

Morning Meal - February 2022

Monday Jan31	Tuesday Feb 1	Wednesday Feb 2	Thursday Feb 3	Friday Feb 4
Breton Veggie Crackers Yogurt Tube Apple**	Melba toast Cheese string Clementine	Bread Stick Yogurt Cup Cucumbers	Crackers Mozzarella Cheese Banana	SFTE Cookie Milk* Pear
Monday Feb7	Tuesday Feb 8	Wednesday Feb 9	Thursday Feb 10	Friday Feb 11
Melba Toast Cheese String Apple sauce	MadeGood Granola Yogurt Tube Pear	Breton crackers Mozzarella Cheese Baby carrots	Crackers Yogurt Cup Banana	Bread Stick Milk Clementine
Monday Feb 14	Tuesday Feb 15	Wednesday Feb 16	Thursday Feb 17	Friday Feb 18
Bread stick Drinkable yogurt Clementine	Breton veggie crackers Cheese stick Apple	MadeGood Granola Bar Yogurt Tube Banana	Crackers Mozzarella cheese Cucumbers	P.A. DAY No school
Monday Feb 21	Tuesday Feb 22	Wednesday Feb 23	Thursday Feb 24	Friday Feb 25
Family Day No school	Breton crackers Yogurt tube Clementine	MadeGood Granola Mozzarella Cheese Cucumbers	Melba toast Yogurt cup Pear	SFTE WW*** Bagel Milk Apple

*Milk served is always 2% white milk

**Fruits/vegetables subject to change due to supply

***WW= whole wheat

More info on MadeGood products can be found here: <https://www.madegoodfoods.ca>

More info on Sweets from the Earth (SFTE) can be found here: <https://sweetsfromtheearth.com/schools-and-camps/>