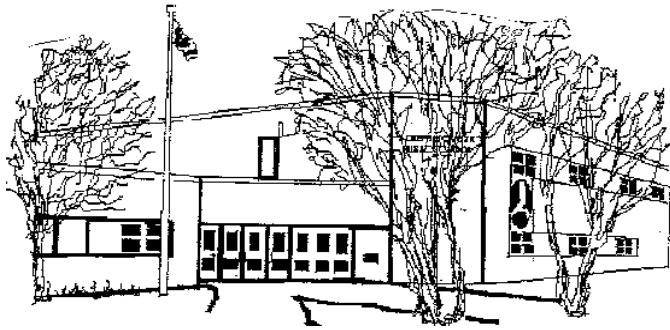


# Joseph Howe Senior Public School

20 Winter Gardens Trail,  
Scarborough, Ontario M1C 3E7  
(416) 396-6405



Mr. David Milgram, Principal  
Mrs. Holly Richards, Vice Principal

<http://schoolweb.tdsb.on.ca/josephhowe>

## OCTOBER 2012



Oct. 5	Spirit Day – Beach Blast
Oct. 8	Thanksgiving Long Weekend
Oct. 9-12	Dental Screening – Public Health
Oct. 10	Conference Final meet – Thomson Park
Oct. 15	Drop-In At the Gym 6:00 – 8:00 p.m. (Joseph Howe Students Only)
Oct. 17	Picture Retake Day
Oct. 18	City Final Meet Etobicoke Centennial Park
Oct. 19	Public Health Immunization Clinic – Gym
Oct. 22	Parent Council Meeting – Library 6:45
Oct. 26	Parent Council Pizza Fundraiser Day
Oct. 31	Halloween Dance – P.M.
Nov. 1	Gr. 8 to 9 Transition Meeting – 6:30 – Gym
Nov. 8	Junior Achievement
Nov. 12	Term 1 Progress Reports Go Home
Nov. 15	Evening Parent Interviews
Nov. 16	Morning Parent Interviews
Nov. 16	PA Day – Students Do Not Attend School
Nov. 19	Parent Council Meeting – Library 6:45
Nov. 23	Parent Council Pizza Fundraiser Day

## PRINCIPALLY SPEAKING

Welcome to Ms. Gooden who has joined Joseph Howe for the school year. Ms. Gooden is taking the place of Ms. Neubauer while she is away on maternity leave.

### TERM 1 PROGRESS REPORT

During the week of November 12 we will be sending home a progress report which will give parents an indication of how your child is progressing thus far. There will be no grades on this report, only a satisfactory or unsatisfactory mark.

This progress report is designed to show a student's development of the learning skills and work habits during the fall of the school year, as well as a student's general progress in working towards the achievement of the curriculum expectations in all subjects.

Parent interviews will be held the evening of Thursday, November 15 and the morning of Friday, November 16. More information will go home shortly regarding parent interviews. November 16 is a P.A. day. Students do not attend school.

We encourage each student to maintain an orderly agenda, and together with your parents, carefully read through it remembering to label it with your name and homeroom class. Your agenda has a wealth of useful information between the covers. Students are required to bring their agenda to every class. Make this a habit!

It is the responsibility of each student to make sure that they keep up with work while they are away. All students should have a responsible classmate whom they can call and ask about assignments when absent.

### HOMEWORK ROOM

Our very popular Homework Room has been such a success over the past several years we have decided to run it again this year. Help will be available from 8:00 a.m. to 8:45 a.m. Please read the posted sign on the parking lot doors to see where the Homework Room will be, then enter through the parking lot doors and go to the indicated classroom. Thank you to all staff who have volunteered their time in this capacity.

Ms. Downey and Ms. Gillard will have the library open every day after school until 4:00 p.m. unless there is a staff meeting. It is a good place to get homework completed, finish projects, or work in groups. We appreciate Ms. Gillard and Ms. Downey's efforts.

Be sure to take advantage of this wonderful opportunity! Please encourage your child not to wait until the "last minute" to complete assignments. Students should be doing some form of school work each night. The suggested time allotment for grade 7 students is 70 minutes and for grade 8 students it is 80 minutes.

### ALLERGY ALERT



Prevention is the best approach. Therefore, for the safety of our students, we ask your cooperation in not sending any snacks or lunches containing peanuts or nut products and to refrain from bringing aerosol products to Joseph Howe.

## CROSS COUNTRY

Starting September 10 we had 80 to 100 students come out each morning at 8:00 a.m. The first two weeks students trained at Joseph Howe with the remainder of the training taking place at Adams Park under the supervision of the coaches.

As a result of this training program Joseph Howe will have several students competing at the qualifying meet Oct 3, Conference Finals October 10 at Thomson Park and hopefully at the City Finals October 18 in Etobicoke at Centennial Park.

A quick reminder that we ask parents/guardians not to drive into our parking lot (unless you have an appointment to see a teacher) as we feel it is an unsafe practice. Please drop your child off in front of the school where it is safe and **NEVER** across the street from the school.

