Welcome to the 2018-2019 School Year

Welcome to the 2018-2019 school year and welcome back to school. I hope you're looking forward to a great year ahead in the TDSB.

In high school, you have the opportunity to explore a variety of programs, courses and even schools. We offer something for everyone to help make your education as rich and rewarding as possible. These experiences will help you determine what pathway you want to take after high school so take advantage of every opportunity.

Our job is to do everything we can to help you succeed. Your school should be a safe and

welcoming space and your learning should be relevant, fun and engaging. We are here to help you when you need it.

Your principal, teachers and school staff are all there to support you and if you have any concerns, never hesitate to reach out to them or another caring adult in your school.

We also want to hear from you, too. Your voice matters and can help shape your school community. Find ways to share your perspective and experiences to help make a difference in your school and classrooms.

I wish you all the best in the year ahead.

Dr. John Malloy Director of Education

Helping All Students Succeed

We know that each and every student is capable of success. So our focus is ensuring that all students can succeed by having access – the same access – to opportunities, learning, resources and tools; that's equity.

As a system, we are making bold and transformational changes that will not only support those who have traditionally been underserved, but will raise the bar for all students.

We are raising our expectations because we know when we expect more from our students and staff, they achieve more. We are creating school communities that are fair, respectful and inclusive and celebrate and support all students. We are identifying, confronting and eliminating barriers and aligning resources where they're needed. We are empowering people to share their voice and be part of the progress.

Together we will make a difference in the schools, classrooms and in the lives of students where it matters most. Learn more at **www.tdsb.on.ca/expectmore**.





School Year Calendar

The first day of classes for all students is September 4, 2018. The last day of classes for elementary students is June 27, 2019. The last day of classes for secondary students in full year schools is June 28, 2019. The last day of classes for secondary students in semestered schools is June 25, 2019.

Professional Activity Days

Elementary

- October 5, 2018
- November 16, 2018
- December 7, 2018
- January 18, 2019
- February 15, 2019
- June 7, 2019
- June 28, 2019

Secondary

- October 5, 2018
- November 16, 2018
- December 7, 2018
- January 31, 2019*
- February 15, 2019
- June 26, 2019*
- June 27, 2019
- June 28, 2019

*Semester change: The first day of the second semester is February 1, 2019. Secondary school year calendar includes a PA Day for semestered schools only on January 31, 2019 and a PA Day for full-year schools only on June 26, 2019.

Statutory Holidays

Labour Day: Thanksgiving: Christmas Break: Family Day: Mid-Winter Break: Good Friday: Easter Monday: Victoria Day: September 3, 2018 October 8, 2018 December 24, 2018 – January 4, 2019 (inclusive) February 18, 2019 March 11 – 15, 2019 April 19, 2019 April 22, 2019 May 20, 2019



Severe Weather

Regardless of the season, weather can have an impact on system-wide school board operations or individual schools, staff and students. Whether it's cold and snow or extreme heat, the Toronto District School Board has a number of practices and policies in place to manage the impact of this weather on the school board.

On rare occasions, severe weather conditions may require the TDSB to cancel student transportation, classes and/or programs or even close schools. Should a cancellation or closure be necessary, information will be posted on the TDSB website and social media profiles, and will also be provided to local media by 6 a.m. If weather conditions become extreme after students are in school, a decision to close schools will be made by 11 a.m. and broadcast by noon. In this case, students will remain supervised in the school until they are picked up by a parent or parent designate. If there is no announcement about school closing by noon, schools will remain open for the day.

For more information on our severe weather procedures, visit: www.tdsb.on.ca/AboutUs/SevereWeather



Caring and Safe Schools

Providing safe, inclusive and positive spaces accepting of all students, is a priority in the TDSB. Our schools should be communities where all students are respected, welcomed, nurtured, engaged and encouraged. Creating a positive school climate is essential to building a culture of trust between staff and students and peer-to-peer, high expectations and a sense of belonging.

The TDSB emphasizes programs that encourage and support positive behaviour allowing staff to better engage students and intervene early. From restorative practices to conflict resolution and peer mediation, a variety of supports are available to meet the diverse needs of students.

Creating Positive, Healthy and Accepting Schools

Creating positive, healthy and accepting schools requires a whole-school approach involving all members of the school community. All students, teachers, parents and other school staff have the right to feel safe and be safe in their school. With this right comes the responsibility to contribute to a positive school climate.

What makes a positive school climate?

