

BOWMORE ROAD BULLETIN

80 Bowmore Rd Toronto, ON M4L 3J3 Tel: (416) 393-9450

April 17, 2025



Principal (Acting): konstantinos.flegas@tdsb.on.ca;

Vice-Principal: Jacquie Neveu: Jacqueline.Neveu@tdsb.on.ca

Vice-Principal (Acting): Retired Principal Lorraine Methven: lorraine.methven@tdsb.on.ca;

School Website: Please visit our school website for important information and upcoming events.

<https://schoolweb.tdsb.on.ca/bowmore/>

Bowmore School Council: www.bowmoresc.com and facebook.com/BowmoreSC/

Principal's Message

Dear Bowmore Families,

This week, we continued our important work in fostering a Caring and Safe School environment for all students. We held Code of Conduct assemblies for each division, where we reviewed expectations and reinforced our shared responsibility in creating a safe, respectful, and welcoming school. Staff have already shared powerful examples of students reflecting on **what we should stop, continue, and start doing** to ensure Bowmore is a place where everyone feels they belong. To support this ongoing work, we've posted Code of Conduct posters in all classrooms and have introduced a Caring and Safe School message in our daily morning announcements. These announcements are also available on our school website.

One of this week's morning announcements included the following important reminder for students:

"Please do not leave any food items in your lockers. Food that's left behind can spoil, create strong odors, and attract insects or rodents, making the school less clean and safe for everyone. **Also, if you are using a locker, it must have a lock. Starting Friday, April 25, any open lockers without locks will be secured to help keep everyone's belongings safe.**

Earlier this week, our Caring and Safe Schools Staff Committee met to reflect on the assemblies and plan next steps. Today, the Parent Caring and Safe Schools Committee, with staff representation, also met to review feedback and priorities raised during the recent School Council meeting. We will be sharing updates soon on changes related to washroom protocols, cell phone use, and other initiatives that promote student well-being and sense of belonging. We encourage families to stay connected and visit our website to read the April School Council meeting minutes and other important updates.

Wishing all of our Bowmore families a joyful and restful long weekend!

Please remember there is no school on Friday (Good Friday) or Monday (Easter Monday).

We look forward to welcoming students back on Tuesday, April 22.

Warm regards,

Kosta, Jacquie, Lorraine

Upcoming Important Dates

- April 18th and 21st: School closed for Good Friday / Easter Monday
- April 23rd-May 5th: Dental screening starts
- April 25th: Grade 6 PALS training
- April 25: Any open lockers without locks will be secured
- April 30th: Prologue presentation @ 1:15 pm
- May 5th: Grade 7 vaccination clinic
- May 19: Victoria Day (no school)

Sports Update

- Monday, April 21st: Easter Monday - No school
- Tuesday April 22nd: Sports: Coed volleyball practice @ 8 am/ Indoor Cricket Grade 5-6 & Track and Field (Distances and Standing Jump) @ 8 am
- Wednesday April 23rd: Co-Ed Volleyball practice @ 8 am & Track and Field (Sprinting) @ 8 am & Jr. Girls Slo Pitch tryouts 3:45 pm -5:00 pm
- Thursday, April 24th: Sports: Coed volleyball practice @ 8 am & Track and Field practice @ 8 am & Track and Field (Distances and Standing Jump) @ 8 am & Sr Boys Slo Pitch tryouts at 3:45 pm-5:00 pm
- Friday, April 25th: Track and Fields (Relays) @ 8 am & Jr. Girls' Slo Pitch tryouts @ 3:45pm -5:00 pm

Caring and Safe Committee Updates

- Code of Conduct posters have been displayed in every classroom, and additional ones will be visibly posted throughout the school hallways in English, French and Anishinaabemowin.
- Staff Caring and Safe Committee met with the Admin Team to discuss piloting a cell phone storage system in classrooms to support all students to achieve, belong, and thrive by reducing distractions from cell phones and mobile devices and creating more focused learning environments in our schools (<https://www.tdsb.on.ca/Elementary-School/Cell-Phone-Mobile-Device-Use>).
- Staff Caring and Safe Committee met with the Admin Team to discuss how we can limit students out of class during learning time by having Grade 1-5 students travel to the washroom in pairs and Grade 6-8 sign out one by one.
- To continue the conversation there will be curriculum connections of the Code of Conduct in Health (D strand: Making Healthy Choices), Drama (B strand: Creating and Presenting) & Dance (A strand: Creating and Presenting) and Language (A strand: Digital Media Literacy & B strand: Language Foundations for Reading and Writing - Vocabulary)
- To build capacity among the Grade 6 students, we will be training 20 students with one lead teacher and our school nurse (Sara Pineda) on the PALS (Playground Activity Leaders in Schools). The program is a student-led peer leadership program in elementary school that aims to foster a sense of belonging, inclusion, and physical activity by training students to plan and lead fun and safe activities on the playground during breaks. They will be trained on **Friday, April 25th, 2025**, for the entire morning.

