

## Morning Meal – February 2023

Monday Feb 5	Tuesday Feb 6	Wednesday Feb 7	Thursday Feb 8	Friday Feb 9
Melba toast Babybel Cheese Applesauce	Breton WW*** crackers Yogurt cup Cherry Tomatoes**	WW Pita Hummus Cucumbers	WW Crackers Yogurt tube Clementines	Baked Good 2% Milk* Banana
Monday Feb 12	Tuesday Feb 13	Wednesday Feb 14	Thursday Feb 15	Friday Feb 16
MadeGood granola Cheese Stick Applesauce	Melba Toast BabyBel Cheese Cherry Tomatoes	WW Pita Hummus Cucumbers	WW Crackers Yogurt Tube Banana	<b>P. A Day</b>
Monday Feb 19	Tuesday Feb 20	Wednesday Feb 21	Thursday Feb 22	Friday Feb 23
<b>Family Day</b>	Breton WW Crackers Babybel Cheese Apple Sauce	Melba toast Yogurt Tube Cucumbers	WW Crackers Babybel Cheese Banana	Triscuit crackers Yogurt cup Clementine
Monday Feb 26	Tuesday Feb 27	Wednesday Feb 28	Thursday Feb 29	Friday March 1
Melba Toast Cheese String Applesauce	Breton WW Cracker Boiled Egg Grapes	Triscuit crackers Marble cheese Clementine	Breton WW Crackers Yogurt Tube Grapes	Baked Good Milk Banana

\*Milk served is always 2% white milk

\*\*Fruits/vegetables subject to change due to supply

\*\*\*WW= whole wheat

More info on MadeGood products can be found here: <https://www.madegoodfoods.ca>

More info on Sweets from the Earth (SFTE) can be found here: <https://sweetsfromtheearth.com/schools-and-camps/>