

Bowmore Road Bulletin

80 Bowmore Rd, Toronto, ON M4L 3J3 | Tel: (416) 393-9450

[School Website](#) | [School Council](#)

Date: Monday, November 3, 2025

Principal's Message

Dear Bowmore families,

Happy November! Starting today, our school newsletter will be shared every Monday morning to help keep everyone informed and connected as we move through the year together. Here are a few updates:

School Committees: What they do & last week's highlights: Our committees are consultative forums that identify needs and make recommendations to support students and staff. The following three committees met last week:

- Budget Committee** - Align resources with the School Improvement Plan and classroom needs in a transparent, consultative way. Highlights discussed:
 - Prioritized professional learning, classroom replenishment, and a sustainable device/assistive-tech replacement plan.
 - Reviewed a refined per-classroom supplies model (adjusted for grade needs and program demands).
- Caring & Safe Schools Committee** - Strengthen school climate and safety through prevention, progressive discipline, and restorative practices, while protecting confidentiality. Highlights discussed:
 - Rollout of an updated office-referral tool to identify patterns (time/place/type) and target supervision and instructional supports.
 - Consistent restorative follow-up expectations for those harmed and those who caused harm, including classroom re-entry steps.
- Staffing Committee** - ETT–Admin consultation on organization models, supervision, and timelines, with clear, timely communication to staff. Highlights discussed:
 - Earlier, plain-language summaries of proposed organization models and rationale.
 - Reflection on the fall reorganization to minimize disruption while meeting caps and prioritizing student well-being.
 - More transparent tracking of prep coverage and identification of pressure points to guide advocacy and support.

Parent–Teacher Interviews (November 13 & 14): Parent–Teacher Interviews will take place Thursday evening, November 13 and Friday morning, November 14. Homeroom teachers will send sign-up details directly to families soon. Please reach out to your child's teacher if you need assistance or have questions. We appreciate your partnership in celebrating progress and planning next steps.

Safety Drills - This week, we will complete our lockdown and fire drills for term 1. Thank you to students and staff for their calm and caring participation. These drills are mandatory and help everyone know what to do in an emergency, reducing anxiety through practice and clear routines. A brief and age-appropriate conversation at home can help: why we practice (to stay safe), what to expect (listening for instructions; calm, quiet movement), and how to help (follow directions; look out for classmates). If you have questions about our procedures, please reach out.

Facilities – Parking Lot Work: A contractor will be on site today around 8:30 a.m. to continue concrete curb work. A Vac Truck will clear the trench before concrete forms are installed. This work is not expected to impact school operations. We will monitor the work in case we need to make any necessary adjustments.

Halloween Parade - Our Friday parade was a hit! Classes looped the neighbourhood with our adorable Kindergarten students leading the way, and many groups walked with their little/big buddies. Thank you to all the families who cheered along the route; your support made the event feel joyful and connected.

As always, thank you for your ongoing partnership with our school. Together, we continue to build a caring, safe, and engaging learning environment.

Warm regards,
Kosta, Jacquie & Andreya

Upcoming Important Dates

November 3 - Early French Immersion Applications (Online only)

November 11: Remembrance Day

November 12: School sends progress reports home

November 12: Immunization Clinic for Grade 7 and 8 Students.

November 13 & 14: Parent/teacher conferences

November 14: PA Day

November 19: School Council Meeting @6 pm

Nutrition Program

Nov 3 - Nov 7	
Monday	Breadsticks
Tuesday	Apples
Wednesday	Muffins
Thursday - 8	Cheesestrings + Crackers
Friday	Leftover Items

Grade 7 & 8 Immunization Clinic – Reminder

Toronto Public Health will be at Bowmore on **Wednesday, November 12, 2025, from 9:00 a.m. to 2:45 p.m. to provide FREE vaccines for Grade 7 and 8 students.** The clinic will offer hepatitis B, HPV (human papillomavirus), and meningococcal vaccines. These vaccines protect against serious infections. Please note that the meningococcal vaccine is required for school attendance. Students who do not receive this vaccine can be suspended from school for up to 20 days.

If you have not already done so, please submit your signed consent forms.

On clinic day, students should:

- Wear a short-sleeved or loose-sleeved top
- Eat something before being vaccinated

If parents/guardians have questions about immunization, please call Toronto Public Health at 416-338-7600 (option 2 for immunization).

TDSB Social Work and Attendance Services

Family Resources:

Parent Learning Opportunity: SafeTALK Training (Suicide Alertness)

We are sharing an upcoming free parent training opportunity on suicide alertness. SafeTALK is a certified training (regularly valued at \$300) that helps caregivers recognize when someone may be having thoughts of suicide and how to respond and support them in seeking help.

The following are dates for the Parent trainings (see flyer attached):

- This Sat. Nov. 1/25th (EAST) at Scarborough Civic Center, 140 Borough Dr. Scarb: Time: 10 am-2:30 pm
- Sat. Nov. 15th, (WEST) at Oakwood Collegiate Institute: Time: 10 am-2:30 pm
- Sat. Nov. 29th (EAST) at Scarborough Civic Center, 140 Borough Dr. Scarb: Time: 10 am-2:30 pm
- Sat. Dec. 6/25 (WEST). Huron ST JPS-: 541 Huron St: Time: 10: am-2:30 pm

This session focuses on building awareness, noticing warning signs, and knowing what to do in the moment. There is no cost to attend.

There is a QR code in the flyer for registration.

https://drive.google.com/file/d/1Cad_zseeYTSjvBinazINWRMc5jUTwBqP/view?usp=sharing

Other Family Resources

- [Flyer](#)
- [Parent/Caregiver Resources](#)

SCHOOL COUNCIL UPDATES

Save the Date!

Our next School Council meeting is set for *Wednesday, November 19*. More details to come in future bulletins, but save the date for our next school-wide meeting.

Town Hall to Support Public Education

Parent advocates are arranging a virtual town hall meeting on Monday, November 3 meant to organize and mobilize stakeholders in the fight against Bill 33. They've outlined more information on the issue in a slideshow [here](#). And, if you're interested, you can register for the zoom [here](#).

Pizza Lunch - Ordering is open!

Pizza lunch dates for this year are now open for ordering through Lunchbox, which is accessed through your School Cash Online account. For more information about pizza lunch, including how to set up your Lunchbox account, please click [HERE](#) for our Pizza Lunch FAQ document.

Our next pizza lunch will be on Thursday, November 13. (Friday November 14 is a PA day).

Pizza lunch is a School Council fundraiser. All work is done by volunteers and all proceeds go to benefit our kids. Funds raised are used to pay for items such as science enrichment in the classroom, literacy supports and events, school clubs and teams, music and theatre performances, and so much more.

If you need support in ensuring your kids have access to pizza lunch, please reach out to Principal Flegas at <konstantinos.flegas@tdsb.on.ca>

Please mark your calendars with our full pizza lunch schedule:

- Thursday, November 13
- Friday, December 5
- Friday, January 23
- Friday, February 12
- Friday, March 6
- Friday, March 27
- Friday, April 17
- Friday, May 8
- Friday, May 29
- Friday, June 19

Thank you for your support of our School Council fundraising!