

Boomerang Lunch at Bessborough

What is a Boomerang Lunch? A program where students are asked to bring all packaging and food waste back home for proper disposal.

Why Bessborough?

- To see what your child is or isn't eating.
- To reduce the significant amount of waste occurring during our lunch hour (especially during hot lunch).
- To enable students to rinse out recyclable containers and dispose of them properly as this not possible in the lunchroom

Tips and Tricks

We understand that this initiative may take some getting used to but given the that we are committed to teaching students to be stewards of the planet, we truly believe it's importance. Here are some "hacks" to make Boomerang lunch easier and effective.

- Encourage your child to bring home their uneaten food. Although it may be frustrating, you will gain a better understanding of what they are actually consuming and their preferences. :)
- Use reusable containers when you can.
- Buy food in large amounts and separate it into smaller containers for lunch purposes. (Less packaging!)
- Remind your children to store their leftover, uneaten food in an empty container to avoid a messy lunch bag
- Buy snacks in bulk rather than in packages (did you know that bulk stores such as Bulk Barn will allow you to bring in and fill your own containers?)
- Pack a lunch high in veggie and fruit content. Packaging will be avoided and your child will eat better!
- Establish a daily routine when your child(ren) get home from school. Have them immediately sort and dispose of their compost, recycling, and garbage.
- Pack your child reusable cutlery and a cloth napkin for waste reduction

Some reminders:

- Pizza lunch and sub lunch materials will be disposed of at school as responsibly as possible
- Hot lunch containers will be sent home
- Food, paper bags, and all napkins can be composted
- Foil containers, styrofoam, and many types of plastic can be recycled after a through rinse
- Most wrappers, paper lined with plastic or foil, or condiments containers go in the garbage

Again, your cooperation and support of this Bessborough Ecoteam initiative is greatly appreciated. Please reach out to Ms. Meera Jain (meera.jain@tdsb.on.ca) should you have any questions or concerns.

Ms. S. Thurow and Ms. M. Jain