



Sir William Osler High School

Your Guide to School and Post-
Graduation Transition Planning

Parent Transition Toolkit

Sir William Osler High School
1050 Huntingwood Drive
Scarborough, ON
M1S 3H5

(416) 396-6830

SirWilliamOsler@tdsb.on.ca

schoolweb.tdsb.on.ca/SirWilliamOsler

@OslerHS

Sir William Osler H.S. -TDSB



Welcome to Sir William Osler High School!

This guide provides some information and support with the transition into high school and planning for after graduation. There is a wealth of opportunities for students, but often with wait lists. It can feel overwhelming. Planning and submitting applications/referrals early is key.

The school is here to help as a resource and to help you navigate. We are dedicated to collaborate with you on the education and transition plans for your child/ward. There are many resources available, including this toolkit. Feel free to reach out to teachers, our guidance department or school administration who can help you. At times, the school's Weekly Community Update, emailed every week, provides opportunities for you and your child/ward.

If you have any questions or would like to discuss the transition plans you have with the school, please feel free to reach out at any time.

Take A Look Inside

This guide provides a wealth of opportunities and resources. Resources in the guide is not an exhaustive list. Agencies and organizations may update information as they require.

- Transportation (Bussing)
- Permission Click
- School Communication
- School Cash Online
- Special Education
 - IEP / Safety Plans
 - Student Supports
 - Parent Special Education Guide
- School Council
- Vulnerable Person Registry
- Planning for Life After High School
- Pathways and Supports
- Community Programs & Services
- CICE College Programs

Transportation

All caregivers with students who take the bus to school are encouraged to sign up for the Student Transportation Parent Portal to access important bussing information and updates, which gives you access to transportation information specific to your student, including route number, stop location, times and bus company contact details. There is also the web based “where’s my bus” tool that will indicate the whereabouts of the bus for those who are registered.

Transportation Parent Portal

<https://busplannerweb.torontoschoolbus.org/>

If your student is going to be absent, please contact your transportation carrier to inform them of the absence, as well as contacting the school.

Please note that any changes to a student’s transportation must go through the school. Any changes can take up to 2 weeks. The school office is open 2 weeks before school begins, so we recommend calling at that time with any changes that took place over the summer. Please note that drivers are not authorized to change pick-up or drop off locations / times.

Transportation Carriers

First Student	416-444-7030
Stock.	416-754-4949
Sharp	416-477-4804
Wheelchair Accessible Transit	416-884-9898

Communication

Much of our communication with home is done through email. Weekly, you will receive our Newsletter with updated information of what is happening at school and with links to Community Partner information when available. We ask that if you are not receiving these weekly updates, to please contact the school so that we can determine the reason why.

Permission forms for start of the school year forms and for our excursions will also go home via email as the TDSB is committed to reducing our paper consumption.

Permission Click

At the beginning of the school year, you will receive an email from the TDSB asking you to complete the Start-of-Year Permission/Consent Package. It is very important and should be completed as soon as possible so that students do not miss out on any activities such as;

- Community Walks & Physical Education Activities
- Canada’s Anti-Spam Legislation (CASL) permission, allowing you to receive email promoting and advertising for school activities such as photo day/yearbooks/school clothing, etc.
- Important Medical information such as Life-Threatening Allergies, Asthma, Diabetes and Seizures. These medical conditions will require a Medical Management Plan if a condition exists.
- Code of Conduct and Acceptable Use of Information Technology Resources required for students to use any electronic resources including iPads, Chromebooks or computers.

School Cash On-line

All school fees applicable to your child will be posted on School Cash Online. Once you register, you can choose to purchase the items or activities using a debit or credit card. You will be able to see when the school has a new item posted online for purchase and you also have the option to be notified whenever your child has a new school event requiring payment.

You can register by visiting the TDSB's [School Cash Online website](https://tdsb.schoolcashionline.com/), selecting “Get Started Today” and completing the three registration steps. Once registered, you will receive an email notification when items become available for purchase online.

<https://tdsb.schoolcashionline.com/>

Welcome to Osler Social Story

Moving into a new school can cause students anxiety and stress. To support transitions into a new school, students and families are invited for a tour of the school. The “Welcome to Osler” social story will help familiarize students with Osler. A printed colour copy can be provided and is located on the school website:

<https://schoolweb.tdsb.on.ca/sirwilliamosler/Welcome-to-Osler-Social-Story>

School Contact Information

Ian Bain
Jennifer Rochon
Wende Tulk
Brigitte Boyd
School Council

Principal ian.bain@tdsb.on.ca
Vice-Principal jennifer.rochon@tdsb.on.ca
ACL Guidance wende.tulk@tdsb.on.ca
Office Administrator brigitte.boyd@tdsb.on.ca
sc.sirwilliamoslerhighschool@tdsb.on.ca

Special Education

Sir William Osler High School is a congregated site, where all students have a special education exceptionality and an Individual Education Plan (IEP). All programs & courses at Osler are non-credit, where students are working toward a Certificate of Accomplishment. Students at Osler are not working toward their Ontario Secondary School Diploma.

