

Morning Meal – March 2021

Monday Mar 1	Tuesday Mar 2	Wednesday Mar 3	Thursday Mar 4	Friday Mar 5
Breadsticks Cheese Applesauce	Melba Toast Cheese Strings Plum**	SFTE Bagel Yogurt Tube Apple	SFTE Muffin Yogurt Tub Clementine	WW Crackers*** Cheese Strings Banana
Monday Mar 8	Tuesday Mar 9	Wednesday Mar 10	Thursday Mar 11	Friday Mar 12
MadeGood Granola Balls Yogurt Tube Apple	Melba Toast Cheese Strings Clementine	Breadsticks Yogurt Tube Pear	SFTE Cookie Milk* Banana	WW Crackers Cheese Strings Applesauce
Monday Mar 15	Tuesday Mar 16	Wednesday Mar 17	Thursday Mar 18	Friday Mar 19
WW Crackers Cheese Apple	Breadsticks Cheese/ Yogurt Tube Clementine	SFTE Muffin Yogurt Tub Banana	Melba Toast Cheese Strings Apple	SFTE Bagel Yogurt Tube Applesauce/Juice
Monday Mar 22	Tuesday Mar 23	Wednesday Mar 24	Thursday Mar 25	Friday Mar 26
WW Crackers Cheese Strings Apple	MadeGood Granola Balls Yogurt Tube Pear	Breadsticks Cheese Applesauce	Melba Toast Cheese Strings Clementine	SFTE Cookie Milk Banana

*Milk served is always 2% white milk

**Fruits/vegetables subject to change due to supply

***WW= whole wheat

More info on MadeGood products can be found here: <https://www.madegoodfoods.ca>

More info on Sweets from the Earth (SFTE) can be found here: <https://sweetsfromtheearth.com/schools-and-camps/>