

Family Studies

This course explores the challenges faced by all people: how to meet basic needs, how to relate to others, how to manage resources, and how to become responsible members of society. Students will acquire the knowledge and skills that are needed to make the transition to adulthood. Students will also study the functions and diversities of families and participate in practical experiences related to nutrition and food preparation. Teachers will instruct students in developing interpersonal, decision-making, and practical skills related to daily life.

Unit 1 - Enhancing Personal Skills

Unit 2 - Understanding Personal Issues

Unit 3 - Individuals in Families

Unit 4 - Families in the Community

Unit 5 Family Ties to Society

Course Code: H1F10

More information can be found at:

<http://woburnci.com/departments/familystudies/>