



## ***Bridlewood Cares - Learning Together***

Junglesport was a major hit with all our students! A huge thank you to our SAC for providing and paying for this unique opportunity for our Kindergarten to Grade 6 students. Every student had the opportunity to experience different activities each day e.g., swinging, wall climbing, crawling, zip lining, rope climbing, bridge walking, etc. All students were so engaged and the team at Junglesport was so impressed with our Bridlewood students' positive behaviour, their risk tasking, turn taking, ability to follow direction, and perseverance that they raved about our students to me every day! Please see the special note they left for us on the stage: Your school was amazing. See you next year. Love from your JS employees, Dejan, Joe, Alan, Ryan



Monday will be the last day for our Toonies for Terry fundraiser. It is not too late to bring in a donation. We thank you for your support in the fight against cancer and the Terry Fox Foundation. Parents, please consider donating online at the following link:

<https://schools.terryfox.ca/68835>

Thank you so much!



Bridlewood is participating again in the Battery Blitz run through Earth Rangers. For one month, the school will be collecting batteries (except wet cell batteries). The more we collect, the greater our chances are to win prizes. Please see more information below.

# Bridlewood Jr. P.S. Bulletin — September 30, 2024

60 Bridlewood Blvd., Scarborough, ON M1T 1P7



ON MONDAY

SEPTEMBER

30

WEAR ORANGE TO PARTICIPATE IN

# National Day for Truth and Reconciliation and Orange Shirt Day

September 30 is National Day for Truth and Reconciliation. Together we recognize the legacy of Canada's residential school system and continue to learn the many truths of these institutions. During Truth and Reconciliation Week September 23 to September 27, we encourage schools to participate in events offered by the National Centre for Truth and Reconciliation.

Established in 2013 by Phyllis Webstad, Orange Shirt Day recognizes the legacy of the Residential Schools System for First Nations, Métis and Inuit families and communities. By wearing orange, we acknowledge the truths of Residential Schools in Canada, we honour Survivors, and we remember the thousands of children who died in these schools, many of them buried in unmarked graves.



For more information, visit the Urban Indigenous Education Centre website or check out the UIEC's [K-12 Orange Shirt Day activities and Orange Shirt Day Resource Package](#).



## Student of the Month for September - Respect

When a person is respectful, they are treating others the way they would like to be treated. They are being inclusive of differences. A respectful person is being considerate of the feelings of others and honouring others with courtesy and consideration. They show consideration for belongings and for the freedom, privacy, and dignity of others.

The students recognized in September for demonstrating Respect are:

| Teacher Name            | Grade  | Student Name  |
|-------------------------|--------|---|
| Ms. Monte<br>Ms. Torres | JK/SK1 | Zoe<br>Gabriel<br>Hudson                                  |
| Ms. Ng<br>Ms. Rathy     | JK/SK2 | Sophia<br>Joshua  |
| Ms. Esposito            | 1/2A   | Ayden<br>Fiona  |
| Mrs.<br>Bevilacqua      | 1/2B   | Liam<br>Eleni   |
| Ms. Ling                | 3      | Martin<br>Charlotte                                       |
| Ms. Tessier             | 3/4    | Theo<br>Jovan<br><b>Student of the<br/>Month - Hudson</b> |
| Ms. Hough<br>Ms. Davies | 1-3    | Sharif  |
| Mr. Beer                | 4/5    | Stephan<br>Loria  |
| Ms. Florea              | 5/6    | Abi<br>Christina<br>Armando                               |
| Ms.<br>Karygiannis      | 6      | Justin  |
| Ms. King<br>Ms. Farah   | 4-6    | Daniel  |



***Congratulations!***

***Next month's character trait is RESPONSIBILITY!***

### **Dental Screening at Bridlewood**

The Toronto Public Health Dental and Oral Health Services has arranged a dental screening for our Bridlewood students on **Tuesday, October 1st - Thursday, October 3rd**. TPH's [Dental & Oral Health Services](#) staff will be conducting dental screening at our school. For any students with identified dental care needs, TPH will assist families with finding a dental provider and will provide information about good oral health habits. If you do not wish your child(ren) to be screened, please inform school staff and the classroom teacher. Please find attached the TPH Dental Screening Letter to Parents [Bridlewood PS-Parents Letter 2024.pdf](#).