- All students, parents and staff members feel safe, comfortable and accepted
- · Healthy and respectful relationships are promoted among all members of the school community
- · Students are encouraged to be leaders and positive role models
- · Parents and community members are actively engaged
- Positive behaviour is reinforced
- Students are given opportunities to develop relationships that are free of discrimination and harassment
- There is a culture of high expectations to help students reach their full potential
- Diversity is respected and valued

Attendance

The Toronto District School Board recognizes that regular attendance and arriving on time at school contribute to academic success. The safe arrival, attendance and well-being of all students continues to be a priority and is everyone's responsibility. To this end, an Attendance Policy (P085) and Procedures for both elementary and secondary school students have been established that include the close tracking and monitoring of student arrival and attendance, as well as the implementation of timely interventions that comply with Ministry policies and follow best practices. The Education Act stipulates that all children from the age of six to 18 must attend school.

Accommodation

We are committed to supporting all forms of accommodation requests to reduce or remove barriers faced by students as a result of disability, religious obligation and/or other protected characteristics under human rights legislation. Please speak with your child's Principal or Vice-Principal to discuss your particular needs.

Know Your Rights

Every student has the right to feel safe and welcome at school. Everyone has the right to be treated with respect, dignity and understanding. If you hear, see or experience:

- name calling or threats;
- unwelcome remarks or slurs;
- obscene gestures or jokes;
- unwanted touching or sexual bullying;
- online harassment;
- derogatory or offensive materials;

- threats of outing someone;
- intimidation or physical violence; or, anything else that negatively affects an individual or group:

Speak with a caring adult • Talk to your Principal • Call the Student Safety Line



Communicating Concerns (parent concern protocol)

The TSDB Parent Concern Protocol (PR505) is a tool for parents to address school and classroom concerns. The protocol confirms the responsibility of the Principal, Superintendent and Trustee in providing advice, direction or decision-making when a parent has a concern.

Classroom Teacher

Step One

Step

Two

The first place to go about any classroom-related question or concern is your classroom teacher. They can help you with:

- Any questions about the classroom
- Classroom rules and consequences
- Homework and assignments

School Principal

If you would like more information or if you have questions that are beyond the classroom, talk to your school principal. They can help with:

- Concerns about an individual school
- Student registration
- Student schedules
- Student suspensions
- Report card concerns

- Classroom concerns
- Code of Conduct
- Safety and security
- Budget and fundraising
- School Council

3

Step

Three

School Superintendents

Superintendents are responsible for a Network of Schools. They support school staff and can be contacted if you have questions that have not been answered or for help with:

- Alternate attendance request
- Suspension appeals

4

Step

Four

Trustees

Trustees are your elected community officials. They are available to help you with the following areas of the TDSB:

- Concerns about your community
- Ideas and suggestions for the Board
- Items on Board Agenda
- Board policies under review
- Board budget
- Collective bargaining



Bullying

The TDSB takes bullying seriously. Whether the bullying happened at school, between students off school property or online, if it impacts student safety or has a negative impact on school climate, the school must investigate and respond to any reports.

Be part of making our schools safer – report bullying.

- If you are a student who is being bullied, reach out
- If you are a parent/guardian and your child is being bullied, reach out
- If you want to make our schools safer, report bullying

As a system, we focus efforts on prevention efforts and creating a welcoming school community. Staff and students are educated on what bullying looks like and how to report. They are engaged through events, activities and prevention programming and encouraged to take on leadership roles to enhance the school community.

We also provide support for both students who have been bullied, students who have engaged in bullying behaviours as well as those who were not the target of bullying but have been impacted. These supports can include:

- support in the school
- youth workers, guidance counsellors, social workers
- closed groups
- specific skill building
- alternative programs

Discipline and Reporting

The TDSB takes a whole school approach to promoting a safe, inclusive and accepting school climate. By working together with staff, students and community we are able to address inappropriate student behaviour and to build strategies that promote and foster positive behaviours.

When dealing with inappropriate student behaviour, the TDSB promotes the use of progressive discipline through a range of interventions, supports and consequences that are both corrective and supportive. Discipline is developmentally

and socio-emotionally appropriate and reinforces positive behaviour and better choices.

All school staff are required to report serious incidents that could lead to suspension or expulsion to the school Principal or Vice-Principal. When a student has been harmed, the Principal must also notify the parents of all the students involved.