Students are enrolled in either the following Special Education Programs:

- Developmental Disability Intensive Support Program (DD ISP)
- Mild Intellectual Disability Intensive Support Program (MID ISP)

Individual Education Plan (IEP)

An IEP is a written plan that describes special education programs and/or services for a student. It is based on a student's profile of strengths and areas for growth. This will be developed in consultation with the parent/guardian/caregiver and with the student, where appropriate. All IEPs must comply with the requirements that are set out in Reg. 181/98 and implement the policies in Ministry documents (see below).

An IEP is developed for all students at Sir William Osler to support their individual educational needs. An IEP will include students Areas of Strengths, Areas of Growth and the modified and/or alternative learning expectations along with accommodations. **Modifications** are changes made to the Ontario Curriculum to what the student is expected to learn in a particular subject. **Alternative expectations** are for areas not represented in the Ontario Curriculum. There will also be **Accommodations** on the IEP which are changes made to the learning environment, how the teacher instructs or assesses your child. They may also include the use of assistive technology or special equipment that helps your child learn and/or demonstrate their learning.

IEPs are developed within 30 days of a student being placed in a special education program. Parents and students are consulted in the development of the IEP and get a copy. IEPs are a "living document" can be updated at any time but are also reviewed and updated at least once every reporting period. Parent/Guardian involvement is critical in the development & updates of the IEP. If you have anything you would like to see in the IEP, any concerns or questions, please reach out to your child's teacher at any time in the school year.

If you or school staff feel there are additional supports required for students, there are monthly In-School Team (IST) and/or School Support Team (SST) meetings. Both the IST and SST help develop action plans and strategies based on the student's learning strengths and areas for growth. Please see next page for more information.

Safety Plan

Safety Plan is a plan developed for a student whose behaviour is known to pose an ongoing risk of injury to themselves and/or to others and where non-physical strategies/methods have been unsuccessful in preventing behaviour that presents an immediate risk of injury to self or others. The intention is to write this plan for situations where the behaviour is current, intense, and documented in incident reports and not for "one-time" occurrences. It serves as a crisis-response plan that outlines the roles and responsibilities of staff in supporting and assisting in managing specific behaviours. The development of the safety plan involves all staff that work with a student on an ongoing basis, as well as parents/guardians/caregivers and the representatives from community.

In-School Supports

IST / SST	IPRC	
<p>If you would like your child's progress to be discussed at an IST, please speak to the guidance counselor.</p> <p>IST The role of the In-School Support Team (IST) is to provide support to students with special needs by developing, monitoring, and evaluating action plans and strategies to help your student.</p> <p>Students are referred to an IST when regular classroom instruction doesn't meet their needs. The IST meets monthly to evaluate the student's progress.</p> <p>SST When the IST's recommended strategies have limited success, the IST can refer the student to the School Support Team (SST). This team offers additional knowledge by including psychologists, social workers, attendance counsellors, speech-language pathologists, occupational therapists, physiotherapists, and caregiver (optional attendance).</p>	<p>The role of the Identification, Placement & Review Committee (IPRC) is to determine whether the student is "exceptional" (has special needs) and advise on an appropriate program or setting. This could mean providing help in the regular class with extra resources, or partial/full withdrawal of the student to a special education class.</p> <p>Caregivers and students over 16 years of age are encouraged to attend the IPRC meeting and take part in the discussion, although an IPRC may proceed if the caregiver or student are not present.</p> <p>A school-based IPRC (Level 1 & Level 2) hold an annual review for each student with special needs to determine if the support is still needed. Caregivers can also request a review in writing, any time after a student has been in a special education program for three months. Parents/Guardians have the ability to waive an IPRC Level 1 or 2 meeting every other year if they feel there are no significant changes to the program placement or exceptionality.</p>	
Support Programs		
<p>Sir William Osler H.S. has several partnerships with TDSB specialists including (but not limited to):</p> <ul style="list-style-type: none"> • Social Work • School Resource Child & Youth Worker • Occupational Therapist • Physio Therapists • Speech-language therapists • Professional development training • Partnerships with community agencies (Community Living, SPEEL, public health nurse) <p>Note that therapists provide strategies and supports for students and classrooms. They don't provide therapy sessions for students.</p>	<p>A Level 3 IPRC is used when a change in exceptionality is being considered and is usually scheduled at another school.</p> <th data-bbox="781 1178 1438 1213">School Programs</th> <p>Our learning spaces include:</p> <ul style="list-style-type: none"> • Functional Academics • Functional Literacy • Social Skills, Personal Life Skills • Co-op Program for independent students • Hospitality Program • Employability Skills Programming • Leadership Opportunities <p>We also offer many extracurricular activities that take part either at lunch or during the day, these include sports, computers, art, dance, games and more....</p>	School Programs

Guide to Special Education for Parents & Guardians

The [Guide to Special Education for Parents & Guardians \(link to PDF document\)](#) is an important resource that provides more information around Special Education programs, IEP, IPRC and much more. You can also visit the [TDSB Parent Guide to Special Education and Inclusion](#) website.

School Council

As parents, guardians and caregivers, you have the biggest influence in the education of young adults to ensure their specific needs are met. School Councils are a great way for parents, guardians and caregivers to become engaged in the school. The purpose of the School Council is “to improve student achievement and enhance accountability of the education system to parents (Reg.612/2.1) through active parent engagement.”

