

Morning Meal – January 2022

Monday Jan 17	Tuesday Jan 18	Wednesday Jan 19	Thursday Jan 20	Friday Jan 21
Bread sticks Cream Cheese Applesauce	MadeGood Granola Yogurt Tube Pear	Breton Veggie cracker Cheese Stick Clementine	Melba toast Yogurt Cup Banana	SFTE WW bagel Mozzarella Cheese Apple
Monday Jan 24	Tuesday Jan 25	Wednesday Jan 26	Thursday Jan 27	Friday Jan 28
Crackers Mozzarella cheese Apple	Bread Stick Milk Pear	Goldfish crackers Yogurt cups Baby carrots	Melba toast Cheese stick Banana	MadeGood Granola Yogurt tube Clementine

*Milk served is always 2% white milk

**Fruits/vegetables subject to change due to supply

***WW = whole wheat

More info on MadeGood products can be found here: <https://www.madegoodfoods.ca>

More info on Sweets from the Earth (SFTE) can be found here: <https://sweetsfromtheearth.com/schools-and-camps/>