

Morning Meal - May 2023

Monday May 1	Tuesday May 2	Wednesday May 3	Thursday May 4	Friday May5
Bread Sticks Babybel Cheese AppleSauce	Pita Hummus Cucumber	Melba Toast Yogurt Tube Grapes	Cracker Marble Cheese Banana	Samosas Yogurt cup
Monday May 8	Tuesday May 9	Wednesday May 10	Thursday May 11	Friday May 12
MadeGood Granola Yogurt Tube AppleSauce	Crackers Marble Cheese Cucumber	Breton crackers Yogurt cup Pears	Bread Sticks Babybel Cheese Banana	Samosas Yogurt cup
Monday May 15	Tuesday May 16	Wednesday May 17	Thursday May 18	Friday May 19
Melba Toast Cheese String AppleSauce	Bread Sticks Yogurt Tube Grapes	Pita Hummus Cucumber	Breton Crackers Babybel Cheese Banana	Samosa Yogurt cup
Monday May 22	Tuesday May 23	Wednesday May 24	Thursday May 25	Friday May 26
Melba Toast Yogurt Tube Apple Sauce	Breton crackers Cheese Clementine	Pita Hummus Cucumber	Cracker Mozzarella cheese Banana	Samosas Yogurt cup
Monday May 29	Tuesday May 30	Wednesday May 31	Thursday June 1	Friday June 2
Bread stick Cheese Stick Apple Sauce	Made Good Granola Yogurt Cup Cucumber	Breton Veggie Crackers Mozzarella Cheese Pear	Melba Toast Yogurt Tube Cherry Tomatoes	SFTE Baked Good(muffin) Milk Banana

*Milk served is always 2% white milk

**Fruits/vegetables subject to change due to supply

***WW= whole wheat

More info on MadeGood products can be found here: <https://www.madegoodfoods.ca>

More info on Sweets from the Earth (SFTE) can be found here: <https://sweetsfromtheearth.com/schools-and-camps/>