



This is to certify that
students from 7-2 and 7-5
Homerooms from:

Zion Heights Middle School

Adopted a Northern Cardinal (*Cardinalis cardinalis*)

in celebration of winning the
Mono Cliffs Outdoor Education Centre's
EcoChallenge Award for the 2016-2017 school year
during their December 21-23, 2016 visit


Band Number: 1212-62567

Banded at Tommy Thompson Park Bird Research Station on: **10/5/2016**

Age: 1 Year **Sex:** M **Wing Length:** 91 (mm) **Weight:** 41.3 (g)

The Northern Cardinal is one of the most recognizable birds in southern Ontario. A resident species, the Northern Cardinal doesn't migrate and can be found throughout the entire year in the Toronto area. They can be found in edge forest habitats, overgrown fields and urban and suburban backyards. Nests are built in thick, brushy tangles and can be hard to find, but you'll be certain to hear both the male and females singing! Northern Cardinals primarily eat seeds and fruits, but they supplement their diets with the occasional insects. They are a common visitor to backyard birdfeeders, with a preference for sunflower seeds!





The mission of The Living City Foundation is to raise funds for the initiatives undertaken by Toronto and Region Conservation (TRCA), especially for The Living City program. The foundation was established in 1961 and since that time, it has raised almost \$40 million supporting hands-on conservation work in the greater Toronto region.

Every day, TRCA works in your backyard. They plant trees, educate kids, green businesses, band birds, rescue wildlife, build wetlands, do archaeological surveys, clean water, champion renewable energy and so much more.

Our **GIFTS OF A LOCAL NATURE** are **UNIQUE** because, like TRCA's work, they aren't symbolic at all. **THEY ARE REAL!**

For more information, please contact:

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