## Morning Meal – June 2018\*

Monday June 4	Tuesday June 5	Wednesday June 6	Thursday June 7	Friday June 8
Pita	Nut-free low-fat Cereal	Crackers	1 slice baked good(cookies)	
Hummous	Vanilla Yogourt	Marble & Mozzarella Cheese	2% White Milk	PA Day
Tomatoes & Carrots	Pear	Peppers & Cucumbers	Melon	No School
	Rooms 100/102 to Pape Library	Room 204 to Gardiner Museum	Rooms 100/102 to Kew Beach	
Monday June 11	Tuesday June 12	Wednesday June 13	Thursday June 14	Friday June 15
Bread/Crackers		Nut-free low-fat Cereal	Pita	Bun/Bagel/crackers
Marble & Mozzarella Cheese	Veggie Samosas	Strawberry Yogourt	Hummous	Yogourt Tubes
Cucumbers & Carrots	2% White Milk	Apples	Peppers & Tomatoes	Melon
				Room 106/107 to Harbourfront
Monday June 18	Tuesday June 19	Wednesday June 20	Thursday June 21	Friday June 22
Pita	Nut-free low-fat Cereal	English Muffin/Bagel	1 slice baked good(cookies	Crackers
Hummous	Vanilla Yogourt	Cream Cheese	2% White Milk	Marble & Mozzarella Cheese
Tomatoes & Yellow Peppers	Orange Slices	Cauliflower & Broccoli & dip	Strawberries	Carrots & Cucumbers
	Room 204 to Aga Khan Museum			Rooms 106/107 to Pape Library
Monday June 25	Tuesday June 26	Wednesday June 27	Thursday June 28	
Nut-free low-fat Cereal		Crackers/buns/bread	Crackers	
Strawberry Yogourt	Spinach & Cheese Samosas	Yogourt Tubes	Marble & Mozzarella Cheese	Have a great Summer Break!
Apple	2% White Milk	Melon	Carrots & Cucumbers	See you in September!

\*Fruits/vegetables subject to change due to supply \*\*all grain products served meet a minimum of 2 stars (out of 3) of the Guiding Stars program. For more information see <u>http://guidingstars.ca/</u>