

Forest Valley Outdoor Education Centre

COOK OUT INFORMATION

Although it takes extra time and effort to have a great cook out, students will remember it forever! If you have any questions, or require clarification about our cook-out procedures, please don't hesitate to call us at 416-395-5110.

Required Supervision: A minimum of **3 adults** per class are required for a cook out to be held at a campfire site (teacher provides overall supervision; one volunteer must be at the fire at all times, one volunteer at the food table). Additional adults can take students to the washroom or help with other spontaneous situations.

Student Safety: Forest Valley Staff will conduct a fire safety chat with your class and light the fire. **Students are not permitted to add anything to the fire**, but are responsible for roasting their own hot dogs/marshmallows. For safety reasons, only six people can cook around the fire at one time.

Food: Teachers are responsible for purchasing and bringing all required food (hot dogs, buns, condiments, drinks, paper towels or cloths in case of emergencies). Cooked food must be hot dog based. Marshmallows can be cooked as a dessert. Teachers may choose to bring additional food items such as apples, celery sticks...etc. Often, teachers ask students to bring their own drinks.

We encourage you to be conscience of your environmental impact and bring refillable water bottles instead of juice boxes.

Students with dietary restrictions can either enjoy another hot dog option (teachers can look for halal or veggie options), or can bring their own lunch. We can set aside skewers for specific hot dogs.

Provided Items: Forest Valley OEC will provide skewers for cooking hotdogs and marshmallows, and wood for the fire.

Adverse Weather: If weather conditions eliminate the possibility of using a campfire site, then you will have access to a barbecue, or the hot dogs can always be boiled on our kitchen stove. Students can eat inside.

