



# Arbor Glen Monthly



## Characteristic for the Month of February: - Fairness

## Raising Our Children

### February Events

#### Week of February 3 – 7

- Carnival Week – See article for details

#### Tuesday, February 4

- Zoo Presentation JK - 2

#### Wednesday, February 5

- DPA Walk

#### Thursday, February 6

- Kindergarten Registration
- Lunar New Year Lunch Gr. 1 – 6
- Parent Workshop 7 pm

#### Friday, February 7

- Skating Gr. 3- 6
- Mad Science Gr. 1 a.m.
- Accolade Assembly – Willow p.m.
- Girls' Volleyball Tournament p.m.
- First Hot Chocolate Sale 1:50 p.m.

#### Monday, February 10

- Scholastic Book Fair Week Begins
- Reports to Parents Gr. 1 – 6
- JK Summaries to Parents
- Dental Lessons JK/SK

#### Wednesday, February 12

- Parent Teacher Interviews – 4 to 8 pm
- Family Book Fair Night

#### Friday, February 14

- Valentine's Bake Sale

#### Monday, February 17

- Family Day – No school

#### Tuesday, February 18

- DPA – Chair Aerobics

#### Friday, February 21

- Skating Gr. 3-6

#### Thursday, February 27

- Wonders of Japan Grades 2, 5, 6
- National Film Board – Maple Pod

Bringing up children is one of the most rewarding and potentially challenging things that parents do. Children do not come with instruction manuals. Most children are fairly easy to parent. However, there are some children whose parents must be incredibly knowledgeable in order to deal effectively with the behavioral challenges of their children. This can be compared to having a baby. In many cases, the birth is standard and the postman or police officer can deliver the baby safely. In other cases, it takes a highly skilled obstetrician to deliver the baby so that both mother and child are safe and well.

It starts with the birth and continues forever. For the parents who need as much support and knowledge as possible in their exciting and interesting journeys while they bring up their children, it is helpful to consult with 'experts'.

Experts come in many forms. Some of the best advice is given by grandparents. After all, they were successful in bringing up their children, weren't they? Other experts are school staff, psychologists, social workers, other parents going through similar challenging times and writers of guidebooks for parents.

At Arbor Glen, we have a small library of books available for parents to borrow. A list of the books is on the next page. Some of the books contain outstanding suggestions. Not everything works for all families or all children.

It would be most worthwhile to read some of the books and decide if some of the strategies are worth trying. I would be happy to discuss any of the books with you. At all times, parents must use only those ideas that feel right to them.

If you would like to borrow any of the books, please call the office with your request. We will send the book home in an envelope.

**Any resources you borrow will be kept confidential.**

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Trustee  
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Wendy Huang  
Chair  
School Council

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## Parent Book List

BOOK TITLE	AUTHOR(S)
All Cats Have Asperger Syndrome	Kathy Hoopmann
All Dogs Have ADHD	Kathy Hoopmann
12 Simple Secrets Real Moms Know	Michele Borba
1-2-3 Magic-Effective Discipline	Thomas Phelan
Analyze Your Teen (Book & CD)	Karyn Gordon
And Words Can Hurt Forever	James Garbarino
Bullies and Victims	Suellen Fried & Paula Fried
Don't Give Me That Attitude	Michele Borba
Helping Your Hyperactive/ADD Child	John F. Taylor, Ph.D.
How to Talk so Kids will Listen...	Adele Faber & Elaine Mazlish
Is Your Child Depressed?	Nathan Naparstek
Just Because it's not Wrong	Barbara Coloroso
Kids Are Worth It	Barbara Coloroso
No More Misbehavin'	Michele Borba
Nobody Likes Me, Everybody Hates Me	Michele Borba
Nurturing the Shy Child	Barbara & Gregory Markway
Odd Girl Out	Rachel Simmons
Parenting Through Crisis	Barbara Coloroso
Parents do Make a Difference	Michele Borba
Praising Boys Well	Elizabeth Hartley-Brewer
Praising Girls Well	Elizabeth Hartley-Brewer

