

March 2014

Message from our Principal

Even with the very cold and icy weather changes that we have experienced over the last couple of weeks, the energy and enthusiasm in the school community remains high. Some of the wonderful activities to support safe, healthy active living that have taken place this month include: Eco-school's Winter Walk to School morning; Pump up Your Heart Day; Olympic Day and visits from our local Police Liaison Officers Zimmer and Germaine.

These activities would not happen without the commitment and dedication of staff members and volunteers. Pump up your heart and Valentine's Day activities were well received by our staff and students. Physical fitness is very important and critical to wellness and mental health at Bowmore. We are planning wellness experiences and opportunities to participate in yoga class in the coming months. The week ended on Valentine's Day with a dynamic school-wide Daily Physical Activity (DPA) work out led by Mr. Butters and Mr. Murtaugh. With everyone dressed in red students and staff heated up the dance floor and got their circulation moving. A special thank you to both teachers and staff for coordinating this special school spirit day! In addition, on Feb 26th, we celebrated Pink Shirt Day, and an opportunity for students to wear their Stand Up Bowmore shirts and learn about the story of the pink shirt. We continue to stand in solidarity to eliminate Bullying and increase awareness.

The theme of keeping our students healthy and emotionally safe will continue throughout the remainder of the year as Guidance Counselor Kelley Miller-Caise and administration will coordinate a variety of learning activities for students including: Police workshops will continue, Autism Awareness Day, International Day of Pink, Career Day and so much more are all on their way to ensure students are well served and engaged.

I am happy to share that many parents took the opportunity to attend the parentteacher interviews and connect with their child's teacher about their child's progress. It is essential that we maintain this strong school-home connection. Keeping students engaged in the curriculum, healthy, well supported and encouraged as we work through Term 2 will remain a priority for all of us at Bowmore.

Sincerely, Thelma Sambrook



Calendar of Events

Mar. 3 | Bowmore Wireless Assessment

Mar. 6 | Big Crunch!

Mar. 7 PA Day

Mar. 10-14 | March Break

Mar. 17 | PALS Training for Tutors

Mar. 24 | Prologue Performance

K-3; Corpus Dance Theatre

Mar. 25 | Safe and Caring

Committee Meeting

Mar. 26 | Superintendent Visit

Mar. 27 | School Council Meeting 6:00 pm

Mar. 28 | TDSB Earth Hour2-3pm

Mar. 29 | Toronto Earth Hour

8:30pm-9:30pm

Apr. 2 | Autism Awareness Day

Apr. 3 | Junior TSO Trip

Apr. 7 | Comic Art for Gr 2-3 and Grade 4-6

April 8 | Prologue Performance 7-8; Ache Brasil

April 10 | International Day of Pink

At our school, Character Counts!

March is Honesty month! This month students and staff will promote an understanding of what does it mean to be "honest"?



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> Thelma Sambrook, Principal Peppi Kondilis-Minos, Vice-Principal Vicky Branco, Superintendent Sheila Cary-Meagher, Trustee Email: bowmore@tdsb.on.ca

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Olympic day®

As you may know, throughout February, Ms.Jarvis' grade six class and the Olympic Committee helped build spirit throughout the Sochi 2014 Olympic Games. As the Olympics approached, each student in room 204 chose an athlete that they would give to the classes in Bowmore. During the Olympics, each class would track their athlete to see how they did. Near the end of the games, Bowmore hosted their own Olympics with guest Olympian, Jason Burnett. Jason is a two time Olympian and a silver medal winner competing in trampoline. On the morning of the 20th teachers and parent volunteers set up school friendly modified Olympic activities including sledding, snow painting, cross country skiing and lots of other playday like activities. Our opening ceremony was started by saying the Olympic Oath, the singing of "Oh Canada". After that the class paraded around the schoolyard with their flag and cheer. Lastly before the games began Jason Burnett lit the 2014 Olympic torch. In the senior cafeteria, staff and students ran crafts and face painting. Also there was a small snack of hot chocolate and cookies for each and every student. Sadly after two hours the Bowmore Olympics had to end but it was a fun and exciting experience for the students. A special thank you to all the parent volunteers with a special mention to Jennifer H. for creating Gold Medals for all our students and for making enough hot chocolate for everyone! We are proud to be Canadian and look forward to cheering on our Canadian Paralympic athletes.

Written by: Amy Richardson and Emma Bobrovskis (Room 204)





This month our grade 5 students wrote Valentine wishes to the veterans at Sunnybrook. They sent positive messages to remind the veterans that they are loved and cared for by Canadians. The students created beautiful cards of fabric, origami and collage. Three students along with their teachers delivered the box of over one hundred valentines to the veterans on February 14th. City TV thought that the story was so heart warming that they featured it on the six o'clock news! Amazing work grade fives!

(placed the link that Thelma sent out right here)





Events at Bowmore



Scrabble Tournament held at Bowmore

On February 25th, Bowmore public school hosted the Toronto Eastern Scrabble Tournament. Over two-hundred students from various schools gathered in Bowmore, eager to play other students. And play they did! From 9:30 am to 2:30 pm, the students engaged in 3 scrabble games, each time they would face a different team. All the students had fun playing against other children, win or lose. At the end the winners were declared based on their difference in score. Bowmore's very own Sophie and Gideon will be advancing to the championships! They are both in fourth grade, and Bowmore will be cheering them on all the way! As I participated in the tournament myself, I can say that everywhere I looked I saw smiling faces and happy students!

