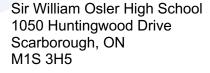


Sir William Osler High School

Your Guide to School and Post-Graduation Transition Planning Post-Graduation Transition Toolkit





(416) 396-6830



SirWilliamOsler@tdsb.on.ca



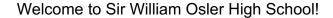
schoolweb.tdsb.on.ca/SirWilliamOsler



@OslerHS



Sir William Osler H.S. -TDSB



This guide provides some information and support with the transition into high school and planning for after graduation. There is a wealth of opportunities for students, but often with wait lists. It can feel overwhelming. Planning and submitting applications/referrals early is key.

The school is here to help as a resource and to help you navigate. We are dedicated to collaborate with you on the education and transition plans for your child/ward. There are many resources available, including this toolkit. Feel free to reach out to teachers, our guidance department or school administration who can help you. At times, the school's Weekly Community Update, emailed every week, provides opportunities for you and your child/ward.

If you have any questions or would like to discuss the transition plans you have with the school, please feel free to reach out at any time.



Take A Look Inside

This guide provides a wealth of opportunities and resources. Resources in the guide is not an exhaustive list. Agencies and organizations may update information as they require.

- Transportation (Bussing)
- Permission Click
- School Communication
- School Cash Online
- Special Education
 - IEP / Safety Plans
 - Student Supports
 - Parent Special Education Guide
- School Council
- Vulnerable Person Registry
- Planning for Life After High School
- Pathways and Supports
- Community Programs & Services
- Deafblind Resources
- CICE College Programs

Transportation

All caregivers with students who take the bus to school are encouraged to sign up for the Student Transportation Parent Portal to access important bussing information and updates, which gives you access to transportation information specific to your student, including route number, stop location, times and bus company contact details. There is also the web based "where's my bus" tool that will indicate the whereabouts of the bus for those who are registered. The Transportation Portal must have a valid e-mail address with the school to be able to set up your account.

Transportation Parent Portal

https://busplannerweb.torontoschoolbus.org/

If your student is going to be absent, please contact your transportation carrier to inform them of the absence, as well as contacting the school.

Please note that any changes to a student's transportation must go through the school. Any changes can take up to 2 weeks. Please note that drivers are not authorized to change pick-up or drop off locations / times.

Transportation Carriers

First Student 416-444-7030 Stock 416-754-4949 Sharp 416-477-4804 Wheelchair Accessible Transit 416-884-9898

Transportation Questions or Concerns:
Contact Transportation department at transportation@torontschoolbus.org

Communication

Much of our communication with home is done through email. Weekly, you will receive our Newsletter with updated information of what is happening at school. If you are not receiving these weekly updates, to please contact the school.

Permission forms for start of the school year forms and for our excursions will be sent via email as the TDSB is committed to reducing our paper consumption.

Permission Click

At the beginning of the school year, you will receive an email from the TDSB asking you to complete the Start-of-Year Permission/Consent Package. It is very important and should be completed as soon as possible so that students do not miss out on any activities such as;

- Community Walks & Physical Education Activities
- Canada's Anti-Spam Legislation (CASL)
 permission, allowing you to receive email
 promoting and advertising for school activities
 such as photo day/yearbooks/school clothing, etc.
- Important Medical information such as Life-Threatening Allergies, Asthma, Diabetes and Seizures. These medical conditions will require a Medical Management Plan if a condition exists.
- Code of Conduct and Acceptable Use of Information Technology Resources required for students to use any electronic resources including iPads, Chromebooks or computers.

School Cash On-line

All school fees applicable to your child will be posted on School Cash Online. Once you register, you can choose to purchase the items or activities using a debit or credit card. You will be able to see when the school has a new item posted online for purchase and you also have the option to be notified whenever your child has a new school event requiring payment.

You can register by visiting the TDSB's <u>School Cash Online website</u>, selecting "Get Started Today" and completing the three registration steps. Once registered, you will receive an email notification when items become available for purchase online.

https://tdsb.schoolcashonline.com/

Welcome to Osler Social Story

Moving into a new school can cause students anxiety and stress. To support transitions into a new school, students and families are invited for a tour of the school. The "Welcome to Osler" social story will help familiarize students with Osler. A printed colour copy can be provided and is located on the school website:

https://schoolweb.tdsb.on.ca/sirwilliamosler/ Welcome-to-Osler-Social-Story

Cabaal	Ian Bain	Principal	ian.bain@tdsb.on.ca
School	Fermer Santos	Vice-Principal	fermer.santos@tdsb.on.ca
Contact	Wende Tulk	ACL Guidance	wende.tulk@tdsb.on.ca
Information	Brigitte Boyd	Office Administrator	brigitte.boyd@tdsb.on.ca
IIIIOIIIIatioii	School Council	sc.sirwilliamoslerhighschool@tdsb.on.ca	

Special Education

Sir William Osler High School is a congregated site, where all students have a special education exceptionality and an Individual Education Plan (IEP). All programs & courses at Osler are non-credit, where students are working toward a Certificate of Accomplishment. Students at Osler are not working toward their Ontario Secondary School Diploma.

Students are enrolled in either the following Special Education Programs:

- o Developmental Disability Intensive Support Program (DD ISP)
- Mild Intellectual Disability Intensive Support Program (MID ISP)

Individual Education Plan (IEP)

An IEP is a written plan that describes special education programs and/or services for a student. It is based on a student's profile of strengths and areas for growth. This will be developed in consultation with the parent/guardian/caregiver and with the student, where appropriate. All IEPs must comply with the requirements that are set out in Reg. 181/98 and implement the policies in Ministry documents (see below).

An IEP is developed for all students at Sir William Osler to support their individual educational needs. An IEP will include students Areas of Strengths, Areas of Growth and the modified and/or alternative learning expectations along with accommodations. **Modifications** are changes made to the Ontario Curriculum to what the student is expected to learn in a particular subject. **Alternative expectations** are for areas not represented in the Ontario Curriculum. There will also be **Accommodations** on the IEP which are changes made to the learning environment, how the teacher instructs or assesses your child. They may also include the use of assistive technology or special equipment that helps your child learn and/or demonstrate their learning.

IEPs are developed within 30 days of a student being placed in a special education program. Parents and students are consulted in the development of the IEP and get a copy. IEPs are a "living document" can be updated at any time but are also reviewed and updated at least once every reporting period. Parent/Guardian involvement is critical in the development & updates of the IEP. If you have anything you would like to see in the IEP, any concerns or questions, please reach out to your child's teacher at any time in the school year.

