

BAAKADEE MAALIN WALBA QADO KA MADAX BANAAN WASAKH!

1. YAREE

RAASHINKA LAGA BADIYEY BAAKADAYNTA SIRIQSAN

Qado ku jirta kartoono hal mar la isticmaalo iyo raashin cunto fudud ah oo horay loo soo baakadeeyey taas oo reebaysa bac, warqad adag oo gerbad ah, warqad macdan ka samaysan oo dhuuban iyo waxyaalo kale oo wasakh miiran ah oo lagu duu duubo, WAXAAS oo marka dambe ku dhamaada qashin qubka.

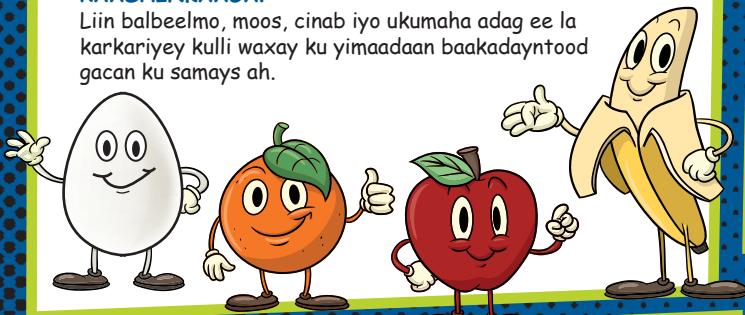
ISKA DHAWRIDDA DABINTU WAA SAHLAN TAHAY

BAAKADEE!

Dooroo in aad iibsato raashin aan laga badin baakadaynta sida miraha gallalan, daqiq isku qasan iyo macmacaanyo kale oo ka buuxa bakhaarka raashinka.

U DAA DABEECADDU HA KUU DUU DUUBTO RAASHINKAAGA!

Liin balbeelmo, moos, cinab iyo ukumaha adag ee la karkariyey kulli waxay ku yimaadaan baakadayntood gacan ku samays ah.



3. DIB U HABEE

HADDII AY QADADAADA SOO DHEX GASHO ALaab AAN DIB LOO ISTICMAALI KARAYN:

DIB U HABEE:

- daasadaha cabitaanka gasacadaysan
- baakadaha bacaha ah
- ku baakadaynta warqadaha adag ee gerbadka ah
- sanduqyada cabitaanka

Dugsigaaga iyo minashiibiyadu way kuu sheegi karaan waxa ku jira liiska "haa" da.

XUSUUSO:

Dib u habayntu waa dariiqad weyn oo lagu yareeyo cadadka qashinka aadaya godka qashin qubka, laakiin u qaabaynta weji dib loogu habayn karo aaya weliba sii qaadata tamar faro badan!

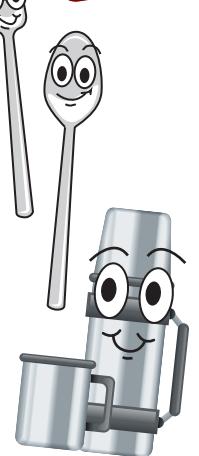


2. DIB U ISTCMAAL

DOORO XAL BAAKADAYN OO JOOGTO AH

Baakadee qado ka madax banaan wasakh adiga oo isticmaalaya sheeyal sida

- baakad ama sanduuq qado oo dib loo isticmaali karo
- tarmuusyo
- dhalooyinka biyaha ee bir aan daxalaysan ah
- baakado bac ah oo dib loo isticmaali karo
- fasaleetiyaal maro ah
- maacuun dib loo isticmaali karo



ISKA ILAALI SHANTA HUB EE WASAKHDA DILAAGA AH!

- Bac: baakadda saanwijkstra, duu duubka, bacda lagu dukaamysto, maacuun
- Baakadaha uu suufku ku cufan yahay
- Warqadaha macdanta aluumiyamka ah
- Tuur oo fogee bacaha dambiihaha ah iyo waraaqaha garriin tirashada
- Dhuumaha cabitaanka

4. ISKU CAJIIMID

KEEN ABITEEDKAAGA AMA HUNGURIGAAGA!

