



Use this bitly to access the school website [bit.ly/BPCIWeb](https://bit.ly/BPCIWeb)

Friday, Feb. 12, 2021

### Next Week@ Birchmount Park Collegiate Institute

Monday Feb. 15	Tuesday Feb. 16	Wednesday Feb. 17	Thursday Feb. 18	Friday Feb. 19
Family Day Holiday	Day 1 2:00 pm My Blueprint	Day 2	Day 3	Day 4

**Important Dates:** [Click here for TDSB important dates in Secondary School](#)

## From the Desk of the Principal

[anton.skerritt@tdsb.on.ca](mailto:anton.skerritt@tdsb.on.ca)

**Return to Face to Face lessons. Back to the building Tuesday Feb. 16th. Be safe!**

### Changes to School Screening: Message from Toronto Public Health

Friday, February 12, 2021

Categories: [Happenings @ TDSB](#)

Dear Parents/Guardians,

Further to [Toronto Public Health's message earlier this week](#), they have provided an additional message below with clarification on the changes to the new school screening tool, effective on Tuesday, February 16.

Students are required to confirm their screening daily before entering school either with the

[TDSB Health Pass](#) or the [TDSB Health Screening App](#).

For more information on the important health and safety practices we must all continue to do to help slow the spread of COVID-19, please visit our [website](#).



## SAVE THE DATE: March Break is now in April

We wanted to provide you with an important update with regard to the timing of March Break. The Minister of Education announced that March Break — originally scheduled for March 15 to 19, 2021 — has now been delayed by approximately a month in hopes of reducing community transmission of COVID-19. On the advice of public health officials, the break is now scheduled for April 12 – 16, 2021.

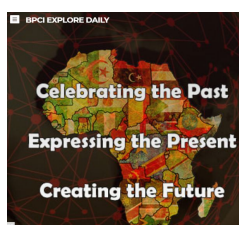
**Asynchronous attendance** -- This is a reminder that teachers will be taking attendance for asynchronous learning each day. Students should discuss the process for indicating they are present in their asynchronous classes with their specific teachers.

**See important course selection information below in the guidance section**

## February is African History Month

### [Birchmount Park CI African Heritage Month Website](#)

Click here for the website to learn about planned activities this month.



### [Click here for African History Month Canadian History Periodic Table](#)



**From your School Council Team**

**Signs to look for in Children experiencing stress:**

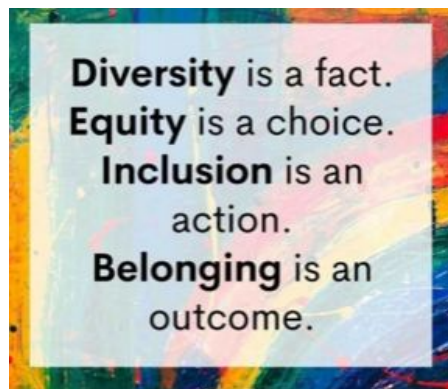
**'Look fors' may indicate MH concern for Teens**

✓ Outburst anger or distress	✓ Withdrawal from family/friends
✓ Frequent irritability	✓ Ongoing negative remarks about self
✓ Excessive worries and fears about the safety of family, friends and self	✓ Interest in activities from younger years
✓ Increased defiance and opposition	✓ Declined grades, low motivation and sleeping
✓ School refusal	✓ Changes in eating, sleeping;
✓ Substance use/abuse	✓ Frequent talking about death, dying; giving possessions away; self harm

Resource link : <https://smho-smso.ca/covid-19/educators/>



[Click here for Birchmount Park School Council Facebook Link](#)



# COURSE SELECTIONS

Course selections for next year are due soon. Please check out our website for instructions and advice on how to complete your submissions.



The Peer Tutoring program will begin early next semester.

If you are in Grade 9 or 10 and would like to be paired with a senior student as a mentor please email your guidance counsellor today.



*Don't forget to check out....BPCI Panther Wellness Videos!*

In an effort to connect with each other the Birchmount Peer Leaders are excited to share the first set of Panther Wellness Videos. These are short videos intended to share what they are doing to cope during this pandemic. You can also share your families videos with us #BPCI Panther Wellness and earn volunteer hours for each video you submit




Here are a few to check out...more to come

[https://youtu.be/OvtDK\\_ugbME](https://youtu.be/OvtDK_ugbME)

<https://youtu.be/6mlBYc4S-Sk>

<https://youtu.be/zBN5Ezs4924>

BPCI Library and Learning Commons continues to support staff and students as we enter Quad 3. Join the Library Google classroom and visit the website to learn more!

White Pine Book Club	Literacy Resources	Chinese Heritage Month
 <p><a href="#">White Pine Info</a></p>	 <p><a href="#">BPCI Library Learning Commons website</a></p>	 <p><a href="#">CHM Resources</a></p>

## Special Education/DD

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### Resource Program

The week of February 8, 2021 is the first week for Quadmester 3. Use our Virtual Resource Room for academic support.

The hours to the Virtual Resource Room have been changed to provide support to students during asynchronous/independent learning periods. Click the link [Virtual Resource Room](#) and use access code: **2yyda47** to join the Google Classroom.

Students can access VRR daily from:

- 10:00 AM - 12:30 PM
- 1:30 PM - 3:00 PM



Students are also encouraged to email the Resource Room Team directly if they are unable to access VRR.

### DD Program

Students in the DD program will continue to learn from home until February 12. The DD Team will continue to connect with the students and their families to provide instruction and support by email, Google Classroom and phone calls. Parents are encouraged to connect with their child's teacher if they need additional information or support.

Special Education Experiential Learning (SPEEL) for students in the DD program is back. The program is offered to students in grade 11 and up and will be online until further notice.

We are happy to welcome back nutritionist Kyle Byron next Thur, Feb. 18th at 7:00 pm for February's nutrition zoom lecture. This month's lecture is entitled, "Protein 101. How Much to Eat, and How to Get That Done". Parents and students are welcome to tune-in. Be sure to watch your e-mail for the zoom link.

## Student Success and Gifted

[andrien.pargassingh@tdsb.on.ca](mailto:andrien.pargassingh@tdsb.on.ca)

Hello.

I hope that all of our students got off to an amazing start to their quad 3.

I just wanted to share that we are currently recruiting students for our Q3 Credit Recovery class. Our amazing teacher, Ms Hassel shared with me that she is ready to support all of our students in the class as they attempt to recover all courses - science, math, french, civics, and careers, she is not going to let the course become a barrier between her students and their success!

Some of the gifted students participated in our third virtual Sixers Mixer. We are in the process of talking about the creation of a Careers Fair for our students. I will have more information on this event in upcoming weeks.

Are you interested in receiving \$10,000.00 towards your education in journalism, communications, media, or tech in Canada? If you are a Canadian woman or non-binary student between the ages of 17 and 30 this may be a great opportunity. For more information and to apply use the link: <http://bit.ly/mediagirlfriends>  
The deadline to apply for this scholarship is April 30, 2021.

## Teacher Quote of the Week

**"You must never be fearful of what you are doing when it is right"**

**Sister Rosa Parks**