

PERTH POST

Sept 16, 2022

Dear Parents and Guardians,

We have had a great start to the school year. It has been wonderful meeting families. The students are doing a remarkable job at learning new routines and becoming familiar with their teaching staff.

We appreciate your partnership and your support as part of the Perth Team! Have a super weekend!

SCHOOL INFORMATION

WELCOME TO NEW & RETURNING STAFF - Ms Mittermayer, Ms Aucoin, Ms Fowlie, Mme Ching, Mme Smith, Ms Creedon, Mme Kipp-Ferguson, Ms Narayanan, Ms Williams and Ms Warraich.

CURRICULUM NIGHT-

We look forward to welcoming you into the school for our Curriculum Night from 5:00 - 6:00pm on **Thursday, September 22, 2022**. Please stop by and visit the The School Advisory Committee (SAC) at the front of the school before proceeding to your child/ren's classroom(s).

Below is the agenda for the evening. Sessions are approximately 15 minutes in length with a 5 minute transition time to allow families to move to other classrooms if they wish.

Welcome from Ms. Khan-Fitzpatrick (over PA System) followed by the start of session #1

5:00 - 5:20pm - Session 1

5:25 - 5:40pm - Session 2

5:45 - 6:00pm - Session 3

Looking forward to seeing you soon!

2022-23 PERTH HANDBOOK is ready [Download the PDF HERE](#)



TERRY FOX DAY - The Terry Fox Run at Perth is scheduled for **Wednesday Sept 28th**

Terry Fox began his Marathon of Hope when he was 21 years old in St. John's, Newfoundland. Terry ran through rain, snow, heavy winds and hail as he made his way west towards British Columbia. He started each day early at 4 am and ran 12 miles and then had breakfast before taking a nap and running the remaining 14 miles. He did this every day for 143 days. Terry persevered because he felt the need to help those who have cancer. Because of his determination and courage, Terry Fox will always be remembered as a Canadian Hero. To keep his dream alive and help raise money for cancer, our school will be participating in our annual Terry Fox School Run! (Terry Fox .org)

Perth families can donate to: <https://schools.terryfox.ca/14098> (tax receipts will be emailed to online donors right away)

Perth will be recognizing **ORANGE SHIRT DAY!**

September 30th marks **ORANGE SHIRT DAY** & the National Day of Truth and Reconciliation

Friday, September 30th is Orange Shirt Day, it also marks National Day of Truth and Reconciliation, which was passed by legislation last summer to become a federal statutory holiday. Established in 2013, Orange Shirt Day was inspired by Phyllis Webstad, who was excited to wear her new orange shirt to her first day of school in 1973. However, when she arrived at St. Joseph Mission Residential School, her shirt was taken and never returned. From that day forward, the colour orange, for Phyllis, reminded her of that moment, how her feelings didn't matter, how she felt like she wasn't worth anything and that no one cared for the children who were crying about it that day.

Now, on this day, we recognize the legacy and impact of the residential schools system on First Nations, Métis and Inuit families and communities. We acknowledge the legacy of residential schools in Canada by wearing orange and we honour the survivors. We remember the thousands of children who were murdered and buried in unmarked graves. On Friday, September 30, 2021 wear orange to participate in Orange Shirt Day.

