



PERTH POST

Nov 25, 2022



SCHOOL INFORMATION

DATES TO NOTE:	
FRIDAY DEC 2	PA DAY- NO SCHOOL
FRIDAY DEC 23	LAST DAY OF SCHOOL BEFORE WINTER BREAK
DEC 24-JAN 8	WINTER BREAK
JAN 9, 2023	SCHOOL RESUMES

RIGHT TO READ!

Right to Read: In case you missed it last year...Did you know that earlier this year The Ontario Human Rights Commission released the report for a three year long public inquiry investigating barriers affecting student's right to read in Ontario schools? Here is a 9 minute video that provides an overview: [*Right to Read: it's time for change in Ontario*](#)

In response to this groundbreaking report, the TDSB has released a Parent & Caregiver Guide for Early Reading Instruction. It contains some helpful tips and you can find it here: <https://TDSB Parent/Caregiver Guide to Early Reading Instruction aligned with the Right to Read - Below are some highlights from the Guide:>

Supporting Children's Reading Skills at Home

Families and caregivers can support their child's reading development at home in many ways.

Please check out the tips below for families/caregivers to support children's language in the following key areas:

- Playing at Home
- Talking at Home
- Reading at Home
- Writing at Home

Families are composed of individuals who are competent and capable, curious, and rich in experience. Families love their children and want the best for them. Families are experts on their children. They are the most powerful influence on children's learning, development, health and well-being.
- The Kindergarten Program 2016, p. 10



Playing at Home

Play, explore, investigate and have fun with your child. Learning through play:

- Develops language skills, problem solving skills, social communication, self regulation and focus
- Makes learning fun and engaging
- Allows for practice of a variety of skills
- Brings families together

Here are some ways to play and explore at home:

- Play board games together
- Use your imagination to pretend play (e.g., create a store, doctor's office, a restaurant, etc)
- Create using loose parts (e.g., cardboard boxes, cups, sticks, rocks). Ask children to tell you about their creations
- Spend some time in nature. Talk about what you both see, hear and wonder
- Talk about and investigate children's interests (e.g. if the child has an interest in cars, ask children what questions they have, spend time observing cars in the community and share what you notice about cars, read nonfiction books or watch videos about cars to help answer children's questions)

Talking At Home

Talk and read to your child in the language or dialect of your home. Talking with your child helps build:

- Listening and understanding skills
- Strong personal and cultural identity
- An understanding of past and present events
- An understanding of different perspectives
- An ability to come up with different solutions to problems
- Language skills needed for reading and writing
- Social emotional bonds

Here are some tips for creating rich opportunities for talk at home:

- Read books and watch shows that are of interest to you and your family
- Talk about your own experiences growing up
- Share important cultural stories
- Talk about the steps you are taking when you are doing tasks together (e.g., when baking, share the steps you are taking and name the ingredients you are using)
- Ask thinking questions, when talking with your child:
 - Why do you think they felt that way?
 - What do you think will happen next? How did you know that?
 - Do you agree with ____? Why?
 - What was your favourite part of ____?



Reading at Home	Writing At Home
<p>Families and Caregivers can help build early reading skills by:</p> <ul style="list-style-type: none"> • Playing with language <ul style="list-style-type: none"> • Clapping syllables (e.g., "How many syllables are in the word grandma? Two!" Tip: Encourage your child to place their hand just under their chin. Each syllable causes the mouth to open and their chin will touch their hand) • Breaking words up into individual sounds (e.g., "How many sounds do you hear in the word cat? /c/.../a/.../t/. Three!") Helping children learn sound letter associations (e.g., what sound does your name start with? What letter?) • Modelling how to blend sounds together into words when reading (e.g., /c/.../a/.../t/ is cat) • Modelling and helping children sound words out • Discussing the meaning of words and stories • Reading books together and talking about the books you've read. Ask questions such as: <ul style="list-style-type: none"> • <i>What was your favourite part? Why?</i> • <i>What did this book remind you of?</i> • <i>How did the story make you feel? Why?</i> <p>Families and Caregivers can help build reading skills in older children by:</p> <ul style="list-style-type: none"> • Helping children chunk longer words and talk about meanings. (e.g., com...mun...i...ty, let's sound out each part and put them together) • Reading together, making inferences (e.g., "What do you think the character in the story will do next? What makes you think that?"), asking questions about the topics you are reading about, and connecting ideas from the text to their lived experiences. 	<p>Families and Caregivers can help build early writing skills by:</p> <ul style="list-style-type: none"> • Modelling writing and writing together (e.g., creating shopping lists, greeting cards, text messages, writing emails, etc.) • Modelling how to listen for the sounds in words and translate the sounds into letters when writing (e.g., "We need tomatoes, what is the first sound in tomatoes? /t/...the letter 't' says /t/. Let's write 't' for tomatoes) <p>Families and Caregivers can help build writing skills in older children by:</p> <ul style="list-style-type: none"> • Helping children talk about what they will be writing and assisting them in organizing their thoughts and elaborating on their ideas (e.g., what words do you think you will use in your writing?) • Creating fun and meaningful opportunities for children to write (e.g., create greeting cards, shopping lists, party invitations, gratitude notes, etc.) • Reading a variety of texts together (e.g., poems, stories, chapter books, emails, essays, factual information) to expose children to a variety of written forms

