

# Bessborough Elementary and Middle School School Newsletter

October 2, 2017  
Volume 1, Issue 4

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## Upcoming Events October

- ◆ X-Country Meet - Oct. 5
- ◆ P.A. Day - Oct. 6
- ◆ Thanksgiving - Oct. 9
- ◆ Lice Check - Oct. 11
- ◆ Trinket Therapy Dog Visit - Oct. 12
- ◆ X-Country Meet (Gr. 3-8) - Oct. 16
- ◆ Gr. 3 TUSC Trip - Oct. 19
- ◆ Gr. 3 TUSC Trip - Oct. 20

## P.A. Day - Fri. Oct. 6

Please remember that there are no classes for students on this day as it has been designated as a Professional Activity Day for teachers.



## Thanksgiving Holiday - Mon. Oct. 9

We wish all our families a very happy and safe Thanksgiving Holiday. We hope that you have an opportunity to rest and celebrate all that we have to be thankful for. School will be closed this day. Classes resume on Tuesday October 10<sup>th</sup>.



## Terry Fox Run

Our preliminary tally of cash and cheques (not including on-line donations) is nearly **\$4600!!!** Our final tally will be calculated next week.



## Second Kicks

RECYCLING MADE EASY – Second Kicks will be, once again, collecting used soccer uniforms, cleats, balls and equipment to be REUSED in areas of need of equipment. To date, Second Kicks has sent your used soccer equipment to over 30,000 children and adults all over the world, putting smiles on faces in Africa, Nepal and communities in Canada.

A collection box has been set up in the school outside the main office and will be available during October.

To learn more about Second Kicks, please visit our website at [www.secondkicks.ca](http://www.secondkicks.ca).



## Cross-Country Update - Optional Course Walk Through



In preparation for the upcoming race, there will be a course walk-through on Sunday, October 1 at 10:30 am at Earl Bales Park by the main washrooms. Please note that this is a parent driven event and is not an official school event. Maps will be available so that students and parent coaches can walk/run through the respective courses. Parents/caregivers must supervise their children throughout the course walk-through.

### Bessborough Jerseys

If you ordered a personalized Bessborough Sports Jersey, they will be delivered to the school this Tuesday October 3rd, in time for the first X-Country Meet on Thursday October 5th. If you did not order a jersey, the school has extras for race day.

## Lice Squad - Oct. 11



Every year we are fortunate to have the Lice Squad team come to our school to do lice checks twice a year. Wednesday October 11th will be our first check.

If lice is found, the parent of the student will be notified. A letter will also be sent home to the parents of the class just indicating there is a case of lice occurring in class. Lice Squad is a great support for families if needed.

## Grade 7 Vaccinations - Nov. 20



Toronto Public Health will be visiting Bessborough to provide free vaccination against three diseases. The vaccination package was sent home with students on the first week of school. The vaccines available at school clinics are not free at doctor's offices. Protect your child against meningitis and cancer. Please complete the consent form and return it to your child's teacher as soon as possible. A PDF copy of the consent form is attached separately to the weekly and can be downloaded and printed.

## Concussions

Over the next few weeks every student in Bessborough will be receiving a lesson regarding concussions in their phys ed class through their health and physical education teacher. Parents, please download the attached guidelines on concussions and review the information with your child in order to help support a better understanding of concussions, the symptoms and what to do in the event of a head injury

## Parent Speaker Series - DR. Beth McCharles on Developing Resilient Performers

Guiding our children to be their best selves can be hard and challenging at times. Knowing what to say and how to say it can be mentally exhausting. This talk aims to teach and challenge parents to think outside the box of how they are teaching their children to become their best selves.

Please join us for an evening with Dr. Beth McCharles for her discussion on “Developing Resilient Performers” on Tuesday, October 10<sup>th</sup>, 7 pm in the Library. See attached flyer for more details. Babysitting will be provided. This speaker is compliments of the Ministry’s Parents Reaching Out Grant. Please RSVP here [Dr Beth McCharles PRO Grant Speaker](#).

## 2ND ANNUAL MEN WITH AXES NO AXE THROWING EXPERIENCE PREFERRED!!

**Saturday October 14<sup>th</sup>, 630pm - 230am. Amsterdam Brew Pub (Leaside)**

- **BATL AXE** to give a professional lesson, provide lots of practice throwing, and then host the Leaside Axe Master Tournament
- **ADAMSON BBQ** is cooking an amazing beef brisket dinner, included with your ticket.
- **Silent Auction** with over \$25,000 worth of prizes for you to bid on in a live and silent auction.
- A portion of the proceeds from the event will go the **Bessborough H&S Community Giving Program**.