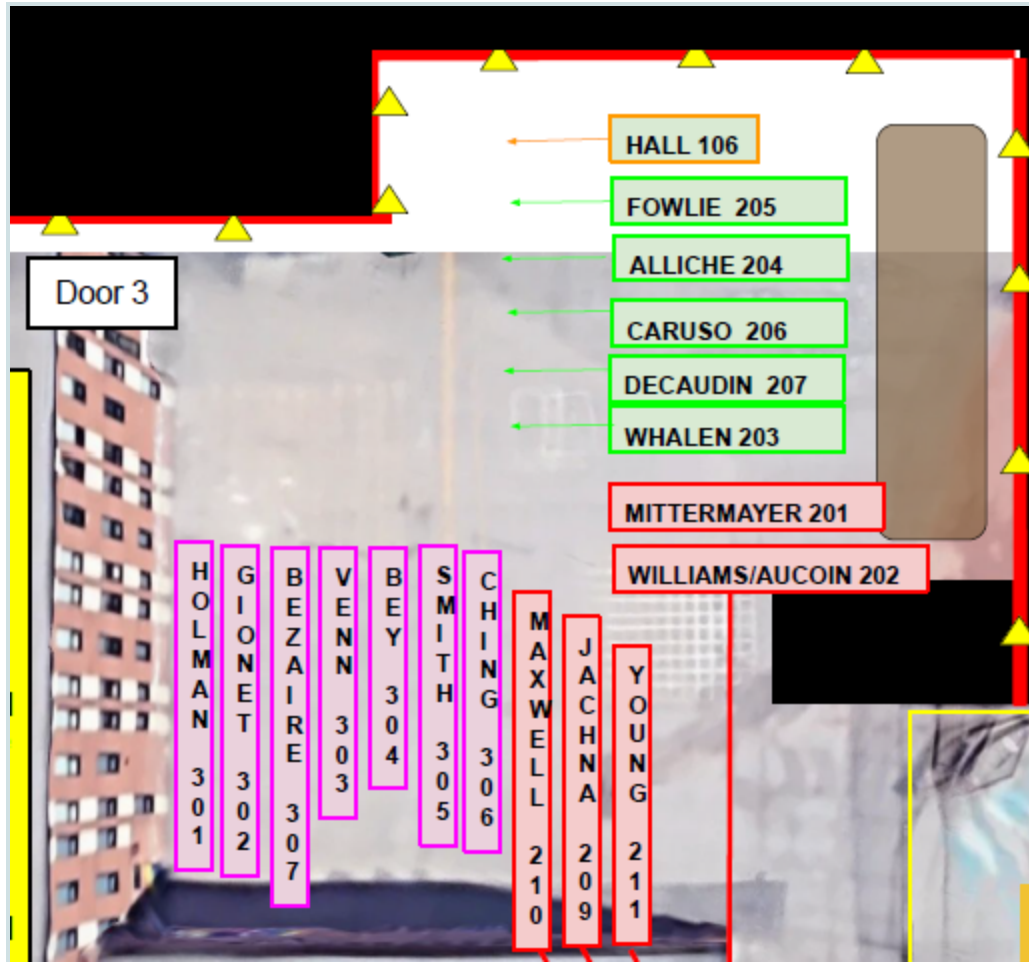
Follow @UIEC_tdsb and @tdsb on Twitter to see how students and staff from across the Toronto District School Board recognize Orange Shirt Day. For more information, visit the Urban Indigenous Education Centre website. To learn more about Phyllis' story and Orange Shirt Day visit <http://www.orangeshirtday.org>

PICK UP AND DROP OFF



For the safety of students, when picking up or dropping off your child (ren) in Grades 1-6, we kindly ask the following:

- morning arrival- once your child arrives to their line up spot in the morning please wait behind the designated pylons
- after school dismissal- wait behind the pylons until the teacher dismisses your child(ren). Below is a revised map of where all classes will be located



Snack Program

Every student at Perth is offered a snack during the day from our nut free snack program. Part of this program relies on school contributions in order to provide these daily nutritious snacks. Contributions are used for STIPEND, equipment and supplies needed to run our nutrition program.

Contribution requests will go out this term for the whole year via School Cash Online. Our Perth Post newsletter will include a schedule of the snacks every two weeks. [Click here to sign up](#) for school cash online.

SNACK for the week of 19-23

Monday	Tuesday	Wednesday	Thursday	Friday
Melba toast and cheese	Clementines and crackers	Blueberries and granola bars	Bananas and crackers	Rice krispies squares

LOST & FOUND

Please Check Often and Take What is Yours.



LOST AND FOUND-The lost and found bin is located inside the front doors of the school. Please check it regularly for your child's items.

It is highly recommended that you **LABEL** all of your child's clothing and personal items that are brought to the school including lunch bags and water bottles.



DOGS on SCHOOL PROPERTY: While we appreciate furry friends, we kindly ask parents and guardians **NOT** to bring their dog into the school or on the playground during school hours. A reminder to "poop and scoop" when walking your dog on school property after hours. Thank you for your cooperation.



Keep **UPDATED** and **IN THE LOOP** by bookmarking the Perth Website on your browser and checking back frequently!

The Perth School Calendar is there, newsletter archive, news from SAC and reminders and event reminders from the school.