TORONTO DISTRICT SCHOOL BOARD - STUDENT PLANNER



KidsHelpPhone.ca 1800 668 6868

Kids Help Phone



Chart of Consequences of Inappropriate Student Behaviour

1. Utering a threat to Inflict serious bodily harm on another person* 1-15 2. Possessing alcohol or illegal drugs* 1-15 3. Being under the Influence of alcohol* 1-15 4. Swaring at a teacher or at another person in a position of authority* 1-15 5. Committing an act of vandalism that causes extensive damage to school property at the pupil's school or to property located on the premises of the pupil's school* 1-15 6. Bullying* 1-15 * Any activity listed in section 306(1) motivated by hate, bias or prejudice based on the prohibited grounds of the Ontario Human Rights 1-15 * Any activity listed in section 306(1) motivated by hate, bias or prejudice based on the prohibited grounds of the Ontario Human Rights 1-15 * Any activity listed in section 306(1) motivated by hate, bias or prejudice based on the prohibited grounds of the Ontario Human Rights 1-15 * Support 1-15 1-15 1-15 * Use of profane or improper language* 1-19 1-19 1. Willful destruction of school property: vandalism causing damage to school or Board property 1-19 1-19 2. Use of profane or improper language* 1-19 1-19 1-19 1-19 3. Aiding or inciting harmful behaviour* 1-19 1-19 1-19 1-19 6. Physical assult*	ays ays ays ays ays ays sion ays ays ays ays ays ays ays ays ays ays	x N/A x Noti Poli N/A x x x x x x x x x x x x x x x x x x x	x N/A
* Any activity listed in section 306(1) motivated by hate, bias or prejudice based on the prohibited grounds of the Ontario Human Rights Commission (OHRC) and gender identity and expression will be considered suspendable under section 310(1) of the Education Act. SUSPENSIONS A principal may consider in accordance with Board policy and Section 306.(1) 7. of the Education Act May Suspent I. Willful destruction of school property: vandalism causing damage to school or Board property or property located on school or Board premises* 1-19 2. Use of profane or improper language* 1-19 3. Use of tobacco* 1-19 7. Physical assault* 1-19 9. Possessing on or misuse of any harmful behaviour* 1-19 9. Possession or misuse of any harmful substances* 1-19 10. Extortion* 1-19 11. Inappropriate use of electronic communications or media devices* 1-19 12. An act considered by the school's Principal to be a breach of the Board's or school's code of conduct* 1-19 13. Immunization 201 * Ary activity listed in section 306(1) motivated by hate, bias or prejudice based on the prohibited grounds of the Ontario Human Rights Commission (OHRC) and gender identity and expression will be considered suspendable under section 310(1) of the Education Act. SuspensionS PENDING POSSIBLE EXPULSION May a Principal shall issue a suspension pending possible expulsion, and then conduct an investigation within five	pal sue sion N lays ays ays ays ays ays ays ays ays ays	Noti Poli May X N/A X X X X X X X X X X X X X X X X X X X	x N/A
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a hearing. 1-20 1. Possessing a weapon, including a firearm 1-20 2. Using a weapon to cause or to threaten bodily harm to another person 1-20 3. Committing physical assault on another person that causes bodily harm requiring treatment by a medical practitioner 1-20 4. Committing sexual assault (refer to Board Policy P045: Dealing With Abuse and Neglect of Students) 1-20 5. Trafficking in weapons or illegal drugs 1-20	. –		
3. Committing physical assault on another person that causes bodily harm requiring treatment by a medical practitioner 1–20 4. Committing sexual assault (refer to Board Policy P.045: Dealing With Abuse and Neglect of Students) 1–20 5. Trafficking in weapons or illegal drugs 1–20	· ·		x
7. Giving alcohol to a minor 1-20 7.1 Bullying if, 1-20 i. the pupil has previously been suspended for engaging in bullying and, 1-20 ii. The pupil's continuing presence in the school creates an unacceptable risk to the safety of another person. 1-20 7.2 Any activity listed in section 306(1) motivated by bias, prejudice or hate based on race, national or ethnic origin, language, colour, religion, sex, age mental or physical disability, sexual orientation, gender identity, gender expression or any other similar factor 1-20	ays ays ays ays ays ays	x x	x x x x x x x x
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within five (5) school days. Following the investigation, a Principal may confirm the suspension, shorten the suspension, withdraw the suspension, or refer to the Board for a hearing.	sion	May	Shall
1. Possession of an explosive substance 1-20 2. Sexual harassment 1-20 3. Hate-motivated occurrences 1-20 4. Distribution of hate material 1-20 5. Racial harassment 1-20 6. An act considered by the Principal to be a serious breach of the Board's or school's code of conduct 1-20	ays ays	x x x	x x x



