

# Clinton Athletics

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- **Winter Sports Shout-Out:**

To the Clinton Hockey, the Girls' Volleyball and the Boys' Basketball teams: great season players, and thanks to our coaches.

- For many Junior students the **Ski Trip** is their favorite day of the year. Judging by the looks of content on the bus ride home, this year was no exception. Great weather and great spirits combined to make our excursion a day to remember. And a special thanks to all the parent volunteers.

- **Clinton Dance Program:** Thank you to our dance leader Kharen from Arts Movement ([artsmovement.ca](http://artsmovement.ca)) for teaching us her wild dance moves! Clinton students (and staff!) performed a fantastic in-school recital to showcase their learning.

- Throughout March, Clinton students will be fundraising for the Canadian Heart and Stroke Foundation. **Jump Rope for Heart** day is April 6th.

- REMEMBER TO SEND PROPER GYM SHOES to school. For safety reasons, STUDENTS *MAY NOT PARTICIPATE IN GYM WITH BOOTS.*

- See [clintonpublicschool.ca](http://clintonpublicschool.ca) for information about sports at Clinton.

Clinton St. School  
460 Manning Ave  
(416) 393-9155

March 2017

## Upcoming Events

- ☺ **Swim meet:** March 22nd
- ☺ **Badminton Tournament:**  
To Be Announced
- ☺ **Jump Rope for Heart Day:**  
April 6th

## House League News

- ☺ Winter House league sports are in session.
- ☺ Grade 1&2: Indoor Soccer
- ☺ Grades 3&4, 5&6: Tchoukball

## CLINTON PHYSICAL EDUCATION

In March: students play  
INVASION-TERRITORY GAMES

Unscramble this popular Invasion-Territory game:

T I M A L T U E  
E R B S I F E



## ACTIVE LIVING

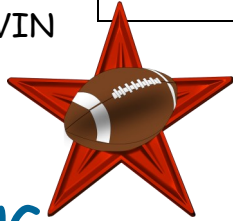


Have you ever tried **CURLING**? It's kind of like Bocce... But on **ICE**! Who is the world's top men's curling team? **CANADA** of course (the Canadian Women's Team is #2, right after Switzerland). **CURLING** is just one more way to **STAY ACTIVE IN THE WINTER!**

### HOW DO YOU STAY ACTIVE IN THE WINTERTIME?

Send me a photo of you and your family staying active for my next newsletter AND YOU COULD WIN A NEW FOOTBALL!

(jonathan.ball@tdsb.on.ca)



## HEALTHY LIVING

### Ask a Kindergartener

Q: If Toronto had a **SECOND** Major League Baseball team, what would it be called??

"The Snowmonsters." (Elliot)

"The Spooky Ghosts." (Sevan)

"The Red Jays" (Loulou)

"The Basketball" (Gummi)

"The Sandals" (Juno)

"The Flower Jays" (Althea)

Q: What are the things in your house that only grownups are allowed to use?

"A lighter" (Fisher)

"I have to be with an adult to go into the attic" (Isabel)

"A knife" (Brian)

"Water" (Christina)

"You need a grownup to touch water?" (Mr. Ball)

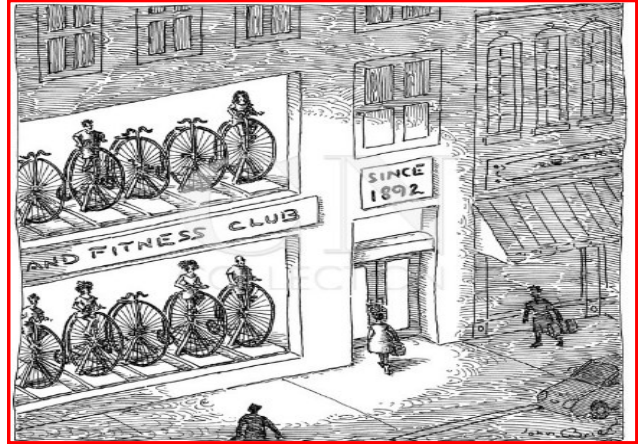
"No! **WATER!!**" (Gracie makes swimming motions)

"Oh. Right!" (Mr. Ball)

"Candy" (Ella)

## Current Practices

- ☺ **Swim Team:** Practices: Mar 3,8. Meet: Mar 22
- ☺ **Badminton Team:** Practices begin after March Break



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## Territory Activities

### Movement Strategies

Activities which require moving as a team to advance an object into the other team's zone in order to score points. Territory activities require control to keep the object away from the opposing team.



### progression of

#### simple:

- **Maintaining possession (offensive)**

Controls the object by communicating with teammates and making short passes

#### moderately complex:

- **Defending Space (defensive)**

Matches an opponent by marking his or her movements and defending space

#### complex:

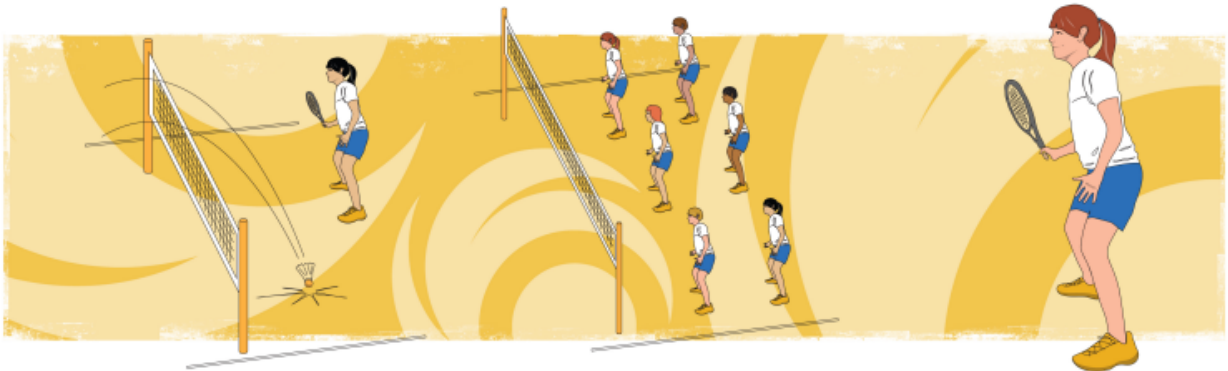
- **Create Space (offensive)**

Creates space by using formations which cover the entire playing area and placing object away from defenders

## Net/Wall Activities

### Movement Strategies

Activities which involve sending an object over a net or towards a wall in a way that makes it difficult for the opponent to return the object and/or it lands within the playing area.



### progression of

#### simple:

- **Aim and accuracy (offensive)**

Sends and aims for accuracy towards an open space

#### moderately complex:

- **Defending space (defensive)**

Defends space by assuming ready position and by covering as much space as possible

#### complex:

- **Win the point (offensive)**

Can apply force, spin, fakes, etc. in shot selection to win the point

# February Photos

## Dance Program 2017

