Name:

Date:

Time:

	nyone in your hou the last 5 or 10 da		of the following n	ew or worsening	g symptoms	
Yes No	Yes No		Yes No	Yes No	×	
Fever > 37.8°C and	l/or chills	Cough	Difficulty breathin	9 Decrease or	loss of taste/s	mell
	nyone in your hous the last 5 or 10 day		r more of these nev	v or worsening	symptoms	
Yes No		Ves Vzz		Ves No	Yes No	
Sore throat	Headache	Feeling very tired	Runny nose/ nasal congestion	Muscle aches/ joint pain	Nausea, vor or diarrh	
 If the symptom is from a known health condition that gives them the symptom, select "No". If the symptom is new, different or getting worse, select "Yes". 						
	tiredness, sore musc 8 hours, select "Yes."		48 hours after a COVI	D-19 vaccine, sele	ct "No".	
 Anyone who is sick or has any symptoms of illness, should stay home and seek assessment from their health care provider if needed. 						
If "YES	5": Stay home & sel	f-isolate. 🕂		old must self-iso vaccination stat		
If staff/visitor has or	ne symptom from Part B sta	y home until symptoms	improve for at least 24 hours	s or 48 hours if nausea/v	omiting/diarrhea.	
2. Have you or anyone in your household tested positive for COVID-19 today or in the last 5 or 10 days*or have been told to stay home and self-isolate?						Yes No
If "YES	6": Stay home & sel	f-isolate.				
3. In the last 10 days have you been notified as a close contact of someone with COVID-19, or received a COVID Alert notification?						Yes No
 If the person does not live with you AND you are fully vaccinated** or public health has told you that you do not need to self-isolate, select "No" 						
If "YES	5": Stay home & sel	f-isolate.				
4. In the last 14 days, have you travelled outside of Canada?						Yes

*If the person is fully vaccinated or 11 years or younger use 5 days. If they are 12 years or older AND not fully vaccinated or immune compromised, use 10 days.

** Fully vaccinated means 14 days or more after a second dose of a COVID-19 vaccine series, or as defined by the Ontario Ministry of Health.

If "YES": Follow federal quarantine travel rules.



I MUST SELF-ISOLATE - FOR HOW LONG?

You have symptoms*** of COVID-19 or have tested positive Someone in your household has symptoms*** of COVID-19 or has tested positive You have been notified as a close contact of someone with COVID-19 outside of the household, or received a COVID Alert notification

If You are:

- 12 years of age and older AND fully vaccinated, OR
- 11 years or younger, regardless of vaccination status

Stay home & Self-isolate:

- Must self-isolate for at least 5 days from the day symptoms started and until symptoms have been improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea), whichever is longer
- · Use test date if no symptoms

If You are:

- 12 years of age or older AND either partially vaccinated or unvaccinated, OR
- · Immune compromised

Stay home & Self-isolate:

- Must self-isolate for 10 days from the day their symptoms started, or longer if symptoms last longer than 10 days
- Use test date if no symptoms

Stay home & Self-isolate:

You must self-isolate for the duration of the household member's isolation period

If the household member is:

- 12 years of age or older AND fully vaccinated, OR
- 11 years or younger, regardless of vaccination status

Stay home & Self-isolate:

- You must self-isolate for at least 5 days from the day the household member's symptoms started and until their symptoms have been improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea)
- Use test date if no symptoms

If the household member is:

- 12 years of age or older AND is not fully vaccinated, OR
- · Immune compromised

Stay home & Self-isolate:

 You must self-isolate for 10 days from the day the household member's symptoms started

If You are:

Fully vaccinated AND no symptoms,

Do not need to self-isolate

- Monitor for symptoms for 10 days and self-isolate immediately if symptoms develop
- If leaving home, you should maintain masking, physical distancing and all other public health measures. You should NOT visit any highest risk settings or individuals who may be at higher risk of illness (e.g., seniors) for 10 days from their last exposure.

If You are:

- 12 years and older AND partially vaccinated or unvaccinated OR
- · Immune compromised

Stay home & Self-isolate:

 Must self-isolate for 10 days from your last exposure

If You are:

 11 years and under AND partially vaccinated or unvaccinated

Stay home & Self-isolate:

 Must self-isolate for 5 days from your last exposure

All household members, including yourself, must self-isolate for the duration of time that the person with symptoms/COVID-19 positive person is isolating.

If You/Your Household member's symptoms are improving for 24 hours AND tests negative on a PCR test OR 2 rapid antigen tests taken 24 to 48 hours apart, self-isolation ends.



***Symptoms include 1 or more symptom from 1.A or 2 or more symptoms from 1.B on the screening tool

- · If You have one symptom from 1.B, other household members do not have to self-isolate.
- This tool is consistent with provincial guidance: <u>COVID-19 School and Childcare Screening</u>. and COVID-19 Integrated Testing & Case, Contact and Outbreak Management Interim Guidance: Omicron Surge (gov.on.ca)



If you travelled outside of Canada in the last 14 days:

You must follow federal requirements for quarantine and testing after returning from international travel.