Code of Conduct

At the TDSB, we encourage a standard of behaviour for all students, employees, parents, permit holders and community members to:

- Ensure that all members of the school community, especially people in positions of authority, are treated with respect and dignity;
- Promote responsible citizenship by encouraging appropriate participation in the civic life of the school community;
- Maintain an environment where conflict and difference can be addressed in a manner characterized by respect and civility;
- · Encourage the use of non-violent means to resolve conflict;
- Promote the safety of people in schools;
- Discourage the use of alcohol and illegal drugs; and
- Prevent bullying in schools.

Read the complete TDSB Code of Conduct (PR585) online.

Code of Online Conduct

The TDSB also has a Code of Online Conduct (PR571), which protects the rights and safety of students and staff who use online systems and resources through a TDSB computer or network. All TDSB rules apply when using TDSB computers and connections and the Board has the right to monitor their use.

The Student and School Codes of Conduct also apply to social media.

Digital Privacy

All TDSB students are provided with an account that enables access to the TDSB's technology resources including wireless network access and a variety of digital learning tools including GSuite for Education, Desire to Learn and the Virtual Library. This account is intended for educational purposes only and is not to be shared with anyone.

When using digital tools or apps and working online students are reminded to take precautions to protect their privacy including:

- Never sharing your own (or someone else's) personal, identifiable information including your name, student number, address, phone number, etc.
- Never share your TDSB account password with anyone.
- Do not share or use another person's TDSB account.

Additional rules and tips for working safely online can be found in TDSB's Code of Online Conduct.





Student Achievement

At the elementary level, the focus within the classroom is on building a strong foundation in literacy and numeracy to help students succeed in school and in life. While student learning is based on Ministry of Education curriculum, there are many other elements of the school day that make the classroom an exciting and enriching place for students.

Homework

Homework is an important part of every child's school experience and encourages good study habits at an early age. School staff, students and families all play key roles in supporting homework. Positive and open school-home partnerships and communication ensure students have the support they need to be successful.

The TDSB **Homework Policy (P036)** is based on current teaching and learning practices, research, student census data and consultation with parents, educators and the community. The policy balances the time required to complete homework with extra-curricular activities and other activities that support personal and family wellness.

Kindergarten (guidelines from Homework Policy P036)

Homework should not be assigned to Kindergarten students; however, there is a strong connection between parental involvement and student achievement. As a result, families are encouraged to engage in early learning activities such as playing, talking and reading together in English or in the family's first language. Teachers may provide resources to support home-based early learning opportunities.

Grades 1 to 6 (guidelines from Homework Policy P036)

Homework assigned in the early grades (Grades 1 and 2) shall more often take the form of reading, playing a variety of games, having discussions and interactive activities, such as building and cooking with the family. In late Primary and Junior grades (Grades 3 to 6), homework may begin to take the form of independent work.

Virtual Library

The TDSB virtual library provides 24/7 access to a wealth of information, including online resources such as eBooks, videos, databases, curated links and more! To access your school's virtual library, visit www.tdsb.on.ca/findyour/school, select your school name and find the link on the left-hand menu. Remote access passwords are available from the teacher-librarian at your school.

Technology in Schools

Technology is used in classrooms to engage, enhance and support student learning. The TDSB is focused on enabling more technology-based learning tools by adding wi-fi in schools to help improve student learning in the digital age.

Students may choose to bring their own devices, such as smartphones and laptops, to school. This can be an important way for parents and caregivers to stay connected and engaged with their child's learning.

It is important, however, to ensure that technology is used appropriately and responsibly and does not interfere with learning. Social media can enhance learning and networking for the future when used in a positive way, but don't forget that online behaviour matters. As part of digital literacy, students will be taught strategies to engage responsibly on social media platforms.

To learn more about your school's rules around technology, speak with your teacher or Principal. Also, read the TDSB's Code of Online Conduct.

Virtual Library

The TDSB virtual library provides 24/7 access to a wealth of information, including online resources such as eBooks, videos, databases, curated links and more! To access your school's virtual library, visit www.tdsb.on.ca/findyour/school, select your school name and find the link on the left-hand menu. Remote access passwords are available from the teacher-librarian at your school.