### **Trustee Manna Wong Ward 20 Forum**

TDSB Trustee Wong will be holding the first Ward Forum to meet and greet parents & caregivers to connect & share ideas on supporting students in the Ward 20 schools.

### **Ward 20 in-person Ward Forum**

**Date and Time:** Monday, October 7, 2024, 6:30 PM to 8:30 PM

**Location:** Stephen Leacock Collegiate Institute  
2450 Birchmount Rd, Scarborough, ON, M1T 2M5

Please see the attached flyer: [2024-10-07\\_WardForum\\_M. Wong.pdf](#)

### **Let's Talk, Read and Write**

The Board has organized a series of Parent Sessions around early literacy for Grade 1 students. These virtual sessions will be at night. Please see the attached flyer for further information and to register. [Let's Talk Read Write Registration Flyer 2024.pdf](#)

### **International Languages Elementary /African Heritage Program**

The TDSB's International Languages Elementary and African Heritage Program is offering an engaging language and culture program for students from JK to Grade 8. We are currently offering classes in 53 languages, along with an enriching class on African Heritage.

For more details, please visit our website: [www.ileahprograms.ca](http://www.ileahprograms.ca). See flyers below.



### **Recycle Your Batteries, Canada! Battery Blitz School Mission Contest**

#### **Did you know that properly recycling your batteries can help protect wildlife?**

Batteries contain toxic materials that can harm the environment if they end up in landfill. That's why it's important to properly recycle your batteries!

When you collect batteries at your school, you're keeping them out of landfills and protecting wildlife. You're also helping to recover valuable materials that can be re-used to make new products, like new batteries, golf clubs, and the stainless steel pots and pans! The possibilities are endless. Last year, the Recycle Your Batteries, Canada! program collected and recycled over 4 million kg of batteries. That's about the weight of 500 African elephants!



## Participate in the Battery Blitz School Mission and do your part to recycle batteries!

From **Sept 30, 2024 to October 31, 2024**, Earth Rangers and **Recycle Your Batteries, Canada!** are running Battery Blitz School Mission contests, in Manitoba, Ontario and Saskatchewan. Elementary schools will compete with other schools within their province, for a chance to win amazing cash prizes!

*Your School Mission is to recycle as many used batteries as you can by encouraging students, parents, staff, and community members to bring them into your school and place them in the Recycle Your Batteries, Canada! collection boxes.*

[Recycle Your Batteries, Canada! Battery Blitz School Mission Contest - Earth Rangers](#)




### Help Keep Batteries Out of Landfills!

When batteries are not recycled properly, they can end up in landfills where they not only add to solid waste but can also potentially release harmful materials into the environment. The **Recycle Your Batteries, Canada!** program collects and recycles over 4 million kg of batteries each year. That's more than the weight of 500 African elephants! You can do your part to make sure more batteries are recycled by participating in the Battery Blitz School Mission!

**Your Mission is to recycle as many used batteries as you can by bringing them into your school and disposing of them in the Recycle Your Batteries, Canada! collection box.**

## Your school could win an amazing cash prize!



### Join the Battery Blitz Challenge! Students are being asked to bring in their used batteries to school to help the school win an amazing cash prize!

Did you know recycling batteries can recover valuable metals such as lithium, cobalt, and nickel, which can be used to make new products? Any battery under 5 kg (with the exception of wet-cell batteries) can be brought in.

Refer to [www.earthrangers.com/batteryblitzschoolcontest](http://www.earthrangers.com/batteryblitzschoolcontest) for guidelines on how to prepare household batteries for recycling.

To find the nearest Recycle Your Batteries, Canada! collection site please visit [www.RecycleYourBatteries.ca](http://www.RecycleYourBatteries.ca)

Generously supported by:





## International Languages Elementary Program

The International Languages Elementary Program is an enriching learning experience to learn or maintain a language and discover other cultures. No language background is necessary to participate.

**Who:** Kindergarten to Grade 8 (TDSB and Non-TDSB students).

**When:** Classes start from September to June, one day a week for two and a half hours. Classes are held after school or on Saturdays.

