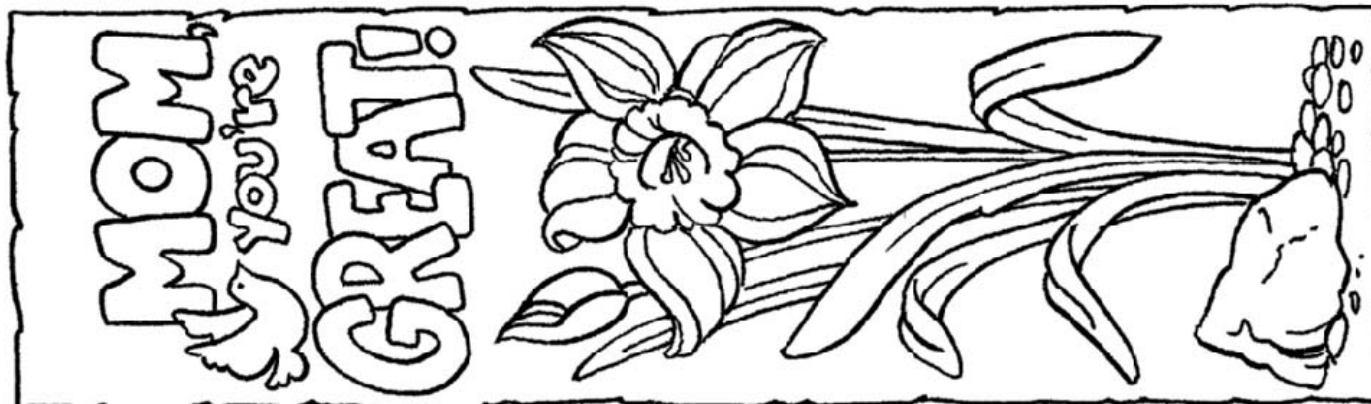
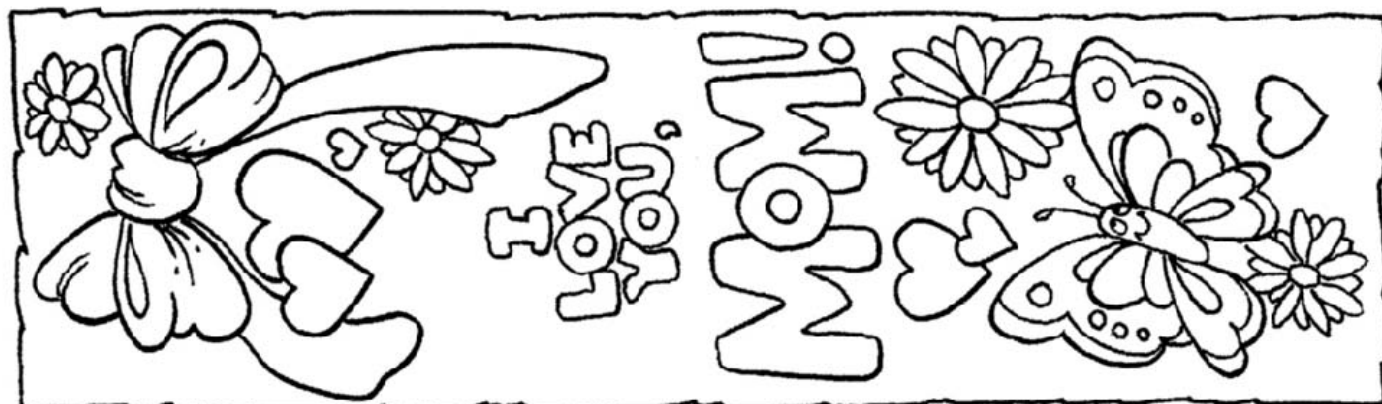
(verb)



5 Things You Can Do This Mother's Day

Sunday May 11

- 1) Say Thank you
- 2) Homemade Gift
- 3) Breakfast In Bed
- 4) Household Chores
- 5) Give Mom Hugs!



Colour And Cut Out Mother's Day Bookmarks



CALLING ALL ARTISTS!!!

Do you want to see your artwork in the next newsletter? Leave your artwork with Ms. Reashore in the office with your name and age, and we will showcase it in the June Newsletter. Deadline: Friday May 23rd.



SCHOOL COUNCIL UPDATE

Here is a summary of the April 24th School Council meeting:

Principal's Report (Kiki)

- Staffing and student numbers update: 270 kids is proposed enrolment for next year, including 40 students in SK French immersion; teacher allotments are being finalized this week.
- Paul the pottery artist has been coming in to teach a half day for all classes (an hour for kindergarten classes); sessions have been very well received so far!
- Right to Play event happening on May 8th for the whole school; this should be a fun event with a fantastic organization.
- "Welcome to Kindergarten" night for parents and kids is on May 22nd at 6:30pm.
- Daycare meeting for prospective parents on April 29th at 6pm.
- Welcome Week for French Immersion parents May 12-16th; tours can be arranged between 12:30 and 3:30pm.
- Earth Day clean-up occurred on April 25th with enthusiastic support from all students.
- Preparations for EAST grad, Grade 6 grad, and SK grad are ongoing - lots happening this spring.