If you or school staff feel there are additional supports required for students, there are monthly In-School Team (IST) and/or School Support Team (SST) meetings. Both the IST and SST help develop action plans and strategies based on the student's learning strengths and areas for growth. Please see next page for more information.

Safety Plan

Safety Plan is a plan developed for a student whose behaviour is known to pose an ongoing risk of injury to themself and/or to others and where non-physical strategies/methods have been unsuccessful in preventing behaviour that presents an immediate risk of injury to self or others. The intention is to write this plan for situations where the behaviour is current, intense, and documented in incident reports and not for "one-time" occurrences. It serves as a crisis-response plan that outlines the roles and responsibilities of staff in supporting and assisting in managing specific behaviours. The development of the safety plan involves all staff that work with a student on an ongoing basis, as well as parents/guardians/caregivers and the representatives from community.

In-School Supports

IST / SST

If you would like your child's progress to be discussed at an IST, please speak to the guidance counselor.

IST

The role of the In-School Support Team (IST) is to provide support to students with special needs by developing, monitoring, and evaluating action plans and strategies to help your student.

Students are referred to an IST when regular classroom instruction doesn't meet their needs. The IST meets monthly to evaluate the student's progress.

SST

When the IST's recommended strategies have limited success, the IST can refer the student to the School Support Team (SST). This team offers additional knowledge by including psychologists, social workers, attendance counsellors, speech-language pathologists, occupational therapists, physiotherapists, and caregiver (optional attendance).

Support Programs

Sir William Osler H.S. has several partnerships with TDSB specialists including (but not limited to):

- Social Work
- School Resource Child & Youth Worker
- Occupational Therapist
- Physio Therapists
- Speech-language therapists
- Professional development training
- Partnerships with community agencies (Community Living, SPEEL, public health nurse)

Note that therapists provide strategies and supports for students and classrooms. They don't provide therapy sessions for students.

IPRC

The role of the Identification, Placement & Review Committee (IPRC) is to determine whether the student is "exceptional" (has special needs) and advise on an appropriate program or setting. This could mean providing help in the regular class with extra resources, or partial/full withdrawal of the student to a special education class.

Caregivers and students over 16 years of age are encouraged to attend the IPRC meeting and take part in the discussion, although an IPRC may proceed if the caregiver or student are not present.

A school-based IPRC (Level 1 & Level 2) hold an annual review for each student with special needs to determine if the support is still needed. Caregivers can also request a review in writing, any time after a student has been in a special education program for three months. Parents/Guardians have the ability to waive an IPRC Level 1 or 2 meeting every other year if they feel there are no significant changes to the program placement or exceptionality.

A Level 3 IPRC is used when a change in exceptionality is being considered and is usually scheduled at another school.

School Programs

Our learning spaces include:

- Functional Academics
- Functional Literacy
- Social Skills. Personal Life Skills
- Co-op Program for independent students
- Hospitality Program
- Employability Skills Programming
- Leadership Opportunities

We also offer may extracurricular activities that take part either at lunch or during the day, these include sports, computers, art, dance, games and more....

Guide to Special Education for Parents & Guardians

The <u>Guide to Special Education for Parents & Guardians (link to PDF document)</u> is an important resource that provides more information around Special Education programs, IEP, IPRC and much more. You can also visit the TDSB Parent Guide to Special Education and Inclusion website.

School Council

As parents, guardians and caregivers, you have the biggest influence in the education of young adults to ensure their specific needs are met. School Councils are a great way for parents, guardians and caregivers to become engaged in the school. The purpose of the School Council is "to improve student achievement and enhance accountability of the education system to parents (Reg.612/2.1) through active parent engagement."

What is Osler School Council's specific role?

Osler School Council (OSC) plays a pivotal role in supporting families, students and caregivers through ongoing communications with the Principal, Vice-Principal, Superintendent and Board Trustee and organizing parent support meetings featuring guest speakers on topics of interest to families and caregivers. In addition, OSC will:

- OSC meets at least 4 times a year starting at 7:00pm.
- Advise Principal regarding educational priorities and needs by assisting with development of School Improvement Plan.
- Ensure MID and DD programs are focused on student achievement and presuming competence by:
 - Identifying areas of need for DD students with respect to communication and job skills development.
 - o Ensuring all students have access to school events, activities and spaces.
- Communicate and consult with all parents/guardians/caregivers regarding OSC engagement and activities.
- Advocate on behalf of Osler's parent/guardian/caregiver and student community.
- Foster community of collaboration and mutual respect.

The chair of the Osler School Council can be reached at: sc.sirwilliamoslerhighschool@tdsb.on.ca

Vulnerable Persons Registry

The Toronto Police Service Vulnerable Persons Registry is a **voluntary** database that provides important information to first responders about the issues that vulnerable members of the community might be coping with. The information in the database includes details such as specific behaviours officers might encounter, recommended de-escalation strategies and contact information for family members or other individuals who can provide support.

Dispatchers, police officers and other support personnel will then be able to access this information when they are interacting with the person. This leads to a better understanding of the causes for behaviours and provides officers with information about how to best assist the person.

https://www.tps.ca/services/vulnerable-persons-registry/

It would be in the best interest of your child to register them for this registry.

TDSB PSS: Planning for Life After High School Resource

The TDSB Professional Support Services (PSS) department has prepared a Planning for Life After High School for Youth with Disabilities. It contains essential information for families transitioning out of high school. The resource is presented Google Slides, and is best viewed in Slideshow mode (button on upper right of the window).

Planning for Life After High School - Google Slides

Planning for Life after High School (Post-21)

Guiding Questions for Preparing for Life after High School:

- 1. What will your son/daughter's day look like?
- Who will support your son/daughter during the day?
- 3. How will you pay for programs and supports?