What is Osler School Council’s specific role?

Osler School Council (OSC) plays a pivotal role in supporting families, students and caregivers through ongoing communications with the Principal, Vice-Principal, Superintendent and Board Trustee and organizing parent support meetings featuring guest speakers on topics of interest to families and caregivers. In addition, OSC will:

- OSC meets at least 4 times a year starting at 7:00pm.
- Advise Principal regarding educational priorities and needs by assisting with development of School Improvement Plan.
- Ensure MID and DD programs are focused on student achievement and presuming competence by:
 - Identifying areas of need for DD students with respect to communication and job skills development.
 - Ensuring all students have access to school events, activities and spaces.
- Communicate and consult with all parents/guardians/caregivers regarding OSC engagement and activities.
- Advocate on behalf of Osler’s parent/guardian/caregiver and student community.
- Foster community of collaboration and mutual respect.

The chair of the Osler School Council can be reached at: sc.sirwilliamoslerhighschool@tdsb.on.ca

Vulnerable Persons Registry

The Toronto Police Service Vulnerable Persons Registry is a **voluntary** database that provides important information to first responders about the issues that vulnerable members of the community might be coping with. The information in the database includes details such as specific behaviours officers might encounter, recommended de-escalation strategies and contact information for family members or other individuals who can provide support.

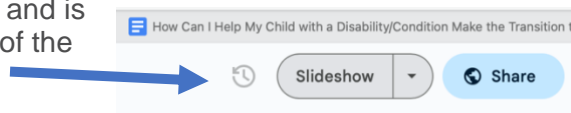
Dispatchers, police officers and other support personnel will then be able to access this information when they are interacting with the person. This leads to a better understanding of the causes for behaviours and provides officers with information about how to best assist the person.

<https://www.tps.ca/services/vulnerable-persons-registry/>

It would be in the best interest of your child to register them for this registry.

TDSB PSS: Planning for Life After High School Resource

The TDSB Professional Support Services (PSS) department has prepared a Planning for Life After High School for Youth with Disabilities. It contains essential information for families transitioning out of high school. The resource is presented Google Slides, and is best viewed in Slideshow mode (button on upper right of the window).



[Planning for Life After High School - Google Slides](#)

Planning for Life after High School (Post-21)

Guiding Questions for Preparing for Life after High School:

1. What will your son/daughter's day look like?
2. Who will support your son/daughter during the day?
3. How will you pay for programs and supports?

Age 14-15

- **Complete Person-Directed Planning**
 - helps people with a developmental disability prepare life plans that lay out their distinct needs and goals
- **Investigate Funding Opportunities**
 - **Special Services at Home (SSAH):** funding directly to families who are caring for a child with a developmental or physical disability (under age 18)
<https://www.ontario.ca/page/special-services-home>
 - **Assistance for Children with Severe Disabilities (ACSD):** helps parents with the extra costs of caring for a child who has a severe disability (under age 18)
<http://www.children.gov.on.ca/htdocs/English/specialneeds/disabilities.aspx>
 - **Ontario Disabilities Support Program (ODSP):** social assistance program providing income and employment supports to people with disabilities (age 18+)
<https://www.mcass.gov.on.ca/en/mcass/programs/social/odsp/>
 - **Passport Funding:** funding for activities that encourage personal development (age 18+)
<https://www.mcass.gov.on.ca/en/mcass/programs/developmental/servicesupport/passport.aspx>
 - **Assistive Devices Program (ADP):** personalized assistive devices (all ages)
<https://www.ontario.ca/page/assistive-devices-program>
 - **Respite Services:** collection of agencies funded by MCSS and MCYS offering respite options (all ages)
<https://respiteservices.com/>
 - *More information: MCSS, MCYS*
- **Open a Savings Account**
 - Consider a number of different savings options including:
 - **RDSP:** long-term savings plan to help Canadians with disabilities and their families save for the future (under 50 to apply)
 - **TFSA:** general-purpose tax-free savings account (age 18+)
 - **Registered Disabilities Savings Plan (RDSP)** <https://www.canada.ca/en/revenue-agency/services/tax/individuals/topics/registered-disability-savings-plan-rdsp.html>
 - **Tax Free Savings Account (TFSA), High Interest Savings Account etc.**
 - *More information: Local bank branch and/or family lawyer*
- **Apply for Special Service Cards:**
 - **TTC Support Person Assistance Card:** permits one support person to travel with the card holder on the TTC on a single fare
https://www.ttc.ca/Fares_and_passes/Other_Passes/Support_Person_Card/index.jsp
 - *More information: Toronto Transit Commission*

Thank you to Oakwood Collegiate Institute's Developmental Disabilities Program (2021)
for preparing this Planning for Life After High School section.

