



PERTH POST

JUNE 30, 2023



(larvae to butterfly- released from the primary classes)



As we reach the end of the school year, we wanted to thank all parents and guardians for your ongoing support and involvement in the school community. Your partnership has made the difference for students and staff and contributed greatly to a positive school climate.

It has been a wonderful year filled with student growth, learning and achievements. We are very proud of each and every student at Perth.

To the graduating classes, congratulations on your achievements! We wish you all the best in the next chapter of your learning journey. To the dedicated Perth staff, thank you for all your hard work and for creating a nurturing and supportive environment for students.

Looking ahead to next year, we will continue to provide an inclusive learning environment and adapt to the needs of students. It has been an amazing year!

Wishing you all a safe and happy summer holiday. [See you back on Sept 5th!](#)

Ms Khan-Fitzpatrick

WHAT'S BEEN HAPPENING AT PERTH?



CONGRATULATIONS TO THE GRADUATING CLASSES OF 2022-2023!

We had an incredible day celebrating the graduation of the Grade 6 students. Thank you to the graduation committee, school advisory council and to all staff that supported the day's events. A special thank you to Trustee, Alexis Dawson and MPP, Marit Stiles for attending the ceremony.

PRIDE MONTH: PARADE AND DANCE!!







BREAKFAST TREATS for STAFF FROM SAC & THE ADMINISTRATIVE TEAM



THANK YOU TO THE LUNCHROOM SUPERVISORS and NUTRITION TEAM !



FAREWELL AND BEST WISHES TO: Ms AuCoin and Ms Wiliams, classroom teachers, who will be leaving Perth. Wishing you well in your new positions.

From the office staff:




MOVING? If you are planning to move and will no longer attend Perth Ave School, please email [Ms Fisher](#) so we can support your transfer and update our records.

ITEMS LEFT AT SCHOOL: Last call for lost and found. Please take a moment to lookover. Due to construction starting the first week of July, entry into the school building will be limited. Please ensure you have all of your child/ren's belongings before the last day of school. Thanks for your understanding.

CONSTRUCTION: There will be construction happening at Perth over the summer months. The project involves putting a new roof above the gym (Perth Side). As a result, there will be a portion of the school playground closed off or fenced off so heavy machinery can be stored.

TDSB SUMMER WELL-BEING GUIDE: The TDSB Summer 2023 Well-Being Guide is filled with summer resources for students and parents/caregivers. This guide is translated into TDSB's 20 top spoken languages and we hope it reaches many of the students and parents/caregivers within our school community. Please distribute see link below.

[https://docs.google.com/document/d/1MCqzBUf3azVOYt8K0YJ_IDSrfZGzEWIsW4KKBH_SeA0/edit?](https://docs.google.com/document/d/1MCqzBUf3azVOYt8K0YJ_IDSrfZGzEWIsW4KKBH_SeA0/edit?usp=sharing)

<div data-bbox="370 938 547 1014"> Toronto District School Board</div> <div data-bbox="657 934 737 1010"></div> <h2 data-bbox="355 1071 641 1251">Summer Well-Being Guide</h2> <p data-bbox="358 1291 506 1316">In this Guide..</p> <ul data-bbox="358 1369 781 1801" style="list-style-type: none">Supports for Mental Health and Well-BeingTDSB Professional Support Services Mental Health and Well-Being Summer ProgramsSupports and Resources for YouthSummer Programs and Activities for Child/YouthIdeas for Keeping my Child/Youth Active this SummerResources for My Child/Youth with Special/Complex Needs	<div data-bbox="841 886 1266 1100"></div> <p data-bbox="836 1108 1266 1293">As we look toward the end of the school year, there may be excitement as well as thoughts and feelings that bring forward a need for support. Our Summer 2023 Well-Being Guide is a place to learn about Culturally Responsive and Identity Affirming resources and activities to make the most of this time of year, while supporting and improving our mental well-being. Some ways to do this include:</p> <ul data-bbox="867 1314 1260 1831" style="list-style-type: none">Consider creating a loose <u>routine</u> for meals, exercise, and sleep that allows for flexibility and fun.If possible, <u>spend time outside</u> in nature and take advantage of summer weather.Encourage <u>physical activity</u> by finding fun ways to move your body and get active.Make an effort to <u>spend quality time with friends and family</u> and strengthen relationships. Consider balancing screen time with social activities that promote connections with others.Try <u>mindfulness</u> practices like meditation, deep breathing, or yoga to promote relaxation and calm.If possible, <u>prioritize self-care activities</u> that promote relaxation and well-being, such as reading, taking a bath, or practicing a hobby.
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**SUMMER
CAMP 2023**

WEEKLY THEMES, FUN ACTIVITIES ALL SUMMER

**JULY 4 TO
AUG 18**

 **JUNCTION TRIANGLE CLUBHOUSE**

 **CARLETON VILLAGE JUNIOR AND SENIOR
SPORTS AND WELLNESS ACADEMY**

315 OSLER ST, TORONTO, M6N 2Z4

 **DOVERCOURTKIDS.COM**

 **416-530-4233**

 **REGISTER HERE**



 **bgc** Dovercourt Club

SUMMER PROGRAMS AT TDSB:

Parkdale Jr & Sr P.S



Parkdale Jr. & Sr. P.S

78 Seaforth Avenue

(416)393-1280

parkdaleps@tdsb.on.ca

<https://schoolweb.tdsb.on.ca/parkdaleps>

Join us for our in-person 2023 Elementary Summer School Program!

