



Dear Student, Parent/Guardian\* and Educator,

Welcome to the Toronto District School Board **Build Your Future Planner!** 

This document provides students, parent/guardians, and educators with valuable information about a wide range of opportunities available to students as they move from elementary to secondary school and beyond. We hope that this resource proves to be useful as students prepare to make their course selections, consider experiential learning opportunities, navigate their post-secondary pathway, and engage in career/life planning.

Inside this document, you will find information regarding steps students can take to plan their future, learn about the fields of work from which they can choose a future occupation, understand career development and the post-secondary pathways available (Apprenticeship, College, University, and Work including community living) beyond secondary school.

We hope that this tool will be a valuable resource for parents/guardians and educators to use in conjunction with our **BUILDYOURFUTURE** website, myBlueprint and other resources that can help students **Look In, Look Out** and **Look Ahead** as they build a pathway to their future.

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Ontario Secondary School Program 10

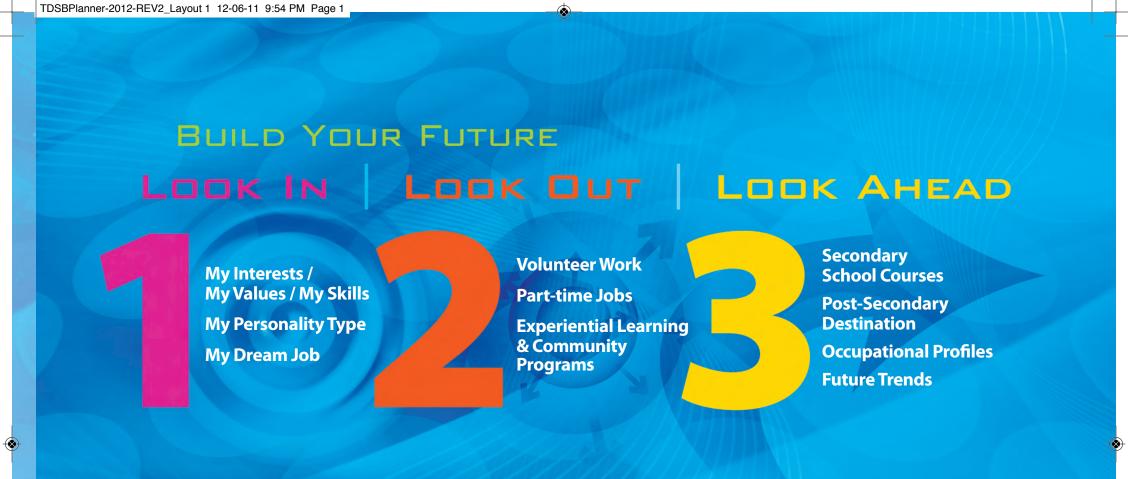
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\*Where the term parent/guardian is found it is inclusive of caregivers and significant adults.

Enjoy navigating the **Individual Career/Life Planner** 





#### WHAT IS A JOB?

A job is the position a person holds doing specific duties. For example, consider the occupation of a doctor. The doctor's job is working at Toronto General Hospital. People usually change jobs more often than they change occupations.

#### WHAT IS AN OCCUPATION?

An occupation is similar work for which people usually have similar responsibilities and develop a common set of skills and knowledge. Occupational titles include: Cashier, Chef, Insurance Agent, Nurse, Teacher etc.

#### WHAT IS A CAREER?

A career is your life path or life story in progress. It includes, learning, work (paid and unpaid), family life, friendships, community and leisure activities.





Career awareness enhances student engagement by providing purpose and relevance to what they learn in school thus giving hope for their future.

Throughout their school experience students will assess their interests, strengths, and achievements; explore and evaluate education and career opportunities; make choices from among those opportunities; collect and interpret information; set goals; and create and evaluate plans for the future.

LOOK IN

### Self Assessment

Self-assessment can occur through reflection. Knowing strengths, likes, learning styles and values can help students find direction on their career journey. Resources in TDSB to support self-assessment include:

Camp Watchagonnado

**Career Cruising** 

CDI – Career Directions Inventory

COPS – Career Occupational Preference System

Data, People, Things, Ideas

JVIS – Jackson Vocational Interest Survey

Learning Styles & Preferences

Multiple Intelligence Awareness

**Personality Dimensions** 

Who Am I?

Who Are You?

#### LOOK AHEAD LOOK DUT

### Career **Exploration Activities**

Career exploration can take many forms in school. Career exploration helps students see the relevance of their academic studies to the world beyond school. Career exploration can enhance student engagement when we can show students the curriculum connection to a possible career path.