Age 14-15

- Complete Person-Directed Planning
 - helps people with a developmental disability prepare life plans that lay out their distinct needs and goals. Passport funding may be used up-to a limit.
 - o Visit DSO website for a list of agencies that provide Person-Directed Planning services.
- Investigate Funding Opportunities
 - Special Services at Home (SSAH): funding directly to families who are caring for a child with a
 developmental or physical disability (under age 18)

https://www.ontario.ca/page/special-services-home

Assistance for Children with Severe Disabilities (ACSD): helps parents with the extra costs
of caring for a child who has a severe disability (under age 18)

http://www.children.gov.on.ca/htdocs/English/specialneeds/disabilities.aspx

 Ontario Disabilities Support Program (ODSP): social assistance program providing income and employment supports to people with disabilities (age 18+)

https://www.mcss.gov.on.ca/en/mcss/programs/social/odsp/

- Passport Funding: funding for activities that encourage personal development (age 18+)
 https://www.mcss.gov.on.ca/en/mcss/programs/developmental/servicesupport/passport.aspx
- Assistive Devices Program (ADP): personalized assistive devices (all ages)

https://www.ontario.ca/page/assistive-devices-program

 Respite Services: collection of agencies funded by MCSS and MCYS offering respite options (all ages)

https://respiteservices.com/

- More information: MCSS, MCYS
- Open a Savings Account
 - Consider a number of different savings options including:
 - RDSP: long-term savings plan to help Canadians with disabilities and their families save for the future (under 50 to apply)
 - **TFSA**: general-purpose tax-free savings account (age 18+)
 - Registered Disabilities Savings Plan (RDSP) https://www.canada.ca/en/revenue-agency/services/tax/individuals/topics/registered-disability-savings-plan-rdsp.html
 - Tax Free Savings Account (TFSA), High Interest Savings Account etc.
 - More information: Local bank branch and/or family lawyer
- Apply for Special Service Cards:
 - TTC Support Person Assistance Card: permits one support person to travel with the card holder on the TTC on a single fare

https://www.ttc.ca/Fares and passes/Other Passes/Support Person Card/index.jsp

o More information: Toronto Transit Commission

Thank you to Oakwood Collegiate Institute's Developmental Disabilities Program (2021) for preparing this Planning for Life After High School section.

Age 16-18

 Apply to Developmental Services Ontario (DSO): Central access point for all adult developmental services in Toronto. DSO confirms eligibility, completes Application Packages, links individuals to various services, manages waitlists, helps individuals apply for Passport funding.

1-855-DS-ADULTS (1-855-372-3858) <u>www.dsotoronto.ca</u>

- Apply for Passport Funding (through the DSO): Funding for community participation, activities of daily living, person-directed planning and caregiver respite (age 18+). Applications can start on 16th birthday.
- More information: DSO completes all Passport applications or Family Service Toronto (416-780-1106)

https://www.mcss.gov.on.ca/en/mcss/programs/developmental/servicesupport/passport.aspx

- Apply for Ontario Disability Support Program (ODSP): Income and employment supports for people with disabilities
 - Income Supports (ODSP): accommodation and basic living expenses as well as prescription drugs and basic dental care
 - Employment Supports (ODSP): helps people with disabilities who can and want to work prepare for and find a job
 - More information: ODSP Program under MCSS (416-314-5700) https://www.mcss.gov.on.ca/en/mcss/programs/social/odsp/

Age 19-21

- Investigate Fee-for-Service Programs: Programs that are provided on a fee-for-service basis only (not MCSS funded)
 - Options include: Adult Day Programs, Sheltered Workshops, Recreation and leisure options, College Programs, Respite options, etc.
 - Passport Funding may be used to offset program costs
 - o More information: http://connectability.ca/2012/10/12/fee-for-service/
- Update your Applications (age 20 ½): Update your DSO and Passport Applications with:
 - Date of high school graduation
 - Change in funding needs (will be leaving high school)
 - Change in Family Situation
 - Change of address/phone number

Developmental Services Ontario: https://www.dsontario.ca/

Passport Funding:

https://www.mcss.gov.on.ca/en/mcss/programs/developmental/servicesupport/passport.aspx

- Make a Post-21 Family Plan!
 - Waitlists for Adult Services/Programs are long (5+ years)
 - Make a detailed plan:
 - What will your son/daughter's day look like for those 5+ years?
 - Who will support your son/daughter during the day?
 - How will you pay for the programs/supports?

https://www.ontario.ca/page/ministry-children-community-and-social-services

Contact Information

- Ministry of Children, Community and Social Services (MCSS)
 - <u>https://www.mcss.gov.on.ca/en/mcss/</u>
 - o Tel: 416-325-5666 Toll-free: 1-888-789-4199

Works Cited

- Community Living Ontario. (n.d.). Community Living Toronto. Retrieved April 26,2021, from http://cltoronto.ca/
- The Government of Ontario. (2021, April 26). Ministry of Children, Community and Social Services. Retrieved April 26 2021, from http://www.mcss.gov.on.ca/en/mcss/

Pathways and Supports

As a part of the transition plan process, students and families should begin to consider their post-graduation pathway options as early as grade 9. This plan can be modified as the student grows in experience and abilities and as their interests evolve. It is also likely the transition plan will include aspects from multiple pathways, or the overall pathway may change over time.



Families may wish to consider using a "Person Directed Planner" through DSO or a fee-for-service agency provider to help consider pathway goals and set realistic steps for achieving the goals.

<u>Community Supports:</u> A variety of organizations (e.g., Yorktown) help families access programs and services in the community. Programs can be fee-for service (example through Community Living Toronto or My Community Hub) or Ministry funded (example through DSO and Passport funding via DSO).

Services can be to support the family and meet needs (e.g. Speech-language, behavior therapy). Programs include recreation, respite, hobbies, social groups and more.

Workplace: Includes free or fee-for service pre-employment training (job coaching, workshops, classes), volunteering and employment (part-time, full time, placement). Sample agencies:

<u>Day Programs</u>: Day programs can be funded through DSO (limited spots and waitlists) or fee-for service. Families can choose to enroll their student part-time or full time (e.g. 2 days a week or 3 hours a day). Each day program ranges in price, availability of spots, programming and age or ability grouping. For a list of day programs in Toronto visit the links to various agencies on next few pages. Some day programs will work with the school to develop a transition process.