Age 16-18

- **Apply to Developmental Services Ontario (DSO):** Central access point for all adult developmental services in Toronto. DSO confirms eligibility, completes Application Packages, links individuals to various services, manages waitlists, helps individuals apply for Passport funding.
1-855-DS-ADULTS (1-855-372-3858) www.dsontario.ca
- **Apply for Passport Funding (through the DSO):** Funding for community participation, activities of daily living, person-directed planning and caregiver respite (age 18+). Applications can start on 16th birthday.
- **More information:** DSO completes all Passport applications or *Family Service Toronto* (416-780-1106)
<https://www.mcsc.gov.on.ca/en/mcsc/programs/developmental/servicesupport/passport.aspx>
- **Apply for Ontario Disability Support Program (ODSP):** Income and employment supports for people with disabilities
 - **Income Supports (ODSP):** accommodation and basic living expenses as well as prescription drugs and basic dental care
 - **Employment Supports (ODSP):** helps people with disabilities who can and want to work prepare for and find a job
 - **More information:** ODSP Program under MCSS (416-314-5700)
<https://www.mcsc.gov.on.ca/en/mcsc/programs/social/odsp/>

Age 19-21

- **Investigate Fee-for-Service Programs:** Programs that are provided on a fee-for-service basis only (not MCSS funded)
 - Options include: Adult Day Programs, Sheltered Workshops, Recreation and leisure options, College Programs, Respite options, etc.
 - Passport Funding may be used to offset program costs
 - More information: <http://connectability.ca/2012/10/12/fee-for-service/>
- **Update your Applications (age 20 ½):** Update your DSO and Passport Applications with:
 - Date of high school graduation
 - Change in funding needs (will be leaving high school)
 - Change in Family Situation
 - Change of address/phone numberDevelopmental Services Ontario: <https://www.dsontario.ca/>
Passport Funding:
<https://www.mcsc.gov.on.ca/en/mcsc/programs/developmental/servicesupport/passport.aspx>
- **Make a Post-21 Family Plan!**
 - Waitlists for Adult Services/Programs are **long** (5+ years)
 - Make a detailed plan:
 - What will your son/daughter's day look like for those 5+ years?
 - Who will support your son/daughter during the day?
 - How will you pay for the programs/supports?

<https://www.ontario.ca/page/ministry-children-community-and-social-services>

Contact Information

- **Ministry of Children, Community and Social Services (MCSS)**
 - <https://www.mcsc.gov.on.ca/en/mcsc/>
 - Tel: 416-325-5666 Toll-free: 1-888-789-4199

Works Cited

- Community Living Ontario. (n.d.). Community Living Toronto. Retrieved April 26, 2021, from <http://cltoronto.ca/>
- The Government of Ontario. (2021, April 26). Ministry of Children, Community and Social Services. Retrieved April 26 2021, from <http://www.mcsc.gov.on.ca/en/mcsc/>

Pathways and Supports

As a part of the transition plan process, students and families should begin to consider their post-graduation pathway options as early as grade 9. This plan can be modified as the student grows in experience and abilities and as their interests evolve. It is also likely the transition plan will include aspects from multiple pathways, or the overall pathway may change over time.



Families may wish to consider using a "Person Directed Planner" through DSO or a fee-for-service agency provider to help consider pathway goals and set realistic steps for achieving the goals.

Community Supports: A variety of organizations (e.g., Yorktown) help families access programs and services in the community. Programs can be fee-for service (example through Community Living Toronto or My Community Hub) or Ministry funded (example through DSO and Passport funding via DSO).

Services can be to support the family and meet needs (e.g. Speech-language, behavior therapy). Programs include recreation, respite, hobbies, social groups and more.

Workplace: Includes free or fee-for service pre-employment training (job coaching, workshops, classes), volunteering and employment (part-time, full time, placement). Sample agencies:

Day Programs: Day programs can be funded through DSO (limited spots and waitlists) or fee-for service. Families can choose to enroll their student part-time or full time (e.g. 2 days a week or 3 hours a day). Each day program ranges in price, availability of spots, programming and age or ability grouping. For a list of day programs in Toronto visit the links to various agencies on next few pages. Some day programs will work with the school to develop a transition process.

College Vocational and CICE Programs: Many colleges offer programs to help prepare students for the working world. These are available to students with some credits, and sometimes at no cost. Many colleges also offer diagnostic skills testing to allow mature students to enter college programs. A few colleges offer "CICE programs" (Community Integration through Cooperative Learning) which are specifically designed to allow students with intellectual disabilities an opportunity for a college experience in a supported program. A list is available at

<https://connectability.ca/2014/08/27/educational-opportunities-after-high-school-toronto/>

