WINTER LUNCH PROGRAMS

Monday

Chess (Grade 1-4)

Your child has the exciting opportunity to improve their mental skill with professional chess instructors from our local Chess 'N Math Association. This fun chess course for both beginners and advanced players,
teaches kids to think ahead and calculate, invaluable skills for the classroom. Each fun lesson is followed by a game session. Awards and certificates are given at the end of the term. All equipment is provided.

Dates	**January 14 – March 4**
Cost	$100 +taxes
Registration	https://chess-math.org/bessborough-winter2019

Happy Minds – Yoga and Meditation (Grade 3-8)

Our unique and uplifting program brings girls together to practice meditation, yoga and positive thinking. A "Girls Talk" segment also offers an informal and inclusive space to talk about anything that's on their minds. Mindful meditation is the practice of intentionally connecting the breath to the present moment. Our guided instruction also combines yoga and "happiness exercises" to help girls quiet their minds and boost their sense of optimism. It's all about training our girls to become happy warriors, one breath a time!

Dates	**January 14 – March 4**
Cost	$100 +taxes
Registration	**Send Completed Forms to** breatheleaside@gmail.com **(Payable by cheque or e-transfer)**

Tuesday

Jewellery Making (Grade 1-4)

Cool Kids Jewellery and Accessory course teaches students how to create and design their own unique, homemade jewellery and accessories. They will complete many projects and learn techniques for creating simple to complex pieces of jewellery and accessories including felt rosette, clay pendant, and wool Roving beads. There are a lot of beautiful and valuable creations to take home.

Dates	**January 15 – March 5**
Cost	$130 +taxes
Registration	**Send Completed Forms to** info@bpcartschool.com

	Engineering Workshop (Grade 1-3)
	Let's get tinkering in Engineering Workshop! This STEAM based program encourages curiosity and creative thinking through problem-solving, questions and hands-on experiments that explore art, science and more. Children don't see lines between disciplines; rather, they notice interesting materials and ideas that are worth exploring – and that's exactly what we'll do. This program is all about creative experiments that help children explore the world. Join us in Engineering Workshop this term to explore a world where Science, Technology and Art intersect – we'll tinker with it all!
Dates	**January 22- March 5**
Cost	$120 +taxes
Registration	http://www.exploreitall.ca/bessborough-p-s/

Wednesday

Artibits	**Artibits (Grade 2-4)**
	We are back for another term of artibits fun!! Its time to get creative and try something new. This term we will be delving into the fibre arts world of Shelia Hicks and the ancient art of weaving and making your own beautiful wall hanging to decorate your home. We will get knotty with macrame and try out various print making techniques. The usual amount of paint will be used too so its a real mixed bag of mediums this term. We will learn about Frida Khalo, Yayoi Kusama and Roy Lichtenstein.... to name a few. Spaces are very limited to ensure we deliver a quality program - so get in quick.
Dates	**January 16- Feb 20**
Cost	$115 +taxes
Registration	Please email Jacqui Dickens at jacandphil98@hotmail.com

Thursday

	LEGO Explorers (Grade 1-3)
	Venture around the world and back, dive 20,000 leagues under the sea, and fly to a galaxy far, far away – all with LEGO® Explorers! Each week in LEGO® Explorers, a new adventure will unfold. Students will journey to fascinating new locations, building their way there and back again while learning about the world around them. Travel the world (and beyond!) with LEGO® Explorers!
Dates	**January 24 – March 7**
Cost	$120 +taxes
Registration	http://www.exploreitall.ca/bessborough-p-s/

Hip Hop Dance and iPad music (Grade 1-4)

Students will learn a brief hip-hop dance to share with parents at the last class. They will also work collaboratively in small groups to create one-of-a-kind music-videos, using iPads supplied by In the Mix. Kids get to be Directors, DJs, and Choreographers while producing their own custom HipHop music-videos! Students have full creative freedom yet are guided appropriately to help them progress and spice up their videos and dancing. At the end of the session, students can securely view their videos at the In the Mix website. To learn more about this program visit www.inthemixprogram.com.

Dates	**January 17 – March 7**
Cost	$90 +taxes
Registration	http://www.inthemixprogram.com/booktoronto

Friday

Extraordinary Laboratory (Grade 1-6)

We'll examine the world children interact with through fun and hands-on experiments, discovering the scientific principles behind it all! Your young scientist will be wowed by amazing activities and quality projects every week, exploring topics ranging from chemistry to magnets, taste buds to sound, lightning to rainbows, and so much more!

Topics: Watts-Up, Magnetic Magic, Optical Illusions, Lights...Colour...Action, Chem-Mystery, Sonic Sound, Tantalizing Taste, and Harnessing Heat

Dates	**January 25 - March 8**
Cost	$112 +taxes
Registration	https://register.madscience.org/toronto/afterschool-register.aspx?regItemSessionID=264467

KINDERGARTEN (JK/SK)

Monday

Kindergarten Hands-on animal

Come take a walk on the wild side with our furry, feathered, slithery and slimy animals during our lunchtime program for students in JK and SK! Learn all things animal with our trained presenters and our rescued animals.

Dates	**January 14 – March 4**
Cost	$119.60 +taxes

Registration	https://ppkctoronto.campbrainregistration.com/

Tuesday

Monkeynastix

Using our specialized equipment, lesson plans and positive reinforcement, Monkeynastix works on the long-term physical, cognitive and social development of children in a fun and engaging environment. Parents must email Julie Fleming to reserve a spot. Only 10 spaces available.

Dates	January 15 – March 5
Cost	$125 +taxes
Registration	Email Julie Fleming at juliefleming@rogers.com

Wednesday

Magic Modelling Clay

Children can't get enough of model magic clay. This popular form of clay is soft, squishy, easy to mix colours, and it doesn't stick to hands unlike traditional clay. Clay is one of the most versatile and fun medium for children to unleash their creativity. This course offers children the opportunity to create something they love: farm animals, yummy pretend food, cool cartoon characters, miniature castles, forest scenes and many more.

Dates	January 16– March 6
Cost	$130 +taxes
Registration	Send Completed Forms to info@bpcartschool.com

Thursday

Awesome LEGO Creations

Creativity is contagious- pass it on, with LEGO®! In Amazing LEGO® Creations, we will challenge our creativity as we imagine what we can build, and then bring it to life! Use your imagination to build anything and everything: bridges, cities, castles, trains, airplanes, and so much more! We will work independently and on team builds to develop structures, and to play creative LEGO® games! Create everything you could ever imagine… with LEGO®!

Dates	January 24 – March 7
Cost	$120 +taxes
Registration	http://www.exploreitall.ca/bessborough-p-s/

Friday	
	Discovery Lab This fun, hands-on Kinder Science program sparks imaginative learning! Children will engage in exciting hands-on activities, watch spectacular demonstrations, participate in inquiry-based discussions and create incredible take homes. **Weekly Topics:** Adventures in Air, Colour Lab, Eye to Eye, Keep in Touch, Butterflies, Mad Mixtures, Magnetic Attraction, and Space Frontiers
Dates	**January 18 - March 8**
Cost	$112+taxes
Registration	https://register.madscience.org/toronto/afterschool-register.aspx?regItemSessionID=264463