

AMG Weekly Message
Sept 18, 2022

Terry Fox Run – Friday, September 23rd

The Terry Fox Run will be taking place on Friday September 23. This year marks the 42nd Anniversary of Terry Fox's Marathon of Hope and we are excited to share that The Grove Community School will be proudly supporting this cause. We participate in the event to inspire students and to raise funds for cancer research. I know who I am running for. Do you have a friend or family member who we can run for? Let your child know and they can set their goals to run for that person.

Many of us have been affected by cancer in our lives and our goal is to beat it.

The Terry Fox Foundation has created an online fundraising page for our school as well as provide classroom/individual "Terry" activities. Here is the link to the AMG donation page. <https://schools.terryfox.ca/9492>

Students will run around the school track on Friday September 23. Parents are welcome to cheer their kids on. **Students will need a water bottle and running shoes!!**

Curriculum Night and Parent Council

Hello AMG Grown-ups!

We had a bit of a snafu with our hot dog vendor, so we've decided to pivot to PIZZA on September 21 @ 6pm right outside the gym. Pizza squares are \$2 and drinks are \$1 (cash only). Grab some 'za before partaking in our first curriculum night in years! It's going to be epic!

Also epic: On Tuesday at 6:30, we'll be hosting our first Parent Council meeting of the year. What's the deal with class sizes? What's going to happen at curriculum night? All these questions and more will be answered at the meeting. If you volunteered to help us at curriculum

night, please join us on Tuesday as we'll be discussing how you can help. And a big thank you to all of you who volunteered!

[Agenda](#) and [Zoom Link](#) here!

-- AMG Parent Council

More about Curriculum Night

The school portion of the curriculum night begins at 6:30 PM. It will focus on places and faces, no long speeches. It's been a while since we've had the community in the building so come in, see the halls and the classrooms and meet the staff face to face. At 6:30, families will enter the doors your children do and make your way to their classroom to meet the teacher until approx. 7 PM where families can visit a second classroom. Class specific details will be shared by teachers.

Join the Families of Alexander Muir Gladstone Facebook group!

Want to stay connected with the AMG community online? Join the Families of Alexander Muir Gladstone Facebook group to connect with current AMG families and caregivers. It's a forum to discuss what's going on at our school and in the community, as well as share announcements, fundraising news, policy information and resources. The page is not affiliated with the TDSB or the administration of AMG. Join our growing community

here: <https://www.facebook.com/groups/amgfamilies>

Classroom Rep Requests – Middle and Upper Grades

We are still looking for volunteers for classroom reps especially in the middle and upper grades. If you would like to become more active in the school community, please reach out to amgparents@gmail.com. What would a classroom rep do? Attend as many school council meetings as possible and act as a liaison between the classroom kids, parents and teachers, and the council. Help with special events. Any other ideas and feedback are welcome! Time commitments will vary based on things like special events but we wouldn't expect more than 1-2 hrs across each month.

September Learning Resources Slides

[Learning resources that can be used by teachers and families.](#)

- Slide 2: Resources for Educators/Classrooms
- Slides 3: Terry Fox
- Slide 4&5: National Truth and Reconciliation Week and Orange Shirt Day
- Slides 6: September Days of Significance

2022-2023 International Languages Elementary and African Heritage Programs

This fall ILE we will be offering the following language at our school: **Spanish**

[Read the flyer for more details](#)

Classes run every Wednesday

From 3:15pm – 5:45pm

Minimum of 23 registered students are required to open a language (new or existing) class.

For more information/registration, please visit www.ileprograms.ca or contact 647-220-4170, Farzana Babar ile_ah@tdsb.on.ca

Allergy FAQs

1. What is a food allergy?

The immune system normally protects a person from germs and disease. It helps them to fight off bacteria, viruses, and other tiny organisms that can make them sick. If someone has a food allergy, their immune system mistakenly treats something in a particular food (most often, the protein) as if it's dangerous to them. Their body reacts to the food by having an allergic reaction.

2. How does a food allergy differ from a food intolerance?

A food allergy involves the immune system and symptoms can be life-threatening. A food intolerance is the inability to digest or absorb certain foods. For example, someone with lactose intolerance doesn't

have enough of the enzyme lactase to break down the sugar (lactose) in dairy products. The symptoms of food intolerance affect the gastrointestinal tract and can cause discomfort but are generally not life-threatening.

Keeping Students Safe

Read the [Online School Code of Conduct](#) and the [TDSB Common Pages](#) to learn about what the TDSB to keep students feeling welcome and safe in our schools. The pages also include many of the policies and procedures on how we respond to when incidents occur.