Disability Funding and Programs





Apply for Appropriate Funding and Programs









Ontario Disability Support Program (ODSP)	Developmental Services +. Ontario (DSO)	Passport Funding
<p>416-314-5700 https://www.ontario.ca/page/social-assistance 47 Sheppard Ave E, Suite 6, T.O.</p> <ul style="list-style-type: none"> • Register at age 17½ • Service starts at age 18 • A social assistance income and employment supports for residents with a disability who are in financial need <p>ODSP may cover: Prescription drugs Dental, Vision care Medical Supplies and Travel</p>	<p>1-855-372-3858 https://www.dsontario.ca/</p> <ul style="list-style-type: none"> • Register at age 16 • Service starts at age 18 • DSO - Toronto branch is through Surrey Place • <p>DSO helps 18+ adults with developmental disabilities connect to services and supports in their community</p> <p>You will need: Proof of Address Birth Certificate Psychological Report</p>	<p>416-780-1106 https://familyservicetoronto.org/</p> <ul style="list-style-type: none"> • At 18 DSO makes a referral for Passport funding during their intake process \$5000/year or more • Use Passport funding to: <ul style="list-style-type: none"> -take part in community recreation -develop work, volunteer, life skills -hire a support worker or respite -pay for education programs -free "Person Directed Planning" <p>You will need: To be registered through DSO</p>
Government Funding	Wheel-Trans + TTC Support Person Card	Financial Assistance Programs
<p>Ministry of Children and Youth 416-325-0500 www.children.gov.on.ca "Special Services At Home" and "Assistance for Children with Severe Disabilities" funding under the age 18</p> <p>Ontario Autism Program 1-888-444-4530 https://www.ontario.ca/page/ontario-autism-program Childhood benefit fund up to age 18 for programs such as respite, support worker, speech language and more</p> <p>Canada Revenue Agency (Registered Disability Savings Plan 1-800-959-8281 www.cra-arc.gc.ca search RDSP</p> <p>Disability Tax Credit 1-800-959-8281 https://bit.ly/2yNovKZ</p> <p>Ministry of Health Communication aids/ assistive device program https://www.ontario.ca/page/assistive-devices-program</p>	<p>416-393-4111 https://www.ttc.ca/wheel-trans</p> <p>Wheel Trans Wheel-Trans provides a safe and reliable transportation option for persons with disabilities (includes MID/ DD/ ASD/ physical) to travel with freedom & dignity.</p> <p>Support Person Card A support person accompanying a person with a disability is not required to pay the TTC fare.</p> <p>Fair Pass Discount This is for eligible adult residents receiving Ontario Disability Support Program (ODSP) and Ontario Works (OW) https://www.toronto.ca/community-people/employment-social-support/support-for-people-in-financial-need/assistance-through-ontario-works/transit-discount/</p>	<p>Toronto Central Healthline Financial assistance for the cost of equipment and home modification. www.torontocentralhealthline.ca</p> <p>Toronto Welcome Policy Subsidized recreation programs www.toronto.ca/wp</p> <p>Adaptive Programs & Services Programs and supports for people with disabilities who want to be involved in recreational activities. www.toronto.ca/accessible</p> <p>Access 2 Card Free support person access to participating entertainment, cultural and recreational venues. https://access2card.ca</p>

Community Supports & Resources




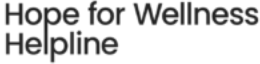



Consider Your Options









Listed below are many programs and services. Some programs are fee-for service. This is not an exhaustive list and service offerings listed below may change. Click the links below to visit or call the agency for more information to find programs most suitable for your child & family.








Agency / Resource	Information and Contact
<p>Developmental Service Ontario -Toronto</p> <p>(DSO – Toronto)</p> 	<p>https://www.dsontario.ca/agencies/dso-toronto</p> <p>1-855-DS-ADULT (<i>answered 24/7 by 211 Toronto with assistance provided in most languages</i>)</p> <ul style="list-style-type: none"> • Apply at 16 to avoid waitlist upon graduation • Government funded services • Housing supports • Support with Passport Program • Create connection with Adult Protection Service Worker if needed • Case Management services • Behavioural services • Person Directed Planning • Caregiver respite services • Funding for Community Participation Programs <p>24/7 phones in multiple languages</p>
<p>Ontario Disability Support Program (ODSP)</p> 	<p>https://www.mcsc.gov.on.ca/en/mcss/programs/social/odsp/</p> <ul style="list-style-type: none"> • Provides financial support • Apply at 18 (if you wait, there are no retroactive payments)
<p>Toronto 211</p> 	<p>www.211central.ca</p> <p>211</p> <ul style="list-style-type: none"> • Directory and connection to information about community, social, health and related government services. • Services within the Greater Toronto Area (GTA)
<p>Autism Speaks Canada</p> 	<p>https://www.autismspeaks.ca/</p> <p>(416) 362-6227</p> <ul style="list-style-type: none"> • Teacher resources (i.e. APPs, toolkits, recommendations, resources around bullying, wandering, health and wellness etc.) • A variety of family services through targeted funded initiatives - see site for specifics






Believe Support Services 	https://www.believesupportservices.com/ (647) 269-5538 <ul style="list-style-type: none"> • Summer and March Break Camps • Afterschool and weekend programs • Social Groups • Day Programs • Social Skill Programs • Vocational Programs
BestBuddies 	https://bestbuddies.ca/ (416) 531-0003 <ul style="list-style-type: none"> • Making community connections between individuals who have an intellectual disability and those who do not.
Boys & Girls Clubs 	www.bgccan.com/en/find-your-club/ <ul style="list-style-type: none"> • Afterschool TTC Training Program - connected through the TDSB
Canada Dental Benefit 	https://www.canada.ca/en/revenue-agency/services/child-family-benefits/dental-benefit/who-apply.html <ul style="list-style-type: none"> • Government of Canada Financial Support
The Centre for Addiction and Mental Health (CAMH) 	www.camh.ca 416 535-8501 or 1 800 463-2338 toll-free, staffed 24/7. <ul style="list-style-type: none"> • The Centre for Addiction and Mental Health (CAMH) is Canada's largest mental health teaching hospital and one of the world's leading research centres in its field.
Community Living – Toronto 	https://cltoronto.ca/ (416) 968-0650 <ul style="list-style-type: none"> • Outdoor Recreation and Camping Facility/Programming for those with intellectual disabilities • Job search services • Support with Passport Program • Residential Options • Person Directed Planning • Post 21 Planning • Respite Services
Community Living – Toronto (Respite Services) 	https://cltoronto.ca/respite/ (647) 729-0450 <ul style="list-style-type: none"> • Respite services
Cherish Integrated Services 	www.cherishis.org (905) 604-9290 <ul style="list-style-type: none"> • Cherish Integrated Services (CHIS) provides services and supports to promote social inclusion of persons with developmental disabilities in their communities. CHIS is a local community agency located in Markham, Ontario.