CHROMEBOOK/COMPUTER RETURNS- We kindly ask that all devices loaned out to families as a result of possible strike action, be returned to the school asap. The students at Perth need these devices for daily use.

Thanks for your cooperation.



DRESSING FOR THE WEATHER:

Students are enjoying the snowy weather and being outdoors however, winter days can be very cold and require extra protection. Wearing coats, snowpants, boots, mitts and hats help students stay warm on cold days.

Please send extra clothes (e.g. pants, socks and indoor shoes) to school should students get wet and need to change.

Thanks so much!

Extra Curricular at Perth (will be updated regularly)



Club Calme- It was great to see students in higher grades taking on leadership to support the younger members. We had another week of approximately 40 students coming to room 101. The students have some great ideas for mindful initiatives at Perth. Students are interested in spreading messages of positivity and hope around our school community so you will soon see some of this around the building. Thanks to all who came.



Floor Hockey: We had a great turn out on the first day!

Extra Curricular	Grades	Contact Person/s
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DODGEBALL ACADEMY	1-2	MR. GOW
FLOOR HOCKEY	3-6	MR. GOW



Nutrition Program

SNACK for next week

Monday	Tuesday	Wednesday	Thursday	Friday
yogurt tubes	Cucumbers and crackers	Carrots and granola bars	apples	NO SCHOOL

COVID – 19 Update: We continue to take our health and safety direction from the Ministry and Toronto Public Health, and it is important to note that this is the current information and may change. **Screening:** Students and staff should continue to do a daily self-assessment before entering school or Board buildings and stay home if they are sick. Complete the [TPH School Screening Tool](#) or [Provincial School Screening Tool](#) that is attached each day before arriving at school.

COVID-19 & Respiratory Viruses

Daily screening for children/students/adults. A parent/guardian can complete for their child.

September 6, 2022

1. Do you have any of these new or worsening symptoms*?

A) One or more:

☐ Yes
☐ No

 Fever > 37.8°C and/or chills

☐ Yes
☐ No

 Cough

☐ Yes
☐ No

 Trouble breathing

☐ Yes
☐ No

 Decrease or loss of taste/smell

B) Two or more:

☐ Yes
☐ No

 Sore throat

☐ Yes
☐ No

 Headache

☐ Yes
☐ No

 Feeling very tired

☐ Yes
☐ No

 Runny nose/
nasal congestion

☐ Yes
☐ No

 Muscle aches/
joint pain

☐ Yes
☐ No

 Nausea/vomiting/
diarrhea

COVID-19 & Respiratory Viruses Screening Tool Next Steps

If you answered "YES" to any of the questions on page 1, follow the below instructions:

Stay Home & Self-Isolate if You are Sick:

Stay home until you have no fever and your symptoms are improving for at least 24 hours (or 48 hours if nausea/vomiting/diarrhea).

Anyone who is feeling sick or has any new or worsening symptoms of illness, including those not listed in this screening tool, should stay home until their symptoms are improving and seek assessment from their health care provider if needed.

Follow Extra Measures:

For 10 days after the start of symptoms **OR** a positive COVID-19 test (whichever came first) **OR** for 10 days after your last close contact with a person who has symptoms or a positive COVID-19 test:



- Wear a well-fitted mask in all public settings (including schools/child care, unless <2 years of age);



- Avoid non-essential activities where you need to take off your mask (e.g., dining out, playing a wind instrument, high contact sports where masks cannot be safely worn), with reasonable exceptions such as when eating in a shared space at school while maintaining as much distancing as possible;



- Do not visit people or settings (e.g. hospitals, long-term care homes) at higher risk, including where there are seniors or those who are immunocompromised.

Follow this advice even if you test negative for COVID-19 or you did not do a test.

These measures are an added layer of prevention against the spread of COVID-19 and respiratory viruses.



Are your child's vaccines up to date?

School-based Vaccines for Grades 7 – 12 Students

Students in Grade 7 to 12 can get free meningococcal, hepatitis B and human papillomavirus vaccines.

