



Deer Park Junior & Senior School 23 Ferndale Avenue, Toronto, Ontario M4T 2B4  
Tel: (416) 393-1550 • Fax: (416) 393-1552

**URL:**  
<http://schools.tdsb.on.ca/deerpark/>  
<http://www.tdsb.on.ca>

**Email:**  
[DeerPark@tdsb.on.ca](mailto:DeerPark@tdsb.on.ca)

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March 4, 2016

### **From The Office**

We have had a number of administrators in the office lately, but this latest update should carry us through the next few months. Please welcome Vice Principal, Greg Lawrence who is in for Chris Gorczynski during his absence and Principal Wendy Keen who is in during the afternoons. Principal Bill Waldman will continue to be at Deer Park in the mornings.

### **Enrollment Update**

We have received our projected numbers for the 2015/2016 school year. However, we are still waiting for our teacher allocation to be released so we can determine what our classroom makeup and sizes will look like. We are projected to have fewer JK students enrolling giving us a projected total of 88 kindergarten students. If we have just 3 classes again that would be between 29 and 30 students per class. However, if we receive an additional teacher that would be 22 per class. We are up in our primary numbers due to the number of SKs entering Grade One and holding steady in our Jr numbers. Our senior numbers are overall the same and we are hoping to maintain our eight classes, but we will have to wait and see. The April newsletter should be able to provide an update on our class sizes as our teacher allotment should be in by then.

### **Playground Update**

Hurray, hurray! Our playground is finally coming. We are looking at an April start if the weather allows and an early fall completion. This has been a huge project that has been the focus of our fundraising for the past 2 years. Deer Park parents have raised a tremendous amount of funds to get this project going through a variety of fundraising activities. It will be wonderful to see all those efforts actualized in the very near future. Special thanks to Andrea Davila and Christol Connolly for all their persistence, organization and efforts throughout the project.

### **Kindergarten Registration**

If you need to register for kindergarten or have a friend in the area who does, please call the school to set up a registration appointment at your earliest convenience.

### **After 4**

Please note that the three attached documents are the After 4 Flyer for Spring session (March 29 - early June). The registration week is between March 7 and March 11. we are bringing three new programs for Spring term: Move-N-Music on Monday, Fun Exercising & Yoga Flow Games on Wednesday, and Video & Sound Recording on Thursday. The children will have a variety of choices this term.



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IF you have any questions, I will be very happy to answer as best as I can.

Thanks again for your continued support.

### **Caring and Safe Schools**

This Monday and Tuesday, our community safety resource officer will be in to work with students on a variety of topics: Traffic Safety: JK/SK; Community Helpers: Grade 1; Personal Safety: Grade 2; Bullying: Grade 5; Youth and The Law : Grade 6; Internet Safety & Awareness : Gr. 4 and Gr. 8. Unfortunately there are no programs offered at the Grade 3 and 7 level.

Towards the end of the month the grade 7 and 8s will be receiving a n additional workshop. The Clicks 'N Stones(CASCAP) group is presenting a 3-hour-long workshop tackling the growing issue of cyberbullying.

The CASCAP workshops are interactive and activity-based, with a substantial amount of information for the students. Information provided relates to both stranger danger, meaning how to conduct oneself responsibly online, as well as peer-to-peer netiquette • and bullying. A fair amount of examples are given for both themes. The workshop covers up-to-date laws (for minors) and how they relate to online conduct, including sexting • , harassment and privacy. The workshop will include a True / False exercise/quiz; a Four Corners case study-based discussion on taking and sending inappropriate photos; and a period of theatrical skits that the students create together, based on real-life examples of online bullying and harassment. Other themes that tend to emerge are: empathy, anger management (particularly in the gaming world), misogyny, victim-blaming, personal accountability and a critical view of the role of online social media in our lives.

### **Classy Curriculum:**

In gym classes we are finishing our anaerobic fitness unit with the second round of “Stations” and the third Stair Tests where students will compare their fitness levels. Most students have put fourth a great effort in improving their strength and conditioning (and have probably woken-up with some lactic acid in their muscles on a few mornings)! These students have been accessing the top Exercise level (Zone 5) and have been building their ATP and Anaerobic energy systems. Badminton is starting soon but before then we will have a chance to continue playing some team games in class such as floor hockey and the revolutionary new game called “Tchoukball.” We have broken from Health until April 4. On that date, we will once again return to the cafeteria for the Substance Use Unit during their regular Health period. A reminder that everything will be posted on the Wiki: <http://deerparkhpe.wikispaces.com/>. As always, it is important that students come to class prepared with their gym clothes and / or health notebooks ready to



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participate. Health homework completion and comprehension is imperative for overall academic standing.

