

Let your Voice be heard, Come and Just Listen . . . but let's Take Action!

Tuesday, January 15<sup>th</sup>, 2013

## 9<sup>th</sup> Symposium 2013

Do you think/know you have an Eating Disorder?

Do you have a family member/friend that needs help?

Do you feel driven to perfect your body or your life?

Do you feel that nothing you do is ever good enough?

Is eating or exercise controlling your life or the life of a loved one?

**Topic:** Perfectionism and Eating Disorders.

Speaker: Dr. Heather Wheeler, Clinical Psychologist

**Location: Annex Theatre** (Bathurst Theatre)

730 Bathurst Street, Toronto, ON, M5S 1Z5

(Entrance through parking lot). Extra parking on nearby streets

Date: Tuesday, January 15, 2013

Time: 7:00 pm Coffee -7.30 pm -9.30 pm Symposium

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