Toronto District School Board

Lester B. Pearson Elementary School
7 Snowcrest Ave, Toronto, Ontario M2K 2K5
• Tel: (416) 395-2656 • Fax: (416) 395-2658
A. Caccamo, Principal
D. Antolin, Vice-Principal

September 2016

Dear Parents of Students attending **Lester B. Pearson Elementary School**. There are students attending our school who suffers from a life-threatening allergy to **peanuts, tree nuts (e.g. walnuts, almonds, etc.) nut products (e.g. Nutella), shellfish, sesame seeds (i.e. found on bagels, hummus) and lentils.**

Prevention is the best approach. Therefore, we ask your cooperation in **NOT** sending any snacks or lunches containing the items below with your child:

- **NO Peanuts or peanut products (e.g. peanut butter cookies, bars, peanut butter sandwiches, etc.)**
- **NO Tree Nuts (e.g. walnuts, almonds, cashews, etc.) or tree nut products such as Nutella**
- **NO Shellfish (e.g. Lobster, Shrimp, Mussels, Oysters, Snails, Scallops, Clams, etc.)**
- **NO Sesame Seeds (e.g. found on bagels, hummus)**
- **NO** _____

Students who have severe allergies to such food substances are exposed to a severe health risk **when peanuts, tree nuts (e.g. walnuts, almonds, etc.) nut products such as Nutella, shellfish, lentils, sesame seeds (e.g. found on bagels, hummus)** products are consumed in their environment or shared with them. ***Please speak with your child about NOT sharing their snacks or lunches with other students.***

When packing lunches/snacks for your child, please be mindful of the allergies that exist within your child's classroom and our school. We thank you for adhering to the specifics above, and for reading all the packaging and labels on the food items being sent to school (e.g. ***may contain nuts*** – is NOT a safe food item that should be sent to school **OR** e.g. ***bagels with sesame seeds*** – is NOT a safe food item to be sent to school).

If your child carries an EPIPEN, kindly be reminded that your child will NEED TO CARRY an Epipen at all times, and an additional Epipen is required at the main office.

The Board has procedures for the prevention and management of anaphylactic reactions. If you are interested, feel free to contact me for information. Further information is also available through Anaphylaxis-Canada at (416) 785-5666. If your child has health problems of any kind, please inform your child's teacher and office staff immediately so that the necessary health protection steps may be taken.

Your understanding and cooperation in ensuring the safest environment for all our students is greatly appreciated.

Yours in partnership,

A. Caccamo

A. Caccamo
Principal

D. Antolin

D. Antolin
Vice-Principal

(S31Parent Letter – Class Anaphylaxis 2016)