

Week 2

# Sizzlin' Hot Stuff

## Energizer Meal

\$5.00

Monday

Pasta Primavera with Roasted  
Vegetables  
served with  
Garden Salad

Tuesday

Jerk Chicken  
served with  
Rice & Beans  
\*Fresh\* Seasonal Local Veggies

Wednesday

Cabbage Roll Casserole  
served with  
Garden Salad

Thursday

Chicken ala King  
served with  
Egg Noodles Sliced Carrots

Friday

Lentil Sweet Potato Stew  
served with  
Basmati Rice  
Garden Salad