<https://schoolweb.tdsb.on.ca/PerthAvenue>

IMPORTANT INFORMATION TO NOTE:

DAYS OF SIGNIFICANCE SEPT 2022 (tdsb)

Thursday	01	Installation of the Holy Scriptures of Guru Granth Sahib	Sikhism
Monday	05	Labour Day	Canadian Government
Thursday	08	International Day for Literacy	United Nations
Thursday	08	Nativity of Mary	Christianity: Eastern Orthodox & Western
Friday	09	Anant Chaturdashi	Jainism
Sunday	11	Coptic New Year	Christianity – Eastern Orthodox

Sunday	11	Ethiopian New Year	Christianity: Rastafarian Eastern Orthodox
Sunday	11	Martyrdom of St. John the Baptist	Christianity – Eastern Orthodox & Western
Wednesday	14	Elevation of the Cross	Christianity – Eastern Orthodox & Western
Friday	16	Gay, Lesbian, Straight Education Network Ally Week	GLSEN
Thursday	15	International Day of Democracy	United Nations
Sunday	18	Terry Fox Run (2 nd Sunday after Labour Day)	Terry Fox Foundation
Monday	19	Powley Day	First Nations, Métis
Wednesday	21	International Day of Peace	United Nations
Wednesday to 5 th Thursday in Sept.	21 - 29	Mabon (Autumn Equinox)	Wicca/Pagan
Thursday	22	Ohigan (Autumn Equinox)	Buddhism/Shintoism
Monday to Tuesday	26 - 27	Rosh Hashanah*	Judaism
Monday to 1 st Tuesday in Oct.	26 – 04 Oct	Navratri	Hinduism
Friday	30	Orange Shirt Day	First Nations, Métis, Inuit
Sunday	25	Franco-Ontarian Day	Government of Ontario

Dr. Eileen de Villa
Medical Officer of HealthPublic Health
277 Victoria Street
5th Floor
Toronto, Ontario M5B 1W2publichealth@toronto.ca
www.toronto.ca/covid19

September 6, 2022

Dear Parent or Guardian,

Re: Toronto Public Health (TPH) Back to School Information

As you prepare your child to return to school this fall, here is some important health information.

Health and Safety Measures

Health and safety measures for the 2022-23 school year have been released by [the Ministry of Education](#) to help reduce the risk of illness from COVID-19 and other viruses and support in-person learning.

Your child is encouraged to:

- **Stay home when sick** to prevent the spread of infections.
- **Complete the TPH School Screening Tool** or **Provincial School Screening Tool** each day before arriving at school. [Translated resources](#) will be available.
- **Clean their hands often and cover their cough.**
- **Stay up-to-date on vaccinations:**
 - **COVID-19 vaccines:** are available for everyone 6 months of age and older. A booster is recommended for everyone 5 years of age and older. More information on additional boosters is expected in the weeks ahead. [Vaccine clinics](#) continue to be offered across the City.
 - **Hepatitis B, Human Papillomavirus or Meningococcal vaccines:** The regular in-school student immunization program is starting. Students in Grades 7 and 8 will be offered hepatitis B, human papillomavirus and meningococcal vaccines in school this year. Students in Grades 9 to 12 who missed or have not yet had these vaccines can get them at a [TPH immunization clinic](#).
 - **Routine vaccines:** Contact your primary care provider to ensure your child is up-to-date with other vaccines including measles, mumps, rubella, diphtheria, tetanus, polio, pertussis and chicken pox vaccines. Report your child's vaccinations to Toronto Public Health [here](#).
- **Masking:** Though the Ministry of Education is not requiring masks to attend school in September, masks protect ourselves and others from respiratory infections, especially when indoors. More information is available [here](#).

Town Halls: TPH will be hosting [town halls](#) for parents. No advance registration is required. Come to learn more about COVID-19 vaccines for children and have your questions answered.

Anaphylaxis - Taking the Necessary Precautions

Anaphylaxis is a serious allergic reaction that can be life threatening. This medical condition can cause a severe reaction to specific foods or other materials, and can result in death within minutes. Although foods such as peanuts, milk, eggs, and sesame seeds are the most common cause of anaphylaxis, insect stings, medicine, or latex can also cause a reaction. In recent years, anaphylaxis has increased dramatically among students. The TDSB, in partnership with Toronto Public Health, is committed to maintaining a safe and healthy learning environment for all students and staff.

As required by Sabrina's Law, the TDSB has established policies and procedures to prevent and manage anaphylactic reactions and to reduce the risk of exposure to anaphylactic causative agents in classrooms and common school areas.

Although this may or may not affect your child's class directly, we want to raise awareness about this life-threatening condition. Students who have severe allergies to such food substances are exposed to a severe health risk when such products are consumed in their environment or shared with them. As prevention is the best approach, we ask that you speak with your child about not sharing their snacks or lunches with other students and please do not send any snacks or lunches with your child that contain peanuts.