Diploma Requirements

Students must earn a total of 30 credits, including 18 compulsory credits and 12 optional credits. To receive your Ontario Secondary School Diploma (OSSD), students must complete the literacy requirement (Ontario Secondary School Literacy Test or Ontario Literacy Course), as well as 40 hours of community involvement.

To learn more about your options and Ontario Secondary School Diploma requirements, visit www.tdsb.on.ca/choices.

Community Involvement

Did You Know?

- Students are required to complete a minimum of 40 hours of mandatory Community Involvement prior to graduation.
- These activities must take place outside of class time, beginning in the summer before you start Grade 9 until June of your graduating year.
- You need to complete these hours in places that are on the TDSB list of approved activities (available at www.tdsb.on.ca) and approved by your Principal.
- You need to complete a Community Involvement Passport and obtain signatures from someone in the community.

Secondary Night and Summer Programs

For more information on adult e-learning (e-credit online courses), please visit http://schoolweb.tdsb.on.ca/elearning/eCredit-18. For more information on TDSB e-summer school (online courses), please visit http://schoolweb.tdsb.on.ca/elearning/e-Summer-School.

e-Learning Expands Opportunities

TDSB e-Learning can complement a student's high school experience. Students enrolled in a TDSB secondary school may consider enriching their learning by taking credit courses that are offered in a flexible, tdsb @Learning

encouraging and engaging environment. TDSB e-Learning offers senior level (Grades 11 and 12) courses that are taught by TDSB secondary teachers. These credit courses count towards the Ontario Secondary School Diploma (OSSD).

To find out more, speak to your guidance counsellor, Vice Principal or visit www.tdsb.on.ca/elearning.

Prior Learning Assessment and Recognition

Prior Learning Assessment and Recognition (PLAR) is a challenge that allows students to earn secondary school diploma credits for learning that happens outside the classroom. You may request a formal evaluation of your skills and knowledge against the expectations outlined in the Ontario curriculum for current Grades 10, 11 and 12 courses taught in TDSB schools. Through the PLAR process, it is recommended that students challenge one credit per year, and earn no more than four credits, including a maximum of two credits in any one discipline. To learn more about PLAR and how to apply for a formal evaluation, contact your guidance counsellor.



Mental Health and Well-Being

Student mental health and well-being is an important part of student success and a priority at the TDSB.

Mental health impacts us all. Just as we all have physical health, we all have mental health. Our mental well-being includes our emotions, our thoughts and feelings, our ability to solve problems and overcome difficulties, our social connections, and our understanding of the world around us.

At school, feeling safe, engaged and included all contribute to having a positive sense of well-being. Students need our collective support to be healthy individuals and, the relationship that students have with each other and adults is an important part of that.

Finding Help When You Need It

Children and youth can suffer from all of the same challenges that confront adults – anxiety, depression, eating disorders, mood disorders, substance abuse, and more. Research shows that one in five children experience mental well-being issues. This statistic translates into approximately 40,000 students in the TDSB. For students who need additional support, there are many resources available.

The first step is connecting with your child's teacher or principal. They are a well-positioned partner who can share what they notice during the time your child is at school. If necessary, they can then connect you to the Professional Support Services team, which includes psychologists, social workers and attendance counsellors.

This team is here to help students overcome obstacles to success. Whether personal, family or school related, concerns can range from bullying to substance abuse or from questions about sexuality or adapting to a new culture. We offer a wide range of services that include individual or group counselling, as well as helping students connect with community resources. In addition, we build on students' strengths to enhance their ability to lead mentally healthy lives.

Taking Part in Athletics

It is important for student athletes to promote positive social behaviours and attitudes. The Code of Behaviour for Athletes describes expectations for students who take part in TDSB-approved sporting events:

tdsb.on.ca

- · Compete for the enjoyment of the game and the pursuit of individual and team excellence;
- Strive to understand, respect and follow the rules of the game at all times;
- Demonstrate good sportsmanship and fair play;
- Conduct yourself with honour, dignity and self-control;
- Appreciate the efforts of your teammates and opponents;
- Be generous in victory and gracious in defeat;
- Show respect for authority and decisions of coaches, staff and officials;
- Respect athletic facilities and property;
- Respect the rights of opponents, teammates and spectators on both sides;
- Refrain from the use of profanity, taunting, threatening actions and violence at all times;
- Behave in accordance with all TDSB policies; and,
- Immediately report all suspected concussions to their coach/staff advisor.

