

# Birchmount Park Collegiate Institute

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Hello Families and Friends of Birchmount Park:

Happy Friday! 😊

## PLEASE FIND BELOW SOME INFORMATION OF INTEREST:

## **Important Information/Reminders**

## **Student Drop off and Pick Up**

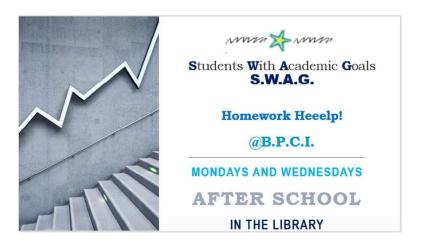
We have noticed more parents using the East Parking Lot for Student Drop Off and Pick Up Thank You! For parents who may have missed this announcement in the last newsletter, please see below.

- Out of concern for student safety, we are asking all parents and guardians to enter the school from our entrance nearest Variety Village and drop off and pick up students at our East Parking Lot Entrance/Exit. This will minimize the number of students walking in the driveway at the front of the school where our busses travel to drop off and pickup students.
- Report Card distribution will be completed electronically on Friday November 19<sup>th</sup>, 2021.
- Friday November 19<sup>th</sup> is a PA Day! Classes will not be held for students, as Staff will be engaging in professional learning.

# Student Success Information from Mr. Pargassingh

## Students with Academic Goals (S.W.A.G.)

On Mondays and Wednesdays after school we have an after-school homework "HEEELP" and tutoring program in the library. This is a perfect opportunity for your child to get some extra academic support.



# AUTISM PARENT SUPPORT GROUP

## Join Strides Toronto's Drop-In Autism Parent Support Groups

Parents of children with autism experience unique challenges and stressors. These drop-in groups are a safe space for parents of children 0-12 to meet and discuss topics related to their experiences. Each month, topics are discussed in a forum where families can help support one another and share their opinions and experiences. Sessions are co-led by a parent volunteer, and a Strides staff.



## **GROUP DATES & TIMES**

Starting from November 2021 - April 2022

#### **DATES & TIMES**

- November 18 12:00 1:30 pm
- December 17 12:00 1:30 pm
- January 20 12:00 1:30 pm
- February 17 12:00 1:30 pm
- March 24 12:00 1:30 pm
- April 21 12:00 1:30 pm

## **TOPICS INCLUDED**

- 1. Circle of Support
- 2. Building Independence
- 3. Judgement from Others
- 4. Advocacy in

Schools/Healthcare

- 5. Parental Self-Care
- 6. Moving Forward

## REGISTRATION:

Drop-in sessions, no registration required

### WHERE:

All sessions are by video or phone through our secure ZOOM platform

#### CLICK LINK TO JOIN

https://stridestoronto.zoom.us/j/94091351457? pwd=bFVvTFpUVE5kczlvQVJQWm1FczNYUT09

#### COST:

No charge

## DISCLAIMER:

By registering for this program, you are giving consent to receive virtual care services through Strides Toronto. Virtual care services my include phone calls, mediator training, and or direct client service.







- · Please bring a form of photo ID, and your health card if you have one
- For 2nd doses, please bring 1st dose vaccination receipt (download at https://covid19.ontariohealth.ca/)
- For help getting to vaccine clinics in Scarborough, please call Scarborough Ride at 416-736-9372