**Annual Work Connections – Job Fair Apprenticeship Presentations (OYAP) Career Conferences Career Fairs Career Interview Community Hours College Liaison Cooperative Education Dual Credit Guest Speakers Job Twinning Job Fair Job Shadowing** myBlueprint **Specialist High Skills Major The Real Game Series** Volunteering **Individual Career/Life Planner** 

**Worksite Visits** 

### **Educational Planning**

Support for transition from one grade to the next, one school to another. from secondary school and beyond, helps students adapt to change.

### **Transition to Secondary School –**

Choices for Nine and Choices: Secondary School Course Selection and Planning Guide

**Annual Course Selection Process Individual Pathways Plan Transition to post-secondary** myBlueprint

**PLAN YOUR STEPS.** TRACK YOUR PROGRESS. UNLOCK YOUR FUTURE.

### **Blueprint** education planner

### The Leading Edge Career Resource

Highly interactive, extremely user friendly, and fully customizable resource helps students make informed decisions and the most of their education.

#### HOW DO I **GET STARTED?**

- 1. Visit the website: www.myblueprint.ca/tdsb
- 2. Select your school in the **New User** box to find your Activation Key and use your Ontario Education Number (OEN) to Create Your Own Personal Profile.

Take Control of **Your Future, Today!** 

### HIGH FIVE

# **Change is Constant**

We change constantly, and so does the world around us – including the working world. Chances are that a single occupation will no longer take workers from the beginning to the end of their working lives. Adaptability is an important skill to carry into the world of work.

# **Learning** is Ongoing

Graduating from high school or a post-secondary program does not mean that your education is complete. Education is not limited to classrooms in a school. Opportunities to learn are everywhere! Learn to recognize them and make your learning a lifelong experience.

# Focus on the Journey

Travelling through life is like travelling down a road: having a destination gives direction, but most of the time is spent moving along. Pay attention to the journey, with all of its pitfalls, sidetracks, opportunities, and highways to new destinations.

### Follow Your Heart

Dreaming about your future can help you to understand what you really want in life. Knowing what you want and keeping it in mind can give you the motivation you need to deal with life's challenges.
Listen to your inner voice.

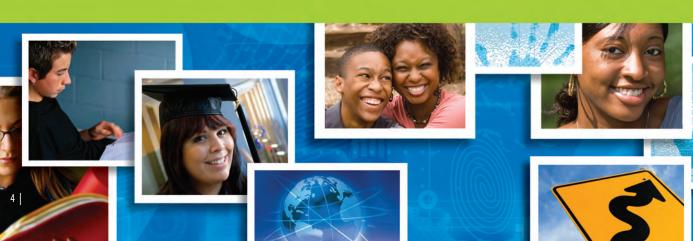
### Access Your Allies

The journey of life is not taken alone. Life is like a team sport, and your team members are your friends, family, teachers, and neighbours. Any of them may be willing and helpful allies when it comes to helping you to take your next steps on your life's path.

### Plus One!

K N O W Y O U R S E L F

Knowing your true self by examining your strengths, values, beliefs, and interests in as much detail as possible will help you with career and life decisions as you travel along your career path.









# Apprenticeship

## What kinds of programs are offered?

- Apprenticeship is a practical method of learning, providing hands-on training in over 130 skilled trades
- Apprentices are paid while gaining work experience, their wages increase with skill levels

### What does Apprenticeship prepare you for?

 Apprenticeships can lead to careers such as: construction workers, chefs, horticulturists, information technologists, educational assistants and hairstylists

## How long can Apprenticeship take?

 Becoming a certified tradesperson requires a combination of on-the-job training and in-school training usually done at the local college, and usually lasts 2-5 years

#### How much does it cost?

 Cost can vary depending on whether the student begins their apprenticeship training with an Ontario Youth Apprenticeship (OYAP) program while they are still in high school

## Who is Apprenticeship for?

You may be interested in apprenticeship if:

- You enjoy hands-on learning and have good mechanical and spatial abilities
- You enjoy fixing things, assembling and disassembling structures
- You are able to solve problems, determine why something does not work and how it can be done better
- You are interested in a career that requires the completion of an apprenticeship