Mr. D. Milgram, Principal

### BEACHBALL VOLLEYBALL SPIRIT DAY

On Oct. 5 staff and students at Joseph Howe will celebrate a Spirit Day by playing indoor beach volleyball for fun at North Beach Volleyball located at 74 Rainside Drive.



All students are strongly encouraged to participate in this activity as it is considered part of the curriculum. Students who do not wish to play should still be there supporting their classmates.

Please note that our nut-free/peanut free rule applies to school excursions.

Students are reminded to bring their lunches, drinks, etc., and to dress to play beachball volleyball.



### GRADE 8 TO 9 TRANSITION MEETING

Parents and guardians of grade 8 students are invited to attend an information evening at Joseph Howe on Thursday, November 1 at 6:30 p.m. in the gym. The focus of the evening will be on the grade 8 to 9 transition process for our grade 8 students.

Topics will include: The Ontario Secondary School Diploma requirements:

- Choosing “Essential/Locally Developed”, “Applied” and “Academic” courses
- The Toronto District School Board’s “Promotion, Transfer, and Retention Procedures”
- Information about specialized secondary schools and programs in your area
- A timeline for the school year

Students and parents/guardians will make important decisions early in the new year about choice of secondary school (subject to optional attendance procedures) and course selection for next September.

This session will provide you with some of the information required to make an informed decision on a successful transition to grade 9. We strongly encourage you to attend the Secondary School Information Evenings, which will offer more school-specific program information.

Information nights at local secondary schools are as follows:

Bendale B.T.I.	Nov. 20	6:30
Birchmount Park	Nov. 7	6:30
Cedarbrae	Dec. 4	6:45
David & Mary Thomson	Nov. 21	6:30
Delphi Secondary Alternative	Nov. 29	7:00
Delphi Secondary Alternative	Jan. 15	7:00
East York	Jan. 16	6:30
Malvern	Jan. 15	7:00
Maplewood High School	By Appt. Only	
R.H. King Academy	Nov. 28	6:00/7:30
Sa tec@W.A. Porter	Nov. 21	6:30
Sir Oliver Mowat	Jan. 16	7:00
Sir Robert L. Borden	Jan. 10	7:00
Sir Wilfrid Laurier	Nov. 22	6:30
West Hill	Nov. 20	6:30
Wexford – Performing Arts	Nov. 14	7:00
Wexford – Visual & Media Arts	Nov. 15	7:00
Winston Churchill	Dec. 5	6:30
Woburn	Nov. 27	6:30

### PARENT COUNCIL NEWS

The Council meets from 6:45 p.m. to approximately 8:00 p.m. in the school library on the second floor. Meeting dates have been set as follows:

Oct. 22, Nov. 19 (Trustee Mr. J. Chadwick scheduled to attend), Jan. 21, Feb. 25, April 22, and May 27.

### LOST AND FOUND

Neither the school nor the TDSB is responsible for lost, damaged or stolen items brought to school. Parents are asked to discourage their children from bringing expensive items to school. Please label all of your child’s belongings so they can be easily identified and claimed by your child as often several children may be wearing the same popular clothing.

If you have lost any items at school please check our lost and found areas. For small or valuable items please check with office staff. For larger items, clothing or lunch bags, please check the yellow bin outside the gym doors. Please note that the lost and found is regularly cleared out with articles given to charity. Lunch bags with food in them are discarded in short order to prevent an infestation of rodents and bugs. This is only done after several reminders over the public address system.

## PIZZA FRIDAYS



Oct. 26, Nov. 23, Dec. 14 and Jan. 18

The Parent Council will be running FOUR pizza fundraisers this year. Forms will go home shortly. Students who wish to participate should fill in their form, enclose exact change in the envelope provided and return it to the office. Please be sure to put your child's name and home form on the pizza order form as well as on the envelope. Please bring this envelope directly to the office.

Also please note that the cafeteria food services will be closed during the four pizza days. Students will have to bring their own lunch to school if they do not wish to participate in pizza lunch days. Students will NOT be allowed to sign out and go to the local plazas.

## HALLOWEEN DANCE

There will be a Halloween dance on the afternoon of Wednesday, October 31. Lots of fun for everyone! The SAC will be giving out spirit points to those students who come in costume and colours.

We hold dances at Howe to give students the opportunity to learn and grow socially and interact with their peers. If you decide that your child will not be attending the dance, we have provided a study hall for those students. A note will be required should you wish for your child to leave for the afternoon of the dance. Please address your letter to Mr. Milgram, Principal. Students will not be allowed to use the telephone to get permission to go home.



## PUBLIC HEALTH

The Public Health Department will be here on Oct 19 for the first immunization clinic. Hepatitis B and Meningitis vaccines will be offered to grade 7 students and Human Papillomavirus (HPV) vaccine will be offered to grade 8 female students.



Students are required to receive a series of doses to get full protection as follows:

- Meningitis vaccine – a single dose
- Hepatitis B vaccine – 2 doses
- HPV vaccine – 3 doses

## DENTAL SCREENING

The Public Health Department will be conducting a dental screening Oct. 9 - 12 for all students in the school. This screening consists of a quick look into the mouth by a qualified dental hygienist using a sterilized mirror and dental explorer for each student. As a follow up to the screening, parents whose children require dental services will be notified.

