**RESOURCES AND SUPPORTS**

Below is a list of resources that have been compiled for CALC students by our social worker and community partners.

CRISIS AND INTERVENTION SERVICES

City of Toronto Community and Social Services Hotline (24/7) Phone 211 or [www.211toronto.ca](http://www.211toronto.ca)

HEALTH

Telehealth Ontario (24/7) Phone 1-866-797-0000

**\*South Riverdale Community Health Centre (M-F, 10am-6pm) PHONE 416-461-1925 or visit** [**www.srchc.ca**](http://www.srchc.ca)**. Clinic phone number is 416-461-2493.**

INCOME SUPPORT PROGRAMS

Please see the attached document with supports specific to the Covid-19 pandemic.

LEGAL

Community Legal Education Ontario (online legal information) [www.cleo.on.ca](http://www.cleo.on.ca)

Legal Aid Ontario 416-979-1446 or 1-800-668-8258 [www.legalaid.on.ca](http://www.legalaid.on.ca)

Steps to Justice (step-by-step information about legal problems) [www.stepstojustice.ca](http://www.stepstojustice.ca)

MENTAL HEALTH - Over-the-Phone Crisis Supports

Gerstein Crisis Centre (24/7) Phone 416-929-5200

Kids Help Phone (24/7) Phone 1-800-668-6868

Toronto Distress Centre (24/7) Phone 416-408-4357 or Text (2am-2pm) 741741

NEWCOMERS

Government of Ontario Services for Newcomers and Refugees <https://www.ontario.ca/page/services-newcomers-and-refugees#section-0>

Immigrants, Refugees, and Citizenship Canada (IRCC) Client Support Centre Services (M-F, 8am-4pm) or phone 1-888-576-8502 24/7 recording

Settlement.org City of Toronto Resources Visit [https://settlement.org](https://settlement.org/findhelp/ontario/toronto/)

**\*The Neighbourhood Organization**

**Longtime community partners with the City Adult Learning Centre committed to building healthy communities. Phone 416-467-0126, Email at****info@tno-toronto.org** **or visit** [**tno-toronto.org**](https://tno-toronto.org)

YMCA Newcomer Information Centre Phone 416-968-9622 or Email immigrantservices@ymcagta.org

Immigration and Refugee Board of Canada (IRB) Website <https://irb-cisr.gc.ca/en/Pages/index.aspx> or phone 1-866-626-8719

**SHELTER & HOUSING**

Emergency Shelter Access (24/7) Phone 416-338-4766 or 1-877-338-3398

Toronto Tenant Hotline (M-F, 8:30am-6pm) Phone 416-921-9494 or visit <https://torontotenants.org>

Landlord & Tenant Board (M-F, 8:30-5pm) Phone 416-645-8080

**\*Longtime community partners with the City Adult Learning Centre. Please identify yourself as a current student and present your student card.**