**Cost:** \$20 material fee (one time).

### Current\* languages include:

Albanian, American Sign Language, Amharic, Arabic, Aramaic, Armenian, Azerbaijani, Bengali, Bosnian, Bulgarian, Cantonese, Creole, Dari, Edo, Farsi/Persian, German, Greek, Greek Cypriot, Gujarati, Hebrew, Hindi, Italian, Japanese, Karen, Korean, Macedonian, Mandarin Simplified, Mandarin Traditional, Marathi, Mongolian, Nepalese, Pashtu, Portuguese, Punjabi, Romanian, Russian, Sanskrit, Serbian, Sinhala, Somali, Spanish, Tagalog, Tamil, Telugu, Tibetan, Tigrinya, Turkish, Twi, Ukrainian, Urdu and Vietnamese.

*\*Current at time of printing. Please note that additional languages may be offered. Please contact 416-338-4100 for more information.*

Information and Registration:

[www.ileahprograms.ca](http://www.ileahprograms.ca)

Phone: 416-338-4100

Email: [ile\\_ah@tdsb.on.ca](mailto:ile_ah@tdsb.on.ca)

**tdsb** | Continuing  
Education







# AFRICAN HERITAGE PROGRAM



The African Heritage Program connects students to the contributions, histories, legacies, cultures and traditions of people of African descent through inquiry and experiential learning.



The African Heritage program can be offered in TDSB schools around the city in which an international Languages Elementary program is currently running.

- Who: Kindergarten to Grade 8 (TDSB and Non-TDSB students).
- When: Classes start from September to June, one day a week for two and a half hours. Classes are held after school or on Saturdays.
- Cost: \$20 material fee (one time).

For registration info and to find a location near you, please visit [www.ileahprograms.ca](http://www.ileahprograms.ca)

Phone: 416-338-4100 | Email: [ile\\_ah@tdsb.on.ca](mailto:ile_ah@tdsb.on.ca)



**tdsb** | Continuing Education



# A fresh take on school fundraising

Healthy Fundraising  
for Ontario Schools

Since Fresh from the Farm's launch in 2013, 2,600 schools have sold over \$5.5 million of Ontario grown fruits and vegetables, equating to over 4.6 million pounds of product. This has resulted in \$2 million raised by schools and \$3.2 million being returned to local farmers.

## 14lb Vegetable Bundle

**\$22.00**

LESS THAN  
\$1.60/lb

### Includes

- 5 lb bag White Potatoes
- 3 lb bag Sweet Potatoes
- 3 lb bag Yellow Onions
- 3 lb bag Orange Carrots



## 8lb Apple Bundle

**\$24.00**

ONLY  
\$3.00/lb

### **NEW** - 8 lb bag Ambrosia apples

Ambrosia apples are a beautiful bright pinkish red and light yellow coloured apple. They are crisp and juicy with a distinct sweet aroma and sweet low acid flavour. Excellent for eating fresh.



Please return the Student Order Form and submit collected payments to the school by: October 15th, 2024

Thank you for supporting school based initiatives and Ontario farmers

brought to you by





## Bridlewood Jr. PS Fundraiser

<https://schoolweb.tdsb.on.ca/soes>



**Bridlewood is pleased to offer popcorn snacks on Wednesdays.**

Snack sized bags will be sold for **\$2 a bag**. A special envelope will be sent home. Use this envelope to indicate the student name, teacher, and number of popcorn bags being ordered for each day.







Submit the completed envelope with exact **cash** by October 7, 2024. All proceeds will go towards the school.

Butter Salt Popcorn Ingredients: GMO-free Popcorn, Canola and/or Sunflower Oil, Seasoning (maltodextrin, salt, flavour, spices, beta carotene).