Christian Horizons 	https://www.christian-horizons.org/ (416) 630-3646 <ul style="list-style-type: none"> • Family Camps • College Partnerships for vocational training (individuals with developmental/intellectual disabilities)
Connectability 	https://connectability.ca/en/ <ul style="list-style-type: none"> • One stop shop resource hub for individuals with disabilities and their families.
Corbrook 	https://corbrook.com/ (416) 245-5565 <ul style="list-style-type: none"> • Developmental service agency • Adult Day Programs • Employment Programs
Access2Card Easter Seals 	https://access2card.ca/ <ul style="list-style-type: none"> • \$20.00 for a 3-year card, \$30.00 for a 5 year card. Provides free access to a variety of entertainment sites (i.e. movies, tourist venues, educational sites etc.) for an attendant person. So the person with a disability would pay, and their attendant would get in for free.
Black Youth Helpline 	https://blackyouth.ca (416) 285-9944 <ul style="list-style-type: none"> • A multicultural helpline and services for children, youth and families • Available from 9am – 10 pm daily
Daily Bread Food Bank 	https://www.dailybread.ca/need-food/programs-by-location/ <ul style="list-style-type: none"> • Search your local area by postal code/location to access food.
Equipment Funding Easter Seals 	https://services.easterseals.org/equipment-funding/ <ul style="list-style-type: none"> • Funding supports for children and youth that require specialized equipment (i.e. wheelchairs, walkers etc.)
Extend a Family 	http://extendafamily.ca/ (416) 484-1317 <ul style="list-style-type: none"> • Purpose is to build relationships between individuals with intellectual disabilities and the community at large. • Family Coordinators (help to build relationships between families, individuals, organizations etc.) • Friendship circles • Workshops on a variety of topics • Family support groups

<p>Geneva Centre for Autism</p> 	<p>https://www.autism.net/ (416) 322-7877</p> <ul style="list-style-type: none"> • Offers a wide range of services including • Respite Services <ul style="list-style-type: none"> ○ Person Directed Planning ○ Summer Camp ○ Community options ○ Employment Consultation ○ Behaviour Consultation ○ Parent Education ○ And much more. Visit the website for more information.
<p>Holland Bloorview Family Resource Centre</p> 	<p>https://hollandbloorview.ca/services/family-workshops-resources/family-resource-centre (416) 425-6220</p> <ul style="list-style-type: none"> • Access helpful tips and information for caregivers and parents of children with disabilities.
<p>Home & Community Care Support Services (Formally LHIN)</p> 	<p>https://www.healthcareathome.ca 310-2222 (no area code required)</p> <ul style="list-style-type: none"> • Provides health care or personal support in your home, based on personal needs. Provides assistance short term (after a hospital stay, illness or injury) or if there are complex or chronic health conditions.
<p>Hope for Wellness Helpline</p> 	<p>https://www.hopeforwellness.ca 1 (855) 242-3310</p> <ul style="list-style-type: none"> • An Indigenous Youth Helpline • 24 Hour phone support • Telephone support is also available upon request in: <ul style="list-style-type: none"> ○ Cree; ○ Ojibway (Anishinaabemowin) ○ Inuktitut
<p>JVS</p> 	<p>www.jvstoronto.org (416) 787-1151</p> <ul style="list-style-type: none"> • Employment support services for those with autism
<p>Kids Help Phone</p> 	<p>www.kidshelpphone.ca 1-800-668-6868 Text CONNECT to 686868</p> <ul style="list-style-type: none"> • Kids Help Phone's e-mental health services are available 24/7 across Canada.
<p>Kerry's Place Autism Services</p> 	<p>https://www.kerrysplace.org/ (905) 841-6611</p> <ul style="list-style-type: none"> • Autism services support for both adolescents and Adults (i.e. recreation programs, swim clubs, camps, consultation services, residential supports, respite services etc.) • Training and workshops

