Parent Academy FREE Conference

By Parents For Parents



Saturday, 4 May, 2013

10:00 a.m. – 2:30 p.m. (doors open at 9:00 a.m.)

Free Services:

- **√** lunch
- **√** transportation
- childminding
- **√** interpreters

Space is limited. Register now at:

tdsb.on.ca/modelschools/ParentAcademyConference or visit your school office for a registration form

A chance to learn about:

- children's health and well being
- children's success
- children's safety
- gender equity

For more information please contact us:

ModelSchools@tdsb.on.ca 416-395-6742 (MSIC)

The Conference is at three locations:

East Site - Cedarbrae Collegiate Institute 550 Markham Rd, Scarborough, ON Scarborough, M1H 2A2

West Site - John Polanyi Collegiate Institute 640 Lawrence Ave W, North York, ON

North York, M6A 1B1

Central Site - Queen Alexandra Middle School

181 Broadview Ave, Toronto, ON Toronto, M4M 2G3

Choose from these workshops:

- 1. Working it Out
- 2. I am Connected
- 3. How to Equate and Relate
- 4. Make My Money Count
- 5. How do I See the World?

- 6. Conflicted: Assertion vs. Aggression
- 7. Self-Esteem and Speaking Out
- 8. Raising Sexually Healthy Children
- 9. Connecting With Your Teen
- 10. Being active, eating well and feeling good
- 11. Keeping parents informed