If your child has health problems of any kind, please inform your child's teacher or office staff immediately so that the necessary health protection steps may be taken and to ensure everyone's co-operation for a safe learning environment.

Whether you are living with the allergy yourself, caring for someone who is, or concerned about people in your community, more information about life threatening allergies is available at <http://foodallergycanada.ca>.



Streetproofing Tips

Elementary

F A C T S H E E T

At school, the safety of your child is our most important priority. We remind you to keep your school staff up to date with your address, phone number, childcare arrangements, to whom your child may be released, etc. We also encourage you not to permit your child to make alternate arrangements over the lunch hour if they are in a lunch program. We need you to let us know about any changes of routine and to sign your child in if they are arriving late or leaving early for any reason.

The Toronto Police streetproofing program encourages you to teach your child:

- his/her name, address, phone number
- to Dial 9-1-1 in an emergency
- to communicate with you when they feel unsafe or afraid
- to keep you informed as to his/her whereabouts at all times
- never to admit to being alone in the home when answering the telephone
- never to invite strangers into the house or answer the door when alone
- never to approach or enter a stranger's car or hitchhike
- never to travel or play alone- always be with friends
- to trust their feelings and say "NO" to an adult if that adult wants them to do something that is wrong
- not to accept gifts from strangers
- to tell you if someone has asked them to keep a secret from you
- that no one has the right to touch any part of his/ her body that a bathing suit would cover
- that if he/ she is being followed, or approached too closely, to run home or go to the nearest public place and ask for help
- to report to your school authorities or a police officer, anyone who act suspiciously towards him/ her
- never to play in deserted buildings or isolated areas
- never to enter anyone's home without your permission
- to avoid taking shortcuts through parks and fields
- never to show his/her money and, if attacked, to give it up rather than risk injury
- to be aware of his/her surroundings and not be distracted—never text and walk or wear headphones or earbuds to play loud music
- that a police officer is a friend who can always be relied upon when he/ she is lost or needs assistance.

Together, we can keep our school and community a safe environment for our children.

ROAD SAFETY:

It's back to school time and we would like to remind drivers to slow down in school zones.

In recent years, TDSB staff has been working closely with the City of Toronto's Transportation Services, Toronto Public Health and other community partners to improve road safety for children and youth. In 2017, the TDSB launched its Traffic Safety Program (TSP) which helps schools identify travel issues and develop workable solutions. The TSP program aligns with the City of Toronto's Vision Zero Road Safety Plan, which seeks to reduce the number of traffic-related deaths and serious injuries on Toronto's roads.

Together, we can keep school zones safe! To learn more about road safety, please visit:

<https://www.tdsb.on.ca/Road-Safety>.

TDSB BACK TO SCHOOL WEBSITE:

We have also launched a [Back to School website](#) for parents, caregivers and students that will continue to be updated in the coming days. More detailed communication will be shared directly with them at the end of next week.



Hello everyone!

We hope you had a great first full week of school. Welcome to our bi-weekly update in the Perth Post!

In this space we will be sharing updates like school council meeting information, volunteer opportunities, (hopefully) helpful information for Perth parents/caregivers, and more. Earlier today the school shared a more fulsome update from us, so we'll keep this brief, but we did want to take this opportunity to introduce ourselves. The 2021-'22 Perth School Advisory Council (SAC) Executive is:

Kethrin Lases-Johnson (co-chair)

Alex Mlynek (co-chair)

Laeticia Diniz (co-treasurer)

Kevin Yu (co-treasurer)

Arielle Berger (parent member)

Mallory Bey (teacher representative) and Perth principal Ms. Khan-Fitzpatrick are members, as well.

There will be an election soon for the 2022–'23 Perth SAC. Details on that, including how to run to be part of SAC, and on the first SAC meeting of the year will be shared shortly. Please see our message from this morning to learn more about what the SAC does.

Social Media

Please be sure to follow the SAC's social media for information and more frequent updates.

Facebook: <https://www.facebook.com/perthpanthers14>

Instagram: [instagram.com/perthave.parentcouncil](https://www.instagram.com/perthave.parentcouncil)

You can also reach out at perthschoolcouncil@gmail.com

Take a peek at the SAC's [Linktree site](#), where you can find an archive of previous SAC meeting agendas and minutes, advocacy letters and other resources.

And please be sure to visit the SAC website at www.perthschoolcouncil.com/, which has tons of information Perth families need, including an event calendar.

Thank you for reading and have a wonderful weekend,

–The Perth SAC Exec