

May 15, 2014

To the Quality (Daily) Physical Education Award recipient

Physical and Health Education Canada (PHE Canada) is very pleased to present you with the 2013-2014 Quality (Daily) Physical Education Award for your commitment to offering exceptional physical education to your school community and congratulate you on your outstanding achievement.

This award is a recognition of your schools' achievement of providing a quality/comprehensive Physical Education program that provides a foundation for the development of physical literacy; enabling students to live physically active and healthy lives. Out of approximately 15,000 schools in Canada, close to 500 schools receive this award each year, truly making your school one of Canada's leaders in physical education.

For your dedication, effort, and commitment to ensuring children and youth in Canada experience the many benefits that are derived from a quality physical education program, PHE Canada has enclosed an award certificate and a congratulatory letter from the Prime Minister of Canada, The Hon. Stephen Harper. Additionally, your school will be recognized in the fall edition of PHE Canada's nationally publicized *Physical and Health Education Journal* which announces the 2013-2014 winning schools. A list of all the award recipients will also be available on the PHE Canada website at [www.phecanada.ca](http://www.phecanada.ca).

PHE Canada strongly encourages your school to highlight your success by contacting local media, government, and community members to inform them of your efforts and achievement. A sample media release document and promotional ideas, such as planning an award ceremony, are available for download on our website to assist you in showcasing your accomplishment. You can access these resources in the FAQ's of the ODPE section of the [www.phecanada.ca](http://www.phecanada.ca) website.

PHE Canada is proud to identify, recognize and encourage excellence in school physical education programs. Schools that offer quality physical education programs positively impact the health of Canada's children by providing them with the physical literacy skills that they need to be active now and in the future. Additionally, it has been demonstrated that providing students with opportunities to be physically active within, and beyond, a school's PE program may support increased academic achievement. Your school, staff and students most certainly deserve national recognition.

Once again, congratulations! PHE Canada encourages you to continue with your devotion to maintaining a Quality Daily Physical Education/Quality Physical Education school! Please send us a copy of any media coverage or photos of your award ceremony. Best wishes with your continued success in providing quality physical education programs.

Sincerely,



Jacki Nysten  
President, PHE Canada

*Our vision is for all Canadian children and youth to lead physically active and healthy lives.  
Notre vision consiste à garantir que tous les enfants et les jeunes canadiens mènent une vie saine et active sur le plan physique.*



PRIME MINISTER • PREMIER MINISTRE

*I am pleased to extend my sincere congratulations to everyone receiving the Quality Daily Physical Education (QDPE) and the Quality Physical Education (QPE) School Recognition Awards, presented by Physical and Health Education Canada.*

*These awards recognize your school's commitment to promoting the benefits of a healthy and active lifestyle. I would like to commend the staff, coaches, and parents for supporting an excellent physical education program that encourages physical activity, leadership and self-confidence in students. You have provided valuable opportunities for children to acquire the knowledge and skills required to make wise choices with respect to their health and well-being.*

*I would also like to salute the members of Physical and Health Education Canada for their dedication to fostering healthy school communities.*

*On behalf of the Government of Canada, please accept my best wishes.*

*The Rt. Hon. Stephen Harper, P.C., M.P.*

OTTAWA  
2014