Keliya keen inta aad ka cuni karto raashinka ee aad dhamayn karto intii aad dhamayn weydo ee kaa soo hartana ku shub qumaamada daboolan ee qashinka, haanta minashiiybada ee qashinka orgaanikada ah lagu guro ama cajiiamaha xaafaddaada horteeda yaalla.



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FAST FACTS

MAXAAN U RABAA KA MADAX BANAANSHAHAA WASAKHDA?

Marka loo eegayo Golaha Dib u habaynta ee Ontario, qadooyinka ardayda dugsiyadu waxay wadar ahaan sameeyaan ilaa 30 kilo garaam oo wasakh ah sanadkiiba. Tan macnaheedu waa in dugsiga celcelis ahaan dhedhexaadka ihi uu qadooyinka ardayda kaliya ka soo saari karo in ka badan 8500 kilo garaam oo wasakh ah sanad walba!

WASAKAH KA MADAX BANAAN WAA RAKHIISI!

Golaha Dib u habaynta ee Ontario waxay qiyaasayaan in qadooyinka ka kooban raashinka la warshadeeyey, horay loo soo baakadeeyey qimahoodu dhan yahay \$4.50, halka qadada wasakha ka madax banaan ay goyso qimo yar ilaa \$2.50. In aad dugsiga u baakadayso qado ka madax banaan wasakh waxay kuu baajin kartaa in ka badan \$350!

ABUUR ILO QADO KA MADAX BANAAN WASAKH

Golaha Dib u Habaynta ee Ontario:
Halganika Qado ka Madax banaan Wasakh
www.wastefreelunch.com

Qado ka Madax banaan Wasakh
www.wastefreelunches.org

Wasaaradda Bii'ada ee Ontario
www.additupontario.ca

Cajimayaalka Cathy's Crawly Composters
www.cathyscomposters.com

Todobaadka Wasakh ka Dhimidda Canada
www.wrwcanada.com

SIIN MACALLIN TALO GAAR AH OO KU SAABSAN QADO KA MADAX BANAAN WASAKH

BAAKADDA GELI ... BAAKADDA KA FUR

U sheegidda ardayda in ay keensadaan qado ka madax banaan wasakh marka ay Madaxda Aqool Isticmaalka ee Toronto ama Gobolku booqdaan qalabka fasalkaaga, waxaa adiga iyo ardaydaadaba wax weyn u ah in aad noqotaan kuwo aad uga taxadara qadarka qashin eed qubaysaan inta maalintaas saacadaha qadada lagu jiro.

Si loo sii xoojiyo barnaamijka ka madaxbanaan wasakh, hadaad soo saarto qashin intaad booqanayso, waxaan kugu dhiiri gelinaynaa in aad dib ugu sii qaadato dugsiga una isticmaasho si fursad barasho oo kale ah .. "BAAKAD GELI, BAAKAD KA BIXI!"

BOOQASHADAADA KA HOR:

Kala hadal khayaarada doorashada jawi caafimaad qabaardaydaada.

Maxaa raashi lagu dari karaa liiska qado caafimaad qabta?

Sidee baad u baakadaynaysaa raashinka adiga oo hubsanaya in uu yahay qado ka madax banaan wasakh?

Ku tijaabi maalin ka madax banaan wasakh fasalkaaga intaadan soo gaarin agteena. Hubi in aad walidkaaga, maamulka iyo macallimiinta kala hadasho hadafkaaga ah samaynta saacad qado ka madax banaan wasakh.

Qorshe aad ku keensan karto weel dhumuc yar oo dib loo istcimaali karo ood socdaalkaaga ka dib horay usi qaadan kartid si aad ugula soo noqoto haanta qashin cajimidda ee gurigaaga ama dugsigaaga.