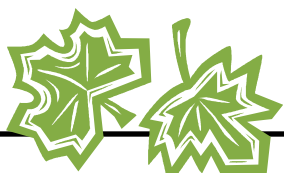
<https://fromfarmtotable.ca>

# October

## Character Trait for October: Responsibility

| Sun | Mon  | Tue   | Wed   | Thu   | Fri  | Sat                     |
|-----|--|---|---|---|--|-------------------------|
| 29  | <b>30 – Day 4</b><br><br>National Day for Truth and Reconciliation<br>National Day for Truth and Reconciliation<br><br>Orange Shirt Day<br>Recognition Assembly, 9:00 am<br>Staff and Students are encouraged to wear an orange T-shirt<br>Grade 5 and Grade 6 Band and Strings to begin with Ms. Sagee and Ms. Bouts on Days 2 and 4<br>Battery Blitz School Mission begins<br>Gr. 4 – 6 Girls Soccer, 3:30 – 4:30 pm<br>Fresh from the Farm order forms go home and School Cash Online payment portal opens<br>Popcorn Order Forms go home | <b>October 1 – Day 5</b><br>Dental Screening<br>Cross Country Meet @ Earl Bales Park with Mr. Skicos, Ms. Esposito, Ms. Tessier<br>Thank you to our parent drivers!                                       | <b>2 – Day 1</b><br>Dental Screening<br><br>Walk to School Day<br>Little Jammerz Guitar Lessons begin in Room 6, lunch – Postponed a few weeks – more details to come | <b>3 – Day 2</b><br>Dental Screening<br>Rosh Hashanah<br>Orff with Ms. Wesson to begin with Ms. Tessier, Mr. Beer’s Grade 4, and Ms. King’s students on Day 2                   | <b>4 – Day 3</b>                                       | <b>5</b>                |
| 6   | <b>7 – Day 4</b><br>Popcorn Orders due<br>Trustee Manna Wong Ward 20 Forum @ Stephan Leacock CI, 6:30 pm - Please see flyer  | <b>8 – Day 5</b><br>Let’s Talk, Read & Write – From Sounds to Words<br>Gr. 1 Parent virtual session, 6:30 pm – Please see flyer   | <b>9 – Day 1</b>  | <b>10 – Day 2</b><br><br>Smile! It’s Photo Day at Bridlewood                               | <b>11</b><br>PA Day<br>No School                       | <b>12</b><br>Yom Kippur |
| 13  | <b>14</b><br><br>Happy Thanksgiving<br>No School  | <b>15 – Day 3</b><br>Grade 6 Excursion to SOES/Kearney<br>Fresh from the Farm Fundraising Orders due<br>Let’s Talk, Read & Write – Let’s Read<br>Gr. 1 Parent virtual session, 6:30 pm – Please see flyer | <b>16 – Day 4</b><br>Grade 6 Excursion to SOES/Kearney  | <b>17 – Day 5</b><br>Grade 6 Excursion to SOES/Kearney  | <b>18 – Day 1</b><br>Grade 6 Excursion to SOES/Kearney | <b>19</b>               |
| 20  | <b>21 – Day 2</b>  | <b>22 – Day 3</b>   | <b>23 – Day 4</b>   | <b>24 – Day 5</b>   | <b>25 – Day 1</b><br>Recognition Assembly, 9:00 am     | <b>26</b>               |
| 27  | <b>28 – Day 2</b>  | <b>29 – Day 3</b><br>Let’s Talk, Read & Write – Let’s Write<br>Gr. 1 Parent virtual session, 6:30 pm – Please see flyer   | <b>30 – Day 4</b>   | <b>31 – Day 5</b><br><br>Hallowe’en Parade, afternoon<br>Battery Blitz School Mission ends |  |                         |

**October is Islamic History Month**  
**October is Somali Heritage Month**  
**October is Learning Disabilities Month**  
**October is ADHD Awareness Month**



## **Volunteering at Bridlewood**

If you would like to be a volunteer at Bridlewood, there is a new online Vulnerable Sector Police Check process as of last year. This process is for any new volunteers who have not completed a Police Check (VCS) previously. Please carefully read the attached instructions [Volunteer\Revised Volunteer TPS New Online VSC Process \(Sept 2024\).pdf](#)



*Volunteers Needed!  
Make a difference in our  
children's school success*

**A READING PROGRAM**

**UNLIKE ANY OTHER!**

- *Read with grades 1 & 2 children during school hours*
- *Only 2 ½ hours weekly or every other week*
- *No experience required, training provided*
- *Goal: to instill a love of reading in children, and improve their reading skills.*