Toronto Public Health (TPH) will be coming to schools with grade 7 & 8 students this year. Students who have not gotten these vaccines in school can:

Get vaccinated at a City of Toronto Clinic. OHIP is not required. Make an appointment online at www.TPHBookings.ca

Routine Childhood Immunizations

Keep your child up-to-date according to [Ontario's Immunization Schedule](#). Students are required to be vaccinated or have a valid exemption to attend school according to the Immunization of School Pupils Act (ISPA). If your child needs to be vaccinated, contact your health care provider.

Report your Child's Vaccinations to TPH

Parents have to report their child's vaccine record to public health. Doctors do not report them for you. Visit Toronto.ca/StudentVaccines.

For non-English vaccine records: Email the record to immunization@toronto.ca

For more information:

Contact Toronto Public Health

Monday – Friday, 8:30am – 4:30pm

Phone: 416-338-7600

TTY: 416-392-0658

Email: PublicHealth@toronto.ca

toronto.ca/get-immunized-children-youth

Keep UPDATED and IN THE LOOP by bookmarking the Perth Website on your browser and checking back frequently!
The Perth School Calendar is there, newsletter archive, news from SAC and reminders and event reminders from the school.
<https://schoolweb.tdsb.on.ca/PerthAvenue>



OTHER IMPORTANT INFORMATION

Days of Significance-NOVEMBER

20	Sunday	International Transgender Day of Remembrance	Gwendolyn A. Smith, US Trans Advocate	https://en.wikipedia.org/wiki/Transgender_Day_of_Remembrance
20	Sunday	World Children's Day	United Nations	World Children's Day
21	Monday	Presentation of the Blessed Virgin Mary	Christianity (Eastern Orthodox and Western)	https://en.wikipedia.org/wiki/Presentation_of_Mary
24	Thursday	Martyrdom of Guru Tegh Bahadur	Sikhism	https://www.sikhiwiki.org/index.php/Martyrdom_of_Guru_Tegh_Bahadur
25	Friday	International Day for the Elimination of Violence Against Women	United Nations	International Day for the Elimination of Violence against Women
26	Saturday	Day of the Covenant	Bahá'í Faith	https://www.bahai.ca/holy-days/
26	Saturday	National Holodomor Memorial Day (4th Saturday In November)	Ukrainian Canadian Congress	https://en.wikipedia.org/wiki/Holodomor
27 to 24 December	Sunday to Saturday	Advent	Christianity (Western)	https://www.christianity.com/christian-life/christmas/what-is-advent.html
28	Monday	Ascension of 'Abdu'l-Bahá	Bahá'í Faith	https://www.bahai.ca/holy-days/
30	Wednesday	Birthday of Guru Nanak Dev Sahib	Sikhism	https://www.drikpanchang.com/calendars/indian/sikh-festivals/avanti/guru-nanak-avanti-date.html?year=2024

Asterisk (*) indicates Religious Holy Day or other event begins on the **evening before** the beginning date indicated

DECEMBER 2022

Date	Day of Week	Event	Source	Website
01	Thursday	World AIDS Day	United Nations	World AIDS Day
02	Friday	International Day for the Abolition of Slavery	United Nations	International Day for the Abolition of Slavery
03	Saturday	International Day of Persons with Disabilities	United Nations	International Day of Persons with Disabilities
06	Tuesday	National Day of Remembrance and Action on Violence Against Women	Government of Canada	https://women-gender-equality.canada.ca/en/commemorations-celebrations/16-days/national-day-remembrance.html
08	Thursday	St. Clements of Ohrid Patrons' Day	Christianity (Eastern Orthodox)	https://en.wikipedia.org/wiki/Clement_of_Ohrid
10	Saturday	Human Rights Day	United Nations	Human Rights Day
13	Tuesday	Birthday of Imam Aga Khan (Salgirah)*	Islam	https://www.akdn.org/about-us/his-highness-aga-khan/biography-his-highness-aga-khan
18	Sunday	International Migrants Day	United Nations	International Migrants Day
19 - 26	Monday to Monday	Hanukkah (Festival of Lights)*	Judaism	https://www.history.com/topics/holidays/hanukkah
21 to 01 January 2023	Wednesday to Sunday	Yule (Winter Solstice)	Wicca/Pagan	https://www.goddessandgreenman.co.uk/yule/
25	Sunday	Christmas Day (Gregorian Calendar)	Government of Canada and Christianity (Western)	https://www.history.com/topics/christmas/history-of-christmas
26	Monday	Boxing Day	Government of Canada	www.history.com/news/why-is-the-day-after-christmas-called-boxing-day
26	Monday	Zarathosht Diso (Death of Prophet Zarathushtra)	Zoroastrian	https://en.wikipedia.org/wiki/Zartosht_No-Diso



HINDU HERITAGE MONTH November 2022



Bhoomi Devi:
Our Sacred Mother Earth

Hindu Heritage Month at the TDSB: November 2022

The TDSB is proud to recognize Hindu Heritage Month during the month of November because of a motion passed in April 2018 by the Board of Trustees. Further on December 8th, 2016, the Province of Ontario passed the Hindu Heritage Act, 2016 by declaring that the month of November in each year is proclaimed as Hindu Heritage Month,

Hinduism is one of the oldest living religions which have flourished for over 10,000 years. It is an occasion to recognize and celebrate the rich tapestry of traditions, teachings and values that are integral to Hinduism and practiced by millions around the world today. November is an opportunity to celebrate

the Hindu way of life, examine its impact and contributions to world culture, and recognize values which promote compassion, tolerance, and inclusion.