### information on Apprenticeship, visit:

yap.com

rs

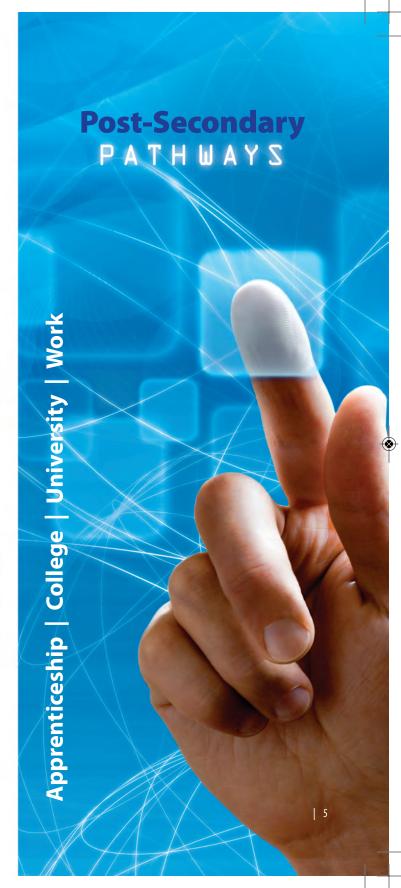
www.apprenticesearch.com

www.apprenticetrades.ca

www.edu.gov.on.ca/eng/tcu/apprentices/

www.careercruising.com

www.myblueprint.ca/tdsb







# What kinds of programs are offered?

- College programs provide an effective combination of real life skills with quality education
- Approximately 25% of high school students go to college

### What does College prepare you for?

 College programs give you the skills you need to pursue a variety of careers such as: journalists, police officers, dental hygienists, website technicians, paralegals and chemical technologists

## How long can College take?

 Colleges have certificate, diploma, graduate certificate, applied degree, or joint college – university programs, that usually take 1 to 3 years to complete

### How much does it cost?

 College programs range from \$3000-\$5000 per year

#### Who is College for?

You may be interested in college if:

- You find success in hands-on / applied curriculum
- You enjoy smaller classes and the personal approach to instruction
- You have specific career goals that require a college education
- You are interested in developing technical and occupational skills required for your chosen career area

## For more information on College, visit:

www.ontariocolleges.ca www.gotocollege.ca www.edu.gov.on.ca/eng/general/postsec/college.html www.careercruising.com www.myblueprint.ca/tdsb





# University

# What kinds of programs are offered?

- University provides degree programs that are theoretical in nature in the General Arts, Sciences and Business
- About 25% of high school students go to university

### What does University prepare you for?

 University can lead to careers such as: teachers, engineers, doctors, accountants, computer programmers and lawyers

### How long can University take?

- Students in university obtain bachelor degrees, masters degrees, and doctorate degrees, ranging from 3-10 years of study
- Universities also offer continuing education and certificate programs for specific occupations

### How much does it cost?

 Most undergraduate programs range from \$5000-\$7000 per year in university

### Who is University for?

You may be interested in university if:

- You enjoy abstract concepts associated with course material and academic/ theoretical learning
- You are able to complete much of your work independently
- You have specific career goals in mind that require a university education

# For more information on University, visit:

www.ouac.on.ca www.electronicinfo.ca www.edu.gov.on.ca/eng/general/postsec/univers.html www.careercruising.com www.myblueprint.ca/tdsb



# Work

# What kinds of jobs are available after high school?

- A wide variety of careers require a high school diploma, followed by specific on-the-job training or entry-level positions from high school including: real estate agents, animal care workers, bank tellers, photographers, web site designers, construction labourers
- About 50% of high school students go directly into the world of work, but often decide to pursue an apprenticeship, college or university training at a later time
- Various programs in Toronto provide opportunities for students to meet initial requirements for entering specific industries, allowing them to make a successful transition from school to the workplace

### Who is direct entry into Work for?

You may be interested in work if:

- You have developed practical workplace skills that have prepared you for a specific career without needing to pursue college, university, or an apprenticeship first
- You have been successful in workplace pathway courses and wish to explore workplace opportunities
- You may wish to defer post-secondary education until later
- You have specific career goals in mind that allow you to go directly to the workplace for on-the-job training

### For more information on Work, visit:

www.jobfutures.ca www.jobbank.gc.ca www.sheridanc.on.ca/services/jobconnect/ www.careercruising.com www.myblueprint.ca/tdsb

 Introduction to Business French/International Languages Communications Technology Computer and Information Science Discovering the Workplace Learning Strategies • Introduction to Business or Information & Communication Technology Hospitality and Tourism

MUSICIA



- Pharmacists, Dieticians & Nutritionists
- Physicians, Dentists, Veterinarians
- · Physicists, Astronomers, Chemists, Geologists, Meteorologists
- Personal Support Workers
- Water Plant Workers