### **Sports Shorts:**

At press time, it is a very exciting week deep in the heart of Panther Nation. After a heroic and emotional 3-set semi-final win, our Gr. 8 Girls Volleyball team is in the South Conference Championship against Glen Ames. This game will be played Thursday at 10:30am and our girls will be ready to bump, set, and spike all over the court en route to another berth in the City Championship play-downs. Also on Thursday, the Gr. 8 Boys Basketball team is playing vaunted-rival Forest Hill in the South Conference Semifinals. The big-cats were beaten earlier this year by the same Forest Hill team in the first game. But this time, the game is in the Den and your current Panthers are a much different team! No spectators for this one due to stage restrictions but you can follow the game live on our Twitter feed. We salute all the girls and boys in Panther Nation for their efforts and for continuing to be good students as well as good athletes.

Many people have been asking about the upcoming sports docket. After March Break (or next week – depending on how the girls and boys perform in their next games as mentioned above), we will start badminton for Gr. 5/6, 7, and 8 (three different teams). Remember that for badminton, boys and girls play on one team (Co-Ed). Speaking of “Co-Ed”, the Co-Ed Volleyball teams for Gr. 7 and for Gr. 8 will also start but will be invite-only. Gr. 4-6 and Gr. 7&8 Swim continues to propel towards their meets. Here are the dates:

- 1<sup>st</sup> Meet (Qualifying): March 23 @ Harbord CI (Gr. 4-6 in the morning; Gr. 7&8 in the afternoon)
- 2<sup>nd</sup> Meet (Cities): April 14 @ Rosedale Heights CI (Gr. 4-6 in the morning; Gr. 7&8 in the afternoon)

**Drivers will be needed for these dates** so please email Mr. Tobe if you can help out (this is very important as we will not be able to get there without your help!). After that (towards the end of April and early May), soccer, Ultimate, and Track seasons start. We don't stop at Deer Park as our amazing Panther Nation continues to excel in all athletic endeavours. As always, practice and game schedules (including updates) can be found on-line at:

<http://deerparkhpe.wikispaces.com/EXTRA-CURRICULAR+SCHEDULE>

### **House Leagues:**

Gr. 1-3 students continue to play hockey, or basketball at lunch on Tuesdays and are getting better with every outing which is good for the future of Panther Nation. Gr. 4/5/6 students are also continuing with their intramurals on Thursdays at lunch, and may even get a chance to play badminton in the future! Gr. 7/8 students will also be starting



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badminton (not basketball) at lunch during “Open Gym”. A reminder that indoor soccer with the great Mr. Manning continues on Fridays at lunch. Participation in House Leagues allows students to earn valuable points for the Houses plus it’s just fun to be active. So come on out! By “Lunch” we mean 12:00pm – prepared to play (no wet boots, food or drink). If you forget what is happening when and where, check it out here (go to the “Haps at Deer Park” in the red column to the left hand side):

<http://deerparkhpe.wikispaces.com/>

### **Leadership:**

ACE (Athletic Council Executive) students continue to demonstrate strong leadership and commitment in their daily activities. WAY TO GO ACERS! In fact, the above House Leagues could not happen without our dedicated leaders. Moreover, the amazing ACERS also continue to provide fun games and activities in the schoolyard at lunch – yes, that means braving the snow (not eating it) and making the lunch hour gleeful and active for all kids in the primary and junior grades. Finally, ACERS should also be commended for their recent efforts at the Junior Hangar Games (Friday, Feb. 26). It was a cavalcade of awesomeness and Mr. Mann / Mr. Waldman are extremely proud to have watched them organize and execute and amazing day. Again, WAY TO GO ACERS!