The theme this year selected by the TDSB Hindu Heritage Month Volunteer Planning Committee is:
Bhoomi Devi: Our Sacred Mother Earth.



November is Indigenous Education Month

November is Indigenous Education Month at the Toronto District School Board. This month is an important reminder to centre First Nations, Métis, and Inuit perspectives, voices, histories, and contemporary realities across the TDSB. It is an opportunity to learn from Indigenous perspectives on treaties, Indigenous leadership, achievements, resurgence, futurities, and creativity. The Truth and

Reconciliation Commission of Canada: Calls to Action is a strategic direction in the Board.

Throughout November, students, staff, and community members honour a number of important days to deepen knowledge, to learn from our shared history, and to build stronger relationships between Indigenous and non-Indigenous Peoples.



PERTH SCHOOL ADVISORY COUNCIL

Hi everyone! We hope the last full week of November has treated you well. Here are the Perth School Council's updates for this week.

Nov. 16 School Council Meeting

Thanks to everyone who attended this meeting. There was lots of important information shared, including updates on pizza days and the School Improvement Plan. You can watch a recording of the meeting here:

https://tdsb-ca.zoom.us/rec/share/cUfMnFjbGkdA0c02IMIKpWDv7YITXwQLtQWIJ2JuUSmNRQqWcTZoDKa mDmI0_uVL.Qwm0cQODVKWsQAyu

And read the minutes here:

Fundraising Subcommittee Call for Volunteers

Hi Perth Families! We're off to a great start to the school year. We can all make it better by having more dances and other school events.

We need to bring the families together and create some school spirit.

The Fundraising Subcommittee is looking for parents to join and volunteers.

We don't need a huge commitment from you. We will have monthly meetings where we plan our next event.

If you can't commit to those, you can volunteer at an event, and that would be just as awesome.

Volunteer roles at events include selling tickets, handing out pizza and other similar tasks.

Our first meeting is on Wed. November 30 at 6:45 p.m. and will be held via Zoom. Here's the meeting link:

[https://us06web.zoom.us/j/81425777704?pwd=eitpa2luUjlybD\]0dTNlbFJWcFR0UT09](https://us06web.zoom.us/j/81425777704?pwd=eitpa2luUjlybD]0dTNlbFJWcFR0UT09)

Meeting ID: 814 2577 7704

Passcode: 497675

One tap mobile

+13462487799,,81425777704#,,,,*497675# US (Houston)

+13602095623,,81425777704#,,,,*497675# US

Let us know if you're interested by emailing SAC at perthschoolcouncil@gmail.com

Let's come together to make this year the best yet for our kids!

—Kevin Yu

Head of Fundraising Subcommittee

Junction Triangle Craft Show Call for Volunteers

We're so excited this event, which is a fundraiser for our school, is coming back on **Saturday Dec. 10 from 10 a.m. until 3 p.m.!** The craft show has more than 50 registered vendors, and alongside the wonderful local goods for sale will feature door prizes, Santa pics and more!

Volunteers are needed on the day of the event to help this event be as successful as possible! If you have some time to spare on Dec. 10 to help out, please add your name to this volunteer sheet:

https://docs.google.com/spreadsheets/d/11LZjIJbBz0SLXNUciQv_OLAunmG1KD3tsGKE-WYsHQ/edit?usp=sharing

If you have any questions about job descriptions, please reach out to junctiontrianglecraftshow@gmail.com
Thank you so much for your support!

Social Media

Please be sure to follow the Perth School Council's social media for information and more frequent updates.

Facebook: <https://www.facebook.com/perthpanthers14>

Instagram: [instagram.com/perthave.parentcouncil](https://www.instagram.com/perthave.parentcouncil)

You can also reach out at perthschoolcouncil@gmail.com

Take a peek at the School Council's [Linktree site](#), where you can find an archive of previous School Council meeting agendas and minutes, advocacy letters and other resources.

And please be sure to visit the School Council website at www.perthschoolcouncil.com/, which has tons of information Perth families need, including an event calendar.

Thank you for reading. We hope you have a fantastic weekend!

–The Perth School Council Exec