BOOK TITLE	AUTHOR(S)
Queen Bees & Wannabes	Rosalind Wiseman
Second Step Family Guide Kit (3 Videos)	Second Step
Second Step Family Guide Binder	Second Step
Second Step Family Guide - Copy 1 (1 video)	Second Step
Second Step Family Guide - Copy 2 (1 video)	Second Step
Secrets of Discipline	Ronald Morrish
Solve Your Child's Sleep Problems	Richard Ferber
Stick Up for Yourself	Gershen Kaufman
Sticks and Stones	Beth Goobie
Survival Strategies for Parenting Your ADD Child	George T. Lynn
The Bully and Me (CD included)	Helen Carmichael Porter
The Bully, the Bullied and the Bystander	Barbara Coloroso
The Hurried Child (growing up too soon)	David Elkind Ph.D.
The Myth of the A.D.D. Child	Thomas Armstrong, Ph.D.
The Pressured Child	Michael Thompson
The Secret Language of Children	Lawrence Shapiro
The Successful Child	William & Martha Sears
The Top Ten Preschool Parenting Problems	Roslyn Ann Duffy
What About the Kids?	J. Wallerstein & S. Blakeslee
With All Due Respect	Ronald Morrish

## Lunar New Year

**February 10, 2013 — The Year of the Horse**

We shall celebrate the Lunar New Year on **Thursday, February 6<sup>th</sup>**. To commemorate this special time we have



arranged for the students to enjoy a variety of Oriental dishes for their lunch. Many thanks to **Mr. De Rose** and **Ms. Gao** for arranging this exiting and delicious annual event for all of us.

### DID YOU KNOW?

A piece of fruit has more fibre and more nutrients than fruit juice does. That's why children should have only 125–250 mL (½–1 cup) of juice a day.

Pack whole fruit in your children's lunches to help them meet their needs for Vegetables and Fruit.



## Science Fair

Coming Soon



Arbor Glen's  
Fourth Annual Science Fair

Students will be given specific instructions on how to do their research for their science fair project. The students in the Junior Grades will need to remember the scientific method - question, hypothesis, procedure, materials, observation and conclusion. There will be sample projects on display in the library for ideas.

Students will have an opportunity to see all of the entries during the day of the Fair. Parents and other visitors will see the fair in the evening during our Open House on **Thursday May 8, 2014**.

## Valentine's Day Bake Sale Friday, February 14<sup>th</sup>

It's that time of year again when students look forward to this annual delicious event. The Valentine's Day Bake Sale is such a huge success with all our students! Students are asked to bring baked goods to the conference room, beside the office, from 8:30 a.m. until 9:00 a.m. on Thursday morning. Please do not send baked goods with any nuts because we do have some students who are allergic to them.



We need parent volunteers in the morning to help sort the baked goods for the sale that will take place in the afternoon. Then we need a few parents in the afternoon to be at the tables to collect the money as each of the classes comes down to the gymnasium. Please contact Ms. Lopez or Ms. Kirsh if ***you are able to help for just a couple of hours on this special day.***

## Just Read It

Congratulations to **Barton L.** in Grade 6, who received the book *Wonderstruck* and a letter of congratulations from Donna Quan, our Director of Education, as part of the *Just Read It* campaign.



Keep up the great work and *Just Read It!*

## Tangled

by Grace, Grade 2

On Sunday, my family and I watched Rapunzel. She was very beautiful. Her hair was about 70 feet long and was magical. Mother Gouthe was a witch. She took Rapunzel away. Rapunzel's hair could make people young and make their heart better when she sang. Rapunzel's parents were very sad every time her birthday came. The king and queen lit thousands of lanterns until Rapunzel was found.

One day, Flynn Rider went inside the tower. He brought an apple for a horse and a purple fabric with the sun on it for Rapunzel. They drew and they danced. He called Rapunzel to let down her hair. Mother Gouthe killed Flynn Rider. But Rapunzel saved him with her tears. He brought Rapunzel to the king and queen.

I was touched very much by Rapunzel's courage and wisdom. This movie encouraged me to have a good attitude, to study hard and to become a good student.

## Kindergarten Registration

Kindergarten Registration at Arbor Glen will take place

**Thursday, February 6, 2014 8:00 a.m. – 4:00 p.m.**

To attend **Junior Kindergarten** in September, children must turn four by December 31st of this year. They will have been born in the year **2010**. To attend Senior Kindergarten, children must have been born in **2009** and will turn five by December 31st of this year.

Please phone (416) 395-2020 for an appointment.

To Register a child, Parents/Guardians must bring original documentation with:

- proof of the child's age (a birth certificate or baptismal record or passport)
- proof of address (two pieces of identification that show your address, such as your Property Tax bill, Utility bill, Personal Income Tax evaluation, legal rental/lease agreement from the Property Management Office or notarized rental agreement if renting from a private person)
- child's immunization (the card that shows a list of needles your child has received), and the child's Health Card.

