

## Morning Meal – June 2023

|  |  |  |   |  |
|--|--|--|---|--|
| <b>Monday June 5</b>                       | <b>Tuesday June 6</b>                                | <b>Wednesday June 7</b>                  | <b>Thursday June 8</b>                        | <b>Friday June 9</b>                                 |
| BreadStick<br>Cheese Stick<br>Clementine   | Breton cracker/pretzel<br>BabyBel<br>Cherry Tomatoes | Granola<br>Yogurt Cup<br>Apple           | Crackers<br>Mozzarella Cheese<br>Cucumber     | SFTE WW Baked Good<br>Milk<br>Apple/pears            |
| <b>Monday June 12</b>                      | <b>Tuesday June 13</b>                               | <b>Wednesday June 14</b>                 | <b>Thursday June 15</b>                       | <b>Friday June 16</b>                                |
| Melba toast<br>Yogurt tube<br>Applesauce   | Breton Cracker<br>Cheese<br>Grapes                   | Pita<br>Humms<br>Cucumber                | Crackers<br>BabyBel Cheese<br>Clementine      | SFTE WW Baked Goods<br>Yogurt Cup<br>Cherry tomatoes |
| <b>Monday June 19</b>                      | <b>Tuesday June 20</b>                               | <b>Wednesday June 21</b>                 | <b>Thursday June 22</b>                       | <b>Friday June 23</b>                                |
| Bread Stick<br>Cheese Stick<br>Apple Sauce | Pita<br>Hummus<br>Cucumber                           | Granola<br>Yogurt Tube<br>Grapes         | Crackers<br>Mozzarella Cheese<br>Baby Carrots | SFTE WW Baked Good<br>Milk<br>Banana                 |
| <b>Monday June 26</b>                      | <b>Tuesday June 27</b>                               | <b>Wednesday June 28</b>                 | <b>Thursday June 29</b>                       | <b>Friday June 30</b>                                |
| whatever<br>is in Stock<br>Applesauce      | Whatever<br>is in<br>Stock /Apple sauce              | What ever<br>is in<br>Stock /Apple sauce | Whatever<br>is in<br>Stock/Applesauce         | Whatever<br>is in<br>Stock /Applesauce               |

\*Milk served is always 2% white milk

\*\*Fruits/vegetables subject to change due to supply

\*\*\*WW= whole wheat

More info on MadeGood products can be found here: <https://www.madegoodfoods.ca>

More info on Sweets from the Earth (SFTE) can be found here: <https://sweetsfromtheearth.com/schools-and-camps/>