Teacher Update (Ms. Barr)

- After-school sports on Mondays and Wednesdays: basketball, badminton and ultimate frisbee (Mr. Pace)
- Eco Club - aiming for Gold Certification (Ms. Kiiil)
- Arts and Crafts Club - Tues/Thurs/Fri after school (Ms. Aberdeen)
- Beyblade games (Mr. Jamieson)
- Gardening Club (Elin) is ongoing.
- Kilometre Club - Monday to Thursday before school and during first recess (Ms. Dymment/Ms. Barr/Mr. Tsai)
- Chess Club (Mr. Jen) - has become very popular

Treasurer's Report

- All finances are in order and gearing up for the big Fun Fair!

Newsletter (Kate)

- Please pass along photos of class trips, events, activities

Family Fitness (Darcy)

- Yoga night was a great success; we introduced a new form of 'loud and wild' yoga
- Looking for a dance or hip-hop leader for the next session, contact School Council with any ideas

Movie Night (Valerie)

- The Movie Night featuring "Frozen" was a huge success with a record turn-out; it was so great to hear all the kids singing along with their favourite songs! This was also an important fundraiser for School Council initiatives.

Blake School Clothing (Marie)

- Very exciting that we're going to be ordering t-shirts, hooded sweatshirts, hats and water bottles with the Blake Bobcats logo on them!
- Hopefully this will be a great way to show off your school spirit and look great at the same time. Order forms will be going out in Friday files on Friday May 2nd, and samples will be available in the school office to try on; clothing will also be available for purchase at the fun fair.

PRO (Parent's Reaching Out) Grant for next year (Mike)

- An application is being submitted to fund a music/drama program focussed on celebrating different cultures; should be a great initiative for next year.

Fun Fair (Eric)

- Lots of cash and product donations so far, but still need more for the raffle and silent auction.
- Need volunteers for all activities - please sign up on the lists on the School Council bulleting board

Staff Appreciation Potluck (Emma)

- Please let School Council know if you'd like to contribute to this event on May 22nd.

Parent Council updates

- Lori Ross is going on maternity leave so this was her last School Council meeting as Co-chair; Lori and Nicole have done an absolutely incredible job as Co-Chairs; the Council is in a terrific position thanks to all of their tireless efforts
- Emma Brejak and Sean Neeb have agreed to take on the role of Co-Chairs for next year; we are all confident they will do a great job (despite the big shoes to fill!)

Mission Statement and Philosophy

At Blake, our mission is to provide a caring, safe, and bully-free environment that meets the intellectual, physical, social, and emotional needs of our students.

With the assistance of our families and greater school community, we are committed to supporting our students and lead by example so that they reach their full potential.

Our code of conduct clearly states that all students have the right to be heard and valued, must respect themselves and each other, and are responsible for following staff directions.

Principal: Kiki Karailiadis

School Council Chair(s): Lori Ross, Nicole Novakovics

Superintendent: Mike Gallagher

Trustee: Cathy Dandy

Newsletter Submissions

This newsletter was not possible without the hard work of the many hands who volunteered their time.

We'd love to hear from you!

If you have a newsletter submission, please send an email addressed to Blake School Council :

blakeschoolcouncil.tdsb@gmail.com, with the subject line

'For the newsletter' before the 20th of the month.

Articles should be sent in Microsoft Word format.

THE APRIL NEWSLETTER TEAM

Peng Fei	Ms. Aberdeen
Lucy Frankel	Ms. Barr
Jamie Gillingham	Ms. Dymment
Kate Green	Mrs. Ellis
Darcy Losell	Ms. Karailiadis
Willie Macrae	Mr. Tsai
Eric Novakovics	Ms. Yoannou
Jeanette Rees	
Lori Ross	



MORNING MEAL PLAN FOR MAY 2014

*Fruits/vegetables subject to change due to supply – check the Blake website under “Nutrition Programs” for the most up-to-date menu

