



BIRCHMOUNT

Weekly Update

Use this bitly to access the school website bit.ly/BPCIWeb

Friday, April 23, 2021

Next Week@ Birchmount Park Collegiate Institute

Monday April 26	Tuesday April 27	Wednesday April 28	Thursday April 29	Friday April 30
Day 2	Day 3	Day 4 Nominations for Valedictorian due Financial Literacy workshop for students	Day 1	Day 2

Important Dates: [Click here for TDSB important dates in Secondary School](#)

From the Desk of the Principal

anton.skerritt@tdsb.on.ca

2021 Summer School is coming to Birchmount Park



There will be 4 different options for Summer school this year. [This chart explains the differences between each option.](#)
 Birchmount will offer both remote and hybrid options in many subject areas.
 More information and registration can be found at www.creditprograms.ca



Interested in taking an online course this summer?
Contact your Guidance Counsellor

e-SUMMER REGISTRATION IS OPEN APRIL 19!

Sign-up instructions are available here:
<https://schoolweb.tdsb.on.ca/elearning/e-Summer-School>

IMPORTANT DATES:

July Session: July 5 - July 29, registration closes June 11
August Session: Aug. 3 - Aug. 27, registration closes July 8
Registration for Grade 9 Reach Ahead Credit will open in Mid-May

Questions? Check out our website or email us:
elearning@tdsb.on.ca



Quad 4 Schedule

Time	Day 1	Day 2	Day 3	Day 4
8:45 a.m. – 10:00 a.m.	<u>Course 1</u> Synchronous	<u>Course 1</u> Synchronous	<u>Course 2</u> Synchronous	<u>Course 2</u> Synchronous
10 a.m. – 10:30 a.m.	<u>Course 1</u> Asynchronous/ Independent Learning	<u>Course 1</u> Asynchronous/ Independent Learning	<u>Course 2</u> Asynchronous/ Independent Learning	<u>Course 2</u> Asynchronous/ Independent Learning
10:30 a.m. – 11:45 a.m.	<u>Course 1</u> Synchronous	<u>Course 1</u> Synchronous	<u>Course 2</u> Synchronous	<u>Course 2</u> Synchronous
11:45 a.m. – 12:30 p.m.	<u>Course 1</u> Asynchronous/ Independent Learning	<u>Course 1</u> Asynchronous/ Independent Learning	<u>Course 2</u> Asynchronous/ Independent Learning	<u>Course 2</u> Asynchronous/ Independent Learning
12:30 p.m. – 1:10 p.m.	Lunch			
1:10 p.m. – 2:00 p.m.	APA/PMA			
2:00 p.m. – 3:15 p.m.	<u>Course 2</u> Synchronous	<u>Course 2</u> Synchronous	<u>Course 1</u> Synchronous	<u>Course 1</u> Synchronous

Note: The Period 1 class will continue to run from 8:45 a.m. to 12:30 p.m., and will include 150 minutes of synchronous/online learning and 75 minutes of asynchronous/independent work. Teachers will begin with synchronous online learning at 8:45 a.m. The scheduled asynchronous times in the timetable above are an example of how the asynchronous times can be scheduled. Teachers will use professional judgement to determine how to schedule synchronous and asynchronous times. For clarity, both cohorts will attend during all synchronous periods.

Principal Council presents...

Student Council Call for Applications

The Principals Council has started organizing a Student Council election coming up in early April. We would love for you to show your Panther Pride and apply to be part of our community of student leaders. This is a great opportunity to get more involved in student engagement and have your voice heard on the topics that matter most to you.

The dates to look out for are:

- April 1st - Applications Released
- April 7th - Applications Due
- April 8th-30th - Interview Applicants
- April 30th - Applicants Chosen for Election
- May 1st-13th - Candidates Campaign
- May 13th-14th - Vote and Selection

We look forward to hearing what you have to share and working with you to make a stronger, unified Birchmount community.



[The Mindset of a Winner video](#)

Summer school Update

The E-reg system has been experiencing technical difficulties all week. We know this is frustrating for all students and parents. The last update indicated that they hope to have this issue resolved by early next week.



Check out more of our wellness videos.

Reminder: Every video submitted will earn community service hours.

