

Bessborough Elementary and Middle School Newsletter

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416.467.0389

Upcoming Events: April

- ◆ Sub Lunch - April 1st
- ◆ Trustee Chernos Lin's Community Coffee Meeting - April 1st
- ◆ Intermediate Track & Field Day - April 16th
- ◆ Junior Track & Field Day - April 18th
- ◆ RAIN DATE for Track & Field - April 23rd
- ◆ Dental Screening - April 24th

Traffic Safety Reminders

Now that we are enjoying milder temperatures it is wonderful to see more families walking to and from school. Walking not only helps to alleviate congestion around the school, it is a healthy and eco-friendly choice.

We have had reports from parents and the Crossing Guard about distracted drivers in our community. We encourage all drivers to please be aware that pedestrians, including Kindergarten aged children are walking to school as early as 7:30 a.m.

Please focus on your driving and avoid cell phone use.

We appreciate your efforts to teach children the rules of the road. Here are some common road safety rules to review:

- Teach children to respect the role of the crossing guard and to understand the crossing guard's signals.
- Teach children to recognize pedestrian crossing signals but not rely on them. Before crossing, children should also be sure the traffic has stopped. Remind them to continue across if the light changes to "Don't Walk" while they are in the crosswalk.
- Teach children how to cross the street safely. Teach them to stop (before stepping onto the road), look left, right and left again, and listen for traffic before stepping into the street.
- Teach children to wait until the street is clear and to keep looking until they have crossed the street. They should also look the driver in the eye before crossing.
- Teach children about the dangers of crossing the street between parked cars or when not at a corner. Children should cross only at corners and pedestrian crosswalks, not diagonally or between parked cars.

Cell Phone Use - Grade 7 & Grade 8 Students

We will be reviewing expectations around cell phones and social media with Grade 7 and Grade 8 students on Monday at a school assembly. Students will not be allowed to have phones outside, in the library, in the hallways during recess, or in the washrooms at any time. If teachers see their phones or earbuds at recess, they will be confiscated and students will have to pick them up from the office at the end of the day.



Upcoming Track & Field Dates

April 16th (Day 4) – Intermediate Track and Field Day

April 18th (Day 1) – Junior Track and Field Day

April 23rd (Day 2) – Rain Date for Junior/Intermediate Track & Field

May 7th ~ Grade 6 Parents, Please Save the Date

Bessborough will be hosting a Parent Session to share information about the Grade 6 to Grade 7 transition on Tuesday May 7th from **6:00 to 7:00 p.m. in the Library**. Parents from Bessborough, Rolph Road and Bennington are invited to attend.

SPIRIT WEEK brought to you by Bessborough Athletic Council (BAC)

Hey Bessborough it's the Athletic Council. Next week we will be having a Spirit Week!

Monday April 1st is Meme/Vine day

Tuesday April 2nd is Disney/Movie Dress Up Day

Wednesday April 3rd is Wacky Hair Day

Thursday April 4th is Beach Day

Friday is Hockey Jersey Day in honor of the Humboldt Broncos 1 year anniversary.

This week the **Eco Team** discovered how easy it is to make nut-free, plastic-free snacks! They made and taste-tasted a trail-mix in which all of the ingredients were purchased at Bulk Barn using glass containers!

Interested in making it yourself? Here is the recipe!

1/2 cup of granola

1/4 cup dried fruit (raisins, craisins, etc.)

1/4 cup roasted, unsalted sunflower seeds

1/4 cup roasted, unsalted pumpkin seeds

1/4 cup mini chocolate chips, or mini m and m's

1/4 cup chopped unsalted pretzels

1/2 tsp cinnamon

1/8 tsp salt

Give it a shot and let us know what you think at meera.jain@tdsb.on.ca. **The Eco Team**

Crossing Flags Intended Use

Hopefully, everyone has had a chance to try out our new crosswalk flags. They do an excellent job at alerting drivers that we are planning to cross a street.

Of course, they are exciting and new... and kids will be kids. Please take a moment to review proper use of the crosswalk flags with your kids.



- 1 Take Flag**
- 2 Look Both Ways**
- 3 Maintain Eye Contact With Driver**
- 4 Cross Street**
- 5 Place Flag on Other Side**

Be AWARE and Make Others AWARE

Spring is HERE...and Lunch Programs start soon!

Our lunch programming committee has been working hard to arrange for more amazing programs for the spring. *Happy Minds - Yoga and Meditation* is back, *Hip Hop iPad Music*, and calling all aspiring *On Broadway* stars to register, and many more activities!!! Sign up as soon as possible if interested as *low registration programs will not be able to run, and popular programs may become full. Head over to the Home and School website for information and registration forms:

<https://www.bessboroughhomeandschool.com/spring-programs>



Screening of Screenagers Documentary: Please Vote

Members of our H&S community are encouraged to click on the link below to vote to approve (or not) the spending of H&S funds (cost for our association would be \$700) which would come out of our Enrichment Budget.



- Please click on this link to vote: [Screenagers Event Vote](#)

The Bessborough Home and School would like to offer a screening of the documentary **Screenagers** in the library on Tuesday April 23rd, 2019 at 7:00 p.m.

Are you watching kids scroll through life with their rapid-fire thumbs and a six-second attention span? Physician and filmmaker, Delaney Ruston saw that with her own kids and learned that the average kid spends 6.5 hours a day looking at screens. She wondered about the impact of all this time and about the friction occurring in homes and schools around negotiating screen time—friction she knew all too well..... SCREENAGERS reveals how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world and find balance. impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world and find balance.



Save the Date ~ Mayfair is on Saturday June 1st



Mayfair is on Saturday June 1st

Save the date - **Saturday June 1st from 11 am – 3 pm** for a fun-filled family day at school.



Now, this big event can't run without your help! We need volunteers to join our Mayfair committee.

If you are interested please contact: Cabrina Skillen (Cabrina.Skillen@hotspex.com) or Lauren Morgan (lauren_swinburne@hotmail.com)

Silent Auction Items Needed:

- Event Tickets
- Memorabilia
- Gift Baskets
- Cool Experiences

Please contact Christine Davis at brent.christine.davis@gmail.com if you have donations.



**Many Thanks to the Returning Sponsors and New Sponsors
for generously supporting the 2019
Bessborough Elementary & Middle School Mayfair Event!**

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Monday April 1st – Sub Lunch
Saturday June 1st – MAYFAIR!