One more note about the Hangar Games: Thanks to all the parents who volunteered on Thursday, Feb. 25 – the Senior Hangar Games day. Your altruism made this day happen and without you, we could not have had so much fun. Despite a rash of stomach viruses the night before that cut our volunteer numbers in half (!), the parents who remained were steadfast and true. Among the stars were: Nella De Luca, Elizabeth MacLachlan (E-Mac), LeeAnne Hopkins (L-Hop), Leslie Greenbaum, Christine Argyris, Hilary Zimmermann, Molly Daniel, Emma Sexton, Margot Howard, Carolyn Poole, Julie Reid, Karen Soper, and DPSC Prez, Christol Connolly (if you were missed here, please send Mr. Mann a nasty email!).

Our EMPATHY assembly is delayed until this Friday, March 4 and it will be a good one with lots of student recognition as well as the House Competition totals from the Hangar Games and of course some breathtaking performances. As a character education trait, Empathy just seems to fit well at Deer Park and is something that is upheld by our students and staff – the most salient being Me2We. Parents are invited to the celebration which gets underway at 1:00pm. Parents may be contacted if your son or daughter has won the coveted class award. As always, the Deer Park Points System is still in effect and students are being rewarded for being involved in the multitude of opportunities organized and executed by our amazing staff at Deer Park.

### **Health Fun Facts:**



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Did you know that fitness can be measured by the volume of oxygen you can consume while exercising at your maximum capacity (VO<sub>2</sub>max or MVO<sub>2</sub>)? The VO<sub>2</sub>max measure is the maximum amount of oxygen (in milliliters) one can use in one minute per kilogram of body weight. Those who are fit have higher VO<sub>2</sub>max values and can exercise more intensely than those who are less fit. Numerous studies show that you can increase your VO<sub>2</sub>max by working out at an intensity that raises your heart rate to between 65% and 85% of its maximum for at least 20 minutes three to five times a week. What does this all mean? Reduce time and increase intensity in your workouts. Reading the paper and turning the foot pedals does not do much for your MVO<sub>2</sub>!

### **Music Drama Dance Happenings!**

#### **GRADE 8– DANCE & DRAMA**

Our final dance presentations were commercials that advertised a product through dance, performed in small groups. In drama, we studied aspects of A Midsummer Night's Dream, including '30 Second Shakespeare', summary scenes presented melodramatically, and group interpretations of Puck's final monologue.

#### **GRADE 7– DANCE & DRAMA**

Our final dance presentations incorporated 'The Twist', along with set dance moves and original ideas. In drama, we worked with scripts from You're a Good Man, Charlie Brown and Peter Pan, and students prepared and presented either a monologue or a dialogue scene.

#### **GRADE 7 and 8 – MUSIC**

Each music class will feature some music history/analysis and/or music theory, as well as some guitar practice time. The grade 7 program will feature The Blues & The Beatles, and the grade 8 program will feature Music and Society. Students are reminded to bring their guitar pic, MDD folder, and a pen/pencil to each class. Assessment dates can be found on the MDD website. The music room is open after school on Fridays for extra practice time.

#### **PRIMARY MUSIC NOTES**

Please check the 'Primary' section of the website to find out what we've been up to in January/February. Students should have shoes for this class (as opposed to outdoor boots) as movement is frequently incorporated in the class. Please note we will start dance after March Break.

#### **MDD Website**

<http://teacherweb.com/ON/DeerParkPublicSchool/MDD>

#### **GRADE 6 OPEN HOUSE**



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A special thank you to all crew members and 'MDD Ambassadors' who represented us so well at the Open House!

Thanks for supporting the Performing Arts at Deer Park!  
Bryanna Beale, Music Drama Dance Teacher

### **HIGH SCHOOL MUSICAL! / MDD @ DP**

Rehearsals, fundraising, and 'behind the scenes' preparations have been underway for the Senior School production of High School Musical Jr. since December! Keep reading for important details!

#### **FUNDRAISING EVENTS**

**Krispy Kreme Donut Sale:**

Friday March 4 at lunch and after school in the lobby - \$1 per donut

**Raffle Basket Sale #1 (includes \$300.00 gift card to the Keg, Classical Concert Tix):**

Monday, Feb.29 to Wednesday March 2, 8:30-8:50 and 3:20-3:50 in the lobby

Tickets are \$5 each

**Photo Memory Book (available to cast members)**

Orders will be taken in April, and the books will be available in early May

**Popcorn/Water Sales (available to the audience during the show)**

Order forms will go home in April to our Kinder to Grade 8 students, and anyone who pre-buys will receive popcorn and/or water to consume while watching our production. Popcorn/water will be sold during the evening show on a first come/first serve basis.