Create an Allergen-Safe Environment

For anaphylactic students, allergies to peanuts and peanut products can cause serious health concerns. Many schools are peanut-free zones to protect children with allergies. If your child is allergic to something that may be present in the school, or if you need to be given special medication throughout the day, speak with your Principal.

Exposure to perfumes and other scented products can trigger serious health reactions in those with asthma, allergies, migraines or chemical sensitivities. Please be considerate of others who share the learning environment with you and reduce the use of fragranced products in your school.

Immunization for Students

Ontario children are required by law to be immunized against measles, mumps, rubella, diphtheria, tetanus and polio, as well as pertussis (whooping cough) and meningococcal disease before age six and chicken pox for children born in 2010 and later. Students between the ages of 14 and 16 require one needle for diphtheria, tetanus and pertussis. The TDSB provides student information, such as gender, grade and Ontario Education Number, to Toronto Public health so they can successfully administer immunizations to students.

Learn more at Toronto Public Health at www.toronto.ca/health or their Immunization Information Line at 416-392-1250.

Vision Testing is Important

Good vision and hearing play an important role in a student's ability to learn. Regular vision and hearing examinations are part of being ready for school. Vision testing is covered by OHIP to age 19 and hearing tests up to age six. Please contact your family physician or 211 Toronto to find an optometrist or audiologist.





Getting Involved in Your School Community

Parent involvement during high school and beyond remains an important source of guidance and support for students. Students also believe that they can do better at school if they know that their families are interested in their school work, hold high expectations and expect them to succeed.

There are many opportunities for parents and families to get involved including participating in a local school council, taking part on school committees or a community advisory committee.

Learn more at www.tdsb.on.ca/community.







Supporting Families and Communities

The TDSB serves adults at all stages in their lives and careers through our credit programs, general interest courses and ESL classes.

International Languages Elementary and African Heritage Programs

In an increasingly global world, learning languages and cultures benefits our students today and helps them build skills for the future. Through our International Languages and African Heritage programs, 30,000 elementary students learn in more than 50 languages. Join us! For more information, visit www.ILEprograms.ca or call 416-338-4100.

Adult English as a Second Language Program

TDSB is proud to be Canada's largest English as a Second Language (ESL) provider. Through our programs, in communities across the city, 20,000 learners strengthen their English language skills, gain insight into Canadian culture, prepare for further education and learn about the settlement, employment and community services available to them. We also offer a certified training program for those who want to teach ESL. For more information, visit www.ESLtoronto.ca or call 416-338-4300.

Adult High Schools

TDSB's five adult high schools support more than 11,000 learners to find a career pathway and meet their academic goals every year in addition to offering a wide variety of credits for those who want to earn their Ontario Secondary School Diploma. Some adult high schools also offer credit programs during the summer. For more information, please visit www.AdultSchoolsToronto.ca. Adults can also earn credits in night school. For more information, visit www.CreditPrograms.ca or call 416-338-4222.

Learn4Life General Interest Courses and Seniors' Daytime

Take up a hobby. Hone a skill. Meet new people in your community. Through Learn4Life, TDSB offers more than 2,600 courses – ranging from dance, to bicycle repair, to languages – every year. Join the 25,000 adult learners in our day-time, evening and weekend classes. For more information, visit **www.Learn4Life.ca** or call **416-338-4111**.

TDSB Community Services

Reaching beyond schools to support the community, TDSB offers settlement, employment, language and skills development programs to support adults, youth, newcomers and people with disabilities. There are locations in Toronto, Mississauga and Vaughan. For more information, visit www.tdsb.on.ca/communityservices.

Essential Skills Upgrading Program

This is a free non-credit, adult program that helps you improve your reading, writing and math skills, as well as your employability and workplace skills. Classes are available in many locations in Toronto from September to June, Monday to Friday, on a full-time or part-time basis, during the day or in the evening. For more information, visit **www.upgrademyskills.ca** or call **416-396-6905**.

Language Instruction for Newcomers to Canada (LINC) Program

LINC helps newcomers learn English and assists them in the settlement process and integration into Canadian society. Classes are free and run throughout the year, part-time and full-time, and some locations offer evening and weekend classes. Most locations provide child care services. For more information about LINC classes, visit www.LINCtoronto.ca and contact the location nearest you. North: 416-395-4820 | South: 416-393-8268 | East: 416-396-7815 | West: 416-394-6232