Learning Disability Association 	https://www.ldatd.on.ca/ (416) 229-1680
Lumenus 	https://www.lumenus.ca/ (416) 222-1153 <ul style="list-style-type: none"> • Mental Health Agency that provides a variety of services for individuals, families and school systems
March of Dimes 	https://www.marchofdimes.ca/en-ca/programs/ddlsp/ <ul style="list-style-type: none"> • Amazing programs and services • LIFE Program (Hybrid Model: Virtual and in-person options) LIFE (Learning Independence for Future Empowerment) serves youth and young adults with disabilities make the transition to greater independence by providing life-skills workshops and hands-on opportunities for growth and development. Examples of workshops: SMART Goals/Goal Setting, Healthy Relationships, Volunteering & Employment, Safety in the Community/Public Transit, Stress and Wellness, Healthy Eating, Physical Health, Budgeting and Banking, Cyber-Safety, Life After LIFE (What to do after the LIFE program). Click here for LIFE Registration Form • Support for Passport Program • The Warehouse Project - opportunities for individuals with disabilities to participate in art, gardening, cooking, recreation, community outings and special events, • Brain Injury Services • Attendant Care and supportive housing • Alternative Communication Services
Miles Nadal JCC 	https://www.mnjcc.org (416) 924-6211 x0 <ul style="list-style-type: none"> • Offers programs for children and youth with ASD and other developmental disabilities.
Meta Centre 	https://metacentre.ca 416-736-0199 <ul style="list-style-type: none"> • Offers wide spectrum of services and personalized supports to help people live inclusive, engaged and enriched lives in the community.
Moeen Center 	https://moeencentre.org/ <ul style="list-style-type: none"> • Day Programs and Respite Services
My Community Hub 	https://mycommunityhub.ca/ <ul style="list-style-type: none"> • MyCommunityHub is a registration service created to help people with developmental disabilities or Autism, their families, and caregivers, discover and register for programs and services in their community.
Naseeha 	https://naseeha.org 1 (866) 627-3342 <ul style="list-style-type: none"> • Mental health hotline, resources, workshops, web therapy and more for Muslim and non-Muslim youth/Individuals • Phone support daily 12pm – 3am

New Haven 	https://newhavencentre.com/ (416) 259-4445 – ext #10 <ul style="list-style-type: none"> • Supports for children with autism (ABA programming, school readiness programs, specialized ASD classrooms) • Community Consultations and Parent Training • Assessments for the purpose of goal setting • Adult programming (including ABA intensive support programming, Post 21 transition planning, etc.)
Ontario Government 	www.ontario.ca/page/children-special-needs <ul style="list-style-type: none"> • Directory of services and programs offered to children related to their physical, intellectual, emotional, social, language or behavioural development.
Project SEARCH – Toronto 	http://projectsearchtoronto.ca/psto/ <ul style="list-style-type: none"> • 10-month transition-to-work program for youth with intellectual disabilities • 1 Year Workplace Immersion Program for those with developmental disabilities
Project Work 	www.projectwork.ca <ul style="list-style-type: none"> • Project work assists in finding employment
Respite Services 	www.respiteservices.com <ul style="list-style-type: none"> • Respite care includes camp, after school, day, weekend programs and more.
Shoniker Clinic	https://www.shn.ca/areas-of-care/mental-health-care/shoniker-clinic/ <ul style="list-style-type: none"> • specializing in assessment and treatment services for young people with significant mental health problems, including: <ul style="list-style-type: none"> ○ Anxiety ○ Depression ○ Obsessive compulsive disorder ○ Trauma ○ Tic disorders ○ Psychosis ○ Post-traumatic stress disorder ○ Complex mental health issues • Referrals made by family doctor. • Clients must reside in Scarborough, Pickering or Ajax.
South Asian Autism Awareness Centre 	https://saaac.org 416-289-0100 <ul style="list-style-type: none"> • The SAAAC Autism Centre provides support for South Asian families affected by ASD and related developmental conditions in the Greater Toronto Area.
Special Needs Planning Group 	http://www.specialneedsplanning.ca/about.html (905) 640-8285 <ul style="list-style-type: none"> • Family Financial Planning Resource/Services (i.e. Henson Trust, ODSP, Trustee Support, RDSP etc.)

SpringBoard 	https://www.springboardservices.ca/ (416) 977-0089 <ul style="list-style-type: none"> • Developmental services (i.e. Residential Services, Community Participation Supports, Person-Directed Planning, Community Housing, Family Supports and Fee-for-Service) • Employment services • Adult justice services
Strides Toronto 	www.stridestoronto.ca (416) 438-3697 <ul style="list-style-type: none"> • Day Treatment Programs • Afterschool Programs • Gender based violence programs • Day Program services for those with intellectual disabilities and/or ASD • Socialization Programs for individuals with ASD • Respite Programs for those with intellectual disabilities and/or ASD • Community Counselling services (individual/family) • Newcomer program • Residential Treatment Programs • Mental Health supports (walk-in program)
Sunflower Respite Services 	www.sunflowerrcs.com (416) 289-2223 <ul style="list-style-type: none"> • Day Program • Respite Services • Afterschool Programs • Literacy Program • Summer Programs
Surrey Place 	https://www.surreyplace.ca 1-833-575-KIDS (5437) (Child & Youth -under 18) 1-855-DS ADULT (372-3858) (Adult -over 18) <ul style="list-style-type: none"> • Offers a wide range of services including: <ul style="list-style-type: none"> ○ Urgent Response Team for children with ASD (under 18) ○ Respite Services ○ Adult Psychiatric Clinic ○ Behaviour Therapy ○ variety of Autism Services ○ DSO Service Navigation ○ FASD Adult Diagnostic Services ○ Occupational Therapy ○ Sibling Group ○ Wellness Services ○ And much more. Visit link below for a complete list of services. <p style="text-align: center;">https://www.surreyplace.ca/services/</p>
TDSB Continuing Education Courses (Learn 4 Life) 	www.tdsb.on.ca/Adult-Learners/Continuing-Education <ul style="list-style-type: none"> • 1700 general interest classes to take up a hobby, learn a skill and to meet people in their community. • Includes courses for Employment Training