**Button Sales**

Support the performing arts and purchase an arts-themed button, made by grade 7/8 students!

Sales will occur in April, leading up to our performances

**Raffle Basket Sale #2 (includes wine, \$300.00 gift card to the Keg):**

Tuesday, May 3 (Shownight!) from 6:20-6:45 outside the gym

Tickets are \$5 each

**High School Musical Jr. Show Tickets**

Tuesday, May 3 (Shownight!) – Tickets will be sold at the door, beginning at 6:15 (show begins at 7 PM in the gym). Suggested ticket donations are \$10.00 per person, \$25.00 per family.

**Benefit Concert (stay tuned! – this spring or next fall)**

Featuring the Deer Park Teacher Band + Silver Sway

**Costumes**

Thanks to the generous donations of parent volunteers Elizabeth MacLachlan and Marilyn Dressler, each cast member will receive a costume tee-shirt that will also serve as a memento of our production.

A paper copy of this memo will be going home with cast members and crew by Friday March 4. Further costume details and deadlines will be included on that memo.



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#### Important Dates (cast/crew)

SATURDAY, APRIL 30, 12-4: Dress Rehearsal

MONDAY, MAY 2, 9-11:30: Dress Rehearsal

MONDAY, MAY 2, 1 PM: Performance for Kinder to Grade 4/5 class

TUESDAY, MAY 3, 9-11:30: Rehearsal

TUESDAY, MAY 3, 1 PM: Performance for 5/6 classes to 8

TUESDAY, MAY 3, 7 PM: Performance for the community

Thank You!

Our parent volunteer SUPERSTARS:

Harneeta Bhalla, Elizabeth MacLachlan, Carolina Testa, Natalie Hodkins, Shamela Lang, Christol Connolly, Marilyn Dressler, Suzanne Henderson, and those that donated to the raffle basket: Vesta Tyacke, David Klein, Danielle Skipp, Yhanne Mancini, Suzanne Henderson, Terry Manuel, Diane Osak, Sandra Ferraioli

Our staff volunteer SUPERSTARS:

Charmaine Boomer, Janis Rubenzahl, Franca Gualtieri, Colomba Conte, Jeff Mann, Susan MacDonald

Thanks to the school and the community for all of your support. If anyone wishes to make an 'item' donation to the 2nd raffle basket, or a monetary donation to the 'costume tees' or the production in general, please contact Bryanna Beale or Shafily Dupre. All money collected will go towards the expenses for High School Musical Jr, and any excess will go to other performing arts-related events and items such as the Grade 4-8 Talent Show, Primary Spring Concert, instruments, etc.

We hope many of you can join us in the audience!

The High School Musical Coaches: Bryanna Beale, Shafily Dupre, Ross Healy, Michelle Chee

#### **Parent Workshop Invitation**

Whitney PS is hosting a workshop on students and concussion injury. They will be featuring Dr. Charles Tator at Whitney P.S. on Tuesday April 12th @ 7:00PM to give this important talk to parents. They have opened it up to the wider community and there is no cost to the presentation.

Dr. Charles Tator is a Toronto neurosurgeon, who has spent a lifetime treating and researching brain and spinal injuries. He is a Professor of Neurosurgery at the University of Toronto, and Director of the Canadian Concussion Centre at the Toronto Western Hospital. Dr. Tator has been inducted into the Canadian Medical Hall of Fame and has been appointed a Member of the Order of Canada. Please RSVP: [Whitney@tdsb.on.ca](mailto:Whitney@tdsb.on.ca)



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## **Upcoming Dates**

### **March**

4 SOTM  
7-8 Police safety visits  
9 Visiting Cartoonist to work with Gr. 7/8 classes  
14-18 March break  
25 Good Friday  
28 Easter Monday  
29 Gr. 7 to Fort York

### **April**

6 Skateathon  
8 Real Meal Deal  
15 PA DAY **\*\*New\*\***  
20 Dear Park Charity Hockey Game  
28 SOTM cooperation