Only \$85 per ticket. Visit [www.menwithaxes.com](http://www.menwithaxes.com) for tickets and info

## Fall Lunch Programs

There is still time to sign up for one of the amazing lunchtime programs being offered this fall but act fast – spaces are quickly filling up! Explore with art, go crazy with Jedi Lego, build your dream home, get Mad with Science or learn chess or knitting. Most programs start the week of October 16<sup>th</sup> so don’t delay. Go to our website and sign up today!

[www.bessboroughhomeandschool.com](http://www.bessboroughhomeandschool.com). Contact Jacqui Dickens ([jacandphil98@hotmail.com](mailto:jacandphil98@hotmail.com)) or Laura Rumble ([laura.rumble10@gmail.com](mailto:laura.rumble10@gmail.com)) with any questions.

## Get Involved and Bring Your Ideas!

As a H&S Member, you are among a community of families that decide how to invest our fundraising dollars in the school. This vote will be at the November 14 General Meeting, but first...we need your ideas. The funds are to go towards one-off items (ie: not operational expenses) and in the past have gone to enhance the kindergarten playground, support the Georgia Walsh Memorial, provide learning tools like technology for next gen learning accommodating all learners, books and reading programs, new instruments, a fun science day, and arts education and performances.

If you would like to submit a proposal for spending, please see the Disbursement Guidelines and request form on the H&S website: [bessboroughhomeandschool.com](http://bessboroughhomeandschool.com) Please note that to be included in this year's Enrichment Budget, forms must be received no later than October 20th. Submit forms to our Chair Robyn Israel ([robyneisrael@gmail.com](mailto:robyneisrael@gmail.com)).

The proposed budget will be distributed in advance of the meeting via this Bulletin. Again - to vote, you must be a member of H&S.

## Lost and Found - Volunteers Needed!

Ever want to be a fashion curator, window dresser, or simply love picking up dirty clothes? We are looking for volunteers to join our Lost & Found committee. The time commitment is minimal. Please contact Leila Baghdadi ([Baghdadi.leila@gmail.com](mailto:Baghdadi.leila@gmail.com))

## Catered Lunch Service

Run out of lunch ideas? Check out our new catered lunch service provided by Rose Reisman, offered on Tuesdays, Wednesdays and Thursdays. Go to [www.kidslunch.ca](http://www.kidslunch.ca). Registration can be done at any time! The school code is BDEMS50

## Sub Lunch Reminder - Monday!!

Our first sub lunch is on Monday, October 2<sup>nd</sup>! Each sub comes with a juice and pack of cookies. If you haven't signed up your child(ren), it's not too late! Contact: [Cabrina.Skillen@hotspex.com](mailto:Cabrina.Skillen@hotspex.com)

## Still looking for some help with Child Minding!

H&S is still looking for babysitters to help care for kids while parents attend the General Meetings. **Our first meeting is Tuesday October 10<sup>th</sup>, 7pm.** We need 2 Grade 7 or 8 students for this meeting. If your child(ren) might be interested in this opportunity, please contact Triina Forbell ([tforbell@hotmail.com](mailto:tforbell@hotmail.com)).

## Appreciation Corner

A HUGE **THANK YOU** goes out to Sue Jamieson and John Shaw, Cabrina and Shane Skillen, and Kellie Smith and Glenn Zujew for opening up their homes and helping to make this year's Street Crawl another great success! And let's not forget all the hard work behind the scenes! Ruchi Thankrar and Lauren Morgan, **THANK YOU** for acting as our Social Series Convenors and for overseeing the organization of the Street Crawl. And a **SHOUT OUT** to Triina Forbell and Jennifer Peel for organizing our Grade 7 Parent Welcome Night - thanks for all your hard work and making this happen! Lastly, a final **thanks** to Janet Embir, Shawna Hogan, Lisa Jones, Lisa Suutari and Cabrina Skillen who buried themselves in all those parent package forms and organized it all in record time! Bring on the sub and pizza lunches!

## How to be in the Know

Visit [www.bessboroughhomeandschool.com](http://www.bessboroughhomeandschool.com) or follow us on Instagram @ BessboroughHS



October 10th - Parent Speaker Series,  
Developing Resilient Learners

October 14<sup>th</sup> - Men With Axes

<https://menwithaxes2017.eventbrite.ca>

October 20th - Enrichment ideas due to  
[robyneisrael@gmail.com](mailto:robyneisrael@gmail.com)

October 26<sup>th</sup> - Kindie Parent Wine and Cheese