Note:

If your child was not born in Canada, verification of date of arrival is required. Families who are permanent residents, refuge claimants or on work permits may register directly at the school. All other families should visit the International Program and Admissions Office, Toronto District School Board (TDSB), 5050 Yonge Street, for a TDSB School Admission Letter. Children without immigration status are welcome in our schools and information about them or their families shall not be shared with immigration authorities, as per TDSB Policy P.061 SCH.

**If possible, please bring your child with you when registering. The teachers would like to meet him/her.**

Please bring a translator with you if need help to fill out the paper work or if you have any questions.



## Annual Scholastic Book Fair February 10<sup>th</sup> to 13<sup>th</sup>

The Book Fair will be held from Monday, February 10<sup>th</sup> to Thursday, February 13<sup>th</sup> during school hours.

There will also be a Family Night so that children may come with their parents on **Wednesday, February 12<sup>th</sup> from 3:15 p.m. to 8:00 p.m.**

## School Spirit Activities

by Ms. Husband

### Bag Tags Bag Tags

Keep bringing in those bag tags. We have now collected 39,560. We want to get to 1 million!!!! Ask your aunts and uncles and neighbours to save them for you too!

We need many, many, many more!

### Caught Ya Cards Coming this February!

Teachers will be handing out **Caught-ya Cards** this February to students with healthy snacks and for being active at recess. Plan healthy snacks with your child so you pack ones that they like to eat. Please remember to make them nut free.

Prize draws will take place at the end of February. Good luck!

### Winter Play Day

Weather permitting, we hope to have our Winter Play Day on February 5th. For the students to enjoy themselves, it is important that come dressed warmly. The best is to dress in layers. Snow pants that fit over the boots and mittens that are wind/waterproof should help to ensure warm hands and feet for an afternoon of play outside.

### 60 min. Kids Club Winter Challenge

We are excited to take part in the 60 min. kids club challenge this winter. It started Jan 15. Go to [www.60minkidsclub.org](http://www.60minkidsclub.org) to track your healthy habits. Remember it only takes a few min each day to track your progress.

The website as many helpful tips as well.

Arbor Glen is currently in 5th place but I know we can do better. All you need to do is remember to track your progress. If you forget one day, don't worry. You can go back up to 4 days to record your healthy habits.



### Snow

by Lucy (Gr 4 ESL)

cold  
then melts  
on my tongue

## Cadence

by Ms. Joshan

On January 28<sup>th</sup>, we watched a three times Juno-nominated show called Cadence. A group of four men with four microphones and no instruments amazed the Arbor Glen audience by creating a full range of instrumental and vocal sounds using only their voices! They created instrumental sounds and, sophisticated harmonies and engaged the students with their interactions. We could hear jazz, rock and roll, classical music as well as drums, guitars, trumpets and trombones. All of these sounds were made with their voices. This *a cappella* performance gave a message to the audience that the voice is our first instrument, and any sound or any instrument can be recreated with the voice. It is something we can all do, irrespective of our talent or experience.



Thank you to the School Council for providing us with this fun filled and educational musical experience at Arbor Glen!



### Snowflakes

by Peter (Gr. 3 ESL)

Whiteness covering the ground  
More snow and even more snow  
Falling crystals  
Everywhere!

Billions of sparkly snowflakes  
in the sky  
snow is everywhere!



Sailing  
Falling



### Snowflakes

by James (Gr. 5 ESL)

If you peek out the window  
On a chilly snowy day  
You will see thousands of flakes  
Sailing with the wind-----  
Soft and shiny  
Sparkly bright  
Fall and fall  
Till tomorrow night  
Fell the whiteness that covered the ground  
Like a silvery white carpet  
Enjoy the scenery  
As the snow lands safe and sound







## **Arbor Glen Carnival Week Events February 3 – 7, 2014**

by Ms. Liinamaa and Ms. Popovic

- Week Long Events:** Classroom Bonhomme Bingo,  
Class Olympics Poster Contest (one winner for Junior, one for Primary),  
Bonhomme Colouring Contest (one winner per grade)
- Monday:** Jersey Day! Wear your own team's jersey (for example, your soccer jersey) or a jersey or shirt of your favourite team.
- Tuesday:** Wacky Hair Day!
- Wednesday:** Stuffed animal day! Bring your favourite stuffy toy to sit on your desk for the day.  
Winter Activity Day – Olympic Version
- Thursday:** National Sweater Day!  
Class Olympics poster due.  
Individual Bonhomme Colouring Contest sheets due.
- Friday:** Be a proud Canadian Day! Wear red and white and/or your Canada apparel to celebrate the kick-off of the Winter Olympics in Sochi. Accolade Assembly in the afternoon hosted by Willow Pod.



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