

Morning Meal - December 2021

Monday Nov 29	Tuesday Nov 30	Wednesday Dec 1	Thursday Dec 2	Friday Dec 3
MadeGood Granola Yogurt Tube Clementine**	Melba Toast Mozzarella Cheese Baby Carrots	Bread stick Yogurt cup Cucumbers	Crackers Cheese string Banana	SFTE Apple Cinnamon Bar Milk* Apple
Monday Dec 6	Tuesday Dec 7	Wednesday Dec 8	Thursday Dec 9	Friday Dec 10
Breton Veggie Cracker Drinkable Yogurt Applesauce	Goldfish crackers Cheese string Cucumber	SFTE Baked goods (cookie) Yogurt Tube Baby Carrots	MadeGood granola Mozzarella Cheese Banana	Melba Toast Yogurt Cup Clementine
Monday Dec 13	Tuesday Dec 14	Wednesday Dec 15	Thursday Dec 16	Friday Dec 17
Crackers Cheese strings Clementine	Breton veggie crackers Yogurt Cup Apple	MadeGood granola Mozzarella Cheese Clementine	SFTE Baked good (muffin) Drinkable yogurt Banana	Bread sticks Yogurt Tube Applesauce
Monday Dec 20	Tuesday Dec 21	Wednesday Dec 22	Thursday Dec 23	Friday Dec 24
Winter Break No School	Winter Break No School	Winter Break No School	Winter Break No School	Winter Break No School

*Milk served is always 2% white milk

**Fruits/vegetables subject to change due to supply

***WW= whole wheat

More info on MadeGood products can be found here: <https://www.madegoodfoods.ca>

More info on Sweets from the Earth (SFTE) can be found here: <https://sweetsfromtheearth.com/schools-and-camps/>