<u>College Vocational and CICE Programs:</u> Many colleges offer programs to help prepare students for the working world. These are available to students with some credits, and sometimes at no cost. Many colleges also offer diagnostic skills testing to allow mature students to enter college programs. A few colleges offer "CICE programs" (Community Integration through Cooperative Learning) which are specifically designed to allow students with intellectual disabilities an opportunity for a college experience in a supported program. A list is available at

https://connectability.ca/2014/08/27/educational-opportunities-after-high-school-toronto/

Disability Funding and Programs

Apply for Appropriate Funding and Programs

Disability Funding and Pro		ropriate Funding and Programs
Ontario Disability Support	Developmental Servi	-
Program (ODSP)	Ontario (DSO)	Funding
416-314-5700 https://www.ontario.ca/page/ social-assistance	1-855-372-3858 https://www.dsontario.ca/	416-780-1106 https://familyservicetoronto.org/
47 Sheppard Ave E, Suite 6, T.O.	Register at age 16Service starts at age 18	At 18 DSO makes a referral for Passport funding during
 Register at age 17½ Service starts at age 18 	DSO - Toronto branch is through Surrey Place	their intake process \$5000/year or more
A social assistance income and	• Unlough Surrey Place	Use Passport funding to:
employment supports for	DSO helps 18+ adults with	-take part in community
residents with a disability who	developmental disabilities	recreation
are in financial need	connect to services and supports in their community	-develop work, volunteer, life skills
ODSP may cover: Prescription		-hire a support worker or respite
drugs Dental, Vision care Medical Supplies and Travel	You will need: Proof of Address Birth Certificate	-pay for education programs -free "Person Directed Planning"
	Psychological Report	You will need: To be registered through DSO
	Wheel-Trans + TTC	Financial Assistance
Government Funding	Support Person Card	Programs
Ministry of Children and Youth	416-393-4111	Toronto Central Healthline
416-325-0500	https://www.ttc.ca/wheel-trans	Financial assistance for the cost
www.children.gov.on.ca "Special Services At Home" and	Wheel Trans	of equipment and home modification.
"Assistance for Children with Severe	Wheel-Trans provides a safe	www.torontocentralhealthline.ca
Disabilities" funding under the age 18	and reliable transportation	
Ontario Autism Program	option for persons with disabilities (includes MID/ DD/	Toronto Welcome Policy
Ontario Autism Program 1-888-444-4530	ASD/ physical) to travel with	Subsidized recreation programs www.toronto.ca/wp
https://www.ontario.ca/page/	freedom & dignity.	·
ontario-autism-program Childhood benefit fund up to age 18 for	Support Porson Card	Adaptive Programs & Services Programs and supports for people
programs such as respite, support		with disabilities who want to be
worker, speech language and more		involved in recreational activities.
Canada Davanua Amanau	disability is not required to pay	www.toronto.ca/accessible
Canada Revenue Agency (Registered Disability Savings Plan	the TTC fare.	Access 2 Card
1-800-959-8281	Fair Pass Discount	Free support person access to
www.cra-arc.gc.ca search RDSP	This is for eligible adult	participating entertainment,
Disability Tax Credit	residents receiving Ontario	cultural and recreational venues.
1-800-959-8281 https://bit.ly/2yNovKZ	Disability Support Program (ODSP) and Ontario Works	https://access2card.ca
Ministry of Health	(OW)	
Communication aids/ assistive device	https://www.toronto.ca/community- people/employment-social-	
		1
program	support/support-for-people-in-	
https://www.ontario.ca/page/assistive- devices-program	support/support-for-people-in- financial-need/assistance-through- ontario-works/transit-discount/	

Community Supports & Resources

Consider Your Options

Listed below are many programs and services. Some programs are fee-for service. This is not an exhaustive list and service offerings listed below may change. Click the links below to visit or call the agency for more information to find programs most suitable for your child & family.

Agency / Resource	Information and Contact		
Developmental Service Ontario -Toronto (DSO – Toronto) DSO Developmental Services Ontario Ontario Disability	https://www.dsontario.ca/agencies/dso-toronto 1-855-DS-ADULT (answered 24/7 by 211 Toronto with assistance provided in most languages) • Apply at 16 to avoid waitlist upon graduation • Government funded services • Housing supports • Support with Passport Program • Create connection with Adult Protection Service Worker if needed • Case Management services • Behavioural services • Person Directed Planning • Caregiver respite services • Funding for Community Participation Programs 24/7 phones in multiple languages https://www.mcss.gov.on.ca/en/mcss/programs/social/odsp/		
Ontario Disability Support Program (ODSP) Ontario ONTARIO DISABILITY SUPPORT PROGRAM	 https://www.mcss.gov.on.ca/en/mcss/programs/social/odsp/ Provides financial support Apply at 18 (if you wait, there are no retroactive payments) 		
Toronto 211 2II Central Serving Tronto and Duham, Ped and York Regions	 www.211central.ca 211 Directory and connection to information about community, social, health and related government services. Services within the Greater Toronto Area (GTA) 		
Aboriginal Post- Secondary Information Program	 https://www.apsip.ca info@apsip.ca Connect with Indigenous representatives to learn how APSIP can support through post-secondary journey. 		

Autism Speaks Canada	https://www.autismspeaks.ca/	
Autom opeans canada	(416) 362-6227	
autism speaks canada.*	 Teacher resources (i.e. APPs, toolkits, recommendations, resources around bullying, wandering, health and wellness etc.) A variety of family services through targeted funded initiatives - see site for specifics 	
Policyo Support	https://www.believesupportservices.com/	
Believe Support Services	(647) 269-5538	
Get vices	Summer and March Break Camps	
BELIEVE	Afterschool and weekend programs	
A Strong Community Starts with Believing	Social Groups	
	Day Programs	
	Social Skill Programs	
	Vocational Programs	
BestBuddies	https://bestbuddies.ca/	
BEST BUDDIES	(416) 531-0003	
	Making community connections between individuals who have an intellectual disability and those who do not.	
Boys & Girls Clubs	www.bgccan.com/en/find-your-club/	
*bgc	Afterschool TTC Training Program - connected through the TDSB	
Broadview Village	https://broadviewvillage.ca/day-programs/	
(Salvation Army)	Day program; some respite programs available	
SANATOR SANATOR BROOKS IN OUR COMMUNITY		
Canada Dental Benefit	https://www.canada.ca/en/revenue-agency/services/child-family-	
Canad <mark>ä</mark>	benefits/dental-benefit/who-apply.html	
Cariada	Government of Canada Financial Support	
	www.camh.ca	
and Mental Health	416 535-8501 or 1 800 463-2338 toll-free, staffed 24/7.	
(CAMH)	The Centre for Addiction and Mental Health (CAMH) is Canada's Application of the grant leading bearing bearing and are of the grant leading.	
camh mental health <u>is</u> health	largest mental health teaching hospital and one of the world's leading research centres in its field.	
Community Living –	https://cltoronto.ca/	
Toronto	(416) 968-0650	
	 Outdoor Recreation and Camping Facility/Programming for those with intellectual disabilities 	
COMMUNITY LIVING	Job search services	
Officatio	Support with Passport Program	
	Residential Options	
	Person Directed Planning	
	Post 21 Planning	
	Respite Services	