Healthy Active Living Education

GRADE 10

Suggested Electives

Dramatic Arts/Dance

Healthy Active Living

French/International

Technological Design

Learning Strategies

Computer & Information

Discovering the Workplace

Native Studies/Languages

Communications Technology

**Education Courses** 

Music

Visual Arts

Languages

Science

Technological Design

Food and Nutrition

- Computer & Information Science
- Communications Technology
- · Discovering the Workplace
- Learning Strategies
- Introduction to Business or Information & Communication Technology
- Health and Personal Services
- Horticulture





### Work

#### GRADE 9 Suggested Electives

#### GRADE 10 **Suggested Electives**

#### Computer Information Systems Computer Support Technicians **Professionals** Data Entry Clerk

- Retail Computer Games
- Retail Computer Parts
- Retail Communications
- Multi-Media Sales & Support
- Web Master
- · Web Site Design
- Desktop Publisher
- Telephone Line Installer/ Repair Worker

- Information & Communication Technology in Business or Introduction to Business
- Exploring Technologies
- Healthy Active Living Education
- Dramatic Arts
- Instrumental Music
- Visual Arts
- Learning Strategies
- Communications Technology
- Computer Technology
- Technological Design

#### Computer & Information Science

- Computer Engineering Technology
- Communications Technology
- · Technological Design
- Introduction to Business or Information & Communication Technology
- · Discovering the Workplace
- Learning Strategies



#### College and other vocational instructors

• Information Systems Analysts

• Computer Programmers and

Computer Security Experts

Interactive Media Developers

• Web Site Designers & Developers

and Consultants · Database Analysts & Data

Administration

Software Engineers

Computer Engineers

- Economists, Economic **Development Officers**
- Social Policy Researchers
- Educational Administrators
- Judges, Lawyers
- Other Social Science Researchers, Consultants and Program Officers
- Secondary & Elementary School Teachers and Guidance Counsellors
- University Professors

- Aboriginal Outreach Workers
- Community Service Workers
- Day Care Workers
- Drop-in Center Workers
- Elections Office Workers
- Government Couriers/ Messengers
- Law Office Workers
- Nannies or Babysitters
- Real Estate Agents
- Security Guards
- Women's Shelter Workers

- Information & Communication Technology in Business or Introduction to Business
- Healthy Active Living Education
- Exploring Technologies
- Dramatic Arts
- Instrumental Music
- Visual Arts
- Learning Strategies
- Individual and Family Living
- Communications Technology

- Healthy Active Living Education
- Communications Technology
- French/International Languages
- Discovering the Workplace
- Learning Strategies
- Native Studies/Languages



- Airport Managers
- Distribution Managers
- Logistics Managers
- Plant Managers
- Primary Industry Managers (Mining, Fisheries, Forestry, Agriculture)
- Railway Managers
- Transit Managers
- Warehouse Managers

- Cable Television Service & Maintenance Technicians
- Carpet Installers
- Construction Trades, Helpers and Labourers
- Foundry Furnace Workers
- · Industrial Butchers, Meat **Cutters & Poultry Preparers**
- Labourers in Processing and Manufacturing
- Logging & Forestry Labourers
- Mechanical/Electrical Assemblers
- Motor Vehicle & Transit Drivers
- Oil and Gas Drilling Workers

- Exploring Technologies
- Information & Communication Technology in Business or Introduction to Business
- · Healthy Active Living Education
- Dramatic Arts
- · Instrumental Music
- Visual Arts
- Learning Strategies
- Technological Design
- Computer Technology
- Manufacturing Technology
- Transportation Technology

- Technological Design
- Computer Engineering Technology
- Computer & Information Science
- · Introduction to Business or Information & Communication Technology
- Discovering the Workplace
- Communications Technology
- Construction Technology
- Manufacturing Technology
- Transportation Technology





ers



#### **Ontario Secondary School Program Graduation Requirements**

#### **18 Compulsory Credits**

- 4 English
- 3 Math
- **2** Science
- 1 Canadian History1 Canadian Geography
- 1 Arts
- 1 Health & Physical Education

1 French
.5 Civics
.5 Career Studies
plus a Group 1, 2 & 3

(G1, G2, G3) credit

(see page 13

and glossary)

Ontario Literacy Requirement 40 Community Involvement Hours 12 Elective Credits Ontario Secondary School Diploma (OSSD)

4-5 years to complete

### Planning Ahead! Write your course selections on this Ontario Secondary School Program Planner.

| Grade 9                | Grade 10               | Grade 11 | Grade 12 | 5th Year   |
|------------------------|------------------------|----------|----------|--|
| English                | English                | English  | English  |  |
| Math                   | Math                   | Math     |          |  |
| Science                | Science                |          |          |  |
| Geography              | History                |          |          |  |
| Health & Physical Ed.  | Civics/Careers         |          |          |  |
| French                 | Electives (G1, G2, G3) |          |          | Visit myBlueprint.ca/tdsb and create a plan. education planner |
| Arts                   | Electives (G1, G2, G3) |          |          |  |
| Electives (G1, G2, G3) | Electives (G1, G2, G3) |          |          |  |