L. Jacobs





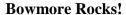




Many thanks to the parents that have helped in the past and continue to support Bowmore in so many different ways. Enjoy the Spring Break to all!

Bowmore School Council





Date: Saturday April 12th, 2014

Time: 8pm - 2am

Location: Royal Canadian Legion, 243 Coxwell Avenue

Tickets \$20 - going on sale March 12th!

Book your babysitter, buy your tickets, and get ready for a night of dancing to all your favorite 80's tunes by DJ Dual and DJ Shaggy Malik and featuring The Knuckle Babies, a live 80's cover band.

Also...

- Gourmet Gringos Food Truck!
- Prizes for best costume
- Silent Auction
- Raffles
- Dancing till the floorboards shake

This event is expected to sell out! Starting March 12th, look for parents selling tickets in the schoolyard carrying red bags or buy at Lazy Daisy's Cafe. Or take your chances at the door...

Visit the Bowmore Rocks Facebook page for up-to-the-minute event updates and inspirational flashbacks to the 80's!

All proceeds from the dance will fund enrichment programs which benefit Bowmore students from JK through grade 8.



Bowmore "Make It!" Fair: Saturday, March 29!

Bowmore "Make It!" Fair, Saturday March 29 from 11am - 3pm. Calling all DIY builders, crafters and makers! We want to see your electronics, robotics, knitting, handpainted projects! Reserve your table now (for a and show us how you can "Make It!" bowmoremakeitfair@gmail.com

Bowmore FUN-raiser Carnival

Bowmore's third annual FUNraiser Carnival is scheduled for Friday June 13th. This fantastic fundraiser event is only successful with a boatload of volunteers, both on carnival day, and in the planning stages. Right now we're looking for people who want to get involved on the pre-planning committee. There are jobs both large and small based on time and availability, typically requiring a commitment of a couple hours a week in May/June. We are specifically looking for someone to assist with coordinating volunteers (manage the sign-ups, communicate the schedule, work with people on change requests, and man the sign-in table during the event).

Pizza Lunch

A reminder to put these pizza lunch dates in your calendar if you signed up!

We offer cheese pizza from Pizza Pizza and (250ml) regular or chocolate milk. Lunch includes a complimentary fruit. The pizza is served on napkins. Students should provide their own plates, if desired.

The dates for the second part of the school year are:

Friday, March 28 Friday, April 25 Friday, May 30

School Council Meetings

The next School Council meeting is Thursday, March 27. Every parent has a vote and a voice at Council. Please join in!



Mabels Labels

Hey Bowmore Parents! Are you tired of missing hats, lunch boxes, and shoes? Sending the kids to summer camp and want to make sure everything makes it way home?

Bowmore School Council has partnered with Mabel's Labels in our newest fundraising endeavour. Bowmore School Council will receive a 20% commission from every purchase...to fund enrichment programs and equipment for Bowmore students! Check out Bowmore's personalized fundraising website and order your labels today: www.bowmore.mabelslabels.com

Stay in touch!

E-newsletters and Online: Sign up for our e-newsletters @ www.bowmoresc.com and visit our calendar while you're there, to stay up-to-date on upcoming Bowmore activities.

Social Media: Like us on Facebook - facebook.com/BowmoreSC - to read daily announcements from Bowmore. These communications services are provided by the parent volunteer School Council team to enhance parent/school communication.

Music News

February has been a busy month in the band room, as we have a new teacher and a new set of program targets.

Expectations were delivered to students two weeks ago and the first unit tests will be complete before March break.

Concert band is open to all interested Senior school band students and rehearsals are held in the band room at 8am on Tuesdays.

Likewise, jazz band rehearses on Wednesdays, and Senior school choir will start on Thursday mornings, as of March 5th.

Expect to hear some wonderful ensemble performances at the annual spring concert!





Bowmore's Eco-Corner CCOSCHOOLS.Ca

Winter i-walk event

This year we coupled our i-walk Day (Feb. 5th) with National Sweater Day (Feb. 6th). Students arrived at school to enjoy hot chocolate in their travel mugs and Mr. Butters and Mr. Murtaugh did a short fitness circuit with our students as they arrived to keep warm. Keep in mind it was the morning of a big snow storm and yet that didn't stop Bowmore.



We had a great time and the kids love walking to school and enjoy the refreshments upon arrival. Get ready for lots of Spring activities that we are planning to engage students with.

Health & Wellness

On February 12th, 2014, Bowmore's girls club had a very special guest. Her name is Sophie Stevons. She was a former Bowmore student. Sophie went to Kenya last summer with Me to We. She enjoyed her trip and showed us amazing photos. Sophie told us she was inspired by the children and how they wanted to grow up and change the world. Sophie built a girls secondary school and made lots of new friends. Sophie inspired us and we're so proud of her! Stay tuned for our upcoming Girls Club's "Because I am a Girl" initiatives. by Margaret and Welela



Our eco-heroes are:

Adie Holt Daelyn Erion

Preparing for our Interim eco-audit

<u>Get ready for</u> <u>TDSB Earth Hour -</u> Friday, March 28th 2-3 pm



Many of our schools have gone way beyond the hour. And symbolic actions, like the minute's silence on Remembrance Day, can be very powerful. Instead of a minute, it's a whole hour observed by millions of people around the Earth to build awareness of our need to reduce energy use--and create an appetite for doing more.

And, don't forget to help Toronto go dark on **Saturday**, **March 29th between 8:30-9:30 pm**, when the rest of the world will be turning off their lights!