Community Living – Toronto (Respite Services) COMMUNITY LIVING	https://cltoronto.ca/respite/ (647) 729-0450 Respite services
Cherish Integrated Services **Cherish** **NTEGRATE SERVICES **Personand Services **Integrated Services **Inte	www.cherishis.org (905) 604-9290 • Cherish Integrated Services (CHIS) provides services and supports to promote social inclusion of persons with developmental disabilities in their communities. CHIS is a local community agency located in Markham, Ontario.
Christian Horizons Christian Horizons	https://www.christian-horizons.org/ (416) 630-3646 • Family Camps • College Partnerships for vocational training (individuals with developmental/intellectual disabilities)
Connectability ConnectABILITY.ca	 https://connectability.ca/en/ One stop shop resource hub for individuals with disabilities and their families.
Corbrook Corbrook awakening abilities	https://corbrook.com/ (416) 245-5565 Developmental service agency Adult Day Programs Employment Programs
Access2Card Easter Seals ACCESS	\$20.00 for a 3-year card, \$30.00 for a 5 year card. Provides free access to a variety of entertainment sites (i.e. movies, tourist venues, educational sites etc.) for an attendant person. So the person with a disability would pay, and their attendant would get in for free.
Black Youth Helpline	https://blackyouth.ca (416) 285-9944 • A multicultural helpline and services for children, youth and families • Available from 9am – 10 pm daily
Daily Bread Food Bank Daily Bread Food Bank	 https://www.dailybread.ca/need-food/programs-by-location/ Search your local area by postal code/location to access food.
Equipment Funding Easter Seals Faster	 https://services.easterseals.org/equipment-funding/ Funding supports for children and youth that require specialized equipment (i.e. wheelchairs, walkers etc.)

Extend a Family	http://extendafamily.ca/
extend a family	 (416) 484-1317 Purpose is to build relationships between individuals with intellectual disabilities and the community at large. Family Coordinators (help to build relationships between families, individuals, organizations etc.) Friendship circles Workshops on a variety of topics Family support groups
Family Navigation Project at Sunnybrook Family Na>igation Project at Sunnybrook	https://sunnybrook.ca/content/?page=family-navigation-project 1-800-380-9FNP or 1-800-380-9367 eMail: familynavigation@sunnybrook.ca • Provide expert navigation of the mental health and addictions service system for youth and their families, who are living in the Greater Toronto Area
Family Service Toronto For People For Change FAMILY SERVICE TORONTO	 www.familyservicetoronto.org 416-595-9230 extension 0 Assist individuals and families through counselling, community engagement, public education and advocacy. Offers a variety of programming & services. Offers Person-Directed Programming services.
Geneva Centre for Autism geneva centre for autism	https://www.autism.net/ (416) 322-7877 • Offers a wide range of services including • Respite Services
Gifted People Services	Gifted People Services is a registered non-profit organization that provides training, support, resources, and respite services to families touched by developmental disabilities. We empower these families with knowledge and advocacy skills, helping them to enjoy life to the fullest.
Harmony Place	 www.harmonyplace.on.ca 416-510-3114 Harmony Place specializes in providing individually driven day programs that foster personal development and social inclusion for adults with multiple disabilities

Heritage Skills	https://hsdconline.org	
Development Centre	 Provide a variety of services to Black Youth living in Scarborough 	
ALLIS DEVELONA	region, including individual group counselling, employment support,	
A A A A A A A A A A A A A A A A A A A	workshops, mentoring, referrals, etc to help youth achieve positive	
THE TTT SENT	outcomes.	
	 Mission is to improve the health, social, cultural, economic self- 	
	sufficiency and well-being of refugees, new immigrants, at-risk	
	children and youth, women and other marginalized individuals	
	through integrative and empowering programs and services	
Holland Bloorview	https://hollandbloorview.ca/services/family-workshops-resources/family-	
Family Resource	resource-centre	
Centre	(416) 425-6220	
Holland Bloorview	Access helpful tips and information for caregivers and parents of Access helpful tips and information for caregivers and parents of	
Kids Rehabilitation Hospital	children with disabilities.	
	https://www.healthcareathome.ca	
	310-2222 (no area code required)	
(Formally LHIN)	 Provides health care or personal support in your home, based on 	
	personal needs. Provides assistance short term (after a	
Ontario 👸	hospital stay, illness or injury) or if there are complex or	
	chronic health conditions.	
Hope for Wellness	https://www.hopeforwellness.ca	
Helpline	1 (855) 242-3310	
	24- Hour phone Indigenous Youth Helpline	
	Telephone support is also available upon request in:	
	o Cree;	
	Ojibway (Anishinaabemowin)	
	o Inukitut	
JVS	www.jvstoronto.org	
tuo.	(416) 787-1151	
385		
JVS TORONTO	Employment support services for those with autism	
Karis Disability	https://karis.org	
Services	416.622.0614	
karis -	 Karis Disability Services offers a variety of services such as 	
karis₌	 Person Directed Learning 	
Disability Services	 Community Respite and Supports 	
	 Individualized services 	
	o Family Camp	
	· · ·	
Kida Halia Disesse	And much more.	
Kids Help Phone	www.kidshelpphone.ca	
1800 668 6868 KidsHelpPhone.ca	1-800-668-6868	
	Text CONNECT to 686868	
Kids Help Phone	 Kids Help Phone's e-mental health services are available 24/7 across 	
	Canada.	