## ***VOLUNTEER READERS PROGRAMME (VRP)***

*VRP, a registered charitable organization which helps grades 1 and 2 children with reading, is looking for Volunteers to read with students at YOUR SCHOOL NAME. Note that training is provided. If you are interested, please...*

*Fill out this short application: <https://volunteerreaders.ca/new-volunteers/how-to-volunteer>  
(be sure to put YOUR SCHOOL NAME as your selected school)*

*Or contact Kristina Hunt Kristina Hunt Director, Operations  
Kristinavr@gmail.com; 416-220-5928*





**October 2024**

| Day of Week          | Date    | Event                                      | Source  | Website   |
|----------------------|---------|--|---|---|
| Tuesday              | 01      | <b>International Day for Older Persons</b> | United Nations  | <a href="https://www.un.org/en/observances/older-persons-day">https://www.un.org/en/observances/older-persons-day</a>   |
| Wednesday            | 02      | <b>International Day of Non-Violence</b>   | United Nations  | <a href="https://www.un.org/en/observances/non-violence-day">https://www.un.org/en/observances/non-violence-day</a>   |
| Wednesday            | 02      | <b>Mehregan</b>                            | Zoroastrian   | <a href="https://en.wikipedia.org/wiki/Mehregan">https://en.wikipedia.org/wiki/Mehregan</a>   |
| Wednesday            | 02      | <b>Walk to School Day</b>                  | Adopted by Toronto District School Board (TDSB)                             | <a href="https://www.walkbiketoschool.org/learn-more/why-walkbike/">https://www.walkbiketoschool.org/learn-more/why-walkbike/</a>   |
| Thursday and Friday  | 03 - 04 | <b>Rosh Hashanah*</b>                      | Judaism   | <a href="http://www.jewfaq.org/holiday2.htm">http://www.jewfaq.org/holiday2.htm</a>   |
| Thursday to Saturday | 03 - 12 | <b>Navratri</b>                            | Hinduism  | <a href="https://www.britannica.com/topic/Navratri">https://www.britannica.com/topic/Navratri</a>   |
| Friday               | 04      | <b>Sisters in Spirit</b>                   | Status of Women Canada  | <a href="https://www.alberta.ca/sisters-in-spirit.aspx">https://www.alberta.ca/sisters-in-spirit.aspx</a>   |
| Saturday             | 05      | <b>World Teachers' Day</b>                 | United Nations  | <a href="https://en.wikipedia.org/wiki/World_Teachers%27_Day">https://en.wikipedia.org/wiki/World_Teachers%27_Day</a>   |
| Sunday to Saturday   | 06 - 12 | <b>Body Confidence Awareness Week</b>      | Canadian Women's Foundation (Adopted by Toronto District School Board TDSB) | <a href="https://canadianwomen.org/blog/october-celebrate-body-confidence/">https://canadianwomen.org/blog/october-celebrate-body-confidence/</a>   |
| Wednesday to Sunday  | 09 - 13 | <b>Durga Puja</b>                          | Hinduism  | <a href="https://www.transitionsabroad.com/listings/travel/articles/india-durga-purga-honoring-goddess.shtml">https://www.transitionsabroad.com/listings/travel/articles/india-durga-purga-honoring-goddess.shtml</a> |
| Thursday             | 10      | <b>World Mental Health Day</b>             | World Health Organization   | <a href="https://en.wikipedia.org/wiki/World_Mental_Health_Day">https://en.wikipedia.org/wiki/World_Mental_Health_Day</a>   |