THE GOAL OF ONTARIO SCHOOLS IN THE 21ST CENTURY is to support high quality learning while giving students opportunities to improve their prospects for success in school and life by:

HELPING students identify their personal interests, strengths, competencies, abilities and accomplishments and connect these to their learning in school, using this knowledge of themselves to inform their choice of programs and learning opportunities; and

PROVIDING a range of learning opportunities, course and programs both in and out of school that meet the needs and interest of students.

- MINISTRY OF EDUCATION, PATHWAYS PILLAR DEFINITION 2010

# **Experiential Learning**Opportunities

### Ontario Youth Apprenticeship Cooperative Education

Combines technology courses opposite with a cooperative education placement lear

 Helps students gain the knowledge, skills and work experience necessary to begin an apprenticeship in their chosen sector

Program (OYAP)

#### **Specialist High Skills Major**

- Allows students to major in high school and get specific training in their chosen sector
- Program includes a bundle of credits, with a focus on the major, experiential learning, certifications, and a pathway to apprenticeship, college, university or work





Cooperative education is a learning opportunity for secondary school students, which extends classroom learning into industry, business and community. It allows students to:

- Experience the workplace
- Make informed decisions about their post-secondary opportunities
- Use up to two coop credits as compulsory credits towards the Ontario Secondary School Diploma

#### **Dual Credit**

- Provides new and varied learning opportunities to students that appeal to their interests, strengths and learning profile
- Upon successful completion of the college-delivered course, students earn both a college and secondary school credit



# Glossary

**Apprenticeship:** in-depth, on-the-job program and training designed to prepare a student to enter a skilled trade and to pass certification in that trade

**Bachelor degree:** a recognition of the field of study completed by a student at university

**Certificate:** a recognition of the field of study completed by a student at college over the period of one year

**Community Involvement Activities:** volunteer work undertaken by a student throughout high school; 40 hours are required to earn an OSSD

**Compulsory:** a secondary school course that must be completed

**Credit:** a system of measuring the value of a secondary school course. E.g., Each course in high school has a value of 1.0 or .5 credits **Elective:** a secondary school course chosen by a student from a set of options

**Group 1, 2 & 3 (G1, G2, G3):** additional compulsory credits required for graduation purposes. A student must take an additional requirement from each group. Each group offers specific choice.

#### **Ontario Literacy**

**Requirement:** the successful completion of the Ontario Literacy Test (typically in Grade 10) or the Ontario Literacy Course (typically in Grade 11 or 12)

OSSD (Ontario Secondary School Diploma): a diploma earned by high school students upon completion of 30 credits, 18 of which are compulsory and 14 of which are elective. Students must also complete the Ontario Literacy requirement and 40 hours of Community Involvement.

**Pathway:** an individual student's plan beyond secondary school

More information is available at www.tdsb.on.ca/BUILDYOURFUTURE

PLUS one credit from each of the following groups:

G1, G2, G3

#### **Group 1 (G1)**

Additional credit in English

- or French as a second language \*
- or a third language
- or Social Sciences and the Humanities
- or Canadian and World Studies
- or Guidance and Career Education
- or Cooperative Education \*

#### **Group 2 (G2)**

**Business Studies credit** 

- or Health and Physical Education
- or the Arts
- or Cooperative Education \*
- or French as a second language \*

#### Group 3 (G3)

Grade 11 or 12 Science credit

- or Technological Education
- or Computer Studies
- or Cooperative Education \*
- or French as a second language \*

#### Plus 12 optional credits.

\* A maximum of two credits in Cooperative Education and two credits in French can count as compulsory credits.

#### CAREER DEVELOPMENT IS INFUSED INTO THE CURRICULUM TO ENSURE THAT THE STUDENTS UNDERSTAND THE IMPORTANCE OF:

Self-assessment – know their strengths, values, likes and dislikes, learning styles, passions

**Exploring and obtaining information about education and training and careers** – be able to research to know what is available to them on their career path

Work, society and the economy – see the connections between individuals and work, knowledge of sectors of the economy and fields of work

**Awareness of opportunities** – this includes volunteer, employment and educational

**Education and career decisions** – be able to use decision-making and problem-solving models

Employability – use in and out of school experiences to learn about their potential and apply essential skills in the classroom





Notes



www.tdsb.on.ca/BUILDYOURFUTURE