Kerry's Place Autism www.kerrysplace.org Services (905) 841-6611 Autism services support for both adolescents and Adults (i.e. recreation Kerry's Place **Autism Services** programs, swim clubs, camps, consultation services, residential supports, Services en autisme respite services etc.) Training and workshops Learning Disability www.ldatd.on.ca **Association** (416) 229-1680 Learning Disabilities Association is committed to creating a society in which Idatd • Learning Disabilities Association of Toronto District people with LDs are able to achieve the full expression of their intellect and abilities and enabled to contribute in the workplace to their fullest. Lights www.lights.to 647-725-1326 lights@cltoronto.ca **LIGHTS** Helping those with intellectual disabilities live independently. Plan, facilitate and identify goals and dreams Identify and access resources Network with other families and create new partnerships Develop a budget o support a new home Explore and navigate financial supports Provide tips and resources on how to self-manage a living arrangement in Toronto. https://www.lumenus.ca/ Lumenus (416) 222-1153 Mental Health Agency that provides a variety of services for individuals, umenus families and school systems **March of Dimes** https://www.marchofdimes.ca/en-ca/programs/ddlsp/ Amazing programs and services LIFE Program (Hybrid Model: Virtual and in-person options) LIFE (Learning Independence for Future Empowerment) serves youth and young adults with disabilities make the transition to greater independence by providing life-skills workshops and hands-on opportunities for growth and development. Examples of workshops: SMART Goals/Goal Setting, Healthy Relationships, Volunteering & Employment, Safety in the Community/Public Transit, Stress and Wellness, Healthy Eating, Physical Health, Budgeting and Banking, Cyber-Safety, Life After LIFE (What to do after the LIFE program). Click here for LIFE Registration Form Support for Passport Program The Warehouse Project - opportunities for individuals with disabilities to participate in art, gardening, cooking, recreation, community outings and special events. **Brain Injury Services** Attendant Care and supportive housing **Alternative Communication Services**

Mary's Centre	https://www.marycentre.com/	
	Support Group	
Mary's Center	Day Program	
Center Center	Day Program	
Quality healthcare. Stronger communities.		
Miles Nadal JCC	https://www.mnjcc.org	
	(416) 924-6211 x0	
Miles Nadal JCC	Offers programs for children and youth with ASD and other	
Downtown Toronto CELEBRATING 70 YEARS AT THE CORNER OF BLOOR & SPADINA	developmental disabilities.	
Meta Centre	https://metacentre.ca	
	416-736-0199	
	Offers wide spectrum of services and personalized supports to help	
meta	people live inclusive, engaged and enriched lives in the community.	
high quality supports	· · · ·	
Moeen Center	https://moeencentre.org/	
M % EEN	Day Programs and Respite Services	
CENTRE		
My Community High	https://mycommunityhub.ca/	
My Community Hub	My Community Hub is a registration service created to help people with	
10	developmental disabilities or Autism, their families, and caregivers,	
* MyCommunityHub	discover and register for programs and services in their community.	
	https://deafblindservices.ca/	
The National Institute		
for Blind (CNIB)	Phn: 647-296-9129 (Central Ontario)	
Deafblind Services	Availability of services varies across the province	
CNIB	Some of the programs include intervenor Services, Emergency	
DEAFBLIND	Intervenor Services and a Literacy Program for adults who are Low	
COMMUNITY	Vision or Deafblind.	
SERVICES		
Naseeha	https://naseeha.org	
Massa A.C.	1 (866) 627-3342	
Vascerat.	Mental health hotline, resources, workshops, web therapy and more for Muslim and pan Muslim youth / Individuals.	
MUSLIM YOUTH HELPLINE	Muslim and non-Muslim youth/Individuals	
New Haven	Phone support daily 12pm – 3am https://newhavencentre.com/	
INEW HAVEII	(416) 259-4445 – ext #10	
	Supports for children with autism (ABA programming, school readiness)	
→ NEW HAVEN	programs, specialized ASD classrooms)	
LEARNING CENTRE	Community Consultations and Parent Training	
	Assessments for the purpose of goal setting	
	Adult programming (including ABA intensive support programming, Post)	
	21 transition planning, etc.)	
Ontario Government	www.ontario.ca/page/children-special-needs	
Citatio Government	Directory of services and programs offered to children related to their	
Ontario 📆	physical, intellectual, emotional, social, language or behavioural	
	development.	
	do to lopinone.	

The Pines Adult Day	https://pinesdayprogram.ca		
Centre	416.284.7397		
	Email: pinesdayprogram@gmail.com		
	The Pines Adult Day Centre is a Non-Profit Charitable Organization that		
PINEZ	has served the community since 1986. The Pines Adult Day Centre		
100	provides a safe and enriching day program for adults with		
•	developmental and physical challenges.		
Post-21			
PUSI-21	https://post21.ca		
3	416-358-2750		
Post21	Provides stimulating and enriched programming for adults over the age		
A PLACE TO THRIVE	of 21 with complex physical and/or developmental needs.		
Project SEARCH –	http://projectsearchtoronto.ca/psto/		
Toronto	10-month transition-to-work program for youth with intellectual disabilities		
Project SEARCH	1 Year Workplace Immersion Program for those with developmental		
Toronto	disabilities		
Project Work	www.projectwork.ca		
Project Project	Project work assists in finding employment		
Project Work	1 Tojoot work assists in infamily simple yment		
Respite Services	www.respiteservices.com		
	Respite care includes camp, after school, day, weekend		
- V	programs and more.		
respiteservices.com	https://www.hosses/asses/asses/asses/all-bases/asses/all-bases/asses/all-bases/asses/all-bases/asses/a		
Shoniker Clinic	https://www.shn.ca/areas-of-care/mental-health-care/shoniker-clinic/		
	 specializing in assessment and treatment services for young people with significant mental health problems, including: 		
	o Anxiety		
	Depression		
	 Obsessive compulsive disorder 		
	o Trauma		
	o Tic disorders		
	o Psychosis		
	Post-traumatic stress disorder Complex mental health issues		
	 Complex mental health issues Referrals made by family doctor. 		
	 Referrals friade by family doctor. Clients must reside in Scarborough, Pickering or Ajax. 		
South Asian Autism	https://saaac.org		
Awareness Centre	416-289-0100		
A	The SAAAC Autism Centre provides support for South Asian families		
A SAAAC	affected by ASD and related developmental conditions in the Greater		
	Toronto Area.		
Special Needs Planning	http://www.specialneedsplanning.ca/about.html		
Group	(905) 640-8285		
SNPG Likiti in l	Family Financial Planning Resource/Services (i.e. Henson Trust, ODSP,		
Special Needs Planning Group	Trustee Support, RDSP etc.)		