## FIFTH'S DISEASE

If you have confirmed that your child has Fifth's Disease, please let the office know so that we may immediately inform any expectant mothers who, along with people suffering from immune disorders, may be at risk.

## DROP IN AT THE GYM EVENINGS

Last year's drop-in program was a huge success. The gym will be supervised by Mr. Milgram on Monday and Thursday evenings from 6:00 p.m. to 8:00 p.m. for Joseph Howe students wishing to have some fun, socialize, and play a variety of sports. The first evening is tentatively set for Monday, October 15 at 6:00 p.m.

## SAFETY CONCERNS

Parents are reminded that students should not be dropped off at Howe before 8:30 a.m. unless they have a specific time to meet a teacher for practice/testing, attend the homework room, or are participating in a sporting event. We do not provide supervision until 8:30 for students out in the yard and they are not allowed in the building before 8:45 a.m. unless there is inclement weather.

## PICKING UP CHILDREN AT SCHOOL

For every time an office staff member calls a classroom and requests that a child be sent to the office to meet a parent, several minutes of instructional time are lost for the entire class. If you are picking a child up for an appointment, please send a note to the teacher and pick your child up in the office at the appointed time. Please be sure your child knows what time you will come to get them. Thank you very much for your cooperation.

## PAY PHONE

We have many after school clubs and practices going on. If your child needs to make a phone call to a parent because they will be staying late please remember to provide two quarters for the pay phone which may be used AFTER school. It is our hope that students will inform parents that they will be late before leaving for school that day.

## RELIGIOUS HOLIDAYS

If your child is going to be absent due to a religious holiday, please make sure that you call the absence into the office and specify the reason. Your child will not be marked absent but specified as a "G" day which is not shown on their report card.

## INTERNATIONAL LANGUAGES PROGRAM

After school/weekend language classes are available at various schools throughout Toronto.

If you are interested in registering, please pick up a booklet in the office.

## TERRY FOX RUNN 4 DUNN FRIDAY, SEPT. 28



This year Joseph Howe focused on “The Runn For Dunn” dedicated to one of our students who is meeting a cancer challenge with great strength.

Various fundraising efforts have gone on throughout September towards raising funds for cancer research. At the present time we have raised \$4,905.17. We thank all who have generously donated and participated in our efforts.

### SCHOOL PHOTOS

School photos were taken, September 19. If you missed this opportunity the photographer will return for retakes on Oct. 17.

### TTC PHOTO I.D. CARDS

TTC photos were taken on September 14. If you missed the opportunity and still need a photo i.d. card you will have to travel down to the Sherbourne subway station to get one. Please come to the office to get a signed form to present at Sherbourne Station.

### GETTING ON THE RIGHT TRACK

Research tells us that a good start to the school year prepares students for success. As such, establishing consistent homework and study routines are critical components in assisting students to be the best learners they can be.

The following tips will assist you in setting up a homework/study space:

- A complete assignment notebook/agenda
- Write down all assignments right away
- Know exactly what you are supposed to do
- Start immediately when you sit down
- Have everything you need with you

Plan what you wish to accomplish

- A consistent time and place is best
- Break down large tasks into smaller ones
- Keep a record of what you do accomplish

Good lighting

- Not too bright, not too dim

Chair

- Use one that is comfortable
- Books
- Have all necessary text books & reference books handy

Supplies

- Pencils, pens, markers, erasers, whiteout, ruler,
- stapler, paperclips, pencil sharpener, post-it notes,
- paper, scissors, calculator, etc.

Clock

- This will help you manage your time

Distraction-free

- This would include TV, loud radio music
- Soft, background music may be helpful

To maximize learning:

- Get enough sleep
- Eat regular meals & healthy snacks
- Exercise regularly
- Schedule short breaks during study time

### THE “BULLY”

This is the first article of a 4-part series called “The Bully”



Bullying ...The Bully, The Bullied, the Bystander, ...and 10 Things You Can DO!

Most people have heard the word “bully”. In fact most of us know a few people who we would call bullies. Being a bully is not something of which to be proud. It may seem like bullies have many “friends”, but usually bullies are not very well liked at all. The friends are often afraid to leave the group out of fear of the consequences.

Often we think bullies are big boys, but that is not always the case. Girls, as well as adults of all walks of life, can be bullies and make others feel uncomfortable. A bully is someone who makes a person feel sad or afraid through his or her actions or words.

Bullying behaviour can be shown in many ways other than hitting or shoving. Bullies can also say hurtful things in a sarcastic manner, use threatening gestures, or exclude others from the group.

Bullies need help as well. They are often underachievers and are five times more likely than other children to fall into deeper trouble during their adolescent and adult lives. Talking with the teachers about these types of concerns can assist in finding solutions.

If you grow up seeing bullies treat others unfairly, you may think it is okay for you to do the same. It is NOT okay. We must work together to find other ways to feel good about ourselves and handle anger. We will explore some of these ways in the upcoming issues.

Next month we will focus on “The Bullied”

Ms. S. MacInnis, Guidance Resource, School Services