**all bread products are whole wheat with a minimum of 3g fibre

Monday May 5	Tuesday May 6	Wednesday May 7	Thursday May 8	Friday May 9
Nut-free granola/cereal Vanilla yogurt Bananas	Crackers/Bun Marble/Mozzarella Cheese Oranges	Tortilla/pita Hummous Carrots & Peppers	1 slice baked goods Juice/Water Red & Green Grapes	Bun/English Muffin 2% Chocolate Milk Carrots & Celery
Monday May 12	Tuesday May 13	Wednesday May 14	Thursday May 15	Friday May 16
Bagel/English muffin Yogurt tube Apple	1 slice baked goods 2% White Milk Carrots & Cucumbers	Bun/English Muffin Cream Cheese Melon	Pita/Tortilla Hummous Red & Green Peppers	Crackers/Bun Marble/Mozzarella Cheese Oranges
Monday May 19	Tuesday May 20	Wednesday May 21	Thursday May 22	Friday May 23
Victoria Day – no school	Nut-free granola/cereal Strawberry yogurt Carrots & Broccoli	Crackers/Bun Marble/Mozzarella Cheese Melon	1 slice Baked goods 2% Chocolate Milk Tomatoes & Peppers	Bagel/English Muffin Vanilla yogourt Bananas
Monday May 26	Tuesday May 27	Wednesday May 28	Thursday May 29	Friday May 30
Bun/English Muffin 2% White Milk Broccoli & Carrots	1 slice Baked Goods Yogurt Tube Melon	Tortilla/pita Hummous Tomatoes & Cucumbers	Crackers/Bun Marble/Mozzarella Cheese Apple	Bun/English Muffin Cream Cheese Carrots & Celery



MAY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
4	5 KM Club After-School Club (in our library) Riverdale students volunteer in our library House League Basketball : Grades 4 & 5 Basketball, Badminton & Frisbee (Mr. Pace)	6 KM Club Homework Club (run by Eastview C.C.) Chess Instruction: Mr. Milburn & Ms. Ho Art of Storytelling (Mr. Millburn's class) Operation Kids: Opera (Ms. Yoannou) Arts and Crafts Club	7 KM Club After-School Club (in our library) Eco Club Chess Club (Ms. Barr) Basketball, Badminton & Frisbee (Mr. Pace) Arts and Crafts Club	8 KM Club Homework Club (run by Eastview C.C.) House League Basketball : Grades 4 & 5 Arts and Crafts Club Right To Play Event	9 Karate Kids @12:00pm (Grades 1-3) Lights Out 9-10am	10
11	12 KM Club After-School Club Riverdale students volunteer in our library House League Basketball : Grades 4 & 5 Basketball, Badminton & Frisbee (Mr. Pace)	13 KM Club Homework Club Chess Instruction: Mr. Milburn & Ms. Ho Art of Storytelling (Mr. Millburn's class) Operation Kids: Opera (Ms. Yoannou) Arts and Crafts Club	14 KM Club After-School Club Eco Club Chess Club (Ms. Barr) Basketball, Badminton & Frisbee (Mr. Pace) Arts and Crafts Club	15 KM Club Homework Club House League Basketball : Grades 4 & 5 School Council Meeting Arts and Crafts Club	16 Karate Kids @12:00pm (Grades 1-3) Lights Out 9-10am	17
18	19 KM Club After-School Club Riverdale students volunteer in our library House League Basketball : Grades 4 & 5 Basketball, Badminton & Frisbee (Mr. Pace)	20 KM Club Homework Club Chess Instruction: Mr. Milburn & Ms. Ho Art of Storytelling (Mr. Millburn's class) Operation Kids: Opera (Ms. Yoannou) Arts and Crafts Club	21 KM Club After-School Club (in our library) Eco Club Chess Club (Ms. Barr) Basketball, Badminton & Frisbee (Mr. Pace) Arts and Crafts Club	22 KM Club Homework Club House League Basketball : Grades 4 & 5 Arts and Crafts Club Staff Appreciation Potluck Welcome to Kindergarten Night	23 Karate Kids @12:00pm (Grades 1-3) Lights Out 9-10am	24
25	26 KM Club After-School Club Riverdale students volunteer in our library House League Basketball : Grades 4 & 5 Basketball & Badminton (Mr. Pace)	27 KM Club Homework Club Chess Instruction: Mr. Milburn & Ms. Ho Art of Storytelling (Mr. Millburn's class) Operation Kids: Opera (Ms. Yoannou) Arts and Crafts Club	28 KM Club After-School Club Eco Club Chess Club (Ms. Barr) Basketball & Badminton (Mr. Pace) Arts and Crafts Club	29 KM Club Homework Club House League Basketball : Grades 4 & 5 Arts and Crafts Club	30 Karate Kids @12:00pm Grades 1-3 Lights Out 9-10am	31

CHARACTER TRAITS BY MONTH

September: **Respect**
 October: **Responsibility**
 November: **Empathy**
 December: **Kindness & Caring**
 January: **Teamwork**

February: **Fairness**
 March: **Honesty**
 April: **Co-operation**
 May: **Integrity**
 June: **Perseverance**

Character Trait for May:

Integrity