

Island Public School April 2017 Nutrition Program Menu

Monday – 3		Tuesday – 4		Wednesday – 5		Thursday – 6		Friday – 7	
Hot Lunch	Morning Snack	Hot Lunch	Morning Snack	Hot Lunch	Morning Snack	Hot Lunch	Morning Snack	Hot Lunch	Morning Snack
<ul style="list-style-type: none"> Breaded Chicken Strips w/ WW Pita Garden Salad 	<ul style="list-style-type: none"> Fresh Baby Carrots Cheese Slices Graham Cracker 	<ul style="list-style-type: none"> Lightly Spiced Chicken Thighs Baked Potato/Sour Cream Garden Salad 	<ul style="list-style-type: none"> Banana Wedges Yogurt Tube Bread Sticks 	<ul style="list-style-type: none"> Loaded Beef Taco Caesar Kale Salad 	<ul style="list-style-type: none"> Orange Wedges Cheese Slices Mini Bagel w/ jam 	<ul style="list-style-type: none"> Tomato Pasta & Cheese Bake Garden Salad 	<ul style="list-style-type: none"> Melon Wedge Fruit Yogurt Graham Cracker 	<ul style="list-style-type: none"> BBQ Meatballs on a Whole Grain Bun Caesar Kale Salad 	<ul style="list-style-type: none"> Broccoli Spears Hummus Dip Melba Toast Cracker
Veggie Option <ul style="list-style-type: none"> N/A 		Veggie Option <ul style="list-style-type: none"> Veggie Stew 		Veggie Option <ul style="list-style-type: none"> Veggie Bean Taco 		Veggie Option <ul style="list-style-type: none"> N/A 		Veggie Option <ul style="list-style-type: none"> Meatless Meatballs on a Whole Grain Bun 	
Monday – 10		Tuesday – 11		Wednesday – 12		Thursday – 13		Friday – 14	
Hot Lunch	Morning Snack	Hot Lunch	Morning Snack	Hot Lunch	Morning Snack	Hot Lunch	Morning Snack	Good Friday No School	
<ul style="list-style-type: none"> W.W. Pasta w/ Zesty Tomato Sauce Meat Balls Garden Salad 	<ul style="list-style-type: none"> Fresh Baby Carrots Fruit Yogurt Graham Cracker 	<ul style="list-style-type: none"> Cheese Burger w/ Whole Grain Bun w/ Oven Fries Caesar Kale Salad 	<ul style="list-style-type: none"> Orange Wedges Cheese Slices Bread Sticks 	<ul style="list-style-type: none"> Grilled Chicken & Veggie Whole Grain Wrap Garden Salad 	<ul style="list-style-type: none"> Apple Slices Fruit Yogurt Mini Bagel w/ jam 	<ul style="list-style-type: none"> Cheese Pizza Pasta Salad Caesar Kale Salad 	<ul style="list-style-type: none"> Banana Wedge Cheese Slices Whole Wheat Fruit Muffin 		
Veggie Option <ul style="list-style-type: none"> W.W. Pasta w/ Tomato Sauce 		Veggie Option Veggie Burger		Veggie Option W/W Veggie Wrap		Veggie Option N/A			
Monday – 17		Tuesday – 18		Wednesday – 19		Thursday – 20		Friday – 21	
Easter Monday No School		Hot Lunch	Morning Snack	Hot Lunch	Morning Snack	Hot Lunch	Morning Snack	Hot Lunch	Morning Snack
		<ul style="list-style-type: none"> Chili Cheese Whole Grain Wrap Garden Salad 	<ul style="list-style-type: none"> Fresh Baby Carrots Hummus Dip Bread Sticks 	<ul style="list-style-type: none"> Stir Fry Teriyaki Chicken & Vegetables with Cantonese Noodles Garden Salad 	<ul style="list-style-type: none"> Melon Wedge Fruit Yogurt Graham Cracker 	<ul style="list-style-type: none"> Cod Nuggets on a Whole Grain Pita Cilantro Coleslaw 	<ul style="list-style-type: none"> Apple Slices Cheese Slices Oatmeal Bar 	<ul style="list-style-type: none"> Lentil Sweet Potato Stew Potato Wedges Caesar Kale Salad 	<ul style="list-style-type: none"> Apple Slices Fruit Yogurt Mini Bagel w/ jam
		Veggie Option <ul style="list-style-type: none"> Veggie chili 		Veggie Option <ul style="list-style-type: none"> Stir Fry Veggie Teriyaki 		Veggie Option <ul style="list-style-type: none"> Falafels-Whole Grain Pita 		Veggie Option <ul style="list-style-type: none"> N/A 	
Monday – 24		Tuesday – 25		Wednesday – 26		Thursday – 27		Friday – 28	
Hot Lunch	Morning Snack	Hot Lunch	Morning Snack	Hot Lunch	Morning Snack	Hot Lunch	Morning Snack	Hot Lunch	Morning Snack
<ul style="list-style-type: none"> Breaded Chicken Strips w/ WW Pita Garden Salad 	<ul style="list-style-type: none"> Fresh Baby Carrots Cheese Slices Graham Cracker 	<ul style="list-style-type: none"> Lightly Spiced Chicken Thighs Baked Potato/Sour Cream Garden Salad 	<ul style="list-style-type: none"> Banana Wedges Yogurt Tube Bread Sticks 	<ul style="list-style-type: none"> Loaded Beef Taco Caesar Kale Salad 	<ul style="list-style-type: none"> Orange Wedges Cheese Slices Mini Bagel w/ jam 	<ul style="list-style-type: none"> Tomato Pasta & Cheese Bake Garden Salad 	<ul style="list-style-type: none"> Melon Wedge Fruit Yogurt Graham Cracker 	<ul style="list-style-type: none"> BBQ Meatballs on a Whole Grain Bun Caesar Kale Salad 	<ul style="list-style-type: none"> Broccoli Spears Hummus Dip Melba Toast Cracker
Veggie Option <ul style="list-style-type: none"> N/A 		Veggie Option <ul style="list-style-type: none"> Veggie Stew 		Veggie Option <ul style="list-style-type: none"> Veggie Bean Taco 		Veggie Option <ul style="list-style-type: none"> N/A 		Veggie Option <ul style="list-style-type: none"> Meatless Meatballs on a Whole Grain Bun 	

➤ Please note that the menu is subject to change without notice due to the availability of certain food products or through unexpected generous food donations ☺