<https://youtu.be/axrezK347GQ>

<https://youtu.be/FScbb7MX8j4>

<https://youtu.be/6fJhpLu6BCU>



It is that time of year again where the grade 12 class will vote to see who will give the 2021 Valedictorian address

The outline of dates will be as follows:

Nominations are due: April 28

Successful candidate will be notified on: April 30

Speeches will be held on: May 11

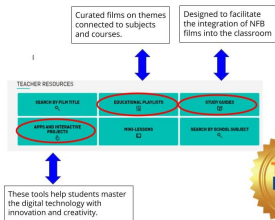
[Please click here to access the survey](#)

BPCI Library Featured Virtual Resources

NFB

National Film Board

Easy Connections to subjects and courses



TEEN HEALTH AND WELLNESS

This database not only has articles and information on health and wellness, but it also has supports students with their mental health.

Visit the Calm Room
Videos, sounds, and resources to help you relax and refocus.

Apps, Websites, and Podcasts

Access to help with an:

Calm, HeadSpace, Rainy mood

Mindfulness and Meditation

Ted talks, breathing exercises, guided meditations & gratitude activities

Visual Relaxation

Native videos to calm the brain & the body

Calm, HeadSpace, Rainy mood

Sounds and Music

Calming sounds to support de-stressing and better sleep.

Get Support Hotlines

Direct links to mental health and crisis intervention supports



DESTINY DISCOVER

Ebooks and audiobooks



TEEN BOOK CLOUD

Ebooks and audiobooks



PEBBLE GO NEXT

Science resources



Find Passwords and info on the [Virtual Library](#)

PASSWORDS & info



School Council Co-Chair Message

Candice.rees@tdsb.on.ca or Carol.warner@tdsb.on.ca

Have a great Quad 4 Everyone!!!



[Click here for Birchmount Park School Council Facebook Link](#)

Another great session in our BEAP Nutrition Lecture series by Kyle Byron called "Carbs. Don't be Afraid. The Truth is Out There." was very informative and well attended. Don't miss out on the next one!

Health Mini-Series Shahmeen Sadiq

Mon, Apr. 26th at 7:00 pm

Zoom Link: <https://tdsb-ca.zoom.us/j/91727785287?pwd=NOJ3YUsxS0ZtS1cwRIExL2d2cEwwUT09>

Shahmeen Sadiq has been a Leadership Consultant and Executive Coach for over 16 years. When the pandemic and related shut-downs began in March 2020, she began to offer a short daily gathering on Zoom every morning to help people get grounded, focused and connected so they could manage well through what has turned out to be quite a disruptive time. Today, she has led the Power Pause for more than 319 days (and counting). Come and experience how helpful it can be to quiet your mind and tune inwards as Shahmeen leads us through a special Power Pause just for our community of students, parents and teachers. The format will be a 15 min presentation/experience, followed by a 15 min question period.

Special Education/DD

Identification Placement Review Committee (IPRC)

IPRC meetings will continue during the lockdown. We will be contacting students and parents/guardians with details about the process and meeting dates. Watch your Inbox!

The information will be emailed to parents and students. Please take a few moments to respond to the email as soon as possible. Your participation in the IPRC process is important, and your input is always appreciated.

Note: if we don't have your email address, then email us.

Resource Program

The Virtual Resource will continue to support students during the lockdown.

Click the link [Virtual Resource Room](#) and use access code: **2yyda47** to join our Google Classroom. Students can access VRR daily from:

- 8:45 AM - 12:30 PM
- 2:00 PM - 3:15 PM

Students are also encouraged to email us directly if they are unable to access VRR.

DD Program

The students in the DD program are learning remotely. The DD Team will continue to provide instruction and support by email, Google Classroom and phone calls. Parents are encouraged to connect with their child's teacher if they need additional information or support. IPRC meetings for some of the students in the DD program have been scheduled for April 28, and parents have been invited to participate in the meeting.

Student Success and Gifted

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We would like to thank Ms. Hassell for all of her hard work and the time that she committed to our Quad 3 Credit Recovery class and its students. Thank you very much Ms. Hassell! You were a true inspiration, always working to connect with students and encouraging them to get their work done. We are certain that your care and positivity have translated into new and positive relationships with many of our students at B.P.C.I.

We would like to officially welcome Ms. Dye to the world of Student Success. Ms. Dye is our Quad 4 Credit Recovery teacher. She has started off the Quad with a lot of energy, feeding her desire to support our students to be as successful. Ms. Dye stated yesterday "I want to see all of our students in the Credit Recovery class get all of their credits". We will be working closely with the students as well as their family members in order to guarantee academic success.

As we embark on the final Quad of this school year, Mr. P would like to invite anyone who feels the need for support to reach out to him. Please do not hesitate. We can meet virtually or have a conversation on the telephone. Be well and have an amazing Quad 4!

Teacher Quote of the Week

It's not the people that you can see watching you , it's the people that you can't see watching you. That's why the way you conduct yourself is important!

Dalton Grant (European High Jump Champion)