Dates: July 4 to July 28, 2023

Time: 9 a.m. to 12 p.m.

Our program offers:

- Literacy/Numeracy focused learning
- Engaging activities and critical thinking about social justice issues
- French Immersion programming Gr 1 – 4 only for students currently in those grades
- Mid- morning Nutrition break
- Access to Blue Jays RBI camp from 1:00 to 4:00p.m Mon - Fri

Our teachers are looking forward to meeting you!

For more information:

<https://www.tdsb.on.ca/About-Us/Innovation/Elementary-Summer-School>

Elementary Summer School 2023

The focus of the 2023 Elementary Literacy and Numeracy Summer School Program is to continue student engagement through the month of July. Programs, embedded in Literacy and Numeracy, are developed by the local summer school principal to reflect the local school focus. Programs run from July 4 to July 28 and registration is online. For more information, including locations and registration information, please visit our summer school program page.

A MESSAGE FROM PERTH'S PUBLIC HEALTH NURSE:



**NOW PROTECT
THEM ON THE
INSIDE.**

Get your kids' immunizations back on track
at a City-clinic near you

Book an appointment



toronto.ca/immunization

 **Toronto** Public Health



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 **Toronto** Public Health

For more information:

<https://acrobat.adobe.com/link/review?uri=urn:aaid:scds:US:aca5e840-3bc4-4444-84ea-f9543d45e04f>
<https://acrobat.adobe.com/link/review?uri=urn:aaid:scds:US:e850c3ec-60f4-4296-a487-4da6a88fcb10>

Keep **UPDATED** and **IN THE LOOP** by bookmarking the Perth Website
on your browser and checking back frequently!

The Perth School Calendar is there, newsletter archive, news from SAC
and reminders and event reminders from the school.

<https://schoolweb.tdsb.on.ca/PerthAvenue>

AND

PERTH'S TWITTER ACCOUNT: [PerthAveJPS](#)



OTHER IMPORTANT INFORMATION

Bicycle Safety:

Now that the warm weather is here, children will be participating in outdoor activities like bike riding. With this in mind the following TIPS may be helpful in helping parents and caregivers keep their children safe when they are riding their bikes.

Here's how:

1. An adult should always supervise children 10 years of age or younger when they are using a bicycle or other wheeled sports equipment. Even older children may need on-going supervision when riding near the road.
2. Make sure children wear the correct helmet properly when they ride. Ontario's bike helmet law requires all children and youth under age 18 to wear an approved bike helmet when riding a bicycle.
3. Keep children away from traffic when they use wheeled sports equipment. Make sure they ride in a safe place.
4. Teach children how to:
 - a. steer, brake and ride in a straight line
 - b. wear the right safety gear, and
 - c. do a safety check every time they ride a bicycle, scooter, skateboard, use in-line skates or wear shoes with wheels.
5. Be within arm's reach when your children are learning to ride any wheeled equipment.
6. Always walk a bicycle, scooter or skateboard across a street intersection, instead of riding across.
7. Tell children that you are happy when you see them riding safely.
8. Remind children of the safety rules when they forget.



PERTH SCHOOL ADVISORY COUNCIL

Hello Perth Parents and Guardians!

It's the final Perth Post of the school year, and the Perth school council would like to send a sincere thank you to all of the people who've made this year so wonderful!

First we want to say thank you to the wonderful administration, teachers and staff at Perth! You are so collaborative and supportive, and it's greatly appreciated!

And we also want to thank all of you! You've all contributed in different ways and we're grateful. Whether you volunteered at a pizza day, at a dance, at the craft show, in the classroom or at the fun fair. Whether you attended a school council meeting, sent us feedback or watched a video of the school council meetings! Whether you brought treats in for your child's class or supported your child through learning something new. It all builds up the Perth community, and we can't wait to see what the next school year will bring!

Congratulations to Perth's Grade 6 Graduates!



The Perth School Council would like to send a massive congratulations to this year's Grade 6 grads! We are so proud of you and hope you have so much fun at your new schools!!

Fun Fair Update

We're still buzzing a bit from the Fun Fair! It was such a great time, and while we're still double checking all of the numbers, it looks like it raised more than \$14,000 net!

This money will definitely be put to good use. All funds raised by the Perth School council are used to enrich the education experience of Perth students and support their families and caregivers. Some examples of items that have been paid for with these funds in the past include Culturally Relevant and Responsive Pedagogy books for classrooms, the schoolyard revitalization, Scientist in Schools programming, dance workshops, field trips and an upgraded sound system for the school gym.

Elections Subcommittee

The Perth School Council is looking for volunteers to help engage people to run for the 2023-24 Perth School council.

If you'd like to be part of this subcommittee please reach out at perthschoolcouncil@gmail.com.

The election subcommittee will meet early in the school year to organize elections and engage nominees.

Please note: People who are running for election or their spouses are not allowed to be part of this subcommittee.

Social Media

Please be sure to follow the Perth School Council's social media for information and more frequent updates.

Facebook: <https://www.facebook.com/perthpanthers14>

Instagram: [instagram.com/perthave.parentcouncil](https://www.instagram.com/perthave.parentcouncil)

You can also reach out at perthschoolcouncil@gmail.com

Take a peek at the School Council's [Linktree site](#), where you can find an archive of previous School Council meeting agendas and minutes, advocacy letters and other resources.

And please be sure to visit the School Council website at www.perthschoolcouncil.com/, which has tons of information Perth families need, including an event calendar.

Thank you for reading. We hope you have an absolutely wonderful summer! See you in September!

–The Perth School Council Exec