SpringBoard	r_			
Developmental services (i.e. Residential Services, Community Participation Supports, Person-Directed Planning, Community Housing, Family Supports and Fee-for-Service) Employment services Adult justice services Adult justice services Adult justice services Adult justice services Strides Toronto Www.stridestoronto.ca (416) 438-3697 Day Treatment Programs Afterschool Programs Day Program services for those with intellectual disabilities and/or ASD Socialization Programs for individuals with ASD Respite Programs for those with intellectual disabilities and/or ASD Community Counselling services (individual/family) Newcomer program Residential Treatment Programs Mental Health supports (walk-in program) Www.sunflowerres.com (416) 289-2223 Day Program Respite Services Afterschool Programs Literacy Program Surrey Place Intps://www.surreyplace.ca Afterschool Programs Iteracy Program Summer Programs Literacy Program Summer Programs Literacy Program Summer Programs Literacy Program Summer Programs Afterschool Programs Literacy Program Summer Programs Afterschool Programs Literacy Program Summer Programs Literacy Program Summer Programs Literacy Program Afterschool Programs Literacy Program Summer Programs Afterschool Programs Literacy Program Summer Programs Literacy Program Summer Programs Literacy Program Summer Programs Literacy Program Afterschool Programs Literacy Program Summer Programs Literacy Program Respite Services Adult Psychiatric Clinic Behaviour Therapy Solid Response Team for children with ASD (under 18) Respite Services Adult Psychiatric Clinic Behaviour Therapy Solid Response Team for children with ASD (under 18) Respite Services Adult Psychiatric Clinic Behaviour Therapy Solid Response Team for ch	SpringBoard	https://www.springboardservices.ca/		
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Family Supports and Fee-for-Service) • Employment services • Adult justice services • Adult justice services Strides Strides TORONTO Afterschool Programs • Afterschool Programs • Agterschool Programs • Day Program services for those with intellectual disabilities and/or ASD • Socialization Programs for individuals with ASD Respite Programs for those with intellectual disabilities and/or ASD • Socialization Programs for individuals with ASD Respite Programs for those with intellectual disabilities and/or ASD • Socialization Programs for individuals with ASD Respite Programs for those with intellectual disabilities and/or ASD • Socialization Programs for individuals with ASD Respite Programs for those with intellectual disabilities and/or ASD • Socialization Programs for individuals with ASD Respite Programs for those with intellectual disabilities and/or ASD • Socialization Programs • Respite Services (individuals/family) • Newcomer program • Respite Services • Afterschool Programs • Respite Services • Afterschool Programs • Literacy Program • Respite Services • Afterschool Programs • Literacy Programs • Literacy Programs • Literacy Programs • Literacy Programs • Summer Programs • Literacy Programs • Literacy Programs • Summer Programs • Literacy Programs • Literacy Programs • Summer Programs • Literacy Programs • Literacy Programs • Summer Programs • Literacy Programs • Summer Programs • Literacy Programs • Literacy Programs • Summer Programs • Literacy Programs • Summer Programs • Respite Services • Adult Psychiatric Clinic • Behaviour Therapy • variety of Autism Services • DSO Service Navigation • FASD Adult Diagnostic Services • Occupational Therapy • Sibling Group • Wellness Services • And much more. Visit link below for a complete list of services. https://www.surreyplace.ca/services/ ITDSB Continuing Education Courses (Learn 4 Life) • 1700 general interest classes to take up a hobby, learn a skill and to meet people in their community. • Includes courses for Employment Training	Springhoard	Participation Supports, Person-Directed Planning, Community Housing,		
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Strides Toronto Www.stridestoronto.ca (416) 438-3697		Employment services		
Strides Toronto Www.stridestoronto.ca (416) 438-3697		Adult justice services		
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Toronto District School	[Includes courses for Employment Training		

Toronto Camps	https://www.toronto.ca/explore-enjoy/recreation/campto/
	Refer to the Adapted & Inclusive Recreation Programs section.
M Toronto	Register to programs using the Adaptive Program and Inclusive Service
	codes.
Toronto Parks,	www.toronto.ca/data/parks/funguide/index.html
Forestry & Recreation	Recreation programs offered by the City of Toronto
Toronto Health Line	www.torontocentralhealthline.ca
TorontoCentral health line.ca	Directory of Services to various health services available which
Toronto Centraine attniire.ca	supports people living with intellectual or physical disabilities in the City
Transacra Camanaunitu	of Toronto
Tropicana Community	 www.tropicanacommunity.org Mental Health Services
Services	Supporting Black Canada Community Initiative
, MAG	Social Services
TROPICANA	Daycare
* COMMUNITY SERVICES	Recreation
	Agency assistance finding paid employment
TTC Support Person	www.ttc.ca/en/Fares-and-passes/Other-passes/Support-Person-Assistance-Card
Card	Allows a person with a disability (that requires an attendant), to take the
Wheel-Trans	attendant with them on the TTC for free.
Variety Village	https://www.varietyvillage.ca
	(416) 699 7167
	Variety programming empowers children with disabilities to be seen,
voriety.	participate, and feel included. Variety Village brings accessible facilities
of ontario	to life with sports, fitness, activities, summer camps, skills training and coaching for competitive and Paralympic athletes.
	www.thespring.ca
Wellspring Centre	416-284-1969
	info@thespring.ca
	Dynamic theme-based programs ensure that all are engaged,
V	regardless of ability level. Each day our members learn and develop a
77	number of skills, journey with friends, and make memories together.
The Wellspring CENTRE	Several of our programs are designed to promote independence in
	many areas of life. These include cooking, cleaning, hygiene, TTC
	travel and safety, grocery shopping, budgeting, internet safety.
Woodgreen Community	https://www.woodgreen.org/programs/services-for-adults-with-
Centre	<u>developmental-disabilities</u>
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WOODGREEN	
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YouthLink



https://youthlink.ca/

(416) 967-1773

- Mental Health Supports (including a walk-in clinic and long term counselling services)
- Youth Outreach
- Family and Parent supports
- Supports individuals and families connected with CAS
- Crisis support services

Please note that the information in this document is not a comprehensive list of resources and services. Information presented here is for information purposes only and is not intended to be an endorsement of any particular agency or service. Additionally, while efforts were made to ensure that most of the resources are free, there may be some that have a fee for service. Please consult with the agencies to clarify whether there are any associated fees. Check with the DSO on how to use Passport funding to purchase services, if eligible.

Deafblind\ Resources



The Deafblind Network of Ontario (DBNO) is a single point of access to determine eligibility for Access Intervenor Services (AIS) in Ontario. DBNO is in partnership with the Ministry of Children, Community and Social Services (MCCSS).

