

### Morning Meal - March 2019 - Grades 1-6\*

<b>Monday Mar 4</b>	<b>Tuesday Mar 5</b>	<b>Wednesday Mar 6</b>	<b>Thursday Mar 7</b>	<b>Friday Mar 8</b>
Pita Hummous Carrots & Tomatoes	Crackers/Bread Yogourt Tubes Apple	Crackers/Bread Marble & Mozzarella Cheese Snow Peas & Peppers	Baked Goods Milk Melon	Crackers/Bread Cheese Strings Carrots & Snowpeas
<b>Monday Mar 11</b>	<b>Tuesday Mar 12</b>	<b>Wednesday Mar 13</b>	<b>Thursday Mar 14</b>	<b>Friday Mar 15</b>
<b>March Break</b>	<b>March Break</b>	<b>March Break</b>	<b>March Break</b>	<b>March Break</b>
<b>Monday Mar 18</b>	<b>Tuesday Mar 19</b>	<b>Wednesday Mar 20</b>	<b>Thursday Mar 21</b>	<b>Friday Mar 22</b>
Crackers/Bread Yogourt Tubes Apple	Veggie Samosas Milk	Crackers/Bread Marble & Mozzarella Cheese Peppers & Cucumbers	Crackers/Bread Yogourt Tubes Melon	Pita Hummous Tomatoes & Carrots
<b>Monday Mar 25</b>	<b>Tuesday Mar 26</b>	<b>Wednesday Mar 27</b>	<b>Thursday Mar 28</b>	<b>Friday Mar 29</b>
Bread/Crackers Marble & Mozzarella Cheese Pear	Pita Hummous Carrots & Tomatoes	Crackers/Bread Yogourt Tubes Melon	English Muffin/Bagel Cream Cheese & Dip Peppers & Cucumbers	Baked Goods Milk Oranges

\*Milk served is always 2% white milk

\*\*Fruits/vegetables subject to change due to supply

\*\*\*all grain products served meet a minimum of 2 stars (out of 3) of the Guiding Stars program. For more information see <http://guidingstars.ca/>