

Morning Meal –January 2024

Monday Jan 8	Tuesday Jan 9	Wednesday Jan 10	Thursday Jan 11	Friday Jan 12
Bread stick Cheese stick Applesauce	MadeGood Granola Yogurt Tube Clementine**	Melba Toast BabyBel Cheese Celery	Triscuit WW*** Crackers Marble Cheese Banana	SFTE Baked Good Drinkable Yogurt Baby Carrots
Monday Jan15	Tuesday Jan 16	Wednesday Jan 17	Thursday Jan 18	Friday Jan 19
Melba Toast Yogurt Tube Applesauce	WW Crackers Marble Cheese Baby Carrots	Bread Sticks Yogurt Cup Banana	Breton Veggie Crackers BabyBel Cheese Celery	P.A Day
Monday Jan 22	Tuesday Jan 23	Wednesday Jan 24	Thursday Jan 25	Friday Jan 26
MadeGood Granola Cheese Stick Applesauce	Triscuit WW Crackers Boiled Egg Clementine	Melba Toast Marble Cheese Cucumbers	BreadSticks Yogurt Cup Banana	SFTE Baked Good Drinkable Yogurt Grapes
Monday Jan 29	Tuesday Jan 30	Wednesday Jan 31	Thursday Feb 1	Friday Feb 2
WW Crackers BabyBel Cheese Applesauce	MadeGood Granola BabyBel Cheese Cherry Tomatoes	Bread Sticks Yogurt Tubes Grapes	Breton Crackers Boiled Egg Banana	Melba Toast Yogurt Cups Clementines

*Milk served is always 2% white milk

**Fruits/vegetables subject to change due to supply

***WW= whole wheat

More info on MadeGood products can be found here: <https://www.madegoodfoods.ca>

More info on Sweets from the Earth (SFTE) can be found here: <https://sweetsfromtheearth.com/schools-and-camps/>