TTY: 416-449-2728

To apply, visit:

https://deafblindnetworkontario.com Click on Apply for Intervenor Services.

Intervenor Services:

Bob	Rumbal	II Canadiar	ì
Cent	tre of Ex	cellence	



https://www2.bobrumball.org

Phn: 416-449-9651

- Offers a range of specialized services to those within the Deaf Community that require support.
- These include seniors, those with developmental, physical, health or mental health issues, infants, young children and newcomers to

Canadian Helen Keller Centre (CHKC)



www.chkc.org

Phn: 416-730-9501

- TTY: 416-730-9501 Specialize in services for adults who have acquired deafblindness.
- All Programs and Services are funded by the Ministry of Community and Social Services for Ontario residents. For individuals living outside of Ontario, services are available on a fee for service basis.
- Some programs and services include: workshops, residential training program, clubs, one-to-one instruction (adaptive communication system, Braille, Orientation and Mobility, Home Management, Food Management, Personal Management, Money Management, Community Participation, Technology).

Rotary Cheshire Apartments: https://www.chkc.org/housing/ 416-730-9501

- RCH has 16 one-bedroom apartments
- Adults and seniors live independently within their apartments and are responsible for meals, financing & personal care
- Consumers are able to request Intervenor Services up to 24.5 hours/week
- Consumers have access to an On-Duty Intervenor, 24 hours/day, 7 days/week

Rotary Cheshire Apartments Outreach: https://www.chkc.org/intervenors/ 416-730-9501

- Available for adults with deafblindness who have signed a service agreement with RCH.
- Intervenors are available to consumers up to 12 hours/week
- Typically, services include providing intervention for activities of daily living (shopping, banking, recreational/social) or for medical, educational, legal or government related services.

www.deafblindontario.com **Deafblind Ontario** 905-853-2862 or 1-855-340-DBOS (3267) Service (DBOS) nfo@deafblindontario.com Residential Community Based Residences (3 to 4 adults who are deafblind share a residence and intervenor support is available 24 hours per day, 7 days per week). Residential services encourage independent living and community involvement. Residence clients are able to enjoy Snoezelen Rooms and Sensory Excursions. Community Services Partnership Program offers specialized expertise and services to individuals who are deafblind through other supporting agencies. Training and Consultative Services available to other organizations for www.lionsmcinneshouse.com **Lions McInnes House** 519-752-6450 OfficeImh@rogers.com An apartment setting that provides intervenor services to adults with deafblindness to promote independence in their home and the community. 2 to 3 adults share an apartment in a one level accessible building. Intervenor supports are available 24 hours per day, 7 days per week. https://deafblindservices.ca/ **The National Institute** Phn: 647-296-9129 (Central Ontario) for Blind (CNIB) Availability of services varies across the Province. **Deafblind Services** Some programs include Intervenor Services, Emergency Intervenor CNIB -Services and a Literacy Program for adults who are Deafblind. COMMUNITY **SERVICES** www.sensitv.ca Sensity Phn: 1-877-760-7439 TTY: 519-442-6641 Residential Services: Provides supported independent living in a house or apartment. This includes 2-4 adults who are deafblind sharing a 🥯 Sensity home with support of a team of intervenors. Community Intervenor Services: Provides Intervenor Services and support to adults who live in the family home. The Intervenor works with the individual in the home and accompanies the person on outings and activities in the community. Children & Family Intervenor Services: enables children who are

deafblind to participate in recreational, educational and cultural

activities over Summer, Winter Break and March breaks.

College Programs

Most college programs require students to have an Ontario Secondary School Diploma (OSSD) -not applicable for students at Sir William Osler. Students at Osler earn an Ontario Certificate of Accomplishment (CoA). Some colleges do offer programs for students with disabilities and have earned an CoA. Applications are typically due February 1. Humber College (CICE) and George Brown offer vocational programs for non-credit students.

Ontario Colleges Website:

http://www.ontariocolleges.ca/ www.transitionresourcequide.ca Transitions Guide Resource Guide for students transitioning:

Community integration infought co-operative Education (CiCE)	Communit	ty Integration Through Co-operative Education (C	ICE)
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The Community Integration through Co-operative Education program is a two-year Ontario College Certificate offered at some colleges in Ontario. The CICE program will provide individuals with developmental disabilities and other significant learning challenges the opportunity to experience college life, pursue a post-secondary education and develop skills which will help prepare them for employment, volunteering, or social opportunities. Many CICE programs emphasize experiential learning and offer several field placements throughout the course of the program. CICE programs are offered at the following colleges.

Mohawk College	https://www.mohawkcollege.ca/programs/preparatory-studies/community-integration-through-co-operative-education-cice-284
Humber College	https://healthsciences.humber.ca/programs/cice-ontario-college-certificate.html
Georgian College	https://www.georgiancollege.ca/academics/programs/community-integration-co-operative-education/
Durham College	https://durhamcollege.ca/programs/community-integration-through-cooperative-education
Fleming College	https://flemingcollege.ca/programs/community-integration-through-cooperative-education
Lambton College	https://www.lambtoncollege.ca/cice/
Sault College	https://www.saultcollege.ca/programs/community-integration-through-co-operative-education/community-integration-through
St. Lawrence College	https://www.stlawrencecollege.ca/programs/community-integration-through-co-operative-education/full-time/kingston
Confederation College	https://www.confederationcollege.ca/program/community-integration-through-co-operative-education
Conestoga College	https://www.conestogac.on.ca/fulltime/community-integration-through-co-operative-education
St. Clair College	https://www.stclaircollege.ca/programs/community-integration-through-cooperative-education
Fanshawe College	https://www.fanshawec.ca/programs/cit2-community-integration-through-co-operative-education/next
La Cite	https://www.collegelacite.ca/programmes/41668.htm

Typical Admission Requirements

- Have a documented developmental/intellectual disability.
- Have an IEP.
- Certificate of Achievement, or Ontario Secondary School Certificate (OSSC). Some colleges will accept Mature Students with conditions. Check the individual college's requirements.
- Be able to travel independently or arrange own transportation.
- Have a level of independence that does not require constant support or supervision.

This booklet and the web links can be found online at:



Key Links:



Sir William Osler High School Website





TDSB Parents Guide to Special Education Website



Social Story: Welcome to Sir William Osler High School



School Cash On-Line Registration