Toronto Camps 	https://www.toronto.ca/explore-enjoy/recreation/campto/ Refer to the Adapted & Inclusive Recreation Programs section. <ul style="list-style-type: none"> • Register to programs using the Adaptive Program and Inclusive Service codes.
Toronto Parks, Forestry & Recreation 	www.toronto.ca/data/parks/funguide/index.html <ul style="list-style-type: none"> • Recreation programs offered by the City of Toronto
Toronto Health Line 	www.torontocentralhealthline.ca <ul style="list-style-type: none"> • Directory of Services to various health services available which supports people living with intellectual or physical disabilities in the City of Toronto
Tropicana Community Services 	www.tropicanacommunity.org <ul style="list-style-type: none"> • Mental Health Services • Supporting Black Canada Community Initiative • Social Services • Daycare • Recreation • Agency assistance finding paid employment
TTC Support Person Card 	www.ttc.ca/en/Fares-and-passes/Other-passes/Support-Person-Assistance-Card <ul style="list-style-type: none"> • Allows a person with a disability (that requires an attendant), to take the attendant with them on the TTC for free.
Variety Village 	https://www.varietylvillage.ca (416) 699 7167 <ul style="list-style-type: none"> • Variety programming empowers children with disabilities to be seen, participate, and feel included. Variety Village brings accessible facilities to life with sports, fitness, activities, summer camps, skills training and coaching for competitive and Paralympic athletes.
YouthLink 	https://youthlink.ca/ (416) 967-1773 <ul style="list-style-type: none"> • Mental Health Supports (including a walk-in clinic and long term counselling services) • Youth Outreach • Family and Parent supports • Supports individuals and families connected with CAS • Crisis support services

Please note that the information in this document is not a comprehensive list of resources and services. Information presented here is for information purposes only and is not intended to be an endorsement of any particular agency or service. Additionally, while efforts were made to ensure that most of the resources are free, there may be some that have a fee for service. Please consult with the agencies to clarify whether there are any associated fees. Check with the DSO on how to use Passport funding to purchase services, if eligible.

College Programs

Most college programs require students to have an Ontario Secondary School Diploma (OSSD) -not applicable for students at Sir William Osler. Students at Osler earn an Ontario Certificate of Accomplishment (CoA). Some colleges do offer programs for students with disabilities and have earned an CoA. Applications are typically due February 1. Humber College (CICE) and George Brown offer vocational programs for non-credit students.

Ontario Colleges Website:

<http://www.ontariocolleges.ca/>

Transitions Guide Resource Guide for students transitioning:

www.transitionresourceguide.ca

Community Integration Through Co-operative Education (CICE)	
The Community Integration through Co-operative Education program is a two-year Ontario College Certificate offered at some colleges in Ontario. The CICE program will provide individuals with developmental disabilities and other significant learning challenges the opportunity to experience college life, pursue a post-secondary education and develop skills which will help prepare them for employment, volunteering, or social opportunities. Many CICE programs emphasize experiential learning and offer several field placements throughout the course of the program. CICE programs are offered at the following colleges.	
Mohawk College	https://www.mohawkcollege.ca/programs/preparatory-studies/community-integration-through-co-operative-education-cice-284
Humber College	https://healthsciences.humber.ca/programs/cice-ontario-college-certificate.html
Georgian College	https://www.georgiancollege.ca/academics/programs/community-integration-co-operative-education/
Durham College	https://durhamcollege.ca/programs/community-integration-through-cooperative-education
Fleming College	https://flemingcollege.ca/programs/community-integration-through-cooperative-education
Lambton College	https://www.lambtoncollege.ca/cice/
Sault College	https://www.saultcollege.ca/programs/community-integration-through-co-operative-education/community-integration-through
St. Lawrence College	https://www.stlawrencecollege.ca/programs/community-integration-through-co-operative-education/full-time/kingston
Confederation College	https://www.confederationcollege.ca/program/community-integration-through-co-operative-education
Conestoga College	https://www.conestogac.on.ca/fulltime/community-integration-through-co-operative-education
St. Clair College	https://www.stclaircollege.ca/programs/community-integration-through-cooperative-education
Fanshawe College	https://www.fanshawec.ca/programs/cit2-community-integration-through-co-operative-education/next
La Cite	https://www.collegelacite.ca/programmes/41668.htm
Typical Admission Requirements	
<ul style="list-style-type: none"> • Have a documented developmental/intellectual disability. • Have an IEP. • Certificate of Achievement, or Ontario Secondary School Certificate (OSSC). Some colleges will accept Mature Students with conditions. Check the individual college's requirements. • Be able to travel independently or arrange own transportation. • Have a level of independence that does not require constant support or supervision. 	