

### Morning Meal – March 2018\*

<b>Monday Mar 5</b>	<b>Tuesday Mar 6</b>	<b>Wednesday Mar 7</b>	<b>Thursday Mar 8</b>	<b>Friday Mar 9</b>
Nut-free low-fat Cereal Vanilla Yogourt Pear	Spinach & Cheese Samosas 2% White Milk	Buns/Crackers Marble & Mozzarella Cheese Melon	Pita Hummous Carrots &Peppers	English Muffin/Bagel Cream Cheese Banana
<b>Monday Mar 12</b>	<b>Tuesday Mar 13</b>	<b>Wednesday Mar 14</b>	<b>Thursday Mar 15</b>	<b>Friday Mar 16</b>
<b>March Break No School</b>	<b>March Break No School</b>	<b>March Break No School</b>	<b>March Break No School</b>	<b>March Break No School</b>
<b>Monday Mar 19</b>	<b>Tuesday Mar 20</b>	<b>Wednesday Mar 21</b>	<b>Thursday Mar 22</b>	<b>Friday Mar 23</b>
Pita Hummous Carrots & Tomatoes	Veggie Samosas 2% White Milk	Nut-free low-fat Cereal Strawberry Yogourt Apple	Bread/Crackers Marble & Mozzarella Cheese Cucumbers & Peppers	Bun/Bagels/Crackers Yogourt Tube Melon
<b>Monday Mar 26</b>	<b>Tuesday Mar 27</b>	<b>Wednesday Mar 28</b>	<b>Thursday Mar 29</b>	<b>Friday Mar 30</b>
Pita Hummous Carrots & Cucumbers	Nut-free low-fat Cereal Vanilla Yogourt Strawberries	Bread/Buns/Crackers Marble & Mozzarella Cheese Tomatoes & Peppers	1 sliced baked goods 2% White Milk Pineapple	<b>Good Friday No School</b>

\*Fruits/vegetables subject to change due to supply

\*\*all grain products served meet a minimum of 2 stars (out of 3) of the Guiding Stars program. For more information see <http://guidingstars.ca/>