|                       |         |  |                      |   |
|-----------------------|---------|--|----------------------|---|
| Monday                | 14      | <b>Thanksgiving Day - Canada</b>   | Government of Canada | <a href="https://www.canadashistory.ca/explore/arts-culture-society/the-history-of-thanksgiving-in-canada">https://www.canadashistory.ca/explore/arts-culture-society/the-history-of-thanksgiving-in-canada</a> |
| Wednesday             | 16      | <b>World Food Day</b>  | United Nations       | <a href="https://www.worldfooddaycanada.ca/about/">https://www.worldfooddaycanada.ca/about/</a>   |
| Thursday              | 17      | <b>International Day for the Eradication of Poverty</b>                      | United Nations       | <a href="https://www.timeanddate.com/holidays/un/international-day-for-poverty-eradication">https://www.timeanddate.com/holidays/un/international-day-for-poverty-eradication</a>                               |
| Thursday              | 17      | <b>Kathina Festival</b>  | Buddhism             | <a href="https://feast-guide.com/en/celebrations/521.html">https://feast-guide.com/en/celebrations/521.html</a>   |
| Sunday                | 20      | <b>Karva Chauth*</b>   | Hinduism             | <a href="https://indianculture.gov.in/stories/karva-chauth">https://indianculture.gov.in/stories/karva-chauth</a>   |
| Saturday              | 12      | <b>Yom Kippur*</b>   | Judaism              | <a href="https://en.wikipedia.org/wiki/Yom_Kippur">https://en.wikipedia.org/wiki/Yom_Kippur</a>   |
| Monday to Friday      | 14 - 18 | <b>Week Without Violence</b>   | YMCA                 | <a href="https://ywcaweekwithoutviolence.org/">https://ywcaweekwithoutviolence.org/</a>   |
| Thursday to Wednesday | 17 - 23 | <b>Sukkot*</b>   | Judaism              | <a href="https://www.myjewishlearning.com/article/sukkot-101/">https://www.myjewishlearning.com/article/sukkot-101/</a>   |
| Sunday                | 20      | <b>Gurgadi of the Holy Scriptures of Guru Granth Sahib Ji <u>as Guru</u></b> | Sikhism              | <a href="https://en.wikipedia.org/wiki/Guru_Granth_Sahib">https://en.wikipedia.org/wiki/Guru_Granth_Sahib</a>   |
| Thursday              | 24      | <b>Shemini Atzeret*</b>  | Judaism              | <a href="http://www.jewfaq.org/holiday6.htm">http://www.jewfaq.org/holiday6.htm</a>   |
| Friday                | 25      | <b>Simchat Torah*</b>  | Judaism              | <a href="http://www.jewfaq.org/holiday6.htm">http://www.jewfaq.org/holiday6.htm</a>   |

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Asterisk \* indicates religious holy day or other event begins on the **Evening Before** the beginning date indicated

**NOTE:** holy day / holiday dates may vary from the indicated date due to date conflicts between websites, regions where observance takes place, Ecclesiastical Declarations, etc.

# Optimistic October 2024

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1 Write down three things you can look forward to this month

2 Find something to be optimistic about (even if it's a difficult time)

3 Take a small step towards a goal that really matters to you

4 Start your day with the most important thing on your to-do list

5 Be a realistic optimist. See life as it is, but focus on what's good

6 Remind yourself that things can change for the better

7 Look for the good in people around you today

8 Make some progress on a project or task you have been avoiding

9 Share an important goal with someone you trust

10 Take time to reflect on what you have accomplished recently

11 Avoid blaming yourself or others. Find a helpful way forward

12 Look out for positive news and reasons to be cheerful today

13 Ask for help to overcome an obstacle you are facing

14 Do something constructive to improve a difficult situation

15 Thank yourself for achieving the things you often take for granted

16 Put down your to-do list and do something fun or uplifting

17 Take a small step towards a positive change you want to see in society

18 Set hopeful but realistic goals for the days ahead

19 Identify one of your positive qualities that will be helpful in the future

20 Find joy in tackling a task you've put off for some time

21 Let go of the expectations of others and focus on what matters to you

22 Share a hopeful quote, picture or video with a friend or colleague

23 Recognise that you have a choice about what to prioritise

24 Write down three specific things that have gone well recently

25 You can't do everything! What are your three priorities right now?

26 Find a new perspective on a problem you face

27 Be kind to yourself today. Remember, progress takes time

28 Ask yourself, will this still matter a year from now?

29 Plan a fun or exciting activity to look forward to

30 Identify three things that give you hope for the future

31 Set a goal that brings a sense of purpose for the coming month



ACTION FOR HAPPINESS

Happier · Kinder · Together