Bowmore Nutrition Program

April 21st - April 25th

Monday	Easter Monday - No school
Tuesday	Madegood Bar
Wednesday	Tangerines/Bananas
Thursday	Yogurt Tubes
Friday	Cheerios

The Nutrition Team: bowmoresnack@gmail.com

Volunteer Opportunity!

Mr. Seater is looking for a few parent/grown-up volunteers to help primary-age kids with reading. Ideally, volunteers would commit to an hour or two a week, but there is flexibility. Training will be provided in advance, but essentially the ask is to sit and help coach kids who could use one-on-one attention. Note that we'll need any of these classroom volunteers to have their police safety check completed, and anyone with French knowledge is a big plus! Please email **Mr. Seater** (graham.seater@tdsb.on.ca) directly if you're interested and/or have questions.

School Council

1. School Council Meeting Minutes from April 8 and upcoming meeting

A heartfelt thank you to all of the parents and caregivers who joined us at our School Council meeting on April 8! It was wonderful to see our community come together to discuss safe and caring schools policy at Bowmore. For those who weren't able to join us, the meeting minutes have been posted on the [school website](#).

Please save the date for our next council meeting on Tuesday, May 6! You can RSVP for the meeting [here](#). Agenda topics will be shared closer to the meeting date.

2. Bowmore Carnival is back: Thursday September 25th 2025.

We have had a fantastic turn out for the planning committee however, we are still looking for a VOLUNTEER COORDINATOR. This role is crucial to be able to host Carnival in September. If we are not able to find a Volunteer Coordinator by May 9th, we will regrettably have to push Carnival from September to the Spring.

Planning kicks off April 24th, breaks for the summer and ramps back up in September. To make this event a success, we need a Volunteer Coordinator

Volunteer Coordinator: 1-2 people

September 2025 – the busiest period is the three weeks before Carnival with about 10-15 hours per week.

- Recruit High-school volunteers (through guidance departments - templates exists)
- Recruit parent volunteers (contact list provided)
- Building the volunteer schedule (template exists)
- Communicating with the volunteers - roles, expectations, etc.

All templates, email drafts and contact lists exist for this role. The volunteer coordinator(s) will be supported by Jess (current Co-Chair) who has done this role for the last two years.

Please email us at bowmorecarnival@gmail.com to get involved!

3. Chip Wednesdays and Freezie Fridays are back!

Orders can be placed starting on Wednesday, April 23rd to Wednesday, May 7th. Place your order through School Cash Online.

For the last three Wednesdays in May, students who pre-order and participate in Chip Wednesdays will receive a personal size bag of chips delivered to their classroom. Price \$6 (includes all 3 dates) - May 14, 21 & 28th.

In June we will be running Freezie Fridays (and one Thursday) again. Students who pre-order and participate in Freezie Fridays will receive a jumbo size Freezie delivered to their classroom. Price \$6 (includes all 3 dates) - June 5, 13 & 20.

This fundraising event is organized by the Grad Committee and funds raised will go towards supporting 2025 grad events.

Financial assistance is available to all students if needed. Please contact Principal Kosta Flegas (Konstantinos.Flegas@tdsb.on.ca) for more information.

4. GRAD HOODIES 2025!!

Hello Grade 8 Families,

The Grade 8 students were recently asked to vote for their preferred design for their Grad Hoodies. The Grad Committee is excited to share the winning design for the 2025 Bowmore graduates.....



The hoodies will be available in adult sizes XS, S, M, L, XL. For sizing reference, they are the same Gildan style used for the Bowmore spirit-wear.

Grad hoodies must be pre-ordered through School Cash Online from April 23 – May 11. Be sure to get your order in by May 11th as there will not be another opportunity to purchase a grad hoodie.

The hoodies will be \$32 each and available in black or red. The students will get them the first week of June.

Please remember financial assistance is available for all Bowmore grad events and activities, including hoodies. Please contact Principal Kosta Flegas for more information (Konstantinos.Flegas@tdsb.on.ca)

5. Subway Lunch for Grade 7 and 8s - Thursday, May 1

On Thursday, May 1, the Grad Committee will hold a Subway lunch for all students in Grade 7 and 8 (and grade 6 students in a split class with grade 7 or 8 students). Multiple sandwich options are available, including vegetarian and gluten free options. Prices range from \$7 to \$8.30, depending on the sandwich selection.

Ordering is open now on Lunchbox (the same ordering platform used for pizza lunch). Ordering closes at noon on Sunday, April 27.

This fundraising event is organized on behalf of the Grad Committee and funds raised will go towards supporting 2025 grad events and the Bowmore Cares fund.